

RESULTS QMA 15/03/08 SATURDAY S.A.F.

LADIES

60 METRES

W50 1 N.Brameld 9.8
2 D.Quinn 9.9

W60 1 M.Allison 9.4
1 H.McDonnell 9.4
3 L.Hamilton 10.1

W70 1 A.Horsnell 10.2

100 METRES

W50 1 N.Brameld 16.0
2 D.Quinn 16.1

W60 1 H.McDonnell 15.5
2 M.Allison 15.5
3 J.Hampson 16.6
4 L.Hamilton 16.7

W70 1 A.Horsnell 16.5

200 METRES

W45 1 P.Kwok 31.6
W60 1 N.Brameld 34.2
W60 1 M.Allison 31.4
2 H.McDonnell 31.7
3 J.Hampson 34.5
4 L.Hamilton 36.6

1500 METRES

W30 1 A.Nowill 5.36.7
W40 1 K.Lakin 5.49.0
W60 1 B.Menzies 6.06.6
2 I.Davey 6.39.8

5000 METRES

W50 1 E.Jorgensen 35.46.1

5000m TRACK WALK

W65 1 N.McKinven 37.34.8

SPRINT HURDLES

W40 1 O.Stewart NT
W50 1 D.Quinn 16.9

LONG JUMP

W35 1 R.Zimmerman 3.90
W50 1 D.Emerson 3.70
2 D.Quinn 3.01

W60 1 J.Hampson 3.39

HIGH JUMP

W35 1 R.Zimmerman 1.35

JAVELIN THROW

W35 1 R.Zimmerman 22.42
W45 1 P.Kwok 24.07
W50 1 D.Emerson 19.81
2 D.Quinn 19.43

W60 1 J.Hampson 15.35
W65 1 L.Birtwell 15.31
W70 1 H.Doherty 18.25

DISCUS THROW

W35 1 R.Zimmerman 24.52
W45 1 P.Kwok 22.56
W50 1 D.Emerson 24.91
W65 1 L.Birtwell 21.50
W70 1 H.Doherty 19.89

SHOT PUT

W35 1 R.Zimmerman 7.36
W50 1 D.Emerson 9.06
W60 1 L.Hamilton 6.39
W65 1 L.Birtwell 6.68
W70 1 H.Doherty 6.10

MEN

60 METRES

M30 1 T.Venema 7.0
2 R.Gerrard Nsw 7.4 vis

M40 1 M.Alcorn 8.5
M45 1 I.McLean 7.6
2 B.Valentine 8.1
3 C.McInnes 8.5

M50 1 J.Begley 8.1
2 G.Bramley 8.9
M55 1 R.White 8.5
2 M.Lynch Act 8.7 vis

M60 1 W.Cousins 9.7
2 D.Dunstan 11.5
M65 1 C.Buyers 8.4
M70 1 H.Coogan 8.9
M80 1 R.Grigg 12.3

100 METRES

M30 1 T.Venema 11.2
M40 1 M.Alcorn 13.8
M45 1 I.McLean 12.3
2 B.Valentine 13.1
3 C.McInnes 13.4

M50 1 J.Begley 12.6
2 G.Bramley 13.9
M55 1 M.Lynch Act 13.4 vis
2 R.White 13.8
3 V.Jermacans 14.5

M60 1 W.Cousins 12.7
2 W.Spalding 16.3
M65 1 C.Buyers 13.2
2 A.Lakin 15.5
M70 1 H.Coogan 14.1
M80 1 R.Grigg 21.6

200 METRES

M35 1 R.Norris 25.5
M40 1 D.Chique 25.4
M45 1 I.McLean 25.0
2 B.Valentine 27.5
3 C.McInnes 28.3

M50 1 J.Begley 26.3
2 N.Manefield 28.0
3 G.Bramley 29.2
M55 1 R.White 27.7
2 V.Jermacans 29.7
M60 1 W.Spalding 35.1
M65 1 C.Buyers 27.0
2 A.Lakin 31.9

M70 1 H.Coogan 28.7
M80 1 R.Grigg 45.4

1500 METRES

M45 1 G.Daly 5.29.4
M60 1 B.McGaffin 5.52.7
M65 1 B.Morling 6.04.1

5000 METRES

M45 1 G.Daly 19.56.5
2 K.Christison 21.36.4
M75 1 G.Munro 27.32.4

5000m TRACK WALK

M40 1 I.Jimenez 24.30.9
M50 1 P.Bennett 26.23.2

SPRINT HURDLES

M70 1 B.Smith 20.8
M55 1 M.Lafferty 22.5

LONG JUMP

M45 1 C.McInnes 4.53

TRIPLE JUMP

M30 1 R.Gerrard Nsw 12.16 vis

HIGH JUMP

M35 1 R.Franke 1.55
M50 1 G.Bramley 1.35
M55 1 V.Jermacans 1.30
M70 1 B.Smith 1.15
M80 1 R.Grigg 0.90

POLE VAULT

M40 1 M.Alcorn 2.00
M55 1 A.Cameron 3.00
M70 1 B.Smith 1.60

JAVELIN THROW

M35 1 R.Franke 28.52
M50 1 A.Haralampou 36.24
M55 1 J.Boyd 22.40
M60 1 W.Spalding 24.00
M65 1 G.Quarterman 37.13
2 I.Rogers 20.15
M70 1 B.Smith 16.51
M85 1 T.Vickers 12.58

DISCUS THROW

M35 1 D.Haworth 50.33 Arp
2 R.Franke 32.12
M50 1 A.Haralampou 29.09
M55 1 M.Lafferty 23.32
M60 1 D.Quinn 32.54
M65 1 G.Quarterman 29.87
2 I.Rogers 23.24
M80 1 R.Grigg 17.16
M85 1 T.Vickers 12.25

SHOT PUT

M30 1 C.McFadden 11.76
M35 1 D.Haworth 13.47
M50 1 A.Haralampou 10.05
M55 1 M.Lafferty 6.67
M60 1 D.Quinn 10.54
M65 1 I.Rogers 6.69
M70 1 B.Smith 6.57
M85 1 T.Vickers 5.61

4x100m CHAMPIONSHIP

QMA

1 Joe Begley
David Chique
Travis Venema
Ian McLean 46.5

Ashgrove

2 David Hill
Geoff Crowther
Dick Dunstan
Gavin Poore 1.00.0

4x400m CHAMPIONSHIP

Ashgrove

1 David Hill
Dick Dunstan
Geoff Crowther
Ivan Rogers 5.19.1

4x100m Non-Championship

1 B.Valentine
C.Buyers
C.McInnes
R.White 51.7