

**RESULTS QMA**

**SATURDAY 13<sup>TH</sup> OCTOBER, 2007 S.A.F.**

**LADIES**

**60 METRES**

W35	1	J.Schubert	9.35
W45	1	P.Kwok	9.81
W80	1	L.Thompson	15.11

**100 METRES**

W35	1	J.Schubert	15.17
W45	1	P.Kwok	15.70

**200 METRES**

W35	1	J.Schubert	29.11
W45	1	P.Kwok	33.19
W60	1	I.Davey	38.37

**400 METRES**

W35	1	J.Schubert	67.47
W40	1	K.Lakin	72.24

**800 METRES**

W30	1	H.Gatenby	3.01.10
W40	1	K.Lakin	2.48.04
W60	1	B.Menzies	2.56.79
	2	I.Davey	3.18.33

**5000 METRES**

W40	1	S.Cockcroft	27.07.59
W50	1	A.Ryan	22.32.10

**4x200m RELAY**

W35	1	Irene Davey Jodie Schubert Kerri Nicholls Phyllis Kwok	2.17.20
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**HIGH JUMP**

W45	1	D.Mayfield	1.58
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**JAVELIN THROW**

W50	1	C.Boyd	19.21
	2	N.Avery	15.10
W65	1	G.White	10.27

**HAMMER THROW**

W50	1	C.Boyd	25.82
	2	N.Avery	17.86
W65	1	G.White	16.97

**WEIGHT THROW**

W50	1	C.Boyd	8.84
	2	N.Avery	6.45
W65	1	G.White	7.02

**MEN**

**60 METRES**

M40	1	J.Mitchell	8.44
M45	1	W.Nock	8.07
	2	B.Valentine	8.22
	3	G.Bramley	9.22
M50	1	H.Bristow	8.19
	2	J.Boyd	8.73

M55	1	N.Anthony	9.62
M60	1	W.Spalding	10.38
	2	A.McGill	10.39
M65	1	C.Buyers	8.43
	2	A.Lakin	9.93
	3	I.Rogers	11.04
M70	1	H.Coogan	9.13
	2	B.Smith	12.04
M80	1	R.Grigg	12.57

**100 METRES**

M40	1	J.Mitchell	13.50
M45	1	W.Nock	12.73
	2	B.Valentine	13.09
	3	C.McInnes	13.82
	4	G.Bramley	14.63
M50	1	H.Bristow	12.85
	2	J.Boyd	14.42
M60	1	W.Spalding	15.68
	2	A.McGill	16.70
M65	1	C.Buyers	13.41
	2	A.Lakin	15.59
	3	I.Rogers	18.01
M70	1	H.Coogan	14.50
M80	1	R.Grigg	20.46

**200 METRES**

M40	1	J.Mitchell	28.10
M45	1	W.Nock	25.45
	2	C.McInnes	27.84
	3	G.Bramley	29.82
M60	1	W.Spalding	34.58
	2	A.McGill	38.51
M65	1	C.Buyers	26.69
	2	A.Lakin	32.07
	3	I.Rogers	37.14
M70	1	H.Coogan	29.14
M80	1	R.Grigg	46.27

**400 METRES**

M40	1	D.Peters	59.56
M45	1	G.Denman	60.94
	2	G.Bramley	68.18
M55	1	P.Chaplain	1.21.53
M65	1	I.Rogers	1.45.88

**800 METRES**

M35	1	M.Kenney	2.22.67
	2	D.Sluggett	2.35.22
M45	1	G.Denman	2.20.25
	2	G.Daly	2.45.17
M50	1	R.Peters	2.28.08
M55	1	B.Bodsworth	2.21.95
	2	P.Chaplain	3.27.72
M60	1	B.McGaffin	3.03.21
M65	1	B.Morling	2.46.39

**5000 METRES**

M45	1	G.Daly	20.28.90
	2	K.Christison	22.27.71
M50	1	R.Peters	17.07.46
	2	I.Kent	18.03.53
M60	1	J.Sheer	19.54.97

**500m TRACK WALK**

M40	1	I.Jimenez	24.41.49
M50	1	P.Bennett	25.51.69
M55	1	B.Coleman	30.25.67
M75	1	R.Lynch	35.46.40

**4x200m RELAY**

M65	1	H.Coogan I.Rogers A.Lakin C.Buyers	2.07.89 QR
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**LONG JUMP**

M45	1	C.McInnes	4.47
M65	1	I.Rogers	2.68
M70	1	B.Smith	3.18

**HIGH JUMP**

M45	1	J.Watts	1.61
	2	C.McInnes	1.40
	3	G.Bramley	1.25
M70	1	B.Smith	1.15
M80	1	R.Grigg	1.00

**JAVELIN THROW**

M45	1	C.McInnes	23.78
M55	1	B.Bodsworth	34.26
M65	1	G.Quarterman	36.43
	2	I.Rogers	22.21
M70	1	B.Smith	20.72
M80	1	R.Grigg	13.44
M85	1	T.Vickers	11.42

**HAMMER THROW**

M35	1	D.Haworth	43.38
M50	1	J.Boyd	19.87
M55	1	M.Lafferty	32.99
M60	1	J.Stammers	33.00
	2	D.Quinn	28.99
M70	1	K.White	24.72
	2	B.Smith	19.60
M80	1	R.Grigg	18.76
M85	1	T.Vickers	13.95

**WEIGHT THROW**

M35	1	D.Haworth	15.22 QR
M55	1	M.Lafferty	9.18
M60	1	J.Stammers	12.85
	2	D.Quinn	12.61
M70	1	B.Smith	9.91
	2	K.White	8.80
M85	1	T.Vickers	6.06