

QueenslandOpen and Masters T&F Championships - 19/03/2010 to 21/03/2010**Main Stadium, QSAC, Nathan****Results - Friday - Age Grading: 1 Yr Indiv & 5 yr Multi****W45 5000 Metre Masters**

Name	Age Team	Finals	Age-Grading
Finals			
1 Banaghan, Glenda	W46 Metro Central	18:17.26	16:34.45 86.95%

W50 5000 Metre Masters

Name	Age Team	Finals	Age-Grading
1 Sheer, Marcia	W52 Metro Central	19:06.02	16:02.89 89.80%
2 Ryan, Anne	W54 Metro Central	21:34.85	17:39.45 81.62%

W55 5000 Metre Masters

Name	Age Team	Finals	Age-Grading
1 Purcell, Christine	W57 Metro North	25:41.89	20:10.54 71.43%

M35 5000 Metre Masters

Name	Age Team	Finals	Age-Grading
1 Crowther, Geoffrey	M38 Ashgrove Rangers	21:43.83	20:50.64 60.53%

M40 5000 Metre Masters

Name	Age Team	Finals	Age-Grading
1 Tag, Chris	M42 Metro Central	17:14.79	16:03.39 78.58%
2 Gosens, Gerrard	M40 Metro Central	17:15.53	16:18.68 77.35%

M45 5000 Metre Masters

Name	Age Team	Finals	Age-Grading
1 Clowes, Andy	M48 Queensland Masters	17:37.78	15:40.16 80.52%

M50 5000 Metre Masters

Name	Age Team	Finals	Age-Grading
1 Coulter, Greg	M52 Thompson Estate	18:47.78	16:10.57 78.00%

M55 5000 Metre Masters

Name	Age Team	Finals	Age-Grading
1 Peters, Ron	M56 Metro North	17:40.07	14:42.41 85.79%
2 Collie, Jason	M59 Thompson Estate	19:28.29	15:47.84 79.87%

M60 5000 Metre Masters

Name	Age Team	Finals	Age-Grading
1 Sheer, John	M62 Metro Central	19:45.44	15:36.74 80.81%

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2 Dale, Rick	M61 Metro South	23:23.67	18:39.01	67.65%
3 Ryhanen, Erkki	M64 Metro South	24:37.89	19:07.00	66.00%

M65 5000 Metre Masters

Name	Age Team	Finals	Age-Grading
-- Donnet, Tom	M67 Metro North	DNF	

M70 5000 Metre Masters

Name	Age Team	Finals	Age-Grading
1 Bradford, Alan	M71 South Queensland	21:18.47	15:24.34 81.90%
2 McLeod, Colin	M74 South Queensland	21:34.80	14:56.40 84.45%