

**QMA- Gold Coast Championships - 20/02/2010 to 27/02/2010****Gold Coast City Athletics Track****Results - Saturday 20th Feb - Age Grading: 1 Yr Indiv & 5 yr Multi****Event 1 W50 5000 Metre**

Name	Age Team	Finals	Age-Grading
Finals			
1 Ryan, Anne	W54 Metro Central	21:55.80	17:56.59 80.32%

**Event 2 M60 5000 Metre**

Name	Age Team	Finals	Age-Grading
1 Sheer, John	M62 Metro Central	20:26.41	16:09.11 78.11%

**Event 3 W50 5000 Metre Race Walk**

Name	Age Team	Finals	Age-Grading
1 Shaw, Kay	W50 Gold Coast	33:54.75	30:04.01 65.80%

**Event 3 W75 5000 Metre Race Walk**

Name	Age Team	Finals	Age-Grading
1 Dauphinet, Christiane	W78 Gold Coast	39:18.58	24:09.12 81.91%

**Event 4 M40 5000 Metre Race Walk**

Name	Age Team	Finals	Age-Grading
1 Jimenez, Ignacio	M44 Metro North	25:15.35	23:14.43 77.28%

**Event 4 M50 5000 Metre Race Walk**

Name	Age Team	Finals	Age-Grading
1 Bennett, Peter	M54 Metro Central	26:24.52	22:21.14 80.35%

**Event 4 M70 5000 Metre Race Walk**

Name	Age Team	Finals	Age-Grading
1 Sela, Patrick	M70 Coastal South	33:41.06	24:09.11 74.36%

**Event 4 M75 5000 Metre Race Walk**

Name	Age Team	Finals	Age-Grading
-- Janes, Bert	M76 Gold Coast	DQ	

**Event 4 M80 5000 Metre Race Walk**

Name	Age Team	Finals	Age-Grading
1 Lynch, Richard	M80 Gold Coast	37:42.62	23:32.79 76.27%

**QMA- Gold Coast Championships - 20/02/2010 to 27/02/2010****Gold Coast City Athletics Track****Results - Saturday 20th Feb - Age Grading: 1 Yr Indiv & 5 yr Multi****Event 5 M50 Hammer Throw**

Name	Age	Team	Finals	Age-Grading
1 Prasad, Ganga	M51	Metro South	14.57m	17.33m 19.99%

**Event 5 M55 Hammer Throw**

Name	Age	Team	Finals	Age-Grading
1 Chapman, Grant W	M59	Gold Coast	28.85m	41.26m 47.58%
2 Richardson, Ray	M59	Coastal South	25.34m	36.24m 41.79%

**Event 6 M70 Shot Put**

Name	Age	Team	Finals	Age-Grading
1 Daniels, Ken	M72	Sunshine Coast	7.96m	10.95m 47.38%
2 Rogers, Ivan	M71	Ashgrove Rangers	7.40m	9.89m 42.82%

**Event 6 M75 Shot Put**

Name	Age	Team	Finals	Age-Grading
1 Ropelin, Arvo	M76	Metro South	9.47m	14.70m 63.60%
2 McMullen, Bill	M76	Gold Coast	8.09m	12.56m 54.33%

**Event 6 M80 Shot Put**

Name	Age	Team	Finals	Age-Grading
1 Dauphinet, Maurice	M83	Gold Coast	6.89m	12.12m 52.44%
2 Grigg, Russell	M83	Metro South	6.15m	10.81m 46.80%

**Event 6 M90 Shot Put**

Name	Age	Team	Finals	Age-Grading
1 Vickers, Ted	M90	Metro North	4.48m	10.99m 47.56%

**Event 7 W35 Long Jump**

Name	Age	Team	Finals	Age-Grading
1 Sautia, Mao	W37	Metro South	3.17m	3.37m 44.84%

**Event 7 W40 Long Jump**

Name	Age	Team	Finals	Age-Grading
1 Stoker-Salway, Sue	W44	Gold Coast	3.30m	3.82m 50.85%

**Event 7 W45 Long Jump**

Name	Age	Team	Finals	Age-Grading
1 Kwok, Phyllis	W49	Metro South	3.57m	4.42m 58.81%

**QMA- Gold Coast Championships - 20/02/2010 to 27/02/2010****Gold Coast City Athletics Track****Results - Saturday 20th Feb - Age Grading: 1 Yr Indiv & 5 yr Multi****Event 7 W50 Long Jump**

Name	Age Team	Finals	Age-Grading
1 Emerson, Donna	W52 Gold Coast	3.84m	4.96m 65.98%
2 Quinn, Denise	W53 Sunshine Coast	3.68m	4.82m 64.11%

**Event 7 W55 Long Jump**

Name	Age Team	Finals	Age-Grading
1 Wales, Robyn	W57 Gold Coast	2.14m	2.98m 39.63%

**Event 7 W60 Long Jump**

Name	Age Team	Finals	Age-Grading
1 Perkins, Wilma	W60 Metro South	3.92m	5.72m 76.12%

**Event 7 W65 Long Jump**

Name	Age Team	Finals	Age-Grading
1 Allison, Marge	W65 Coastal North	3.24m	5.14m 68.50%

**Event 8 M30 60 Metre**

Name	Age Team	Finals	Age-Grading	H#
1 Rodgers, Richard	M32 Metro North	7.39	7.39 86.47%	4
2 Venema, Travis	M34 Metro North	7.51	7.50 85.35%	4
3 Witelus, Rafal	M33 Metro South	8.04	8.04 79.48%	4

**Event 8 M35 60 Metre**

Name	Age Team	Finals	Age-Grading	H#
1 Weber, Karl	M39 Gold Coast	7.97	7.65 83.56%	4

**Event 8 M40 60 Metre**

Name	Age Team	Finals	Age-Grading	H#
1 Duce, Richard	M44 Gold Coast	8.27	7.65 83.68%	4

**Event 8 M45 60 Metre**

Name	Age Team	Finals	Age-Grading	H#
1 Bruce, Craig	M46 Metro North	8.13	7.41 86.35%	4
2 McInnes, Callum	M48 Metro South	8.55	7.68 83.27%	4

**Event 8 M50 60 Metre**

Name	Age Team	Finals	Age-Grading	H#
1 Bishop, Steve	M52 Gold Coast	8.31	7.26 88.09%	3

**QMA- Gold Coast Championships - 20/02/2010 to 27/02/2010****Gold Coast City Athletics Track****Results - Saturday 20th Feb - Age Grading: 1 Yr Indiv & 5 yr Multi****....Event 8 M50 60 Metre**

2 Prasad, Ganga	M51 Metro South	10.25	9.01	70.93%	3
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**Event 8 M55 60 Metre**

Name	Age Team	Finals	Age-Grading H#		
1 Begley, Joe	M56 Metro North	8.26	7.02	91.16%	3
2 Malouf, Ian	M56 Metro Central	8.78	7.46	85.76%	3

**Event 8 M60 60 Metre**

Name	Age Team	Finals	Age-Grading H#		
1 Wight, John	M64 Metro South	8.28	6.67	95.89%	2
2 Cousins, Wayne	M63 Gold Coast	8.70	7.06	90.57%	2
3 Jermacans, Viddy	M61 Coastal North	9.09	7.47	85.59%	2
4 Chaplain, Paul	M61 Gold Coast	9.25	7.60	84.11%	2

**Event 8 M65 60 Metre**

Name	Age Team	Finals	Age-Grading H#		
1 McDonald, Rob	M65 South Queensland	8.26	6.61	96.73%	2
2 Turner, Fred	M68 Gold Coast	9.07	7.12	89.75%	2
3 Lakin, Alf	M69 Gold Coast	10.01	7.81	81.82%	2

**Event 8 M70 60 Metre**

Name	Age Team	Finals	Age-Grading		
1 Cook, Bill	M70 Gold Coast	9.60	7.45	85.83%	
2 Rogers, Ivan	M71 Ashgrove Rangers	12.52	9.64	66.29%	

**Event 8 M75 60 Metre**

Name	Age Team	Finals	Age-Grading		
1 Crowley, Charles	M77 Gold Coast	10.15	7.44	85.91%	

**Event 8 M80 60 Metre**

Name	Age Team	Finals	Age-Grading		
1 Dauphinet, Maurice	M83 Gold Coast	11.24	7.69	83.19%	
2 Grigg, Russell	M83 Metro South	14.22	9.72	65.75%	

**Event 9 W35 60 Metre**

Name	Age Team	Finals	Age-Grading H#		
1 Mackey, Michelle	W37 Gold Coast	8.72	8.72	79.36%	3
2 Sautia, Mao	W37 Metro South	10.46	10.46	66.16%	3

**QMA- Gold Coast Championships - 20/02/2010 to 27/02/2010****Gold Coast City Athletics Track****Results - Saturday 20th Feb - Age Grading: 1 Yr Indiv & 5 yr Multi****Event 9 W40 60 Metre**

Name	Age Team	Finals	Age-Grading	H#
1 Brims, Julie	W44 Metro South	8.08	7.46 92.82%	3
2 Veurman-Betts, Jessica	W43 Metro Central	8.98	8.38 82.63%	3
3 Stoker-Salway, Sue	W44 Gold Coast	9.33	8.61 80.39%	3
4 Beikoff, Donna	W42 Metro North	10.00	9.44 73.40%	3

**Event 9 W45 60 Metre**

Name	Age Team	Finals	Age-Grading	H#
1 Kwok, Phyllis	W49 Metro South	9.40	8.22 84.26%	2
2 Lakin, Karen	W46 Gold Coast	9.58	8.65 80.06%	2
3 Barr, Tricia	W47 Metro South	9.68	8.65 80.06%	2
4 Lochlin, Martha	W46 Gold Coast	9.82	8.87 78.11%	2

**Event 9 W50 60 Metre**

Name	Age Team	Finals	Age-Grading	H#
1 Alderman, Dianne	W53 Coastal South	9.29	7.80 88.81%	2
2 Petersen, Patty	W51 South Queensland	9.80	8.39 82.45%	2
3 Quinn, Denise	W53 Sunshine Coast	10.06	8.44 82.01%	2
4 Emerson, Donna	W52 Gold Coast	10.18	8.63 80.26%	2

**Event 9 W55 60 Metre**

Name	Age Team	Finals	Age-Grading
1 Brameld, Noela	W56 Sunshine Coast	10.55	8.59 80.57%
2 Plasto, Cheryl	W58 Gold Coast	12.36	9.88 70.06%
3 Wales, Robyn	W57 Gold Coast	14.21	11.47 60.38%

**Event 9 W60 60 Metre**

Name	Age Team	Finals	Age-Grading
1 Perkins, Wilma	W60 Metro South	9.22	7.23 95.77%
2 Doran, Wendy	W60 Gold Coast	9.39	7.36 94.04%
3 Turner, Janette	W60 Gold Coast	9.72	7.62 90.84%

**Event 9 W65 60 Metre**

Name	Age Team	Finals	Age-Grading
1 Allison, Marge	W65 Coastal North	9.86	7.38 93.81%
2 Hamilton, Lesley	W66 Sunshine Coast	10.72	7.96 87.03%

**Event 10 W45 Pole Vault**

Name	Age Team	Finals	Age-Grading
1 Kwok, Phyllis	W49 Metro South	2.35m	3.26m 63.34%

**QMA- Gold Coast Championships - 20/02/2010 to 27/02/2010****Gold Coast City Athletics Track****Results - Saturday 20th Feb - Age Grading: 1 Yr Indiv & 5 yr Multi****Event 10 W60 Pole Vault**

Name	Age Team	Finals	Age-Grading
1 Perkins, Wilma	W60 Metro South	2.25m	3.92m 76.27%

**Event 11 M50 Pole Vault**

Name	Age Team	Finals	Age-Grading
1 Prasad, Ganga	M51 Metro South	1.55m	1.98m 32.36%

**Event 11 M55 Pole Vault**

Name	Age Team	Finals	Age-Grading
1 Cameron, Allan	M59 Metro Central	2.90m	4.21m 68.72%
2 Chapman, Grant W	M59 Gold Coast	2.00m	2.90m 47.39%

**Event 11 M65 Pole Vault**

Name	Age Team	Finals	Age-Grading
1 Dominish, Rod	M65 Metro North	1.55m	2.50m 40.79%

**Event 11 M70 Pole Vault**

Name	Age Team	Finals	Age-Grading
1 Smith, Bernie	M73 Coastal South	1.70m	3.22m 52.47%

**Event 11 M75 Pole Vault**

Name	Age Team	Finals	Age-Grading
1 Andalis, Chris	M77 Gold Coast	1.55m	3.21m 52.36%

**Event 12 M60 Hammer Throw**

Name	Age Team	Finals	Age-Grading
1 Stammers, Jim	M62 Coastal South	32.93m	48.48m 55.90%
2 Lafferty, Mills	M61 Metro Central	31.55m	45.38m 52.32%
3 Clark, Peter	M64 Gold Coast	28.49m	44.03m 50.78%

**Event 12 M65 Hammer Throw**

Name	Age Team	Finals	Age-Grading
1 Quinn, Don	M65 Metro North	31.58m	50.06m 57.71%
2 Quarterman, Guy	M68 Metro Central	27.92m	47.93m 55.27%

**Event 14 W35 Shot Put**

Name	Age Team	Finals	Age-Grading
1 Sautia, Mao	W37 Metro South	7.43m	8.17m 36.10%

**QMA- Gold Coast Championships - 20/02/2010 to 27/02/2010****Gold Coast City Athletics Track****Results - Saturday 20th Feb - Age Grading: 1 Yr Indiv & 5 yr Multi****Event 14 W40 Shot Put**

Name	Age Team	Finals	Age-Grading
1 Foster, Leonie	W40 Metro South	6.77m	7.93m 35.06%
2 Beikoff, Donna	W42 Metro North	5.99m	7.34m 32.45%

**Event 14 W45 Shot Put**

Name	Age Team	Finals	Age-Grading
1 Bateson, Lynda	W47 Ashgrove Rangers	6.74m	9.34m 41.27%

**Event 14 W50 Shot Put**

Name	Age Team	Finals	Age-Grading
1 Pronk, Joanne	W53 Metro North	9.44m	13.81m 61.06%
2 Alderman, Dianne	W53 Coastal South	8.83m	12.92m 57.12%
3 Emerson, Donna	W52 Gold Coast	8.19m	11.77m 52.03%

**Event 13 W55 Shot Put**

Name	Age Team	Finals	Age-Grading
1 Plasto, Cheryl	W58 Gold Coast	4.91m	7.90m 34.95%

**Event 13 W60 Shot Put**

Name	Age Team	Finals	Age-Grading
1 Turner, Janette	W60 Gold Coast	6.84m	11.47m 50.74%

**Event 13 W65 Shot Put**

Name	Age Team	Finals	Age-Grading
1 Birtwell, Lorraine	W67 Metro North	6.89m	13.54m 59.86%
2 Holdsworth, Adrienne	W66 Gold Coast	6.76m	12.97m 57.34%
3 Hamilton, Lesley	W66 Sunshine Coast	6.23m	11.95m 52.84%

**Event 13 W70 Shot Put**

Name	Age Team	Finals	Age-Grading
1 Jenkins, Eunice	W71 Gold Coast	5.61m	12.23m 54.05%

**Event 13 W75 Shot Put**

Name	Age Team	Finals	Age-Grading
1 Doherty, Heather	W76 Metro Central	7.86m	19.82m 87.63%

**QMA- Gold Coast Championships - 20/02/2010 to 27/02/2010****Gold Coast City Athletics Track****Results - Saturday 20th Feb - Age Grading: 1 Yr Indiv & 5 yr Multi****Event 15 W30 400 Metre**

Name	Age Team	Finals	Age-Grading	H#
1 Menzies, Katie	W31 Gold Coast	1:05.95	1:05.95 72.18%	2
2 Venema, Anne	W31 Metro North	1:07.93	1:07.93 70.07%	2

**Event 15 W40 400 Metre**

Name	Age Team	Finals	Age-Grading	H#
1 Veurman-Betts, Jessica	W43 Metro Central	1:11.69	1:03.00 75.56%	2
2 Stoker-Salway, Sue	W44 Gold Coast	1:17.02	1:06.97 71.07%	2
3 Beikoff, Donna	W42 Metro North	1:22.75	1:13.49 64.77%	2

**Event 15 W45 400 Metre**

Name	Age Team	Finals	Age-Grading
1 Lakin, Karen	W46 Gold Coast	1:12.08	1:01.40 77.52%
2 Barr, Tricia	W47 Metro South	1:27.03	1:13.41 64.84%

**Event 15 W55 400 Metre**

Name	Age Team	Finals	Age-Grading
1 Bell, Julie	W59 Gold Coast	1:18.79	59.33 80.24%

**Event 15 W60 400 Metre**

Name	Age Team	Finals	Age-Grading
1 McDonnell, Hazel	W62 Metro South	1:20.15	58.78 80.99%

**Event 15 W65 400 Metre**

Name	Age Team	Finals	Age-Grading
1 Allison, Marge	W65 Coastal North	1:13.61	52.58 90.53%

**Event 16 M30 400 Metre**

Name	Age Team	Finals	Age-Grading	H#
1 Venema, Travis	M34 Metro North	56.48	55.23 78.19%	3

**Event 16 M40 400 Metre**

Name	Age Team	Finals	Age-Grading	H#
1 Eisentrager, Scott	M42 Metro Central	1:10.19	1:04.71 66.73%	3

**Event 16 M45 400 Metre**

Name	Age Team	Finals	Age-Grading	H#
1 Bruce, Craig	M46 Metro North	1:01.03	54.70 78.94%	3

**QMA- Gold Coast Championships - 20/02/2010 to 27/02/2010****Gold Coast City Athletics Track****Results - Saturday 20th Feb - Age Grading: 1 Yr Indiv & 5 yr Multi****Event 16 M50 400 Metre**

Name	Age Team	Finals	Age-Grading	H#
1 Bishop, Steve	M52 Gold Coast	59.89	51.53 83.80%	3
2 Walke, Rod	M50 Metro North	1:04.44	56.18 76.86%	3

**Event 16 M55 400 Metre**

Name	Age Team	Finals	Age-Grading	H#
1 Manefield, Neil	M56 Gold Coast	1:03.57	53.28 81.06%	2
2 Reeves, Peter	M56 South Queensland	1:05.38	54.79 78.82%	2
3 Malouf, Ian	M56 Metro Central	1:07.60	56.65 76.23%	2

**Event 16 M60 400 Metre**

Name	Age Team	Finals	Age-Grading	H#
1 Jermacans, Viddy	M61 Coastal North	1:10.29	57.05 75.69%	2
2 Ryan, Sean	M61 Metro Central	1:11.23	57.82 74.69%	2
3 Chaplain, Paul	M61 Gold Coast	1:16.82	1:02.35 69.25%	2

**Event 16 M65 400 Metre**

Name	Age Team	Finals	Age-Grading
1 Turner, Fred	M68 Gold Coast	1:10.50	53.29 81.04%
2 Dominish, Rod	M65 Metro North	1:15.30	59.61 72.44%
3 Lakin, Alf	M69 Gold Coast	1:17.09	57.34 75.30%

**Event 16 M70 400 Metre**

Name	Age Team	Finals	Age-Grading
1 Daniels, Ken	M72 Sunshine Coast	1:14.32	52.39 82.43%
2 Morling, Brian	M71 Gold Coast	1:16.25	54.78 78.83%

**Event 17 M30 Long Jump**

Name	Age Team	Finals	Age-Grading
1 Rodgers, Richard	M32 Metro North	5.71m	5.82m 65.03%
2 Venema, Travis	M34 Metro North	5.44m	5.65m 63.26%

**Event 17 M45 Long Jump**

Name	Age Team	Finals	Age-Grading
1 McInnes, Callum	M48 Metro South	4.47m	5.46m 61.07%

**Event 17 M50 Long Jump**

Name	Age Team	Finals	Age-Grading
1 Prasad, Ganga	M51 Metro South	3.44m	4.37m 48.86%

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Name	Age Team	Finals	Age-Grading
1 Cameron, Allan	M59 Metro Central	4.21m	5.97m 66.83%
2 Chapman, Grant W	M59 Gold Coast	2.49m	3.53m 39.52%

**Event 17 M60 Long Jump**

Name	Age Team	Finals	Age-Grading
1 Jermacans, Viddy	M61 Coastal North	4.22m	6.17m 68.95%

**Event 17 M65 Long Jump**

Name	Age Team	Finals	Age-Grading
1 Turner, Fred	M68 Gold Coast	3.72m	6.08m 68.01%
2 Quarterman, Guy	M68 Metro Central	3.68m	6.01m 67.28%
3 Lakin, Alf	M69 Gold Coast	3.16m	5.25m 58.74%

**Event 17 M70 Long Jump**

Name	Age Team	Finals	Age-Grading
1 Daniels, Ken	M72 Sunshine Coast	3.50m	6.13m 68.63%
2 Smith, Bernie	M73 Coastal South	3.27m	5.84m 65.27%

**Event 17 M75 Long Jump**

Name	Age Team	Finals	Age-Grading
1 Crowley, Charles	M77 Gold Coast	3.41m	6.57m 73.49%

**Event 17 M80 Long Jump**

Name	Age Team	Finals	Age-Grading
1 Dauphinet, Maurice	M83 Gold Coast	2.58m	5.73m 64.02%
2 Grigg, Russell	M83 Metro South	1.90m	4.22m 47.15%

**Event 18 W35 100 Metre Non Champs**

Name	Age Team	Finals	Age-Grading H#
1 Sautia, Mao	W37 Metro South	18.07	17.89 58.66% 2

**Event 18 W45 100 Metre Non Champs**

Name	Age Team	Finals	Age-Grading H#
1 Lochlin, Martha	W46 Gold Coast	15.67	13.99 74.98% 2

**QMA- Gold Coast Championships - 20/02/2010 to 27/02/2010****Gold Coast City Athletics Track****Results - Saturday 20th Feb - Age Grading: 1 Yr Indiv & 5 yr Multi****Event 18 W60 100 Metre Non Champs**

Name	Age Team	Finals	Age-Grading	H#
1 Turner, Janette	W60 Gold Coast	15.53	12.03 87.25%	2

**Event 18 W65 100 Metre Non Champs**

Name	Age Team	Finals	Age-Grading	H#
1 Hamilton, Lesley	W66 Sunshine Coast	17.53	12.86 81.63%	2

**Event 18 M30 100 Metre Non Champs**

Name	Age Team	Finals	Age-Grading
1 Witelus, Rafal	M33 Metro South	12.54	12.54 78.07%

**Event 18 M55 100 Metre Non Champs**

Name	Age Team	Finals	Age-Grading
1 Begley, Joe	M56 Metro North	12.97	11.13 87.97%

**Event 18 M65 100 Metre Non Champs**

Name	Age Team	Finals	Age-Grading
1 McDonald, Rob	M65 South Queensland	13.49	10.95 89.40%

**Event 19 M75 Hammer Throw**

Name	Age Team	Finals	Age-Grading
1 McMullen, Bill	M76 Gold Coast	25.01m	48.47m 55.89%
2 Ropelin, Arvo	M76 Metro South	24.48m	47.45m 54.70%

**Event 19 M80 Hammer Throw**

Name	Age Team	Finals	Age-Grading
1 Grigg, Russell	M83 Metro South	19.61m	43.79m 50.49%

**Event 19 M90 Hammer Throw**

Name	Age Team	Finals	Age-Grading
1 Vickers, Ted	M90 Metro North	6.87m	22.00m 25.37%

**Event 20 M45 Shot Put**

Name	Age Team	Finals	Age-Grading
1 McInnes, Callum	M48 Metro South	7.34m	8.69m 37.60%

**QMA- Gold Coast Championships - 20/02/2010 to 27/02/2010****Gold Coast City Athletics Track****Results - Saturday 20th Feb - Age Grading: 1 Yr Indiv & 5 yr Multi****Event 20 M50 Shot Put**

Name	Age	Team	Finals	Age-Grading
1 Prasad, Ganga	M51	Metro South	7.05m	8.24m 35.68%

**Event 20 M55 Shot Put**

Name	Age	Team	Finals	Age-Grading
1 Chapman, Grant W	M59	Gold Coast	8.45m	11.80m 51.06%
2 Richardson, Ray	M59	Coastal South	7.90m	11.03m 47.73%

**Event 21 W35 Weight Throw**

Name	Age	Team	Finals	Age-Grading
1 Sautia, Mao	W37	Metro South	7.47m	9.88m 41.87%

**Event 21 W40 Weight Throw**

Name	Age	Team	Finals	Age-Grading
1 Foster, Leonie	W40	Metro South	7.65m	10.72m 45.43%
2 Beikoff, Donna	W42	Metro North	6.51m	9.50m 40.26%

**Event 21 W55 Weight Throw**

Name	Age	Team	Finals	Age-Grading
1 Wales, Robyn	W57	Gold Coast	5.93m	8.39m 35.55%
2 Plasto, Cheryl	W58	Gold Coast	5.07m	7.31m 31.01%

**Event 21 W60 Weight Throw**

Name	Age	Team	Finals	Age-Grading
1 McDonnell, Hazel	W62	Metro South	9.48m	12.63m 53.53%

**Event 21 W65 Weight Throw**

Name	Age	Team	Finals	Age-Grading
1 Holdsworth, Adrienne	W66	Gold Coast	9.83m	14.41m 61.09%
2 Birtwell, Lorraine	W67	Metro North	8.19m	12.32m 52.23%

**Event 21 W70 Weight Throw**

Name	Age	Team	Finals	Age-Grading
1 Jenkins, Eunice	W71	Gold Coast	6.28m	10.54m 44.67%

**Event 21 W75 Weight Throw**

Name	Age	Team	Finals	Age-Grading
1 Doherty, Heather	W76	Metro Central	8.45m	16.57m 70.24%

**QMA- Gold Coast Championships - 20/02/2010 to 27/02/2010****Gold Coast City Athletics Track****Results - Saturday 20th Feb - Age Grading: 1 Yr Indiv & 5 yr Multi****Event 22 W40 1500 Metre Race Walk**

Name	Age Team	Finals	Age-Grading
1 Stoker-Salway, Sue	W44 Gold Coast	11:19.14	10:33.30 53.21%

**Event 22 W55 1500 Metre Race Walk**

Name	Age Team	Finals	Age-Grading
1 Wales, Robyn	W57 Gold Coast	11:12.64	9:21.39 60.03%

**Event 22 W65 1500 Metre Race Walk**

Name	Age Team	Finals	Age-Grading
1 Lynch, Sally	W66 Gold Coast	9:34.32	7:16.09 77.28%
2 McKinven, Noela	W67 Metro North	10:56.09	8:12.27 68.46%

**Event 22 W75 1500 Metre Race Walk**

Name	Age Team	Finals	Age-Grading
1 Dauphinet, Christiane	W78 Gold Coast	11:21.15	7:18.19 76.91%

**Event 23 M40 1500 Metre Race Walk**

Name	Age Team	Finals	Age-Grading
1 Jimenez, Ignacio	M44 Metro North	7:10.95	6:34.80 78.27%

**Event 23 M50 1500 Metre Race Walk**

Name	Age Team	Finals	Age-Grading
1 Bennett, Peter	M54 Metro Central	7:24.22	6:14.04 82.61%

**Event 23 M70 1500 Metre Race Walk**

Name	Age Team	Finals	Age-Grading
1 Sela, Patrick	M70 Coastal South	9:29.98	6:46.63 75.99%

**Event 23 M80 1500 Metre Race Walk**

Name	Age Team	Finals	Age-Grading
1 Lynch, Richard	M80 Gold Coast	10:51.34	6:46.05 76.10%
2 Grigg, Russell	M83 Metro South	12:23.81	7:22.50 69.83%
3 Bellette, Mick	M81 Gold Coast	12:25.34	7:37.57 67.53%

**Event 24 W30 1500 Metre**

Name	Age Team	Finals	Age-Grading
1 Menzies, Katie	W31 Gold Coast	5:14.95	5:14.04 74.03%

**QMA- Gold Coast Championships - 20/02/2010 to 27/02/2010****Gold Coast City Athletics Track****Results - Saturday 20th Feb - Age Grading: 1 Yr Indiv & 5 yr Multi****Event 24 W40 1500 Metre**

Name	Age Team	Finals	Age-Grading
1 Brown, Petrina	W41 Gold Coast	5:30.38	5:09.31 75.16%

**Event 24 W45 1500 Metre**

Name	Age Team	Finals	Age-Grading
1 Bateson, Lynda	W47 Ashgrove Rangers	6:35.34	5:44.90 67.40%

**Event 24 W50 1500 Metre**

Name	Age Team	Finals	Age-Grading
1 Sheer, Marcia	W51 Metro Central	5:16.12	4:22.29 88.63%
2 Ryan, Anne	W54 Metro Central	6:01.76	4:48.54 80.57%

**Event 25 M40 1500 Metre**

Name	Age Team	Finals	Age-Grading
1 Eisentrager, Scott	M42 Metro Central	6:26.55	5:56.06 57.86%

**Event 25 M50 1500 Metre**

Name	Age Team	Finals	Age-Grading
1 Bishop, Steve	M52 Gold Coast	4:57.48	4:09.92 82.43%

**Event 25 M55 1500 Metre**

Name	Age Team	Finals	Age-Grading
1 Reeves, Peter	M56 South Queensland	4:50.88	3:56.02 87.28%

**Event 25 M60 1500 Metre**

Name	Age Team	Finals	Age-Grading
1 Ryan, Sean	M61 Metro Central	5:37.51	4:22.69 78.42%
2 Sheer, John	M62 Metro Central	5:37.52	4:20.60 79.05%
3 Woodriff, Jim	M63 Coastal North	6:04.68	4:39.35 73.74%

**Event 25 M65 1500 Metre**

Name	Age Team	Finals	Age-Grading
1 Dominish, Rod	M65 Metro North	6:06.92	4:36.52 74.50%
2 Egan, Elwyn	M67 Metro South	6:08.70	4:33.36 75.36%

**Event 25 M70 1500 Metre**

Name	Age Team	Finals	Age-Grading
1 Morling, Brian	M71 Gold Coast	6:26.15	4:34.98 74.92%

**QMA- Gold Coast Championships - 20/02/2010 to 27/02/2010****Gold Coast City Athletics Track****Results - Saturday 20th Feb - Age Grading: 1 Yr Indiv & 5 yr Multi****Event 25 M75 1500 Metre**

Name	Age	Team	Finals	Age-Grading
1 Hicks, Ian	M78	Gold Coast	9:38.56	6:11.21 55.49%

**Event 25 M80 1500 Metre**

Name	Age	Team	Finals	Age-Grading
1 Pearce, Norm	M84	Gold Coast	9:54.28	5:34.82 61.53%

**Event 26 W35 Hammer Throw**

Name	Age	Team	Finals	Age-Grading
1 Sautia, Mao	W37	Metro South	19.40m	23.24m 30.19%

**Event 26 W40 Hammer Throw**

Name	Age	Team	Finals	Age-Grading
1 Foster, Leonie	W40	Metro South	20.85m	27.11m 35.22%
2 Beikoff, Donna	W42	Metro North	11.65m	16.06m 20.87%

**Event 26 W55 Hammer Throw**

Name	Age	Team	Finals	Age-Grading
1 Plasto, Cheryl	W58	Gold Coast	13.73m	20.06m 26.06%

**Event 26 W65 Hammer Throw**

Name	Age	Team	Finals	Age-Grading
1 Holdsworth, Adrienne	W66	Gold Coast	20.16m	35.43m 46.02%
2 Birtwell, Lorraine	W67	Metro North	19.74m	35.59m 46.23%

**Event 26 W70 Hammer Throw**

Name	Age	Team	Finals	Age-Grading
1 Jenkins, Eunice	W71	Gold Coast	19.94m	40.12m 52.12%

**Event 26 W75 Hammer Throw**

Name	Age	Team	Finals	Age-Grading
1 Doherty, Heather	W76	Metro Central	20.99m	49.41m 64.17%

**Event 27 M60 Shot Put**

Name	Age	Team	Finals	Age-Grading
1 Clark, Peter	M64	Gold Coast	10.72m	15.29m 66.13%
2 Lafferty, Mills	M61	Metro Central	8.64m	11.28m 48.81%

**QMA- Gold Coast Championships - 20/02/2010 to 27/02/2010****Gold Coast City Athletics Track****Results - Saturday 20th Feb - Age Grading: 1 Yr Indiv & 5 yr Multi****Event 27 M65 Shot Put**

Name	Age Team	Finals	Age-Grading
1 Quinn, Don	M65 Metro North	10.79m	15.88m 68.68%
2 Quarterman, Guy	M68 Metro Central	9.86m	16.04m 69.39%
3 Dominish, Rod	M65 Metro North	7.83m	11.52m 49.84%
4 Lakin, Alf	M69 Gold Coast	7.38m	12.44m 53.83%

**Event 28 W30 200 Metre**

Name	Age Team	Finals	Age-Grading H#
1 Venema, Anne	W31 Metro North	30.73	30.73 69.44% 4

**Event 28 W35 200 Metre**

Name	Age Team	Finals	Age-Grading H#
1 Mackey, Michelle	W37 Gold Coast	28.86	28.33 75.36% 4
2 Sautia, Mao	W37 Metro South	42.16	41.38 51.59% 4

**Event 28 W40 200 Metre**

Name	Age Team	Finals	Age-Grading H#
1 Brims, Julie	W44 Metro South	26.16	23.52 90.75% 4
2 Veurman-Betts, Jessica	W43 Metro Central	30.10	27.40 77.91% 4
3 Brown, Petrina	W41 Gold Coast	31.34	29.22 73.04% 4
4 Beikoff, Donna	W42 Metro North	35.00	32.24 66.20% 4

**Event 28 W45 200 Metre**

Name	Age Team	Finals	Age-Grading H#
1 Lakin, Karen	W46 Gold Coast	31.85	27.96 76.33% 3
2 Kwok, Phyllis	W49 Metro South	32.69	27.73 76.97% 3
3 Lochlin, Martha	W46 Gold Coast	34.15	29.98 71.19% 3
4 Barr, Tricia	W47 Metro South	34.90	30.29 70.46% 3

**Event 28 W50 200 Metre**

Name	Age Team	Finals	Age-Grading H#
1 Alderman, Dianne	W53 Coastal South	30.92	25.10 85.03% 2
2 Petersen, Patty	W51 South Queensland	34.12	28.30 75.41% 2
3 Quinn, Denise	W53 Sunshine Coast	34.83	28.27 75.48% 2
4 Emerson, Donna	W52 Gold Coast	35.22	28.90 73.85% 2

**Event 28 W55 200 Metre**

Name	Age Team	Finals	Age-Grading H#
1 Brameld, Noela	W56 Sunshine Coast	34.77	27.33 78.08% 2
2 Bell, Julie	W59 Gold Coast	34.99	26.67 80.05% 2

**QMA- Gold Coast Championships - 20/02/2010 to 27/02/2010****Gold Coast City Athletics Track****Results - Saturday 20th Feb - Age Grading: 1 Yr Indiv & 5 yr Multi****Event 28 W60 200 Metre**

Name	Age Team	Finals	Age-Grading
1 Doran, Wendy	W60 Gold Coast	30.82	23.24 91.82%
2 Turner, Janette	W60 Gold Coast	33.17	25.02 85.32%
3 McDonnell, Hazel	W62 Metro South	33.96	25.12 84.95%

**Event 28 W65 200 Metre**

Name	Age Team	Finals	Age-Grading
1 Allison, Marge	W65 Coastal North	32.15	23.09 92.44%
2 Hamilton, Lesley	W66 Sunshine Coast	38.52	27.41 77.88%

**Event 29 M30 200 Metre**

Name	Age Team	Finals	Age-Grading	H#
1 Venema, Travis	M34 Metro North	23.79	23.13 83.56%	4

**Event 29 M40 200 Metre**

Name	Age Team	Finals	Age-Grading	H#
1 Eisentrager, Scott	M42 Metro Central	30.52	27.89 69.27%	4

**Event 29 M45 200 Metre**

Name	Age Team	Finals	Age-Grading	H#
1 Bruce, Craig	M46 Metro North	27.09	24.04 80.40%	4
2 McInnes, Callum	M48 Metro South	27.56	24.11 80.15%	4

**Event 29 M50 200 Metre**

Name	Age Team	Finals	Age-Grading	H#
1 Bishop, Steve	M52 Gold Coast	27.08	23.03 83.94%	3

**Event 29 M55 200 Metre**

Name	Age Team	Finals	Age-Grading	H#
1 Malouf, Ian	M56 Metro Central	28.75	23.78 81.25%	3
2 Begley, Joe	M56 Metro North	28.78	23.81 81.17%	3
3 Reeves, Peter	M56 South Queensland	30.97	25.62 75.43%	3

**Event 29 M60 200 Metre**

Name	Age Team	Finals	Age-Grading	H#
1 Wight, John	M64 Metro South	28.25	22.16 87.19%	2
2 Jermacans, Viddy	M61 Coastal North	29.84	23.87 80.93%	2
3 Chaplain, Paul	M61 Gold Coast	31.23	24.99 77.33%	2

**QMA- Gold Coast Championships - 20/02/2010 to 27/02/2010****Gold Coast City Athletics Track****Results - Saturday 20th Feb - Age Grading: 1 Yr Indiv & 5 yr Multi****Event 29 M65 200 Metre**

Name	Age	Team	Finals	Age-Grading	H#
1 McDonald, Rob	M65	South Queensland	27.65	21.55 89.66%	2
2 Turner, Fred	M68	Gold Coast	29.70	22.61 85.49%	2
3 Lakin, Alf	M69	Gold Coast	32.97	24.89 77.62%	2

**Event 29 M70 200 Metre**

Name	Age	Team	Finals	Age-Grading
1 Daniels, Ken	M72	Sunshine Coast	32.31	23.47 82.33%
2 Cook, Bill	M70	Gold Coast	33.03	24.74 78.11%
3 Rogers, Ivan	M71	Ashgrove Rangers	41.87	30.88 62.57%

**Event 29 M80 200 Metre**

Name	Age	Team	Finals	Age-Grading
1 Dauphinet, Maurice	M83	Gold Coast	40.81	24.29 79.56%