

RESULTS QMA

SATURDAY 6th DECEMBER, 2008 S.A.F.

<u>LADIES</u>		
<u>60 METRES</u>		
W30	1 C.Harvey	10.31
W35	1 Z.Watson	12.16
W40	1 J.Brimms	8.24
W45	1 P.Kwok	9.26
	2 T.Barr	10.06
W50	1 D.Quinn	9.95
	2 A.Lawlor	10.74
	3 C.Archer	11.24
W55	1 N.Brameld	9.76
	2 J.Bell	10.49
<u>100 METRES</u>		
W30	1 C.Harvey	17.84
W40	1 D.Beikoff	16.70
W45	1 P.Kwok	15.04
W50	1 D.Quinn	15.98
	2 A.Lawlor	17.39
	3 C.Archer	17.57
W55	1 N.Brameld	15.39
	2 J.Turner	15.40
	3 J.Bell	16.72
W60	1 M.Allison	15.94
<u>200 METRES</u>		
	C.Gibson	34.29
W30	1 A.Venema	36.51
	2 C.Harvey	37.90
W35	1 J.Schubert	28.89
W40	1 D.Beikoff	35.91
W45	1 K.Lakin	31.84
	2 P.Kwok	32.70
	3 T.Barr	36.95
W50	1 C.Archer	36.66
	2 A.Lawlor	38.31
W55	1 N.Brameld	33.57
	2 J.Turner	33.58
	3 J.Bell	35.87
W60	1 M.Allison	32.35
<u>300 METRES</u>		
	C.Gibson	56.32
W30	1 A.Venema	53.30
W35	1 J.Schubert	45.44
W40	1 P.Brown	54.40
W50	1 D.Quinn	63.12
W60	1 M.Allison	52.57
<u>800 METRES</u>		
W30	1 .Venema	2.47.40
W40	1 P.Brown	2.38.08
W60	1 I.Davey	3.37.02
<u>5000 METRES</u>		
W40	1 G.Banaghan	17.53.63
	2 F.Minge	25.35.68
<u>5000m TRACK WALK</u>		
W75	1 C.Dauphinnet	38.31.45
<u>LONG JUMP</u>		
W30	1 C.Harvey	3.31
W35	Z.Watson	2.85
W60	1 M.Allison	3.03
<u>JAVELIN THROW</u>		
W30	1 C.Harvey	17.29
W35	1 R.Franke	18.47
	Z.Watson	12.41
W40	1 D.Beikoff	16.67
W45	1 T.Barr	17.59
W55	1 K.Rourke	16.30
	2 R.Wales	10.44
W65	1 L.Birtwell	16.01
W75	1 H.Doherty	16.95
<u>DISCUS THROW</u>		
W30	1 C.Harvey	17.02
W35	1 R.Franke	23.39
W45	1 T.Barr	17.54
W65	1 L.Birtwell	21.48
W75	1 H.Doherty	22.72
<u>SHOT PUT</u>		
W30	1 C.Harvey	7.31

W35	1 R.Franke	7.02
	Z.Watson	5.48
W40	1 D.Beikoff	5.80
W45	1 P.Kwok	6.99
	2 T.Barr	6.12
W55	1 K.Rourke	6.70
	2 R.Wales	4.85
W65	1 L.Birtwell	6.84
W75	1 H.Doherty	7.83
<u>MEN</u>		
<u>60 METRES</u>		
M30	1 T.Venema	7.46
	P.Geotches	7.81
W40	2 G.Hamilton	7.96
M35	1 M.Griffiths	7.97
M40	1 H.Arbutnot	8.11
M45	1 C.McInnes	8.50
M50	1 J.Begley	8.05
	2 H.Bristow	8.29
	3 I.Malouf	8.72
	4 J.Taylor	8.75
M55	1 G.R.Cox	9.09
M60	1 W.Cousins	8.55
M65	1 C.Buyers	8.35
	2 A.Lakin	10.25
M70	1 J.Cooper	9.10
	2 I.Rogers	10.85
M80	1 M.Dauphinnet	11.04
	2 R.Grigg	12.72
<u>100 METRES</u>		
M30	1 T.Venema	11.52
	2 G.Hamilton	12.51
M50	1 J.Begley	12.62
	2 H.Bristow	12.86
	3 I.Malouf	13.73
	4 J.Taylor	13.74
M60	1 W.Cousins	13.57
M65	1 C.Buyers	12.97
	2 A.Lakin	15.93
M70	1 J.Cooper	14.54
	2 S.Herft	14.83
M80	1 M.Dauphinnet	18.21
	2 R.Grigg	20.89
<u>200 METRES</u>		
M30	1 G.Hamilton	26.25
M40	1 R.Gibson	30.29
M45	1 C.McInnes	27.38
M55	1 P.Chaplain	29.98
M60	1 W.Spalding	33.97
M65	1 C.Buyers	27.10
M70	1 J.Cooper	30.00
	2 N.Garvey	33.77
	3 I.Rogers	37.22
M80	1 M.Dauphinnet	42.56
<u>300 METRES</u>		
M30	1 T.Venema	37.75
	2 G.Hamilton	43.32
M35	A.Brown	36.94
M40	1 R.Gibson	45.63
M45	1 C.McInnes	47.47
M50	1 J.Begley	40.45
	2 J.Taylor	44.02
	3 I.Malouf	45.11
M55	1 T.Dauphinnet	42.78
	2 P.Chaplain	48.19
M65	1 C.Buyers	42.57
	2 A.Lakin	54.74
M70	1 J.Cooper	48.69
	2 N.Garvey	60.59
	3 I.Rogers	67.46
M80	1 R.Grigg	1.23.06
<u>800 METRES</u>		
M50	1 J.Taylor	2.32.64
M60	1 B.McGaffin	3.23.61
M65	1 F.Turner	2.55.81
M70	1 B.Morling	3.01.99

<u>300m HURDLES</u>		
M35	1 R.Norris	43.57
<u>5000 METRES</u>		
M35	G.Berkeley	16.03.50
M40	1 J.Treschman	17.47.58
	2 R.Nicholls	19.30.69
	D.Burke	24.09.75
M45	1 J.Crook	20.34.75
M50	1 I.Kent	18.21.35
	2 C.Guice	21.55.44
M60	1 J.Sheer	20.20.18
	2 D.Dunstan	29.51.86
<u>5000m TRACK WALK</u>		
M50	1 P.Bennett	25.46.63
M55	1 B.Coleman	30.38.43
<u>LONG JUMP</u>		
M35	1 M.Griffiths	5.18
M70	1 S.Herft	4.29
M80	1 M.Dauphinnet	2.75
<u>TRIPLE JUMP</u>		
M70	1 S.Herft	9.22
<u>HIGH JUMP</u>		
M35	1 M.Griffiths	1.55
	2 R.Franke	1.45
M70	1 S.Herft	1.20
M80	1 R.Grigg	0.95
<u>JAVELIN THROW</u>		
M30	P.Geotches	34.03
M50	1 A.Haralampou	34.33
M65	1 G.Quarterman	34.71
M70	1 S.Herft	33.92
	2 C.Beasley	28.78
	3 I.Rogers	21.55
M75	1 E.Saarinen	36.94
	2 A.Ropelin	23.98
M80	1 M.Dauphinnet	17.50
M85	1 T.Vickers	11.74
<u>DISCUS THROW</u>		
M35	1 R.Franke	30.05
M50	1 A.Haralampou	30.29
	2 J.Taylor	29.11
M60	1 D.Quinn	32.87
M65	1 G.Quarterman	28.87
M70	1 C.Beasley	27.60
	2 S.Herft	22.94
	3 I.Rogers	22.59
M75	1 E.Saarinen	28.94
	2 A.Ropelin	27.34
M80	1 M.Dauphinnet	20.00
M85	1 T.Vickers	11.04
<u>SHOT PUT</u>		
M35	1 R.Franke	9.86
M50	1 A.Haralampou	10.85
M60	1 D.Quinn	10.08
M65	1 G.Quarterman	9.42
M70	1 C.Beasley	9.90
	2 I.Rogers	7.60
M75	1 A.Ropelin	10.30
	2 E.Saarinen	9.86
M85	1 T.Vickers	5.65