

Gold Coast Masters Athletics Club - 28/03/2009**Championship Meet****GCAC Southport****Results - Weight Pentathlon****W30+ Weight Pentathlon**

	Points	HT	SP	DT	JT	WT
----- W35 -----						
1 Foster, Leonie		17.73m	6.19m	17.23m	12.77m	7.06m
Qma						
Age-Graded Mark:		20.18m	6.53m	17.72m	12.77m	9.00m
Age-Graded Percent:		26.22%	28.88%	23.08%	17.49%	38.14%
W39 Team Points: 10	1414	(284)	(305)	(237)	(156)	(432)
----- W40 -----						
1 Whitehead, Glenys		20.86m	7.90m	23.12m	22.20m	7.87m
Qma						
Age-Graded Mark:		27.13m	9.26m	25.59m	24.30m	11.02m
Age-Graded Percent:		35.24%	40.91%	33.33%	33.29%	46.73%
W44 Team Points: 10	2216	(431)	(481)	(380)	(369)	(555)
----- W45 -----						
1 McClintock, Karel		19.21m	8.27m	22.94m	16.09m	7.04m
Qma						
Age-Graded Mark:		29.13m	10.89m	27.48m	20.00m	10.95m
Age-Graded Percent:		37.84%	48.14%	35.79%	27.41%	46.41%
W48 Team Points: 10	2317	(474)	(588)	(415)	(289)	(551)
----- W50 -----						
1 Boyd, Carolyn		22.69m	7.63m	18.30m	19.55m	6.82m
Gcma						
Age-Graded Mark:		28.37m	10.58m	23.89m	26.67m	8.46m
Age-Graded Percent:		36.85%	46.78%	31.12%	36.54%	35.88%
W52 Team Points: 10	2187	(458)	(567)	(349)	(414)	(399)
----- W60 -----						
1 Beste, Judith		22.11m	6.40m	16.40m	15.75m	8.48m
Gcma						
Age-Graded Mark:		33.73m	10.74m	26.10m	27.49m	10.80m
Age-Graded Percent:		43.81%	47.48%	33.99%	37.67%	45.79%
W64 Team Points: 10	2512	(574)	(578)	(389)	(429)	(542)
2 Waters, Patsy			6.58m	18.21m	22.96m	8.03m
Qma						
Age-Graded Mark:			11.04m	28.98m	40.08m	10.23m
Age-Graded Percent:			48.81%	37.74%	54.92%	43.36%
W60 Team Points: 8	2217	(0)	(598)	(443)	(669)	(507)
----- W65 -----						
1 Birtwell, Lorraine		21.62m	6.63m	20.23m	14.59m	8.43m
Qma						
Age-Graded Mark:		37.05m	12.42m	36.15m	28.53m	12.06m
Age-Graded Percent:		48.13%	54.93%	47.08%	39.09%	51.09%
W66 Team Points: 10	2983	(646)	(689)	(580)	(449)	(619)
----- W70 -----						
2 Holdsworth, Adrienne		21.12m	5.94m	15.05m	14.88m	8.25m
Gcma						
Age-Graded Mark:		36.20m	11.13m	26.90m	29.10m	11.80m
Age-Graded Percent:		47.02%	49.21%	35.02%	39.87%	50%
W65 Team Points: 8	2699	(628)	(604)	(404)	(460)	(603)

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1 Jenkins, Eunice	19.60m	5.94m	15.28m	9.71m	7.27r
Gcma					
Age-Graded Mark:	38.33m	12.60m	31.13m	21.58m	11.85r
Age-Graded Percent:	49.78%	55.72%	40.54%	29.57%	50.24%
W70 Team Points: 10	2783	(674)	(701)	(484)	(318)
					(606)

2 White, Grace	14.49m	5.03m	10.89m	9.42m	6.45r
Qma					
Age-Graded Mark:	28.33m	10.67m	22.19m	20.94m	10.52r
Age-Graded Percent:	36.8%	47.19%	28.89%	28.68%	44.57%
W70 Team Points: 8	2177	(457)	(573)	(317)	(306)
					(524)

---- W75 ----

1 Doherty, Heather	21.55m	7.96m	21.30m	16.66m	9.96r
Qma					
Age-Graded Mark:	49.06m	19.47m	50.48m	42.89m	18.89r
Age-Graded Percent:	63.72%	86.05%	65.72%	58.77%	80.06%
W75 Team Points: 9	4703	(911)	(1163)	(861)	(723)
					(1045)

---- W95 ----

1 Frith, Ruth	10.01m	4.38m	8.64m	6.21m	4.62r
Gcma					
Age-Graded Mark:	66.31m	27.52m	49.99m	43.56m	25.19r
Age-Graded Percent:	86.14%	121.67%	65.11%	59.65%	106.7%
W99 Team Points: 9	6046	(1298)	(1715)	(851)	(736)
					(1446)