

QMA Weekly Meets - 29/03/2010
10km Run & Walk Championships
SAF Nathan

Results - Monday 29th March 2010 - Age Grading: 1 Yr Indiv & 5 yr Multi

Event 1 W60 High Jump

Name	Age Team	Finals	Age-Grading
Finals			
1 Perkins, Wilma	W60 Metro South	1.15m	1.64m 78.77%

Event 1 M60 High Jump

Name	Age Team	Finals	Age-Grading
1 Jermacans, Viddy	M61 Coastal North	1.20m	1.66m 68.18%

Event 1 M70 High Jump

Name	Age Team	Finals	Age-Grading
1 Smith, Bernie	M73 Coastal South	1.10m	1.79m 73.33%

Event 2 M35 10000 Metre

Name	Age Team	Finals	Age-Grading
1 Jackson, Paul	M36 Ashgrove Rangers	35:03.11	34:06.12 77.22%

Event 2 M45 10000 Metre

Name	Age Team	Finals	Age-Grading
1 Daly, Gerard	M48 Metro North	44:19.55	39:23.81 66.84%

Event 2 M60 10000 Metre

Name	Age Team	Finals	Age-Grading
1 James, Peter	M62 Ashgrove Rangers	46:46.24	36:57.50 71.25%
2 Sheer, John	M62 Metro Central	46:46.27	36:57.52 71.25%

Event 2 M65 10000 Metre

Name	Age Team	Finals	Age-Grading
1 Dominish, Rod	M65 Metro North	49:49.68	38:19.37 68.71%

Event 2 M70 10000 Metre

Name	Age Team	Finals	Age-Grading
1 McLeod, Colin	M74 South Queensland	44:55.29	31:05.95 84.68%

Event 2 M75 10000 Metre

Name	Age Team	Finals	Age-Grading
1 Woods, Colin	M75 Metro Central	51:56.14	35:21.47 74.48%

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Event 3 W50 10000 Metre Race Walk

Name	Age Team	Finals	Age-Grading
1 Shaw, Kay	W50 Gold Coast	1:09:22.05	1:01:13.85 66.88%

Event 3 W55 10000 Metre Race Walk

Name	Age Team	Finals	Age-Grading
1 Woodward, Lyn	W57 Gold Coast	1:09:50.68	57:14.69 71.53%
2 Wales, Robyn	W57 Gold Coast	1:21:31.42	1:06:49.01 61.29%

Event 3 W65 10000 Metre Race Walk

Name	Age Team	Finals	Age-Grading
1 McKinven, Noela	W67 Metro North	1:19:44.81	57:19.81 71.43%

Event 3 M45 10000 Metre Race Walk

Name	Age Team	Finals	Age-Grading
1 Lindenberg, Paul	M47 Coastal South	1:08:38.84	1:02:03.02 59.92%

Event 3 M50 10000 Metre Race Walk

Name	Age Team	Finals	Age-Grading
1 Bennett, Peter	M54 Metro Central	52:34.64	44:49.65 82.95%

Event 3 M80 10000 Metre Race Walk

Name	Age Team	Finals	Age-Grading
1 Grigg, Russell	M83 Metro South	1:32:47.16	55:14.14 67.32%

Event 4 W55 100 Metre

Name	Age Team	Finals	Wind	Age-Grading
1 Purcell, Christine	W57 Metro North	17.32	0.4	13.82 75.98%

Event 4 W60 100 Metre

Name	Age Team	Finals	Wind	Age-Grading
1 Perkins, Wilma	W60 Metro South	15.41	0.4	11.94 87.93%

Event 4 M30 100 Metre

Name	Age Team	Finals	Wind	Age-Grading
1 Witelus, Rafal	M33 Metro South	12.35	0.4	12.35 79.27%

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Event 4 M60 100 Metre

Name	Age Team	Finals	Wind	Age-Grading
1 Jermacans, Viddy	M61 Coastal North	14.43	0.4	12.01 81.57%

Event 4 M65 100 Metre

Name	Age Team	Finals	Wind	Age-Grading
1 Giles, Harry	M66 Metro North	14.43	0.4	11.65 84.06%

Event 5 M70 Discus Throw

Name	Age Team	Finals	Age-Grading
1 Smith, Bernie 22.31m 22.50m FOUL 19.65m 22.40m 20.74m	M73 Coastal South	22.50m	34.44m 46.50%

Event 7 W55 200 Metre

Name	Age Team	Finals	Wind	Age-Grading
1 Purcell, Christine	W57 Metro North	37.49	0.3	29.17 73.17%

Event 7 M30 200 Metre

Name	Age Team	Finals	Wind	Age-Grading
1 Witelus, Rafal	M33 Metro South	24.69	0.3	24.20 79.83%

Event 7 M60 200 Metre

Name	Age Team	Finals	Wind	Age-Grading
1 Jermacans, Viddy	M61 Coastal North	29.92	0.3	23.94 80.72%

Event 7 M65 200 Metre

Name	Age Team	Finals	Wind	Age-Grading
1 Giles, Harry	M66 Metro North	29.75	0.3	23.01 84.00%

Event 9 M70 Shot Put

Name	Age Team	Finals	Age-Grading
1 Smith, Bernie 6.25m 6.57m 6.51m 6.63m	M73 Coastal South	6.63m	9.38m 40.60%

Event 11 M60 Long Jump

Name	Age Team	Finals	Wind	Age-Grading
1 Jermacans, Viddy	M61 Coastal North	3.53m	NWI	5.16m 57.68%

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Event 11 M70 Long Jump

Name	Age Team	Finals	Wind	Age-Grading
-- Smith, Bernie	M73 Coastal South	ND	NWI	

Event 12 M70 Triple Jump

Name	Age Team	Finals	Wind	Age-Grading
1 Smith, Bernie	M73 Coastal South	6.20m	NWI	10.85m 59.33%

Event 13 W65 800 Metre

Name	Age Team	Finals	Age-Grading
1 Menzies, Betty	W66 Metro Central	3:02.52	2:05.82 90.04%

Event 13 M60 800 Metre

Name	Age Team	Finals	Age-Grading
1 Ryan, Sean	M61 Metro Central	2:36.83	2:04.64 81.13%
-- Chaplain, Paul	M61 Gold Coast	DNF	

Event 13 M70 800 Metre

Name	Age Team	Finals	Age-Grading
1 Bradford, Alan	M71 South Queensland	2:42.83	1:57.10 86.35%