

RESULTS QMA

SATURDAY 4th OCTOBER, 2008 S.A.F.

<u>LADIES</u>			
<u>60 METRES</u>			
W30	C.Harvey	10.29	vis
W35	1 L.Kilah	8.82	
	2 J.Schubert	8.83	
	3 R.Littlewood	9.37	
W45	1 P.Kwok	9.29	
	2 T.Barr	10.06	
	J.Capon	12.27	vis
W50	J.O'Sullivan	9.55	vis
	1 A.Lawlor	10.97	
	2 P.Kemel	12.17	
W55	1 J.Turner	10.27	
	2 J.Bell	10.50	
	3 K.Rourke	10.64	
W60	1 J.Hampson	10.22	
W70	1 S.Abrahams	19.23	

<u>100 METRES</u>			
W30	C.Harvey	16.68	vis
W35	1 J.Schubert	13.93	
	2 L.Kilah	14.29	
W45	1 P.Kwok	15.35	
	2 K.Lakin	15.36	
	3 T.Barr	17.29	
	J.Capon	21.12	
W50	J.O'Sullivan	14.88	vis
	1 A.Lawlor	18.38	
	2 P.Kemel	20.74	
W55	1 J.Turner	15.94	
	2 K.Rourke	16.80	
	3 J.Bell	17.02	
W60	1 J.Hampson	16.63	
W70	1 S.Abrahams	35.00	

<u>200 METRES</u>			
W35	1 J.Schubert	28.72	
	2 L.Kilah	31.46	
W45	1 T.Barr	38.74	
	J.Capon	46.71	vis
W50	1 A.Lawlor	38.94	
W55	1 J.Turner	35.12	
	2 J.Bell	36.25	
W70	1 S.Abrahams	1.26.08	

<u>300 METRES</u>			
W35	1 J.Schubert	47.28	
W60	1 I.Davey	63.30	
W70	1 S.Abrahams	2.42.19	

<u>800 METRES</u>			
W45	1 K.Lakin	2.49.70	
W60	1 I.Davey	3.29.86	

<u>5000 METRES HANDICAP</u>			
1	M.Sheer	23.10	42.48.78
2	T.Lindenber	24.00	42.55.40
	K.Nicholls	18.30	43.16.73
3	A.Ryan	20.02	43.27.55

<u>5000m TRACK WALK H'CAP</u>			
1	L.Thompson	3.00	41.38.93
2	N.McKinven	6.11	43.09.16
3	C.Dauphinet	6.07	43.46.76

<u>LONG JUMP</u>			
W30	C.Harvey	3.20	vis

<u>HIGH JUMP</u>			
W30	C.Harvey	1.20	vis
W55	1 P.Waters	1.25	

<u>POLE VAULT</u>			
W45	1 P.Kwok	2.35	

<u>JAVELIN THROW</u>			
W30	C.Harvey	17.46	vis
W40	1 A.Fisher	12.74	
W45	1 T.Barr	11.67	
W55	1 P.Waters	20.50	
	2 K.Rourke	15.12	
W75	1 H.Doherty	17.18	

<u>HAMMER THROW</u>			
W75	1 H.Doherty	23.16	AR

<u>MEN</u>			
<u>60 METRES</u>			
M30	1 R.Witelus	7.88	
	S.Capon	11.22	vis
M35	1 G.Cox	7.97	
	2 M.Griffiths	8.20	
	R.Gettons	8.69	vis
M40	1 G.Parkinson	7.90	
	M.Macfarlane	8.00	vis
	2 M.Alcorn	8.58	
M45	1 C.McInnes	8.44	
M50	1 G.Bramley	8.76	
	2 D.Kemel	8.89	
	3 I.Malouf	8.95	
M55	C.King	8.77	vis
M60	1 J.Wight	8.31	
	2 S.Powell	9.06	
M65	1 C.Buyers	8.26	wa
	2 F.Turner	8.96	
	3 J.Cooper	9.46	
	4 A.Lakin	10.01	
	5 I.Rogers	10.92	
	6 G.Quarterman	11.02	
M80	1 M.Dauphinet	11.03	
	2 R.Grigg	13.17	

<u>100 METRES</u>			
M30	1 R.Witelus	12.25	
	D.Peiniger	11.92	vis
	S.Capon	19.03	vis
M35	1 G.Cox	12.47	
	R.Pethybridge	13.62	vis
M40	M.Macfarlane	12.77	vis
	1 M.Alcorn	13.48	
	2 G.Rowley	14.05	
	3 R.Gibson	14.15	
M45	1 C.McInnes	13.32	
M50	1 G.Bramley	13.74	
	2 I.Malouf	14.45	
	3 D.Kemel	14.48	
M55	C.King	13.29	vis
	1 P.Chaplain	14.83	
M60	1 J.Wight	13.44	
	2 H.Giles	14.80	
	3 S.Powell	15.20	
M65	1 C.Buyers	13.29	
	2 F.Turner	14.85	
	3 J.Cooper	14.93	
	4 S.Herft	15.08	
	5 A.Lakin	15.73	
	6 I.Rogers	17.80	
M80	1 M.Dauphinet	18.39	
	2 R.Grigg	24.34	

<u>200 METRES</u>			
M30	D.Peiniger	23.66	vis
	R.Witelus	24.47	
	S.Capon	41.23	vis
M35	1 G.Cox	26.58	
M40	M.Macfarlane	25.51	vis
	1 R.Gibson	28.15	
	2 G.Rowley	28.94	
M45	1 C.McInnes	26.80	
	2 S.Davies-Evans	27.42	
M50	1 G.Bramley	27.79	
	2 I.Malouf	28.57	
M55	C.King	26.72	
	1 N.Anthony	34.46	
M60	1 H.Giles	29.81	
	2 S.Powell	30.04	
M65	1 C.Buyers	26.29	
	2 J.Cooper	30.18	
	3 F.Turner	30.38	
	4 A.Lakin	32.79	
	5 I.Rogers	37.41	
	6 G.Quarterman	40.19	
M70	1 B.Morling	33.75	
M80	1 M.Dauphinet	39.19	
	2 R.Grigg	47.86	

<u>300 METRES</u>			
M30	D.Peiniger	40.21	vis
	1 B.Whelan	48.09	
M40	1 D.Peters	44.09	
	2 R.Gibson	44.80	
M50	1 G.Bramley	44.73	
M55	1 P.Chaplain	49.93	
	C.King	52.48	vis
	2 N.Anthony	54.36	
M60	1 H.Giles	48.58	
M65	1 C.Buyers	43.41	
	2 J.Cooper	53.70	
	3 I.Rogers	71.41	
M70	1 B.Morling	53.76	

<u>800 METRES</u>			
M30	1 B.Whelan	2.10.79	
M35	1 B.Hill	2.16.94	
	2 S.Bell	2.24.09	
	3 G.Cox	2.27.98	
	4 D.Hill	2.41.53	
M40	1 G.Parkinson	2.15.18	
M60	1 S.Ryan	2.35.12	
	2 P.Chippendale	3.53.27	
M70	1 B.Morling	2.52.50	
M80	1 R.Grigg	5.00.83	

<u>5000 METRES HANDICAP</u>			
1	R.Milnes	7.00	40.45.53
2	P.Sherman	17.30	42.16.28
3	J.Sheer	22.49	42.43.01
4	J.Wiesner	21.30	42.52.48
5	B.Whelan	24.30	42.59.61
	R.Nicholls	23.70	43.14.91

<u>5000m TRACK WALK H'CAP</u>			
1	B.Coleman	12.56	42.32.84
	B.Dewar	16.80	43.10.26
2	D.Keatinge	4.55	43.14.14
	N.Dewar	16.80	43.14.85

<u>LONG JUMP</u>			
M35	1 M.Griffiths	5.28	
	R.Pethybridge	5.18	vis
	2 G.Cox	4.97	
M65	1 S.Herft	4.24	

<u>TRIPLE JUMP</u>			
M35	1 G.Cox	11.29	
	R.Pethybridge	10.50	
M65	1 S.Herft	9.14	

<u>HIGH JUMP</u>			
M30	S.Capon	0.95	vis
M35	R.Pethybridge	1.70	vis
	1 M.Griffiths	1.60	
M45	1 C.McInnes	1.40	
M65	1 S.Herft	1.20	

<u>POLE VAULT</u>			
M40	1 M.Alcorn	2.20	

<u>JAVELIN THROW</u>			
M35	R.Pethybridge	36.15	vis
M60	1 W.Spalding	23.34	
M65	1 G.Quarterman	37.41	
	2 S.Herft	31.96	
	3 I.Rogers	21.07	
M70	1 R.Vaughan	20.46	
M75	1 A.Ropelin	21.90	
M80	1 M.Dauphinet	19.18	

<u>HAMMER THROW</u>			
M50	1 A.Haralampou	24.53	
M65	1 G.Quarterman	20.65	
M70	1 R.Vaughan	22.42	
M75	1 A.Ropelin	24.42	
M80	1 R.Grigg	19.61	

<u>WEIGHT THROW</u>			
M50	1 A.Haralampou	9.85	
M65	1 G.Quarterman	10.03	
M70	1 R.Vaughan	8.48	
M75	1 A.Ropelin	9.01	