

QMA Weekly Meets - 6/03/2010
Women's Throws Pentathlon Championship
State Athletics Facility, Nathan
Results - Age Grading: 1 Yr Indiv & 5 yr Multi

M30 60 Metre

Name	Age Team	Finals	Age-Grading
Finals			
1 Rodgers, Richard	M32 Metro North	7.55	7.55 84.64%
2 Venema, Travis	M34 Metro North	7.56	7.55 84.79%
3 Witelus, Rafal	M33 Metro South	8.06	8.06 79.28%

M50 60 Metre

Name	Age Team	Finals	Age-Grading	H#
1 Davis, Kevin	M50 Metro South	9.21	8.15 78.39%	2
2 Prasad, Ganga	M51 Metro South	10.41	9.15 69.84%	2

M55 60 Metre

Name	Age Team	Finals	Age-Grading
1 Begley, Joe	M56 Metro North	8.51	7.28 87.90%
2 Malouf, Ian	M56 Metro Central	8.85	7.57 84.52%
3 Cox, Graeme	M59 Metro Central	9.08	7.56 84.58%

W55 60 Metre

Name	Age Team	Finals	Age-Grading	H#
1 Rourke, Kathy	W59 Metro Central	10.39	8.22 84.22%	2

M65 60 Metre

Name	Age Team	Finals	Age-Grading	H#
1 Turner, Fred	M68 Gold Coast	9.27	7.28 87.81%	1
2 Lakin, Alf	M69 Gold Coast	10.17	7.94 80.53%	2

M70 60 Metre

Name	Age Team	Finals	Age-Grading	H#
1 Smith, Bernie	M73 Coastal South	11.01	8.36 76.48%	2

M80 60 Metre

Name	Age Team	Finals	Age-Grading	H#
1 Dauphinet, Maurice	M83 Gold Coast	11.58	7.92 80.74%	2

M30 200 Metre

Name	Age Team	Finals	Age-Grading
1 Venema, Travis	M34 Metro North	24.20	23.53 82.15%

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W30 200 Metre

Name	Age Team	Finals	Age-Grading	H#
1 Venema, Anne	W31 Metro North	31.81	31.81 67.09%	2

W35 200 Metre

Name	Age Team	Finals	Age-Grading	H#
1 Bird, Rosa	W35 Metro South	33.79	33.79 63.15%	3

M40 200 Metre

Name	Age Team	Finals	Age-Grading	H#
1 Showell, Stephen	M40 Coastal South	29.33	27.21 71.02%	2
2 Eisentrager, Scott	M42 Metro Central	29.43	26.90 71.83%	2

W45 200 Metre

Name	Age Team	Finals	Age-Grading	H#
1 Lakin, Karen	W46 Gold Coast	32.10	28.18 75.73%	2
2 Kwok, Phyllis	W49 Metro South	32.95	27.95 76.36%	3
3 Barr, Tricia	W47 Metro South	34.76	30.17 70.74%	3

M45 200 Metre

Name	Age Team	Finals	Age-Grading
1 McInnes, Callum	M48 Metro South	28.17	24.64 78.42%

M50 200 Metre

Name	Age Team	Finals	Age-Grading	H#
1 Walke, Rod	M50 Metro North	28.55	24.61 78.53%	2
2 Davis, Kevin	M50 Metro South	30.04	25.90 74.63%	3

M55 200 Metre

Name	Age Team	Finals	Age-Grading	H#
1 Begley, Joe	M56 Metro North	27.23	22.52 85.79%	1
2 Malouf, Ian	M56 Metro Central	28.90	23.91 80.83%	2

W60 200 Metre

Name	Age Team	Finals	Age-Grading	H#
1 McDonnell, Hazel	W62 Metro South	34.07	25.20 84.68%	3
2 Davey, Irene	W62 Metro South	40.60	30.03 71.06%	3

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M65 200 Metre

Name	Age Team	Finals	Age-Grading	H#
1 Turner, Fred	M68 Gold Coast	29.73	22.63 85.40%	2
2 Lakin, Alf	M69 Gold Coast	33.21	25.08 77.06%	2

W30 400 Metre

Name	Age Team	Finals	Age-Grading	H#
1 Venema, Anne	W31 Metro North	1:10.36	1:10.36 67.65%	2

M40 400 Metre

Name	Age Team	Finals	Age-Grading
1 Eisentrager, Scott	M42 Metro Central	1:11.03	1:05.49 65.94%
2 Showell, Stephen	M40 Coastal South	1:12.41	1:07.71 63.78%

M45 400 Metre

Name	Age Team	Finals	Age-Grading
1 O'Callaghan, Dan	M49 Ashgrove Rangers	1:04.51	56.64 76.25%

W45 400 Metre

Name	Age Team	Finals	Age-Grading	H#
1 Lakin, Karen	W46 Gold Coast	1:12.02	1:01.35 77.59%	2
2 Bateson, Lynda	W47 Ashgrove Rangers	1:20.03	1:07.51 70.51%	2
3 Barr, Tricia	W47 Metro South	1:25.93	1:12.49 65.67%	2

M50 400 Metre

Name	Age Team	Finals	Age-Grading
1 Walke, Rod	M50 Metro North	1:04.16	55.94 77.20%

M60 400 Metre

Name	Age Team	Finals	Age-Grading	H#
1 Chaplain, Paul	M61 Gold Coast	1:16.84	1:02.37 69.23%	2

W60 400 Metre

Name	Age Team	Finals	Age-Grading	H#
1 McDonnell, Hazel	W62 Metro South	1:23.35	1:01.13 77.88%	2
2 Hampson, Jean	W64 Metro South	1:25.72	1:01.77 77.06%	2
3 Davey, Irene	W62 Metro South	1:30.58	1:06.43 71.66%	2

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M65 400 Metre

Name	Age Team	Finals	Age-Grading
1 Turner, Fred	M68 Gold Coast	1:12.76	55.00 78.52%

M70 400 Metre

Name	Age Team	Finals	Age-Grading	H#
1 Smith, Bernie	M73 Coastal South	1:35.08	1:05.73 65.69%	2

M29&U 800 Metre

Name	Age Team	Finals	Age-Grading
1 Gitsham, Dave	M26 Visitor	2:16.51	2:16.51 74.07%

W30 800 Metre

Name	Age Team	Finals	Age-Grading
1 Venema, Anne	W31 Metro North	2:50.97	2:50.97 66.26%

M35 800 Metre

Name	Age Team	Finals	Age-Grading
1 Lees, Jason	M38 Metro Central	2:11.23	2:07.18 79.50%

M40 800 Metre

Name	Age Team	Finals	Age-Grading	H#
1 Showell, Stephen	M40 Coastal South	2:44.31	2:36.18 64.74%	2
2 Eisentrager, Scott	M42 Metro Central	2:59.65	2:47.71 60.29%	2

M45 800 Metre

Name	Age Team	Finals	Age-Grading
1 Treschman, John	M45 South Queensland	2:23.42	2:10.24 77.63%
2 O'Callaghan, Dan	M49 Ashgrove Rangers	2:32.69	2:13.93 75.50%

W45 800 Metre

Name	Age Team	Finals	Age-Grading
1 Bateson, Lynda	W47 Ashgrove Rangers	3:05.66	2:49.87 66.69%

M60 800 Metre

Name	Age Team	Finals	Age-Grading	H#
1 Burt, Don	M64 Metro Central	2:45.18	2:08.28 78.82%	1
2 Woodriff, Jim	M63 Coastal North	2:48.13	2:11.58 76.85%	2

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....M60 800 Metre

3 Chippendale, Paul	M62 Metro South	3:57.62	3:07.42	53.95%	2
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W60 800 Metre

Name	Age Team	Finals	Age-Grading	H#
1 Davey, Irene	W62 Metro South	3:22.03	2:30.98 75.03%	2
-- Hampson, Jean	W64 Metro South	DNF		2

W65 800 Metre

Name	Age Team	Finals	Age-Grading
1 Menzies, Betty	W65 Metro Central	3:06.49	2:11.07 86.43%

M65 800 Metre

Name	Age Team	Finals	Age-Grading
1 Egan, Elwyn	M67 Metro South	2:46.74	2:05.78 80.39%

M70 800 Metre

Name	Age Team	Finals	Age-Grading	H#
1 Morling, Brian	M71 Gold Coast	3:00.17	2:09.57 78.04%	2

M80 800 Metre

Name	Age Team	Finals	Age-Grading	H#
1 Pearce, Norm	M84 Gold Coast	4:24.16	2:26.43 69.05%	2

W45 5000 Metre

Name	Age Team	Finals	Age-Grading
1 Banaghan, Glenda	W46 Metro Central	18:54.26	17:20.12 83.13%

W50 5000 Metre

Name	Age Team	Finals	Age-Grading
1 Ryan, Anne	W54 Metro Central	22:16.80	18:13.78 79.06%

M50 5000 Metre

Name	Age Team	Finals	Age-Grading
1 Coulter, Greg	M52 Thompson Estate	19:44.62	17:07.78 73.65%

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M55 5000 Metre

Name	Age Team	Finals	Age-Grading
1 Peters, Ron	M56 Metro North	18:55.11	15:44.87 80.12%

M60 5000 Metre

Name	Age Team	Finals	Age-Grading
1 Welch, Craig	M60 Metro North	22:56.91	18:27.45 68.36%

M45 High Jump

Name	Age Team	Finals	Age-Grading
1 McInnes, Callum	M48 Metro South	1.35m	1.61m 66.18%

W45 High Jump

Name	Age Team	Finals	Age-Grading
1 Kwok, Phyllis	W49 Metro South	1.20m	1.47m 70.59%

M70 High Jump

Name	Age Team	Finals	Age-Grading
1 Smith, Bernie	M73 Coastal South	1.10m	1.79m 73.33%

M30 Long Jump

Name	Age Team	Finals	Age-Grading
1 Rodgers, Richard	M32 Metro North	5.77m	5.88m 65.72%

M45 Long Jump

Name	Age Team	Finals	Age-Grading
1 McInnes, Callum	M48 Metro South	4.39m	5.37m 59.97%

M50 Long Jump

Name	Age Team	Finals	Age-Grading
1 Prasad, Ganga	M51 Metro South	3.20m	4.06m 45.45%

M70 Long Jump

Name	Age Team	Finals	Age-Grading
1 Smith, Bernie	M73 Coastal South	3.28m	5.85m 65.47%

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M30 Triple Jump

Name	Age Team	Finals	Age-Grading
1 Rodgers, Richard	M32 Metro North	11.19m	11.24m 61.48%

M45 Triple Jump

Name	Age Team	Finals	Age-Grading
1 McInnes, Callum	M48 Metro South	9.11m	10.77m 58.93%

W55 Triple Jump

Name	Age Team	Finals	Age-Grading
1 Rourke, Kathy	W59 Metro Central	7.24m	10.68m 68.95%

M70 Triple Jump

Name	Age Team	Finals	Age-Grading
1 Smith, Bernie	M73 Coastal South	6.39m	11.18m 61.15%

M35 Shot Put

Name	Age Team	Finals	Age-Grading
1 Franke, Rod	M39 South Queensland	10.34m	10.56m 45.69%

M50 Shot Put

Name	Age Team	Finals	Age-Grading
1 Davis, Kevin	M50 Metro South	7.81m	8.95m 38.74%
2 Prasad, Ganga	M51 Metro South	6.83m	7.99m 34.56%

M65 Shot Put

Name	Age Team	Finals	Age-Grading
1 Quinn, Don	M65 Metro North	10.19m	14.99m 64.86%

M70 Shot Put

Name	Age Team	Finals	Age-Grading
1 Smith, Bernie	M73 Coastal South	7.00m	9.91m 42.87%

M90 Shot Put

Name	Age Team	Finals	Age-Grading
1 Vickers, Ted	M90 Metro North	4.25m	10.43m 45.12%

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M35 Discus Throw

Name	Age	Team	Finals	Age-Grading
1 Franke, Rod	M39	South Queensland	31.69m	31.69m 42.78%

M50 Discus Throw

Name	Age	Team	Finals	Age-Grading
1 Davis, Kevin	M50	Metro South	25.04m	25.04m 33.80%
1 Parr, Josh	M53	Metro South	21.45m	22.66m 30.60%
2 Prasad, Ganga	M51	Metro South	19.65m	20.00m 27.01%

M65 Discus Throw

Name	Age	Team	Finals	Age-Grading
1 Quinn, Don	M65	Metro North	37.03m	46.33m 62.55%

M70 Discus Throw

Name	Age	Team	Finals	Age-Grading
1 Smith, Bernie	M73	Coastal South	18.26m	27.95m 37.74%

M80 Discus Throw

Name	Age	Team	Finals	Age-Grading
1 Dauphinet, Maurice	M83	Gold Coast	20.18m	42.87m 57.87%

M90 Discus Throw

Name	Age	Team	Finals	Age-Grading
1 Vickers, Ted	M90	Metro North	8.80m	25.66m 34.65%

M35 Javelin Throw

Name	Age	Team	Finals	Age-Grading
1 Franke, Rod	M39	South Queensland	30.48m	33.83m 34.36%

M50 Javelin Throw

Name	Age	Team	Finals	Age-Grading
1 Davis, Kevin	M50	Metro South	31.28m	40.00m 40.62%
2 Prasad, Ganga	M51	Metro South	22.58m	29.41m 29.86%
-- Parr, Josh	M53	Metro South	ND	

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M70 Javelin Throw

Name	Age Team	Finals	Age-Grading
1 Smith, Bernie	M73 Coastal South	17.66m	33.47m 33.99%

M80 Javelin Throw

Name	Age Team	Finals	Age-Grading
1 Dauphinet, Maurice	M83 Gold Coast	18.83m	44.47m 45.17%

M90 Javelin Throw

Name	Age Team	Finals	Age-Grading
1 Vickers, Ted	M90 Metro North	8.91m	31.90m 32.40%

W35 Shot Put Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Franke, Roselyn	W39 South Queensland	6.45m	6.81m 30.10%	323

W40 Shot Put Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Foster, Leonie	W40 Metro South	6.60m	7.73m 34.18%	382
2 Beikoff, Donna	W42 Metro North	6.02m	7.05m 31.18%	338

W45 Shot Put Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 McClintock, Karel	W49 Coastal North	7.72m	10.16m 44.94%	540

W55 Shot Put Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Plasto, Cheryl	W58 Gold Coast	4.75m	7.21m 31.88%	348

W65 Shot Put Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Birtwell, Lorraine	W67 Metro North	6.21m	11.64m 51.45%	637

W75 Shot Put Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Doherty, Heather	W76 Metro Central	7.47m	18.27m 80.76%	1081

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W35 Discus Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Franke, Roselyn	W39 South Queensland	23.32m	23.99m 31.24%	350

W40 Discus Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Foster, Leonie	W40 Metro South	19.37m	21.44m 27.92%	304
2 Beikoff, Donna	W42 Metro North	14.83m	16.41m 21.38%	214

W45 Discus Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 McClintock, Karel	W49 Coastal North	23.37m	28.00m 36.46%	425

W55 Discus Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Plasto, Cheryl	W58 Gold Coast	12.18m	17.47m 22.75%	233

W65 Discus Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Birtwell, Lorraine	W67 Metro North	19.66m	35.14m 45.75%	560

W75 Discus Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Doherty, Heather	W76 Metro Central	23.12m	54.79m 71.34%	947

W35 Hammer Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Franke, Roselyn	W39 South Queensland	15.72m	17.90m 23.25%	236

W40 Hammer Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Foster, Leonie	W40 Metro South	20.77m	27.01m 35.08%	429
2 Beikoff, Donna	W42 Metro North	13.06m	16.98m 22.06%	217

W45 Hammer Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 McClintock, Karel	W49 Coastal North	19.74m	29.93m 38.88%	492

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W55 Hammer Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Plasto, Cheryl	W58 Gold Coast	12.79m	17.57m 22.83%	229

W65 Hammer Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Birtwell, Lorraine	W67 Metro North	21.00m	35.99m 46.75%	623

W75 Hammer Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Doherty, Heather	W76 Metro Central	22.50m	51.22m 66.53%	959

W35 Javelin Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Franke, Roselyn	W39 South Queensland	19.22m	19.22m 26.33%	274

W40 Javelin Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Beikoff, Donna	W42 Metro North	15.93m	17.43m 23.89%	241
-- Foster, Leonie	W40 Metro South	ND		

W45 Javelin Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 McClintock, Karel	W49 Coastal North	16.23m	20.18m 27.64%	292

W55 Javelin Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Plasto, Cheryl	W58 Gold Coast	8.81m	13.61m 18.65%	171

W65 Javelin Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Birtwell, Lorraine	W67 Metro North	14.28m	27.93m 38.26%	437

W75 Javelin Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Doherty, Heather	W76 Metro Central	16.12m	41.50m 56.86%	696

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W35 Weight Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Franke, Roselyn	W39 South Queensland	6.82m	8.69m 36.84%	413

W40 Weight Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Foster, Leonie	W40 Metro South	7.09m	9.93m 42.10%	488
2 Beikoff, Donna	W42 Metro North	5.39m	7.55m 32.01%	345

W45 Weight Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 McClintock, Karel	W49 Coastal North	7.43m	11.55m 48.98%	588

W55 Weight Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Plasto, Cheryl	W58 Gold Coast	4.74m	6.44m 27.32%	278

W65 Weight Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Birtwell, Lorraine	W67 Metro North	8.07m	11.54m 48.91%	587

W75 Weight Throw Weight Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Doherty, Heather	W76 Metro Central	9.22m	17.49m 74.12%	957

W35 Weight Pentathlon

Name	Age Team	Finals
1 Franke, Roselyn	W39 South Queensland	1596

W40 Weight Pentathlon

Name	Age Team	Finals
1 Foster, Leonie	W40 Metro South	1603
2 Beikoff, Donna	W42 Metro North	1355

W45 Weight Pentathlon

Name	Age Team	Finals
1 McClintock, Karel	W49 Coastal North	2337

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W55 Weight Pentathlon

Name	Age Team	Finals
1 Plasto, Cheryl	W58 Gold Coast	1259

W65 Weight Pentathlon

Name	Age Team	Finals
1 Birtwell, Lorraine	W67 Metro North	2844

W75 Weight Pentathlon

Name	Age Team	Finals
1 Doherty, Heather	W76 Metro Central	4640

M40 5000 Metre Race Walk

Name	Age Team	Finals	Age-Grading
1 Nash, Jody	M44 Metro South	28:14.34	26:19.98 75.13%

M50 5000 Metre Race Walk

Name	Age Team	Finals	Age-Grading
1 Bennett, Peter	M54 Metro Central	26:00.78	22:01.05 81.57%

W55 5000 Metre Race Walk

Name	Age Team	Finals	Age-Grading
1 Woodward, Lyn	W57 Gold Coast	34:36.38	28:56.69 68.35%

W75 5000 Metre Race Walk

Name	Age Team	Finals	Age-Grading
1 Dauphinet, Christiane	W78 Gold Coast	39:07.67	24:02.41 82.29%