

RESULTS QMA

MONDAY 23 FEBRUARY, 2009

QSAC MAIN STADIUM

LADIES

10,000 METRES CHAMPIONSHIP

W35 1 Claire Bellenger 45.49.73
W40 1 Glenda Banaghan 37.06.83

5000m WALK CHAMPIONSHIP

W65 1 Noela McKinven 37.21.01
W75 1 Christiane Dauphinet 38.20.78

100 METRES

W35 1 Camille Harvey 16.47

200 METRES

W35 1 Camille Harvey 38.38
W45 1 Phyllis Kwok 33.31

1500 METRES

W40 1 Petrina Brown 5.25.24

LONG JUMP

W35 1 Camille Harvey 3.22
W45 1 Phyllis Kwok 3.70

HIGH JUMP

W35 1 Camille Harvey 1.15
W45 1 Phyllis Kwok 1.30

JAVELIN THROW

W35 1 Camille Harvey 16.28
W40 1 Glenys Whitehead 20.39

SHOT PUT

W40 1 Camille Harvey 7.50

MEN

10,000 METRES CHAMPIONSHIP

M35 1 Brendan Whelan 33.10.99
M40 1 Shawn Claydon 36.14.06
2 John Treschman 40.57.27
M45 1 Johan Wiesner 44.46.63
M55 1 Ron Peters 34.50.57
2 Peter Reeves 37.39.76
3 Paul Circosta 57.24.83

M60 1 John Sheer 41.29.25
2 Erkki Ryhanen 45.05.75
3 Rod Dominish 48.44.52
M70 1 Colin McLeod 42.37.38
2 Alan Bradford 44.20.65
M75 1 Julius Keller 62.10.92

5000m WALK CHAMPIONSHIP

M40 1 Iggy Jimenez 24.41.26
M50 1 Peter Bennett 25.42.92
M55 1 Bob Coleman 30.45.86
M65 1 Patrick Sela 33.48.11
M80 1 Russell Grigg 43.21.86
M85 1 Dick Keatinge 37.27.72

100 METRES

M30 1 Greg Hamilton 12.53
M35 1 Jason Burt 12.27
2 Seb Pisasale 12.56
3 Michael Griffiths 12.73

M40 1 Graeme Rowley 13.30
2 Scott Eisentrager 14.83
M45 1 Ian McLean 12.16
2 Callum McInnes 13.47
3 Gary Denman 13.77

M55 1 Robin Reisenleiter 13.46
2 Dick Hayes 15.68
M60 1 John Wight 13.24
2 Paul Chaplain 14.40
3 Peter Kennedy 16.07
M65 1 Colin Buyers 14.88
M70 1 Bernie Smith 17.37
2 Ivan Rogers 17.66

200 METRES

M30 1 Greg Hamilton 25.19
2 Ade Adelokun 26.61
M35 1 Jason Burt 24.71
2 Richard Norris 26.14
M40 1 Graeme Rowley 27.09
2 Scott Eisentrager 30.65
M45 1 Ian McLean 24.51

2 Callum McInnes 27.12
3 Gary Denman 27.37
M55 1 Joe Begley 26.27
2 Robin Reisenleiter 28.10
3 Dick Hayes 34.36
M60 1 John Wight 26.83
2 Paul Chaplain 29.36
M65 1 Colin Buyers 26.96
M70 1 Ivan Rogers 37.36

1500 METRES

M40 1 Graeme Rowley 5.38.82
M45 1 John Crook 5.14.24
M60 1 Don Stapleton 7.08.42
2 John Sheer 7.13.81
3 Peter Kennedy 8.04.03
M65 1 Elwyn Egan 6.14.28
M70 1 Ivan Rogers 9.21.78

LONG JUMP

M30 1 Greg Hamilton 4.97
M45 1 Callum McInnes 4.42
M50 1 Geoff Bramley 3.98
M55 1 Allan Cameron 4.42
M60 1 Peter Kennedy 4.29
M70 1 Ivan Rogers 2.42

HIGH JUMP

M35 1 Michael Griffiths 1.60
2 Jason Burt 1.60
M45 1 Callum McInnes 1.35
M50 1 Geoff Bramley 1.30
M60 1 Peter Kennedy 1.30
M70 1 Bernie Smith 1.15

JAVELIN THROW

M35 1 Jason Burt 40.42
2 Seb Pisasale 40.05
M40 1 Graeme Rowley 26.37
M45 1 John Crook 26.28
M60 1 Peter Kennedy 30.87
M70 1 Ivan Rogers 22.28
2 Bernie Smith 14.87

SHOT PUT

M60 1 Peter Kennedy 9.52