

QMA 3rd Annual Come and Try Day - 10/11/2007

SAF, Nathan

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**M30 60 Metre****Finals**

1 Carrigan, Anthony M33 8.16 -1.1

M35 60 Metre**Finals**1 McLean, David M37 8.16 -0.7
2 Castle, James M39 QMA 8.85 -1.2**W35 60 Metre****Finals**1 Schubert, Jodie W35 QMA 9.14 -1.2
2 Zimmerman, Roselyn W36 QMA 10.27 -0.7**M40 60 Metre****Finals**1 Chique, David M44 QMA 8.23 -1.1
2 Alcorn, Mark M42 9.06 -1.2**M45 60 Metre****Finals**

1 Duxbury, Brad M45 QMA 8.74 -1.1

W45 60 Metre**Finals**

1 Pryor, Jill W49 QMA 9.04 -1.1

M50 60 Metre**Finals**1 Boyd, Jim M54 QMA 8.60 -1.1
2 Malouf, Ian M53 QMA 9.08 -0.7**W50 60 Metre****Finals**1 Quinn, Denise W51 QMA 10.06 -0.7
2 Brameld, Noela W54 QMA 10.13 -1.2**M55 60 Metre****Finals**

1 White, Rob M56 QMA 8.88 -1.1

W55 60 Metre**Finals**1 Perkins, Wilma W58 QMA 9.84 -0.7
2 Burley, Marj W55 QMA 12.62 -1.3**M60 60 Metre****Finals**1 Wight, John M61 QMA 8.67 -1.1
2 McGill, Andy M64 QMA 10.30 -0.7**W60 60 Metre****Finals**

1 Hamilton, Lesley W64 QMA 10.53 -1.3

M65 60 Metre**Finals**

1 Herft, Spencer M69 QMA 9.46 -1.2

2 Daniels, Ken M69 QMA 9.47 -1.2
3 Lakin, Alf M67 GCMA 9.85 -0.7
4 Rogers, Ivan M69 QMA 10.52 -1.3
5 Cooper, John M68 QMA 10.63 -1.3**M70 60 Metre****Finals**1 Coogan, Hughie M72 QMA 9.03 -1.2
2 Garvey, Noel M73 QMA 9.89 -0.7
3 Smith, Bernie M70 QMA 10.57 -1.3**M80 60 Metre****Finals**

1 Grigg, Russell M80 QMA 12.65 -1.3

M30 100 Metre**Finals**1 Carrigan, Anthony M33 12.96 -1.1
2 Bell, Steve M34 13.87 -2.4**W30 100 Metre****Finals**

1 Kelemen, Livia W31 16.55 -2.4

M35 100 Metre**Finals**1 McLean, David M37 12.99 -2.4
2 Griffiths, Michael M38 13.49 -1.4
3 Depasquale, Matthew M36 13.80 -1.8
4 Castle, James M39 QMA 14.24 -2.2
5 Franke, Rodney M37 QMA 14.41 -1.1**W35 100 Metre****Finals**1 Schubert, Jodie W35 QMA 14.68 -1.4
2 Zimmerman, Roselyn W36 QMA 16.55 -1.8**M40 100 Metre****Finals**1 Chique, David M44 QMA 13.07 -1.1
2 Alcorn, Mark M42 14.64 -1.4**W40 100 Metre****Finals**

1 Crouch, Lisa W44 QMA 14.01 -2.2

M45 100 Metre**Finals**1 Duxbury, Brad M45 QMA 13.85 -1.1
2 Bramley, Geoffrey M49 QMA 14.41 -2.2**W45 100 Metre****Finals**1 Pryor, Jill W49 QMA 14.75 -2.2
2 Kwok, Phyllis W47 QMA 16.14 -1.4**M50 100 Metre****Finals**

1 Begley, Joe M53 QMA 13.07 -1.1

QMA 3rd Annual Come and Try Day - 10/11/2007

SAF, Nathan

Results - Age Grading: 1 Yr Indiv & 5 yr Multi

Finals ... (M50 100 Metre)

2	Boyd, Jim	M54	QMA	13.82	-2.2
3	Malouf, Ian	M53	QMA	14.62	-1.4

W50 100 Metre**Finals**

1	Brameld, Noela	W54	QMA	16.03	-1.8
2	Quinn, Denise	W51	QMA	16.27	-1.8

M55 100 Metre**Finals**

1	Jermacans, Viddy	M59	QMA	13.84	-2.2
2	White, Rob	M56	QMA	14.03	-1.1
3	Chaplain, Paul	M58	GCMA	15.40	-2.2

W55 100 Metre**Finals**

1	Perkins, Wilma	W58	QMA	16.15	-1.4
---	----------------	-----	-----	-------	------

M60 100 Metre**Finals**

1	Wight, John	M61	QMA	13.67	-1.1
2	McGill, Andy	M64	QMA	16.87	-1.8

W60 100 Metre**Finals**

1	Allison, Marge	W63	QMA	16.07	-1.8
2	Hamilton, Lesley	W64	QMA	17.54	-2.4

M65 100 Metre**Finals**

1	Daniels, Ken	M69	QMA	15.20	-1.4
2	Lakin, Alf	M67	GCMA	15.85	-1.4
3	Cooper, John	M68	QMA	17.14	-2.4
4	Rogers, Ivan	M69	QMA	18.19	-2.4

M70 100 Metre**Finals**

1	Coogan, Hughie	M72	QMA	14.40	-2.2
2	Garvey, Noel	M73	QMA	16.09	-1.8

M80 100 Metre**Finals**

1	Grigg, Russell	M80	QMA	21.14	-2.4
---	----------------	-----	-----	-------	------

M30 200 Metre**Finals**

1	Bell, Steve	M34		27.54	-1.8
---	-------------	-----	--	-------	------

W30 200 Metre**Finals**

1	Kelemen, Livia	W31		34.40	-1.4
---	----------------	-----	--	-------	------

M35 200 Metre**Finals**

1	Lees, Jason	M35		26.19	-1.8
2	Sluggett, Daryl	M39	QMA	27.56	-1.8

W35 200 Metre**Finals**

1	Brown, Petrina	W39	GCMA	31.63	-1.4
---	----------------	-----	------	-------	------

M40 200 Metre**Finals**

1	Chique, David	M44	QMA	26.18	-1.8
2	Alcorn, Mark	M42		31.91	-1.4

W40 200 Metre**Finals**

1	Allen, Kathy	W42		28.72	-1.4
2	Crouch, Lisa	W44	QMA	28.90	-1.4

M45 200 Metre**Finals**

1	Bramley, Geoffrey	M49	QMA	29.27	-1.4
---	-------------------	-----	-----	-------	------

W45 200 Metre**Finals**

1	Pryor, Jill	W49	QMA	29.77	-1.4
---	-------------	-----	-----	-------	------

M50 200 Metre**Finals**

1	Begley, Joe	M53	QMA	26.59	-1.8
2	Malouf, Ian	M53	QMA	29.27	-1.4
3	Boyd, Jim	M54	QMA	29.98	-1.4

W50 200 Metre**Finals**

1	Brameld, Noela	W54	QMA	35.73	-1.4
2	Quinn, Denise	W51	QMA	35.99	-1.4

M55 200 Metre**Finals**

1	Dauphinet, Terry	M55	QMA	27.92	-1.8
2	Jermacans, Viddy	M59	QMA	28.74	-1.4
3	White, Rob	M56	QMA	30.17	-1.8
4	Chaplain, Paul	M58	GCMA	31.72	-1.4
5	Anthony, Norm	M55	QMA	34.48	-1.4

M60 200 Metre**Finals**

1	Spalding, Wayne	M60	QMA	34.26	-1.4
2	McGill, Andy	M64	QMA	38.10	-1.5

W60 200 Metre**Finals**

1	Allison, Marge	W63	QMA	33.19	-1.4
2	Davey, Irene	W60	QMA	35.98	-1.5
3	Hamilton, Lesley	W64	QMA	37.35	-1.5

M65 200 Metre**Finals**

1	Rogers, Ivan	M69	QMA	35.89	-1.5
---	--------------	-----	-----	-------	------

QMA 3rd Annual Come and Try Day - 10/11/2007

SAF, Nathan

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**M70 200 Metre****Finals**

1	Coogan, Hughie	M72 QMA	30.05	-1.5
2	Garvey, Noel	M73 QMA	34.10	-1.5
3	Smith, Bernie	M70 QMA	41.47	-1.5

M35 300 Metre**Finals**

1	Sluggett, Daryl	M39 QMA	46.13	
---	-----------------	---------	-------	--

W35 300 Metre**Finals**

1	Brown, Petrina	W39 GCMA	51.01	
---	----------------	----------	-------	--

M40 300 Metre**Finals**

1	Chique, David	M44 QMA	42.06	
---	---------------	---------	-------	--

W40 300 Metre**Finals**

---	Allen, Kathy	W42	DNF	
-----	--------------	-----	-----	--

M45 300 Metre**Finals**

1	Denman, Gary	M46 QMA	42.84	
---	--------------	---------	-------	--

W45 300 Metre**Finals**

1	Pryor, Jill	W49 QMA	47.11	
---	-------------	---------	-------	--

M50 300 Metre**Finals**

1	Malouf, Ian	M53 QMA	48.85	
2	Boyd, Jim	M54 QMA	54.20	

M55 300 Metre**Finals**

1	Chaplain, Paul	M58 GCMA	50.51	
2	Anthony, Norm	M55 QMA	59.03	
---	Jermacans, Viddy	M59 QMA	DNF	

M60 300 Metre**Finals**

1	Spalding, Wayne	M60 QMA	58.44	
2	McGill, Andy	M64 QMA	59.27	

W60 300 Metre**Finals**

1	Allison, Marge	W63 QMA	53.54	
2	Davey, Irene	W60 QMA	58.05	
3	Hamilton, Lesley	W64 QMA	66.67	

M65 300 Metre**Finals**

1	Buyers, Colin	M65 QMA	44.24	
2	Lakin, Alf	M67 GCMA	50.78	
3	Daniels, Ken	M69 QMA	51.54	
4	Rogers, Ivan	M69 QMA	68.82	

M70 300 Metre**Finals**

1	Coogan, Hughie	M72 QMA	46.28	
2	Garvey, Noel	M73 QMA	55.89	
3	Smith, Bernie	M70 QMA	70.26	

M80 300 Metre**Finals**

1	Grigg, Russell	M80 QMA	1:21.25	
---	----------------	---------	---------	--

M30 1500 Metre**Finals**

1	Whelan, Brendan	M33 QMA	4:11.31	
---	-----------------	---------	---------	--

W30 1500 Metre**Finals**

1	Kelemen, Livia	W31	6:43.42	
---	----------------	-----	---------	--

W35 1500 Metre**Finals**

1	Brown, Petrina	W39 GCMA	5:30.23	
---	----------------	----------	---------	--

M40 1500 Metre**Finals**

1	Crocker, Andrew	M41	5:42.00	
---	-----------------	-----	---------	--

M45 1500 Metre**Finals**

1	Daly, Gerard	M46 QMA	5:27.76	
2	Denman, Gary	M46 QMA	6:08.61	

W50 1500 Metre**Finals**

1	Ryan, Anne	W52 QMA	5:58.35	
---	------------	---------	---------	--

M55 1500 Metre**Finals**

1	Grayson, Bob	M55 QMA	4:52.46	
2	Collie, Jason	M57 QMA	5:15.22	
---	Dauphinet, Terry	M55 QMA	DNF	

M60 1500 Metre**Finals**

1	McGaffin, Barry	M62 QMA	6:14.46	
---	-----------------	---------	---------	--

W60 1500 Metre**Finals**

1	Menzies, Betty	W63 QMA	5:57.50	
---	----------------	---------	---------	--

M65 1500 Metre**Finals**

1	Morling, Brian	M69 GCMA	5:52.05	
---	----------------	----------	---------	--

W105+ 1500 Metre**Finals**

1	Nowill, Anne	W29 QMA	6:04.61	
---	--------------	---------	---------	--

QMA 3rd Annual Come and Try Day - 10/11/2007

SAF, Nathan

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**M30 3000 Metre****Finals**

1 Whelan, Brendan M33 QMA 10:13.36

W30 3000 Metre**Finals**

1 Gatenby, Hilary W33 QMA 14:00.19

2 Kelemen, Livia W31 15:20.25

M35 3000 Metre**Finals**

1 Sherman, Paul M39 QMA 14:47.28

W35 3000 Metre**Finals**

1 Ellis-Brownlee, Rachelle W35 13:07.33

2 Nicholls, Kerri W39 13:56.62

M40 3000 Metre**Finals**

1 McKee, Ian M43 QMA 10:36.33

2 Crocker, Andrew M41 12:20.13

3 Cameron, Dean M40 14:19.83

W40 3000 Metre**Finals**

1 Watson, Linda W44 QMA 12:27.42

M45 3000 Metre**Finals**

1 Daly, Gerard M46 QMA 11:31.60

2 Denman, Gary M46 QMA 14:00.24

M50 3000 Metre**Finals**

1 Kent, Ian M50 QMA 10:13.96

M60 3000 Metre**Finals**

1 Sheer, John M60 QMA 11:32.35

2 Ryhanen, Erkki M61 QMA 12:26.03

W65 3000 Metre**Finals**

1 Daly, Sheena W67 13:48.50

M30 3000 Metre Race Walk**Finals**

1 Dewar, Brandon M30 15:27.01

2 Dewar, Nick M30 15:29.28

--- Aiton, Brad M30 DNF

M40 3000 Metre Race Walk**Finals**

1 Jimenez, Ignacio M42 QMA 14:04.97

W50 3000 Metre Race Walk**Finals**

1 Woodward, Lyn W54 QMA 19:39.69

M50 3000 Metre Race Walk**Finals**

1 Bennett, Peter M51 QMA 14:57.19

M55 3000 Metre Race Walk**Finals**

1 Coleman, Bob M56 QMA 17:47.40

W60 3000 Metre Race Walk**Finals**

1 Lynch, Sally W64 GCMA 19:21.18

W40 110 Metre Hurdles**Finals**

1 Crouch, Lisa W44 QMA 14.29 -1.0

W45 110 Metre Hurdles**Finals**

1 Kwok, Phyllis W47 QMA 16.40 -1.0

W50 110 Metre Hurdles**Finals**

1 Quinn, Denise W51 QMA 16.96 -1.0

M55 110 Short Hurdles**Finals**

1 Jermacans, Viddy M59 QMA 20.75 -2.0

W60 110 Metre Hurdles**Finals**

1 Allison, Marge W63 QMA 16.45 -1.0

2 Hamilton, Lesley W64 QMA 18.63 -1.0

M65 110 Short Hurdles**Finals**

1 Daniels, Ken M69 QMA 18.46 -2.0

M70 110 Short Hurdles**Finals**

1 Smith, Bernie M70 QMA 20.48 -2.0

M105+ 4x100 Metre Relay**Finals**

1 QUEENSLAND A 55.10

1) Malouf, Ian 53 2) Coogan, Hughie 72

3) Boyd, Jim 54 4) Chique, David 44

2 UNATTACHED B 58.87

1) Garvey, Noel 73 2) Anthony, Norm 55

3) Allen, Kathy 42 4) Bramley, Geoffrey 49

3 UNATTACHED A 67.68

1) Burnheim, Marion 52 2) Begley- Mills, Felicity 54

3) Depasquale, Matthew 36 4) Begley, Joe 53

QMA 3rd Annual Come and Try Day - 10/11/2007

SAF, Nathan

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**X105+ 4x100 Metre Relay****Finals**

1	QUEENSLAND	M A	55.10
	1) Malouf, Ian 53	2) Coogan, Hughie 72	
	3) Boyd, Jim 54	4) Chique, David 44	
2	UNATTACHED	M B	58.87
	1) Garvey, Noel 73	2) Anthony, Norm 55	
	3) Allen, Kathy 42	4) Bramley, Geoffrey 49	
3	UNATTACHED	M A	67.68
	1) Burnheim, Marion 52	2) Begley- Mills, Felicity 54	
	3) Depasquale, Matthew 36	4) Begley, Joe 53	

W105+ 4x100 Metre Relay**Finals**

1	QUEENSLAND	A	55.10
	1) Malouf, Ian 53	2) Coogan, Hughie 72	
	3) Boyd, Jim 54	4) Chique, David 44	
2	UNATTACHED	B	58.87
	1) Garvey, Noel 73	2) Anthony, Norm 55	
	3) Allen, Kathy 42	4) Bramley, Geoffrey 49	
3	UNATTACHED	A	67.68
	1) Burnheim, Marion 52	2) Begley- Mills, Felicity 54	
	3) Depasquale, Matthew 36	4) Begley, Joe 53	

M35 High Jump**Finals**

1	Griffiths, Michael	M38	1.60m
---	--------------------	-----	-------

W35 High Jump**Finals**

1	Zimmerman, Roselyn	W36 QMA	1.35m
---	--------------------	---------	-------

M45 High Jump**Finals**

2	Bramley, Geoffrey	M49 QMA	1.30m
---	-------------------	---------	-------

W55 High Jump**Finals**

2	Waters, Patsy	W58 QMA	1.25m
3	Perkins, Wilma	W58 QMA	1.20m

M65 High Jump**Finals**

3	Herft, Spencer	M69 QMA	1.25m
---	----------------	---------	-------

M70 High Jump**Finals**

4	Smith, Bernie	M70 QMA	1.15m
---	---------------	---------	-------

M80 High Jump**Finals**

5	Grigg, Russell	M80 QMA	1.05m
---	----------------	---------	-------

M30 Long Jump**Finals**

1	Bell, Steve	M34	4.50m NWI
---	-------------	-----	-----------

M35 Long Jump**Finals**

1	Griffiths, Michael	M38	5.05m NWI
---	--------------------	-----	-----------

W40 Long Jump**Finals**

1	Crouch, Lisa	W44 QMA	4.53m NWI
---	--------------	---------	-----------

W45 Long Jump**Finals**

1	Pryor, Jill	W49 QMA	4.44m NWI
2	Kwok, Phyllis	W47 QMA	3.71m NWI

M50 Long Jump**Finals**

1	Boyd, Jim	M54 QMA	4.05m NWI
---	-----------	---------	-----------

W50 Long Jump**Finals**

1	Quinn, Denise	W51 QMA	3.49m NWI
---	Brameld, Noela	W54 QMA	FOUL

M65 Long Jump**Finals**

1	Herft, Spencer	M69 QMA	4.30m NWI
---	----------------	---------	-----------

M70 Long Jump**Finals**

1	Smith, Bernie	M70 QMA	3.04m NWI
---	---------------	---------	-----------

M80 Long Jump**Finals**

1	Grigg, Russell	M80 QMA	2.59m NWI
---	----------------	---------	-----------

W105+ Long Jump**Finals**

1	Nowill, Anne	W29 QMA	3.52m NWI
---	--------------	---------	-----------

W45 Triple Jump**Finals**

1	Kwok, Phyllis	W47 QMA	8.14m NWI
---	---------------	---------	-----------

M65 Triple Jump**Finals**

1	Herft, Spencer	M69 QMA	9.15m NWI
---	----------------	---------	-----------

M70 Triple Jump**Finals**

2	Smith, Bernie	M70 QMA	6.67m NWI
---	---------------	---------	-----------

W30 Shot Put**Finals**

1	Perkins, Davina	W34	7.23m
---	-----------------	-----	-------

W35 Shot Put**Finals**

1	Zimmerman, Roselyn	W36 QMA	6.63m
---	--------------------	---------	-------

QMA 3rd Annual Come and Try Day - 10/11/2007

SAF, Nathan

Results - Age Grading: 1 Yr Indiv & 5 yr Multi**W40 Shot Put****Finals**

1 Crouch, Lisa W44 QMA 9.30m

W45 Shot Put**Finals**

4 Pryor, Jill W49 QMA 6.06m

W50 Shot Put**Finals**

1 Boyd, Carolyn W51 QMA 7.80m

W55 Shot Put**Finals**

2 Waters, Patsy W58 QMA 7.03m

W60 Shot Put**Finals**

3 Birtwell, Lorraine W64 QMA 6.70m

W70 Shot Put**Finals**

5 Doherty, Heather W74 QMA 5.75m

M30 Shot Put**Finals**

5 McFadden, Craig M34 QMA 9.67m

M35 Shot Put**Finals**

1 Haworth, Darron M38 QMA 13.02m

4 Franke, Rodney M37 QMA 10.13m

M45 Shot Put**Finals**

6 McInnes, Callum M46 QMA 7.35m

M60 Shot Put**Finals**

2 Clark, Peter M62 GCMA 11.57m

3 Quinn, Don M63 QMA 10.88m

M65 Shot Put**Finals**

8 Rogers, Ivan M69 QMA 6.52m

M70 Shot Put**Finals**

7 Smith, Bernie M70 QMA 7.13m

M85 Shot Put**Finals**

9 Vickers, Ted M87 QMA 5.73m

W30 Discus Throw**Finals**

8 Perkins, Davina W34 18.37m

W35 Discus Throw**Finals**

2 Zimmerman, Roselyn W36 QMA 25.95m

W40 Discus Throw**Finals**

1 Crouch, Lisa W44 QMA 30.65m

W50 Discus Throw**Finals**

6 Boyd, Carolyn W51 QMA 19.30m

W55 Discus Throw**Finals**

3 Waters, Patsy W58 QMA 22.03m

4 Perkins, Wilma W58 QMA 20.94m

W60 Discus Throw**Finals**

5 Birtwell, Lorraine W64 QMA 20.78m

W70 Discus Throw**Finals**

7 Doherty, Heather W74 QMA 19.29m

M35 Discus Throw**Finals**

1 Haworth, Darron M38 QMA 42.69m

6 Franke, Rodney M37 QMA 26.75m

M45 Discus Throw**Finals**

8 McInnes, Callum M46 QMA 19.05m

M55 Discus Throw**Finals**

5 Dauphinet, Terry M55 QMA 26.87m

M60 Discus Throw**Finals**

2 Clark, Peter M62 GCMA 37.50m

3 Quinn, Don M63 QMA 36.20m

M65 Discus Throw**Finals**

4 Daniels, Ken M69 QMA 26.92m

7 Rogers, Ivan M69 QMA 23.25m

M70 Discus Throw**Finals**

9 Smith, Bernie M70 QMA 17.89m

M85 Discus Throw**Finals**

10 Vickers, Ted M87 QMA 11.73m

W40 Javelin Throw**Finals**

1 Crouch, Lisa W44 QMA 25.72m

QMA 3rd Annual Come and Try Day - 10/11/2007**SAF, Nathan****Results - Age Grading: 1 Yr Indiv & 5 yr Multi****W50 Javelin Throw****Finals**

3	Quinn, Denise	W51	QMA	21.46m
4	Boyd, Carolyn	W51	QMA	20.17m
9	Brameld, Noela	W54	QMA	16.36m

W55 Javelin Throw**Finals**

2	Perkins, Wilma	W58	QMA	22.26m
5	Waters, Patsy	W58	QMA	18.97m

W60 Javelin Throw**Finals**

6	Hamilton, Lesley	W64	QMA	17.36m
7	Allison, Marge	W63	QMA	16.76m
10	Birtwell, Lorraine	W64	QMA	15.96m

W70 Javelin Throw**Finals**

8	Doherty, Heather	W74	QMA	16.54m
---	------------------	-----	-----	--------

M30 Javelin Throw**Finals**

1	Quarterman, Robert	M30		45.50m
---	--------------------	-----	--	--------

M45 Javelin Throw**Finals**

7	McInnes, Callum	M46	QMA	21.33m
---	-----------------	-----	-----	--------

M60 Javelin Throw**Finals**

5	Clark, Peter	M62	GCMA	28.59m
6	Spalding, Wayne	M60	QMA	27.83m

M65 Javelin Throw**Finals**

2	Quarterman, Guy	M66	QMA	37.22m
3	Herft, Spencer	M69	QMA	33.29m
4	Daniels, Ken	M69	QMA	30.04m
8	Rogers, Ivan	M69	QMA	21.18m

M70 Javelin Throw**Finals**

9	Smith, Bernie	M70	QMA	19.30m
---	---------------	-----	-----	--------

M85 Javelin Throw**Finals**

10	Vickers, Ted	M87	QMA	12.08m
----	--------------	-----	-----	--------