

RESULTS QMA

SATURDAY 6TH OCTOBER, 2007 S.A.F.**LADIES****60 METRES**

W35	1	J.Schubert	8.85
W40	1	H.Garthe	9.53
W55	1	M.D'Alessandro	10.02

100 METRES

W35	1	J.Schubert	14.44
W40	1	H.Garthe	15.48
W55	1	M.D'Alessandro	16.67
W80	1	L.Thompson	25.36

200 METRES

W35	1	J.Schubert	30.53
W40	1	H.Garthe	33.20
W55	1	M.D'Alessandro	36.06

300 METRES

W35	1	J.Schubert	47.33
W40	1	K.Lakin	49.76
	2	H.Garthe	58.88

1500 METRES

W40	1	K.Lakin	5.55.85
W60	1	B.Menzies	5.58.60

3000 METRES

W40	1	L.Watson	13.01.80
	2	S.Cockcroft	15.19.57
W30	1	L.Thompson	20.28.81 ARp

3000m TRACK WALK

W50	1	L.Woodward	19.59.57
W55	1	R.Wales	21.56.63
W60	1	S.Lynch	19.46.21
W65	1	N.McKinven	21.12.93

4x100m RELAY

W30	1	M.D'Alessandro	
		J.Schubert	
		H.Garthe	
		N.Garthe	59.80

LONG JUMP

W40	1	H.Garthe	3.57
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JAVELIN THROW

W50	1	C.Boyd	18.04
W65	1	G.White	10.23

DISCUS THROW

W50	1	C.Boyd	18.68
W65	1	G.White	12.67

SHOT PUT

W50	1	C.Boyd	7.29
W65	1	G.White	5.80

MEN**60 METRES**

M35	1	W.Muller	8.63
M40	1	B.Longford	8.30
	2	J.Mitchell	8.40
M45	1	I.McLean	8.00
	2	W.Nock	8.04
	3	B.Valentine	8.13
	4	G.Bramley	9.06

M50	1	J.Begley	8.28
M55	1	D.Lloyd	8.24
M60	1	J.Moroney	9.19
M65	1	C.Buyers	8.28
	2	A.Lakin	9.55
	3	I.Rogers	10.78
M80	1	R.Grigg	12.28

ur: Unofficial Record

100 METRES

M35	1	W.Muller	13.61
M40	1	J.Mitchell	13.33
M45	1	I.McLean	12.40
	2	W.Nock	12.61
	3	B.Valentine	12.75
	4	C.McInnes	13.47
	5	G.Bramley	14.36
M50	1	J.Begley	12.91
M55	1	D.Lloyd	13.12
	2	B.Bodsworth	13.59
M60	1	J.Moroney	14.59
M65	1	C.Buyers	12.96
	2	A.Lakin	15.56
	3	I.Rogers	17.56
M80	1	R.Grigg	20.29

200 METRES

M40	1	R.Gibson	28.48
M45	1	W.Nock	25.23
	2	B.Valentine	25.87
	3	C.McInnes	27.92
	4	G.Bramley	29.20
M50	2	J.Begley	26.31
M55	1	T.Dauphinat	27.48
	2	B.Grayson	28.81
M60	1	J.Moroney	31.37
M65	1	C.Buyers	26.27
	2	A.Lakin	33.03
	3	I.Rogers	37.59
M80	1	R.Grigg	46.96

300 METRES

M40	1	D.Peters	43.84
	2	R.Gibson	45.38
M55	1	B.Bodsworth	43.14
M65	1	C.Buyers	42.63
	2	I.Rogers	64.24

1500 METRES

M35	1	M.Kenney	5.08.94
M45	1	G.Daly	5.48.02
M50	1	R.Peters	4.43.86
M55	1	B.Grayson	4.55.64
	2	B.Bodsworth	5.37.69
	3	P.Chaplain	7.24.12
M60	1	G.McGaffin	6.37.23
M65	1	B.Morling	5.49.96
M75	1	I.Hicks	8.31.89

3000 METRES

M35	1	D.Sluggett	12.43.86
M45	1	G.Daly	12.04.56
	2	K.Christison	12.31.65

M50	1	R.Peters	9.56.12
	2	I.Kent	10.10.39
M60	1	J.Sheer	11.32.27
	2	D.Stapleton	13.02.02

3000m TRACK WALK

M40	1	I.Jimenez	14.22.64
M55	1	B.Coleman	17.50.00
M75	1	R.Lynch	20.16.84

4x100m RELAY

M40	1	C.McInnes	
		R.Gibson	
		C.Buyers	
		B.Bodsworth	56.09

LONG JUMP

M45	1	G.Bramley	3.35
M65	1	S.Herft	4.46

TRIPLE JUMP

M65	1	S.Herft	9.49
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HIGH JUMP

M40	1	B.Longford	1.42
M45	1	C.McInnes	1.40
M60	1	P.Kennedy	1.35
	2	B.Prideaux	1.30
M80	1	R.Grigg	1.00

POLE VAULT

M60	1	P.Kennedy	2.30
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JAVELIN THROW

M45	1	G.Bramley	23.30
	2	C.McInnes	22.86
M50	1	A.Haralampou	32.84
M60	1	D.Stapleton	27.71
M65	1	G.Quarterman	37.71
	2	S.Herft	33.25
	3	I.Rogers	20.37
M70	1	K.White	22.05
M80	1	R.Grigg	14.94
M85	1	T.Vickers	12.19

DISCUS THROW

M35	1	D.Haworth	45.23
M50	1	A.Haralampou	27.51
M60	1	D.Quinn	35.39
	2	P.Kennedy	24.28
	3	D.Stapleton	21.59
M65	1	S.Herft	24.26
	2	I.Rogers	23.76
M70	1	K.White	21.26
M80	1	R.Grigg	18.95
M85	1	T.Vickers	12.89

SHOT PUT

M35	1	D.Haworth	13.13
M45	1	C.McInnes	7.55
M50	1	A.Haralampou	9.67
M60	1	P.Kennedy	10.33
	2	D.Quinn	10.19
M65	1	I.Rogers	6.27
M70	1	K.White	7.29
M80	1	R.Grigg	6.82
M85	1	T.Vickers	5.45