

AMA Postal Relay Championships - 16/02/2008

SAF, Nathan

Results - Age Grading: 1 Yr Indiv & 5 yr Multi

Event 1 W40 3000 Metre**Finals**

1 Watson, Linda W44 QMA 12:39.99

Event 1 W50 3000 Metre**Finals**

1 Ryan, Anne W52 QMA 12:54.09

Event 1 W60 3000 Metre**Finals**

--- Davey, Irene W60 QMA DNF

Event 1 W65 3000 Metre**Finals**

1 Daly, Sheena W67 QMA 15:16.12

Event 1 M45 3000 Metre**Finals**

1 Dickson, Peter M49 QMA 11:26.94

Event 1 M60 3000 Metre**Finals**

1 Sheer, John M60 QMA 11:15.83

Event 1 M70 3000 Metre**Finals**

1 McLeod, Colin M72 QMA 11:46.26

Event 2 W55 3000 Metre Race Walk**Finals**

1 Woodward, Lyn W55 GCMA 20:03.87

2 Wales, Robyn W55 GCMA 21:38.39

Event 2 W60 3000 Metre Race Walk**Finals**

1 Lynch, Sally W64 GCMA 19:58.76

Event 2 W75 3000 Metre Race Walk**Finals**

1 Dauphinet, Christiane W76 GCMA 22:10.57

Event 2 M40 3000 Metre Race Walk**Finals**

1 Jimenez, Ignacio M42 QMA 14:09.82

Event 2 M50 3000 Metre Race Walk**Finals**

1 Bennett, Peter M52 QMA 15:32.60

Event 2 M55 3000 Metre Race Walk**Finals**

1 Coleman, Bob M56 QMA 17:36.49

Event 2 M60 3000 Metre Race Walk**Finals**

1 Burt, Don M62 QMA 22:40.14

Event 2 M65 3000 Metre Race Walk**Finals**

1 Sela, Patrick M68 QMA 19:56.87

Event 2 M75 3000 Metre Race Walk**Finals**

1 Lynch, Richard M78 GCMA 20:28.07

Event 2 M85 3000 Metre Race Walk**Finals**

1 Keatinge, Dick M85 QMA 21:42.09

Event 3 W50 Hammer Throw Postal**Finals**

2 Boyd, Carolyn W51 GCMA 24.56m

Event 3 W65 Hammer Throw Postal**Finals**

1 Searle, Helen W68 GCMA 36.82m

3 Birtwell, Lorraine W65 QMA 21.05m

Event 3 W70 Hammer Throw Postal**Finals**

4 Doherty, Heather W74 QMA 17.84m

Event 4 M30 Shot Put Postal**Finals**

1 McFadden, Craig M34 QMA 11.10m

Event 4 M35 Shot Put Postal**Finals**

--- Haworth, Darron M38 QMA FOUL

Event 4 M45 Shot Put Postal**Finals**

4 Prasad, Ganga M49 QMA 6.42m

Event 4 M50 Shot Put Postal**Finals**

1 Haralampou, Arthur M53 QMA 10.42m

Event 4 M55 Shot Put Postal**Finals**

2 Lafferty, Mills M59 QMA 8.20m

3 Singh, Kamal M56 QMA 6.71m

Event 5 M60 Discus Throw Postal**Finals**

1 Clark, Peter M62 GCMA 38.09m

2 Quinn, Don M63 QMA 35.09m

Event 5 M65 Discus Throw Postal**Finals**

6 Quarterman, Guy M67 QMA 27.07m

Event 5 M70 Discus Throw Postal**Finals**

3 Saarinen, Erkki M74 QMA 28.84m

4 McMullen, Bill M74 GCMA 28.69m

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Results - Age Grading: 1 Yr Indiv & 5 yr Multi

Finals ... (Event 5 M70 Discus Throw Postal)

| | | | |
|---|---------------|----------|--------|
| 7 | Daniels, Ken | M70 QMA | 26.52m |
| 8 | Ropelin, Arvo | M74 QMA | 26.24m |
| 9 | Rose, Ray | M73 GCMA | 24.40m |

Event 5 M75 Discus Throw Postal**Finals**

| | | | |
|----|----------------|----------|--------|
| 11 | Pieters, Frank | M79 GCMA | 21.30m |
|----|----------------|----------|--------|

Event 5 M80 Discus Throw Postal**Finals**

| | | | |
|----|--------------------|----------|--------|
| 5 | Rann, Charlie | M80 GCMA | 27.31m |
| 10 | Dauphinet, Maurice | M81 GCMA | 22.98m |

Event 5 M85 Discus Throw Postal**Finals**

| | | | |
|----|--------------|---------|--------|
| 12 | Vickers, Ted | M88 QMA | 12.36m |
|----|--------------|---------|--------|

Event 6 W35 High Jump**Finals**

| | | | |
|---|--------------------|---------|-------|
| 1 | Zimmerman, Roselyn | W37 QMA | 1.35m |
|---|--------------------|---------|-------|

Event 6 W55 High Jump**Finals**

| | | | |
|---|---------------|---------|-------|
| 1 | Waters, Patsy | W59 QMA | 1.25m |
|---|---------------|---------|-------|

Event 6 M30 High Jump**Finals**

| | | | |
|---|-------------|---------|-------|
| 1 | Burt, Jason | M34 QMA | 1.60m |
|---|-------------|---------|-------|

Event 6 M35 High Jump**Finals**

| | | | |
|---|----------------|---------|-------|
| 1 | Franke, Rodney | M37 QMA | 1.60m |
|---|----------------|---------|-------|

Event 6 M40 High Jump**Finals**

| | | | |
|---|-----------------|---------|-------|
| 1 | Longford, Byron | M40 QMA | 1.65m |
|---|-----------------|---------|-------|

Event 7 W40 100 Metre**Finals**

| | | | |
|---|--------------|---------|------------|
| 1 | Brims, Julie | W42 QMA | 13.28 -3.1 |
|---|--------------|---------|------------|

Event 7 W50 100 Metre**Finals**

| | | | |
|---|----------------|---------|------------|
| 1 | Brameld, Noela | W54 QMA | 16.59 -3.6 |
| 2 | Quinn, Denise | W51 QMA | 16.62 -3.6 |

Event 7 W60 100 Metre**Finals**

| | | | |
|---|------------------|---------|------------|
| 1 | Allison, Marge | W63 QMA | 16.14 -3.6 |
| 2 | McDonnell, Hazel | W60 QMA | 16.23 -2.2 |
| 3 | Hamilton, Lesley | W64 QMA | 17.47 -3.6 |
| 4 | Hampson, Jean | W62 QMA | 17.52 -3.6 |

Event 7 W70 100 Metre**Finals**

| | | | |
|---|-------------------|----------|------------|
| 1 | Horsnell, Annette | W70 GCMA | 17.14 -3.6 |
| 2 | Abrahams, Sheila | W73 GCMA | 31.15 -3.6 |

Event 7 M30 100 Metre**Finals**

| | | | |
|---|------------------|---------|------------|
| 1 | Venema, Travis | M32 QMA | 12.01 -3.1 |
| 2 | Burt, Jason | M34 QMA | 12.93 -2.2 |
| 3 | Robinson, Steven | M32 QMA | 13.35 -3.1 |

Event 7 M40 100 Metre**Finals**

| | | | |
|---|-----------------|---------|------------|
| 1 | Chique, David | M44 QMA | 12.88 -3.1 |
| 2 | Longford, Byron | M40 QMA | 12.93 -3.1 |

Event 7 M45 100 Metre**Finals**

| | | | |
|-----|------------------|---------|------------|
| 1 | McLean, Ian | M46 QMA | 12.54 -3.1 |
| 1 | English, Neil | M46 QMA | 14.35 -3.1 |
| --- | Valentine, Bevan | M48 QMA | DNF -3.1 |

Event 7 M50 100 Metre**Finals**

| | | | |
|---|-------------|---------|------------|
| 1 | Begley, Joe | M54 QMA | 13.28 -3.1 |
|---|-------------|---------|------------|

Event 7 M55 100 Metre**Finals**

| | | | |
|---|------------------|----------|------------|
| 1 | Boyd, Jim | M55 GCMA | 13.67 -2.2 |
| 2 | Dauphinet, Terry | M55 QMA | 13.88 -2.2 |
| 3 | White, Rob | M56 QMA | 14.06 -2.2 |
| 4 | Jermacans, Viddy | M59 QMA | 14.57 -2.2 |

Event 7 M60 100 Metre**Finals**

| | | | |
|---|----------------|----------|------------|
| 1 | Cousins, Wayne | M61 GCMA | 13.30 -2.2 |
| 2 | Wight, John | M62 QMA | 13.54 -2.2 |
| 3 | McGill, Andy | M64 QMA | 17.20 -3.6 |
| 4 | Dunstan, Dick | M61 ASR | 19.52 -3.6 |

Event 7 M65 100 Metre**Finals**

| | | | |
|---|---------------|----------|------------|
| 1 | Buyers, Colin | M65 QMA | 14.06 -3.1 |
| 2 | Lakin, Alf | M67 GCMA | 16.09 -2.2 |

Event 7 M70 100 Metre**Finals**

| | | | |
|---|--------------|---------|------------|
| 1 | Garvey, Noel | M73 QMA | 16.25 -3.6 |
|---|--------------|---------|------------|

Event 8 M60 Hammer Throw Postal**Finals**

| | | | |
|---|--------------|----------|--------|
| 1 | Quinn, Don | M63 QMA | 33.30m |
| 2 | Clark, Peter | M62 GCMA | 26.57m |

Event 8 M65 Hammer Throw Postal**Finals**

| | | | |
|---|-----------------|---------|--------|
| 1 | Quarterman, Guy | M67 QMA | 24.02m |
|---|-----------------|---------|--------|

Event 8 M70 Hammer Throw Postal**Finals**

| | | | |
|---|-----------------|----------|--------|
| 1 | Rose, Ray | M73 GCMA | 27.64m |
| 2 | Saarinен, Erkki | M74 QMA | 24.95m |
| 3 | Ropelin, Arvo | M74 QMA | 24.07m |

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Finals ... (Event 8 M70 Hammer Throw Postal)

| | | | | |
|---|----------------|-----|------|--------|
| 4 | McMullen, Bill | M74 | GCMA | 23.39m |
| 5 | Daniels, Ken | M70 | QMA | 22.91m |

Event 8 M75 Hammer Throw Postal**Finals**

| | | | | |
|---|----------------|-----|------|--------|
| 1 | Pieters, Frank | M79 | GCMA | 21.95m |
|---|----------------|-----|------|--------|

Event 8 M80 Hammer Throw Postal**Finals**

| | | | | |
|---|----------------|-----|------|--------|
| 1 | Rann, Charlie | M80 | GCMA | 34.13m |
| 2 | Grigg, Russell | M80 | QMA | 20.65m |

Event 8 M85 Hammer Throw Postal**Finals**

| | | | | |
|---|--------------|-----|-----|--------|
| 1 | Vickers, Ted | M88 | QMA | 12.54m |
|---|--------------|-----|-----|--------|

Event 9 W35 Shot Put Postal**Finals**

| | | | | |
|---|--------------------|-----|-----|-------|
| 4 | Zimmerman, Roselyn | W37 | QMA | 6.87m |
|---|--------------------|-----|-----|-------|

Event 9 W45 Shot Put Postal**Finals**

| | | | | |
|---|----------------|-----|-----|-------|
| 2 | Bateson, Lynda | W45 | ASR | 7.20m |
|---|----------------|-----|-----|-------|

Event 9 W50 Shot Put Postal**Finals**

| | | | | |
|---|---------------|-----|------|-------|
| 1 | Boyd, Carolyn | W51 | GCMA | 7.70m |
|---|---------------|-----|------|-------|

Event 9 W55 Shot Put Postal**Finals**

| | | | | |
|---|---------------|-----|-----|-------|
| 5 | Waters, Patsy | W59 | QMA | 6.66m |
| 8 | Rourke, Kathy | W57 | QMA | 6.00m |

Event 9 W60 Shot Put Postal**Finals**

| | | | | |
|---|------------------|-----|-----|-------|
| 6 | Hamilton, Lesley | W64 | QMA | 6.37m |
|---|------------------|-----|-----|-------|

Event 9 W65 Shot Put Postal**Finals**

| | | | | |
|---|--------------------|-----|-----|-------|
| 3 | Birtwell, Lorraine | W65 | QMA | 6.90m |
|---|--------------------|-----|-----|-------|

Event 9 W70 Shot Put Postal**Finals**

| | | | | |
|---|------------------|-----|-----|-------|
| 7 | Doherty, Heather | W74 | QMA | 6.30m |
|---|------------------|-----|-----|-------|

Event 10 M30 Discus Throw Postal**Finals**

| | | | | |
|-----|------------------|-----|-----|--------|
| 1 | McFadden, Craig | M34 | QMA | 27.87m |
| --- | Frilings, George | M33 | QMA | 29.81m |

Event 10 M35 Discus Throw Postal**Finals**

| | | | | |
|---|-----------------|-----|-----|--------|
| 1 | Haworth, Darron | M38 | QMA | 45.74m |
| 2 | Franke, Rodney | M37 | QMA | 30.86m |

Event 10 M40 Discus Throw Postal**Finals**

| | | | | |
|---|-----------------|-----|-----|--------|
| 1 | Lonsdale, Peter | M42 | QMA | 47.83m |
|---|-----------------|-----|-----|--------|

Event 10 M45 Discus Throw Postal**Finals**

| | | | | |
|---|---------------|-----|-----|--------|
| 3 | Prasad, Ganga | M49 | QMA | 19.48m |
|---|---------------|-----|-----|--------|

Event 10 M50 Discus Throw Postal**Finals**

| | | | | |
|---|--------------------|-----|-----|--------|
| 1 | Haralampou, Arthur | M53 | QMA | 26.62m |
|---|--------------------|-----|-----|--------|

Event 10 M55 Discus Throw Postal**Finals**

| | | | | |
|---|-----------------|-----|-----|--------|
| 2 | Lafferty, Mills | M59 | QMA | 23.00m |
| 4 | Singh, Kamal | M56 | QMA | 14.13m |

Event 11 M55 300 Long Hurdles**Finals**

| | | | | |
|---|-----------------|-----|-----|-------|
| 1 | Lafferty, Mills | M59 | QMA | 65.74 |
|---|-----------------|-----|-----|-------|

Event 11 M80 300 Long Hurdles**Finals**

| | | | | |
|---|----------------|-----|-----|---------|
| 1 | Grigg, Russell | M80 | QMA | 1:53.14 |
|---|----------------|-----|-----|---------|

Event 12 M40 400 Long Hurdles**Finals**

| | | | | |
|---|---------------|-----|-----|-------|
| 1 | Chique, David | M44 | QMA | 69.95 |
|---|---------------|-----|-----|-------|

Event 12 M50 400 Long Hurdles**Finals**

| | | | | |
|---|-------------------|-----|-----|---------|
| 1 | Bramley, Geoffrey | M50 | QMA | 1:24.67 |
|---|-------------------|-----|-----|---------|

Event 13 W50 4x800 Metre Relay Walk/Postal**Finals**

| | | | |
|---|--------------------|-----------------------------|----------|
| 1 | QUEENSLAND | A | 20:52.44 |
| | 1) Wales, Robyn 55 | 2) Woodward, Lyn 55 | |
| | 3) Lynch, Sally 64 | 4) Dauphinet, Christiane 76 | |

Event 13 M40 4x800 Metre Relay Walk/Postal**Finals**

| | | | |
|---|----------------------|------------------------|----------|
| 1 | QUEENSLAND | A | 17:34.37 |
| | 1) Lynch, Richard 78 | 2) Sela, Patrick 68 | |
| | 3) Bennett, Peter 52 | 4) Jimenez, Ignacio 42 | |

Event 14 W35 Long Jump Postal**Finals**

| | | | | | |
|---|--------------------|-----|-----|-------|-----|
| 4 | Zimmerman, Roselyn | W37 | QMA | 3.81m | NWI |
|---|--------------------|-----|-----|-------|-----|

Event 14 W40 Long Jump Postal**Finals**

| | | | | | |
|---|--------------------|-----|-----|-------|-----|
| 1 | Willmington, Lexia | W41 | QMA | 4.98m | NWI |
| 2 | Brims, Julie | W42 | QMA | 4.70m | NWI |

Event 14 W45 Long Jump Postal**Finals**

| | | | | | |
|---|---------------|-----|-----|-------|-----|
| 3 | Kwok, Phyllis | W47 | QMA | 4.06m | NWI |
|---|---------------|-----|-----|-------|-----|

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Event 14 W50 Long Jump Postal**Finals**

| | | | | | |
|---|----------------|-----|-----|-------|-----|
| 5 | Brameld, Noela | W54 | QMA | 3.70m | NWI |
| 6 | Quinn, Denise | W51 | QMA | 3.41m | NWI |

Event 14 W55 Long Jump Postal**Finals**

| | | | | | |
|---|---------------|-----|-----|-------|-----|
| 7 | Waters, Patsy | W59 | QMA | 3.35m | NWI |
|---|---------------|-----|-----|-------|-----|

Event 15 M30 Pole Vault**Finals**

| | | | | | |
|---|------------------|-----|-----|-------|--|
| 1 | Frilings, George | M33 | QMA | 2.20m | |
|---|------------------|-----|-----|-------|--|

Event 15 M40 Pole Vault**Finals**

| | | | | | |
|-----|-------------------|-----|-----|------|--|
| --- | Arbuthnot, Howard | M40 | QMA | FAIL | |
|-----|-------------------|-----|-----|------|--|

Event 16 W40 4x100 Metre Relay Postal**Finals**

| | | | | | |
|---|--------------------------|--------------------|--|-------|--|
| 1 | QUEENSLAND | A | | 55.49 | |
| | 1) Kwok, Phyllis 47 | 2) Lakin, Karen 44 | | | |
| | 3) Willmington, Lexia 41 | 4) Brims, Julie 42 | | | |

Event 16 W60 4x100 Metre Relay Postal**Finals**

| | | | | | |
|---|-------------------------|------------------------|--|-------|--|
| 1 | QUEENSLAND | A | | 62.64 | |
| | 1) Hamilton, Lesley 64 | 2) Allison, Marge 63 | | | |
| | 3) Horsnell, Annette 70 | 4) McDonnell, Hazel 60 | | | |

Event 16 M30 4x100 Metre Relay Postal**Finals**

| | | | | | |
|---|-------------------|----------------------|--|-------|--|
| 1 | QUEENSLAND | A | | 47.85 | |
| | 1) Begley, Joe 54 | 2) Mathews, Shane 35 | | | |
| | 3) Burt, Jason 34 | 4) Venema, Travis 32 | | | |

Event 16 M40 4x100 Metre Relay Postal**Finals**

| | | | | | |
|-----|---------------------|-----------------------|--|----|--|
| --- | QUEENSLAND | A | | DQ | |
| | 1) English, Neil 46 | 2) McInnes, Callum 46 | | | |
| | 3) Chique, David 44 | 4) McLean, Ian 46 | | | |

Event 16 M50 4x100 Metre Relay Postal**Finals**

| | | | | | |
|---|-------------------------|------------------|--|-------|--|
| 1 | QUEENSLAND | A | | 52.92 | |
| | 1) Bramley, Geoffrey 50 | 2) Boyd, Jim 55 | | | |
| | 3) Dauphinet, Terry 55 | 4) White, Rob 56 | | | |

Event 16 M60 4x100 Metre Relay Postal**Finals**

| | | | | | |
|-----|----------------------|----------------------|--|-------|--|
| 1 | QUEENSLAND | B | | 65.26 | |
| | 1) Garvey, Noel 73 | 2) Egan, Elwyn 65 | | | |
| | 3) McGill, Andy 64 | 4) Lakin, Alf 67 | | | |
| --- | QUEENSLAND | A | | DNF | |
| | 1) Cousins, Wayne 61 | 2) Coogan, Hughie 72 | | | |
| | 3) Buyers, Colin 65 | 4) Wight, John 62 | | | |

Event 17 M30 Hammer Throw Postal**Finals**

| | | | | | |
|---|-----------------|-----|-----|--------|--|
| 2 | McFadden, Craig | M34 | QMA | 23.75m | |
|---|-----------------|-----|-----|--------|--|

Event 17 M35 Hammer Throw Postal**Finals**

| | | | | | |
|---|-----------------|-----|-----|--------|--|
| 1 | Haworth, Darron | M38 | QMA | 47.58m | |
|---|-----------------|-----|-----|--------|--|

Event 17 M45 Hammer Throw Postal**Finals**

| | | | | | |
|---|---------------|-----|-----|--------|--|
| 1 | Prasad, Ganga | M49 | QMA | 14.50m | |
|---|---------------|-----|-----|--------|--|

Event 17 M50 Hammer Throw Postal**Finals**

| | | | | | |
|---|--------------------|-----|-----|--------|--|
| 2 | Haralampou, Arthur | M53 | QMA | 22.24m | |
|---|--------------------|-----|-----|--------|--|

Event 17 M55 Hammer Throw Postal**Finals**

| | | | | | |
|---|-----------------|-----|-----|--------|--|
| 1 | Lafferty, Mills | M59 | QMA | 30.40m | |
| 3 | Singh, Kamal | M56 | QMA | 14.24m | |

Event 18 M60 Shot Put Postal**Finals**

| | | | | | |
|---|--------------|-----|------|--------|--|
| 1 | Clark, Peter | M62 | GCMA | 10.96m | |
| 2 | Quinn, Don | M63 | QMA | 10.27m | |

Event 18 M65 Shot Put Postal**Finals**

| | | | | | |
|---|-----------------|-----|-----|-------|--|
| 5 | Quarterman, Guy | M67 | QMA | 9.38m | |
|---|-----------------|-----|-----|-------|--|

Event 18 M70 Shot Put Postal**Finals**

| | | | | | |
|----|----------------|-----|------|--------|--|
| 3 | Ropelin, Arvo | M74 | QMA | 10.24m | |
| 4 | Saarin, Erkki | M74 | QMA | 10.20m | |
| 6 | McMullen, Bill | M74 | GCMA | 9.09m | |
| 8 | Daniels, Ken | M70 | QMA | 8.31m | |
| 10 | Rose, Ray | M73 | GCMA | 7.53m | |

Event 18 M75 Shot Put Postal**Finals**

| | | | | | |
|----|----------------|-----|------|-------|--|
| 13 | Pieters, Frank | M79 | GCMA | 5.69m | |
|----|----------------|-----|------|-------|--|

Event 18 M80 Shot Put Postal**Finals**

| | | | | | |
|----|--------------------|-----|------|-------|--|
| 6 | Rann, Charlie | M80 | GCMA | 9.09m | |
| 9 | Dauphinet, Maurice | M81 | GCMA | 7.54m | |
| 11 | Grigg, Russell | M80 | QMA | 6.21m | |

Event 18 M85 Shot Put Postal**Finals**

| | | | | | |
|----|--------------|-----|-----|-------|--|
| 12 | Vickers, Ted | M88 | QMA | 5.80m | |
|----|--------------|-----|-----|-------|--|

Event 19 W35 Discus Throw Postal**Finals**

| | | | | | |
|---|--------------------|-----|-----|--------|--|
| 1 | Zimmerman, Roselyn | W37 | QMA | 27.30m | |
|---|--------------------|-----|-----|--------|--|

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Event 19 W40 Discus Throw Postal**Finals**

| | | | | |
|---|--------------------|-----|-----|--------|
| 2 | Brims, Julie | W42 | QMA | 25.41m |
| 9 | Willmington, Lexia | W41 | QMA | 18.85m |

Event 19 W45 Discus Throw Postal**Finals**

| | | | | |
|---|----------------|-----|-----|--------|
| 4 | Bateson, Lynda | W45 | ASR | 21.04m |
| 4 | Kwok, Phyllis | W47 | QMA | 21.04m |

Event 19 W50 Discus Throw Postal**Finals**

| | | | | |
|----|----------------|-----|------|--------|
| 6 | Quinn, Denise | W51 | QMA | 20.92m |
| 7 | Boyd, Carolyn | W51 | GCMA | 20.48m |
| 11 | Brameld, Noela | W54 | QMA | 14.92m |

Event 19 W55 Discus Throw Postal**Finals**

| | | | | |
|----|---------------|-----|-----|--------|
| 10 | Waters, Patsy | W59 | QMA | 18.51m |
| 12 | Rourke, Kathy | W57 | QMA | 14.37m |

Event 19 W60 Discus Throw Postal**Finals**

| | | | | |
|----|------------------|-----|-----|--------|
| 13 | Hamilton, Lesley | W64 | QMA | 14.12m |
|----|------------------|-----|-----|--------|

Event 19 W65 Discus Throw Postal**Finals**

| | | | | |
|---|--------------------|-----|-----|--------|
| 3 | Birtwell, Lorraine | W65 | QMA | 22.03m |
|---|--------------------|-----|-----|--------|

Event 19 W70 Discus Throw Postal**Finals**

| | | | | |
|---|------------------|-----|-----|--------|
| 8 | Doherty, Heather | W74 | QMA | 19.22m |
|---|------------------|-----|-----|--------|

Event 20 W30 1500 Metre**Finals**

| | | | | |
|---|--------------|-----|-----|---------|
| 1 | Nowill, Anne | W30 | QMA | 5:36.82 |
|---|--------------|-----|-----|---------|

Event 20 W35 1500 Metre**Finals**

| | | | | |
|---|----------------|-----|------|---------|
| 1 | Brown, Petrina | W39 | GCMA | 5:25.42 |
|---|----------------|-----|------|---------|

Event 20 W55 1500 Metre**Finals**

| | | | | |
|---|------------------|-----|-----|---------|
| 1 | Moorhouse, Paula | W59 | QMA | 6:17.65 |
|---|------------------|-----|-----|---------|

Event 20 M45 1500 Metre**Finals**

| | | | | |
|---|----------------|-----|-----|---------|
| 1 | Dickson, Peter | M49 | QMA | 5:20.48 |
| 1 | English, Neil | M46 | QMA | 5:50.53 |

Event 20 M50 1500 Metre**Finals**

| | | | | |
|---|--------------|-----|-----|---------|
| 1 | Hawes, Peter | M51 | QMA | 5:05.26 |
|---|--------------|-----|-----|---------|

Event 20 M60 1500 Metre**Finals**

| | | | | |
|---|-----------------|-----|-----|---------|
| 1 | McGaffin, Barry | M62 | QMA | 5:52.56 |
|---|-----------------|-----|-----|---------|

Event 20 M65 1500 Metre**Finals**

| | | | | |
|---|-------------|-----|-----|---------|
| 1 | Egan, Elwyn | M65 | QMA | 6:38.55 |
|---|-------------|-----|-----|---------|

Event 20 M80 1500 Metre**Finals**

| | | | | |
|-----|----------------|-----|-----|-----|
| --- | Grigg, Russell | M80 | QMA | DNF |
|-----|----------------|-----|-----|-----|

Event 21 M30 Long Jump Postal**Finals**

| | | | | | |
|---|------------------|-----|-----|-------|-----|
| 1 | Frilings, George | M33 | QMA | 5.68m | NWI |
| 2 | Burt, Jason | M34 | QMA | 5.15m | NWI |
| 3 | Venema, Travis | M32 | QMA | 4.95m | NWI |

Event 21 M45 Long Jump Postal**Finals**

| | | | | | |
|---|-----------------|-----|-----|-------|-----|
| 4 | McInnes, Callum | M46 | QMA | 4.51m | NWI |
|---|-----------------|-----|-----|-------|-----|

Event 21 M55 Long Jump Postal**Finals**

| | | | | | |
|---|------------|-----|-----|-------|-----|
| 5 | White, Rob | M56 | QMA | 4.45m | NWI |
|---|------------|-----|-----|-------|-----|

Event 21 M60 Long Jump Postal**Finals**

| | | | | | |
|---|-------------|-----|-----|-------|-----|
| 6 | Wight, John | M62 | QMA | 3.42m | NWI |
|---|-------------|-----|-----|-------|-----|

Event 22 W40 4x400 Metre Relay Postal**Finals**

| | | | |
|----|-------------------|----|------------------|
| 1 | QUEENSLAND | A | 4:50.18 |
| 1) | Brims, Julie 42 | 2) | Kwok, Phyllis 47 |
| 3) | Bateson, Lynda 45 | 4) | Lakin, Karen 44 |

Event 22 W60 4x400 Metre Relay Postal**Finals**

| | | | |
|----|-------------------|----|------------------|
| 1 | QUEENSLAND | A | 5:14.72 |
| 1) | Allison, Marge 63 | 2) | Hampson, Jean 62 |
| 3) | Menzies, Betty 63 | 4) | Davey, Irene 60 |

Event 22 M30 4x400 Metre Relay Postal**Finals**

| | | | |
|----|-------------------|----|----------------------|
| 1 | QUEENSLAND | A | 3:53.29 |
| 1) | Burt, Jason 34 | 2) | Bramley, Geoffrey 50 |
| 3) | Venema, Travis 32 | 4) | Chique, David 44 |

Event 22 M50 4x400 Metre Relay Postal**Finals**

| | | | |
|----|---------------------|----|---------------------|
| 1 | QUEENSLAND | A | 4:02.24 |
| 1) | Manefield, Neil 54 | 2) | Dauphinet, Terry 55 |
| 3) | Bodsworth, Bruce 56 | 4) | Hawes, Peter 51 |
| 2 | QUEENSLAND | B | 5:18.93 |
| 1) | Boyd, Jim 55 | 2) | Lakin, Alf 67 |
| 3) | Egan, Elwyn 65 | 4) | Garvey, Noel 73 |

Event 22 M60 4x400 Metre Relay Postal**Finals**

| | | | |
|----|-------------------|----|-------------------|
| 1 | QUEENSLAND | A | 4:32.61 |
| 1) | Coogan, Hughie 72 | 2) | Buyers, Colin 65 |
| 3) | McLeod, Colin 72 | 4) | Bradford, Alan 69 |

AMA Postal Relay Championships - 16/02/2008

SAF, Nathan

Results - Age Grading: 1 Yr Indiv & 5 yr Multi

Event 23 W40 200 Metre**Finals**

| | | | | | |
|-----|-----------------|-----|---------|-------|------|
| 1 | Brimms, Julie | W42 | QMA | 26.49 | -2.1 |
| 2 | Lakin, Karen | W44 | GCMA | 32.18 | -3.3 |
| --- | Moxham, Tristra | W40 | VISITOR | 32.31 | -3.3 |

Event 23 W50 200 Metre**Finals**

| | | | | | |
|---|----------------|-----|-----|-------|------|
| 1 | Brameld, Noela | W54 | QMA | 34.38 | -3.3 |
| 2 | Quinn, Denise | W51 | QMA | 35.80 | -2.1 |

Event 23 W55 200 Metre**Finals**

| | | | | | |
|---|------------------|-----|-----|-------|------|
| 1 | Moorhouse, Paula | W59 | QMA | 35.23 | -3.3 |
|---|------------------|-----|-----|-------|------|

Event 23 W60 200 Metre**Finals**

| | | | | | |
|---|------------------|-----|-----|-------|------|
| 1 | Allison, Marge | W63 | QMA | 31.51 | -2.1 |
| 2 | McDonnell, Hazel | W60 | QMA | 33.10 | -3.3 |
| 3 | Hampson, Jean | W62 | QMA | 36.09 | -2.1 |
| 4 | Hamilton, Lesley | W64 | QMA | 38.03 | -2.1 |
| 5 | Davey, Irene | W60 | QMA | 38.82 | -3.3 |

Event 23 W70 200 Metre**Finals**

| | | | | | |
|---|-------------------|-----|------|-------|------|
| 1 | Horsnell, Annette | W70 | GCMA | 36.45 | -2.1 |
|---|-------------------|-----|------|-------|------|

Event 23 M30 200 Metre**Finals**

| | | | | | |
|-----|------------------|-----|-----|-------|------|
| 1 | Robinson, Steven | M32 | QMA | 27.05 | -2.1 |
| --- | Frilings, George | M33 | QMA | DNF | -0.7 |

Event 23 M35 200 Metre**Finals**

| | | | | | |
|---|----------------|-----|-----|-------|------|
| 1 | Mathews, Shane | M35 | QMA | 26.14 | -0.7 |
|---|----------------|-----|-----|-------|------|

Event 23 M45 200 Metre**Finals**

| | | | | | |
|---|---------------|-----|-----|-------|------|
| 1 | McLean, Ian | M46 | QMA | 25.08 | -2.1 |
| 2 | English, Neil | M46 | QMA | 29.28 | -2.1 |

Event 23 M50 200 Metre**Finals**

| | | | | | |
|---|-----------------|-----|-----|-------|------|
| 1 | Hawes, Peter | M51 | QMA | 26.76 | -0.7 |
| 2 | Begley, Joe | M54 | QMA | 27.17 | -2.1 |
| 3 | Manefield, Neil | M54 | QMA | 29.18 | -0.7 |

Event 23 M55 200 Metre**Finals**

| | | | | | |
|---|----------------|-----|------|-------|------|
| 1 | Boyd, Jim | M55 | GCMA | 29.18 | -0.7 |
| 2 | Chaplain, Paul | M59 | GCMA | 31.02 | -3.3 |

Event 23 M60 200 Metre**Finals**

| | | | | | |
|---|---------------|-----|-----|-------|------|
| 1 | McGill, Andy | M64 | QMA | 37.82 | -2.1 |
| 2 | Dunstan, Dick | M61 | ASR | 39.36 | -2.1 |

Event 23 M65 200 Metre**Finals**

| | | | | | |
|---|---------------|-----|------|-------|------|
| 1 | Buyers, Colin | M65 | QMA | 28.00 | -2.1 |
| 1 | Lakin, Alf | M67 | GCMA | 32.32 | -2.1 |

Event 23 M70 200 Metre**Finals**

| | | | | | |
|---|--------------|-----|-----|-------|------|
| 1 | Garvey, Noel | M73 | QMA | 33.16 | -3.3 |
|---|--------------|-----|-----|-------|------|