

QMA Weekly Meets - 13/03/2010
Mens Throw Pentathlon Championships
SAF Nathan

Results - Club Events - Age Grading: 1 Yr Indiv & 5 yr Multi

Event 3 W45 3000 Metre

Name	Age Team	Finals	Age-Grading
Finals			
1 Banaghan, Glenda	W46 Metro Central	10:47.93	9:40.68 86.35%

Event 3 W50 3000 Metre

Name	Age Team	Finals	Age-Grading
1 Sheer, Marcia	W51 Metro Central	10:57.50	9:13.55 90.58%
2 Ryan, Anne	W54 Metro Central	12:14.03	9:53.98 84.42%

Event 3 W55 3000 Metre

Name	Age Team	Finals	Age-Grading
1 Purcell, Christine	W57 Metro North	14:39.54	11:23.06 73.41%

Event 3 W60 3000 Metre

Name	Age Team	Finals	Age-Grading
1 Davey, Irene	W62 Metro South	14:33.98	10:31.19 79.44%

Event 3 M35 3000 Metre

Name	Age Team	Finals	Age-Grading
1 Whelan, Brendan	M36 Metro South	9:49.99	9:34.01 76.66%

Event 3 M45 3000 Metre

Name	Age Team	Finals	Age-Grading
1 Treschman, John	M45 South Queensland	10:26.38	9:29.95 77.20%

Event 3 M50 3000 Metre

Name	Age Team	Finals	Age-Grading
1 Coulter, Greg	M52 Thompson Estate	11:00.74	9:28.64 77.38%
2 Dimauro, Con	M51 Metro South	11:04.84	9:36.82 76.28%

Event 3 M55 3000 Metre

Name	Age Team	Finals	Age-Grading
1 Reeves, Peter	M56 South Queensland	9:58.11	8:17.87 88.38%
2 Peters, Ron	M56 Metro North	10:16.37	8:33.07 85.76%
3 Collie, Jason	M59 Thompson Estate	11:04.95	8:59.48 81.56%

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Event 3 M60 3000 Metre

Name	Age Team	Finals	Age-Grading
1 Sheer, John	M62 Metro Central	11:34.02	9:08.42 80.23%
2 Welch, Craig	M60 Metro North	12:55.96	10:24.11 70.50%
3 Ryhanen, Erkki	M64 Metro South	14:12.26	11:01.44 66.52%

Event 3 M65 3000 Metre

Name	Age Team	Finals	Age-Grading
1 Richardson, Ian	M65 Metro North	13:14.11	10:10.75 72.04%
2 Egan, Elwyn	M67 Metro South	13:44.40	10:22.43 70.69%

Event 3 M70 3000 Metre

Name	Age Team	Finals	Age-Grading
1 Bradford, Alan	M71 South Queensland	12:31.36	9:03.24 81.00%

Event 4 W55 3000 Metre Race Walk

Name	Age Team	Finals	Age-Grading
1 Woodward, Lyn	W57 Gold Coast	20:15.05	16:50.56 68.77%

Event 4 W65 3000 Metre Race Walk

Name	Age Team	Finals	Age-Grading
1 Lynch, Sally	W66 Gold Coast	20:00.39	15:01.38 77.10%
2 McKinven, Noela	W67 Metro North	22:51.42	16:56.78 68.35%

Event 4 M40 3000 Metre Race Walk

Name	Age Team	Finals	Age-Grading
1 Jimenez, Ignacio	M44 Metro North	14:15.42	13:05.19 80.42%

Event 4 M50 3000 Metre Race Walk

Name	Age Team	Finals	Age-Grading
1 Bennett, Peter	M54 Metro Central	14:20.31	12:06.02 86.97%

Event 4 M70 3000 Metre Race Walk

Name	Age Team	Finals	Age-Grading
1 Sela, Patrick	M70 Coastal South	19:01.03	13:35.84 77.39%

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Event 4 M80 3000 Metre Race Walk

Name	Age Team	Finals	Age-Grading
1 Grigg, Russell	M83 Metro South	26:27.32	15:44.14 66.88%

Event 4 M85 3000 Metre Race Walk

Name	Age Team	Finals	Age-Grading
-- Keatinge, Dick	M87 Independent	X24:17.18	13:28.74 78.07%

Event 5 M65 80 Short Hurdles

Name	Age Team	Finals	Wind	Age-Grading
1 Giles, Harry	M66 Metro North	14.68	NWI	12.05107.15%

Event 5 M70 80 Short Hurdles

Name	Age Team	Finals	Wind	Age-Grading
1 Smith, Bernie	M73 Coastal South	19.44	NWI	18.74 68.93%

Event 6 M50 100 Short Hurdles

Name	Age Team	Finals	Wind	Age-Grading
1 Davis, Kevin	M50 Metro South	20.03	NWI	19.52 66.15%

Event 8 W35 Discus Throw

Name	Age Team	Finals	Age-Grading
1 Franke, Roselyn	W39 South Queensland	24.92m	27.17m 35.38%

Event 8 W40 Discus Throw

Name	Age Team	Finals	Age-Grading
1 Beikoff, Donna	W42 Metro North	16.16m	18.45m 24.03%

Event 8 W50 Discus Throw

Name	Age Team	Finals	Age-Grading
1 Emerson, Donna	W52 Gold Coast	25.36m	34.35m 44.73%

Event 8 W55 Discus Throw

Name	Age Team	Finals	Age-Grading
1 Plasto, Cheryl	W58 Gold Coast	12.32m	18.78m 24.46%

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Event 8 W65 Discus Throw

Name	Age Team	Finals	Age-Grading
1 Birtwell, Lorraine	W67 Metro North	19.99m	37.57m 48.92%

Event 9 W35 High Jump

Name	Age Team	Finals	Age-Grading
1 Franke, Roselyn	W39 South Queensland	1.25m	1.36m 65.10%

Event 9 W55 High Jump

Name	Age Team	Finals	Age-Grading
1 Plasto, Cheryl	W58 Gold Coast	0.95m	1.32m 63.33%

Event 9 M45 High Jump

Name	Age Team	Finals	Age-Grading
1 McInnes, Callum	M48 Metro South	1.40m	1.67m 68.63%

Event 9 M65 High Jump

Name	Age Team	Finals	Age-Grading
1 Prideaux, Brian	M66 Metro Central	1.20m	1.77m 72.29%

Event 9 M70 High Jump

Name	Age Team	Finals	Age-Grading
1 Smith, Bernie	M73 Coastal South	1.10m	1.79m 73.33%

Event 10 W35 60 Metre

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Bird, Rosa	W35 Metro South	10.00	-1.1	10.00 69.20%	3

Event 10 W40 60 Metre

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Beikoff, Donna	W42 Metro North	10.11	-1.1	9.54 72.60%	3

Event 10 W45 60 Metre

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Smith-Rowan, Michelle	W45 Metro Central	9.65	-2.1	8.80 78.65%	2
2 Barr, Tricia	W47 Metro South	9.81	-2.1	8.76 79.00%	2

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Event 10 W55 60 Metre

Name	Age	Team	Finals	Wind	Age-Grading	H#
1 Rourke, Kathy	W59	Metro Central	10.37	-1.1	8.21 84.38%	3
2 Plasto, Cheryl	W58	Gold Coast	12.03	-1.1	9.61 71.99%	3

Event 10 W60 60 Metre

Name	Age	Team	Finals	Wind	Age-Grading	H#
1 Hampson, Jean	W64	Metro South	11.10	-1.1	8.39 82.52%	3

Event 10 M30 60 Metre

Name	Age	Team	Finals	Wind	Age-Grading
1 Venema, Travis	M34	Metro North	7.55	-2.0	7.54 84.90%
2 Witelus, Rafal	M33	Metro South	7.96	-2.0	7.96 80.28%

Event 10 M40 60 Metre

Name	Age	Team	Finals	Wind	Age-Grading
1 Parkinson, Gary	M42	Coastal South	8.09	-2.0	7.59 84.18%

Event 10 M45 60 Metre

Name	Age	Team	Finals	Wind	Age-Grading
1 McLean, Ian	M48	Metro Central	8.06	-2.0	7.24 88.34%

Event 10 M50 60 Metre

Name	Age	Team	Finals	Wind	Age-Grading	H#
1 Nock, Walter	M51	South Queensland	8.33	-2.0	7.32 87.27%	1
2 Bristow, Hugh	M53	Metro Central	8.50	-2.0	7.37 86.71%	1
3 Bramley, Geoff	M52	Metro North	8.89	-2.1	7.76 82.34%	2

Event 10 M55 60 Metre

Name	Age	Team	Finals	Wind	Age-Grading	H#
1 Begley, Joe	M56	Metro North	8.51	-2.0	7.23 88.48%	1
2 Malouf, Ian	M56	Metro Central	8.87	-2.1	7.53 84.89%	2
3 Cox, Graeme	M59	Metro Central	9.10	-2.1	7.57 84.40%	2

Event 10 M60 60 Metre

Name	Age	Team	Finals	Wind	Age-Grading
1 Wight, John	M64	Metro South	8.64	-2.0	6.96 91.90%

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Event 10 M65 60 Metre

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Giles, Harry	M66 Metro North	9.18	-2.1	7.30 87.58%	2

Event 10 M70 60 Metre

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Bradford, Alan	M71 South Queensland	9.61	-2.1	7.40 86.37%	2

Event 10 M75 60 Metre

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Garvey, Noel	M75 Metro North	10.48	-1.1	7.84 81.58%	3

Event 11 W35 100 Metre

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Bird, Rosa	W35 Metro South	16.02	-3.1	16.02 65.48%	3

Event 11 W40 100 Metre

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Beikoff, Donna	W42 Metro North	16.75	-3.1	15.64 67.10%	3

Event 11 W45 100 Metre

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Lakin, Karen	W46 Gold Coast	16.06	-3.1	14.34 73.16%	2
2 Smith-Rowan, Michelle	W45 Metro Central	16.42	-3.1	14.82 70.83%	2
3 Barr, Tricia	W47 Metro South	16.89	-3.1	14.92 70.34%	2

Event 11 W50 100 Metre

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Emerson, Donna	W52 Gold Coast	17.14	-3.1	14.37 73.05%	3

Event 11 W55 100 Metre

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Rourke, Kathy	W59 Metro Central	16.99	-3.1	13.29 78.93%	3
2 Plasto, Cheryl	W58 Gold Coast	20.59	-3.1	16.26 64.50%	3

Event 11 W60 100 Metre

Name	Age Team	Finals	Wind	Age-Grading	H#
1 McDonnell, Hazel	W62 Metro South	17.25	-3.1	13.12 80.00%	3

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....Event 11 W60 100 Metre

2 Hampson, Jean	W64 Metro South	18.09	-3.1	13.51	77.67%	3
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Event 11 M30 100 Metre

Name	Age Team	Finals	Wind	Age-Grading
1 Venema, Travis	M34 Metro North	12.18	-4.3	12.15 80.62%
2 Witelus, Rafal	M33 Metro South	12.71	-4.3	12.71 77.03%

Event 11 M40 100 Metre

Name	Age Team	Finals	Wind	Age-Grading
1 Parkinson, Gary	M42 Coastal South	13.23	-4.3	12.46 78.61%

Event 11 M45 100 Metre

Name	Age Team	Finals	Wind	Age-Grading
1 McLean, Ian	M48 Metro Central	13.33	-4.3	12.05 81.25%
2 McInnes, Callum	M48 Metro South	13.94	-4.3	12.60 77.69%

Event 11 M50 100 Metre

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Nock, Walter	M51 South Queensland	13.45	-4.3	11.92 82.16%	1
2 Bristow, Hugh	M53 Metro Central	13.46	-4.3	11.78 83.14%	1
3 Walke, Rod	M50 Metro North	14.45	-3.1	12.89 75.99%	2
4 Bramley, Geoff	M52 Metro North	14.49	-4.3	12.76 76.74%	1

Event 11 M55 100 Metre

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Begley, Joe	M56 Metro North	13.73	-4.3	11.79 83.10%	1
2 Malouf, Ian	M56 Metro Central	14.65	-3.1	12.57 77.88%	2
3 Cox, Graeme	M59 Metro Central	14.86	-3.1	12.52 78.26%	2

Event 11 M60 100 Metre

Name	Age Team	Finals	Wind	Age-Grading
1 Wight, John	M64 Metro South	14.39	-4.3	11.76 83.32%

Event 11 M65 100 Metre

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Giles, Harry	M66 Metro North	15.60	-3.1	12.59 77.76%	2

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Event 11 M70 100 Metre

Name	Age	Team	Finals	Wind	Age-Grading	H#
1 Bradford, Alan	M71	South Queensland	16.04	-3.1	12.50 78.37%	2

Event 11 M75 100 Metre

Name	Age	Team	Finals	Wind	Age-Grading	H#
1 Garvey, Noel	M75	Metro North	18.54	-3.1	13.76 71.20%	2

Event 12 W35 Javelin Throw

Name	Age	Team	Finals	Age-Grading
1 Franke, Roselyn	W39	South Queensland	21.31m	22.78m 31.21%

Event 12 W40 Javelin Throw

Name	Age	Team	Finals	Age-Grading
1 Beikoff, Donna	W42	Metro North	17.22m	19.79m 27.12%

Event 12 W50 Javelin Throw

Name	Age	Team	Finals	Age-Grading
1 Pronk, Joanne	W53	Metro North	20.70m	30.37m 41.61%
2 Emerson, Donna	W52	Gold Coast	20.68m	29.60m 40.55%

Event 12 W55 Javelin Throw

Name	Age	Team	Finals	Age-Grading
1 Plasto, Cheryl	W58	Gold Coast	9.40m	15.77m 21.61%

Event 12 W65 Javelin Throw

Name	Age	Team	Finals	Age-Grading
1 Birtwell, Lorraine	W67	Metro North	15.19m	31.20m 42.75%

Event 14 M40 Pole Vault

Name	Age	Team	Finals	Age-Grading
-- Alcorn, Mark	M44	Metro North	NH	

Event 14 M70 Pole Vault

Name	Age	Team	Finals	Age-Grading
1 Smith, Bernie	M73	Coastal South	1.70m	3.22m 52.47%

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Event 15 W55 Long Jump

Name	Age	Team	Finals	Wind	Age-Grading
1 Plasto, Cheryl	W58	Gold Coast	2.46m	NWI	3.47m 46.24%

Event 15 M45 Long Jump

Name	Age	Team	Finals	Wind	Age-Grading
1 McInnes, Callum	M48	Metro South	4.40m	NWI	5.38m 60.11%

Event 15 M65 Long Jump

Name	Age	Team	Finals	Wind	Age-Grading
1 Giles, Harry	M66	Metro North	4.17m	NWI	6.59m 73.67%

Event 15 M70 Long Jump

Name	Age	Team	Finals	Wind	Age-Grading
1 Smith, Bernie	M73	Coastal South	3.08m	NWI	5.50m 61.48%

Event 16 W55 Triple Jump

Name	Age	Team	Finals	Wind	Age-Grading
1 Plasto, Cheryl	W58	Gold Coast	5.03m	NWI	7.30m 47.14%

Event 16 M45 Triple Jump

Name	Age	Team	Finals	Wind	Age-Grading
1 McInnes, Callum	M48	Metro South	10.85m	NWI	12.83m 70.18%

Event 16 M65 Triple Jump

Name	Age	Team	Finals	Wind	Age-Grading
1 Giles, Harry	M66	Metro North	8.64m	NWI	13.33m 72.91%

Event 16 M70 Triple Jump

Name	Age	Team	Finals	Wind	Age-Grading
1 Smith, Bernie	M73	Coastal South	6.47m	NWI	11.32m 61.91%

Event 13 W40 4x400 Metre Relay

Team	Finals
1 Qma 'D'	5:24.34
1) Lakin, Karen 46	2) Bell, Julie 59
3) Emerson, Donna 52	4) Stoker-Salway, Sue 44

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Event 13 W60 4x400 Metre Relay

Team	Finals
1 Qma 'C'	5:38.22
1) Davey, Irene 62	2) McDonnell, Hazel 62
3) Hampson, Jean 64	4) Menzies, Betty 65

Event 13 M50 4x400 Metre Relay

Team	Finals
1 Qma 'A'	4:49.84
1) Prasad, Ganga 51	2) Davis, Kevin 50
3) Bramley, Geoff 52	4) Dimauro, Con 51

Event 13 M60 4x400 Metre Relay

Team	Finals
1 Qma 'B'	4:56.54
1) Burttt, Don 65	2) Chaplain, Paul 61
3) Morling, Brian 71	4) Turner, Fred 68

Event 18 W35 Shot Put

Name	Age Team	Finals	Age-Grading
1 Franke, Roselyn	W39 South Queensland	6.58m	7.54m 33.35%

Event 18 W50 Shot Put

Name	Age Team	Finals	Age-Grading
1 Pronk, Joanne	W53 Metro North	8.87m	12.98m 57.37%
2 Emerson, Donna	W52 Gold Coast	8.58m	12.33m 54.51%

Event 18 W55 Shot Put

Name	Age Team	Finals	Age-Grading
1 Plasto, Cheryl	W58 Gold Coast	5.23m	8.42m 37.22%

Event 18 W65 Shot Put

Name	Age Team	Finals	Age-Grading
1 Birtwell, Lorraine	W67 Metro North	6.32m	12.42m 54.91%

Event 19 W45 300 Metre

Name	Age Team	Finals	Age-Grading H#
1 Kirby, Jenny	W49 Metro Central	54.09	45.31 72.84% 2
2 Barr, Tricia	W47 Metro South	1:00.43	51.71 63.81% 2

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Event 19 W60 300 Metre

Name	Age Team	Finals	Age-Grading	H#
1 McDonnell, Hazel	W62 Metro South	55.59	40.95 80.61%	2
2 Davey, Irene	W62 Metro South	1:05.38	48.16 68.54%	2

Event 19 M30 300 Metre

Name	Age Team	Finals	Age-Grading
1 Venema, Travis	M34 Metro North	38.84	37.87 79.22%

Event 19 M40 300 Metre

Name	Age Team	Finals	Age-Grading
1 Parkinson, Gary	M42 Coastal South	39.59	36.35 82.55%
2 Garnes, Simon	M40 Ashgrove Rangers	43.86	40.84 73.46%
3 Showell, Stephen	M41 Coastal South	48.02	44.40 67.58%

Event 19 M50 300 Metre

Name	Age Team	Finals	Age-Grading
1 Nock, Walter	M51 South Queensland	43.71	37.64 79.71%
2 Davies-Evans, Steve	M51 Metro South	44.74	38.53 77.87%
3 Bramley, Geoff	M52 Metro North	46.91	40.12 74.78%
-- Walke, Rod	M50 Metro North	DNF	

Event 19 M55 300 Metre

Name	Age Team	Finals	Age-Grading	H#
1 Reeves, Peter	M56 South Queensland	47.97	39.94 75.13%	1
2 Malouf, Ian	M56 Metro Central	48.51	40.38 74.29%	2

Event 19 M60 300 Metre

Name	Age Team	Finals	Age-Grading	H#
1 Chaplain, Paul	M61 Gold Coast	54.34	43.79 68.51%	2

Event 19 M70 300 Metre

Name	Age Team	Finals	Age-Grading	H#
1 Smith, Bernie	M73 Coastal South	1:09.72	49.03 61.19%	2

Event 19 M80 300 Metre

Name	Age Team	Finals	Age-Grading	H#
1 Pearce, Norm	M84 Gold Coast	1:17.13	43.38 69.17%	2