

**Q.M.A. 3&4/03/07 AUSTRALIAN & QUEENSLAND HEPTATHLON AND DECATHLON CHAMPIONSHIPS**

**HEPTATHLON**

			Spr.Hrd	H.J.	S.P.	200m	L.J.	J.T.	800m	Points
W30	1A/1Q	Catriona Cole Nsw	20.77 241	1.25 359	6.57 308	34.27 226	3.82 267	12.88 158	dnf 0	<b>1559</b>
W45	1A/1Q	Jill Pryor Qld	13.79 934	1.28 610	6.10 401	29.34 793	4.39 601	14.23 246	2.52.53 567	<b>4152 QR</b>
	2A	Sharon Gibbins Act	15.65 684	1.13 419	9.29 676	31.68 621	4.16 527	22.32 434	3.25.45 269	<b>3630</b>
	3A/2Q	Katharine Cleveland Qld	17.92 427	1.13 419	5.59 358	36.80 312	3.57 352	18.22 338	3.25.40 269	<b>2475</b>
W55	1A/1Q	Wilma Perkins Qld	15.28 821	1.25 806	8.76 747	30.76 940	4.25 768	23.22 588	3.11.13 576	<b>5246</b>
W60	1A/1Q	Lesley Hamilton Qld	18.38 544	1.10 701	6.86 629	35.94 704	3.05 416	19.66 559	3.55.14 341	<b>3894 QR</b>
W65	1A	Fran Harris Act	19.23 657	1.01 689	5.37 533	38.33 668	Foul 0	Foul 0	3.34.54 683	<b>3230</b>

**DECATHLON**

			100m	L.J.	S.P.	H.J.	400m	Spr.Hrd	D.T.	P.V	J.T.	1500m	
M40	1A/1Q	Tony Nash Nsw	13.54 480	4.95 481	9.22 453	1.53 536	69.39 262	dnf 0	24.94 366	2.34 259	35.45 442	dnf 0	<b>3279</b>
M45	1A/1Q	Kevin Davis Qld	13.86 506	4.23 378	7.14 363	1.32 411	66.93 400	21.44 377	21.51 321	2.24 273	32.04 433	5.53.77 468	<b>3930</b>
	2A/2Q	Neil Gray Qld	13.56 554	4.64 473	7.05 357	1.35 434	69.60 323	26.41 93	19.81 287	2.54 354	34.56 478	6.28.43 317	<b>3670</b>
	3A/3Q	Craig Elliott Qld	14.77 368	3.86 297	7.37 378	1.35 434	1.23.33 49	26.41 93	20.69 304	1.74 149	28.18 365	8.17.43 26	<b>2463</b>
M50	1A/1Q	Paul Drewe Qld	13.27 683	4.64 548	9.13 514	1.41 560	2.38.55 0	dnf 0	20.92 289	1.94 231	30.93 436	dnf 0	<b>3261</b>
	2A	Robert Hanbury-Brown Nsw	17.71 105	3.87 354	9.05 508	1.20 367	1.32.89 1	26.14 47	33.46 533	1.84 203	30.09 420	8.04.02 88	<b>2626</b>
M55	1A/1Q	Bruce Bodsworth Qld	13.94 643	4.35 550	7.52 460	1.41 644	63.43 660	21.96 352	25.58 427	2.24 369	32.46 524	5.36.69 709	<b>5338</b>
	2A/2Q	Viddy Jermacans Qld	13.45 728	4.80 684	8.02 498	1.29 520	65.91 575	23.99 221	25.96 435	1.84 242	26.92 411	6.15.87 517	<b>4831</b>
	3A/3Q	Vasyl Shuter Qld	15.20 446	4.15 494	7.32 445	1.26 488	73.09 359	23.41 256	21.24 335	1.64 185	27.65 426	6.20.83 495	<b>3929</b>
M60	1A/1Q	Peter Kennedy Qld	21.43 0	3.02 264	10.30 672	1.26 560	1.39.54 0	23.92 236	32.13 585	2.04 359	30.42 515	8.15.86 158	<b>3349</b>
M65	1A	Greg Mamalis Nsw	14.29 732	4.75 908	9.75 750	1.35 776	76.14 404	dnf 0	25.48 502	1.94 389	foul 0	dnf 0	<b>4461</b>

**03/03/07 CLUB EVENTS**

**LADIES**

**60 METRES**

W30	1	J.Schubert	9.11
W40	1	T.Barr	9.74

**100 METRES**

W30	1	J.Schubert	14.31
W55	1	H.McDonnell	15.60

**200 METRES**

W30	1	J.Schubert	29.61
W35	1	M.Edwards	31.89
W40	1	T.Barr	36.35
W55	1	H.McDonnell	31.81

**400 METRES**

W30	1	J.Schubert	66.77
W40	1	M.Edwards	75.82
W55	1	H.McDonnell	1.21.70
	2	K.Rourke	1.29.91

**800 METRES**

W55	1	J.Flynn	2.21.98WRp
	2	I.Davey	3.25.02

W60	1	B.Menzies	2.48.59
-----	---	-----------	---------

**3000 METRES**

W40	1	L.Watson	12.28.78
	2	S.Cockcroft	15.16.02

**LONG JUMP**

W55	1	I.Davey	3.23
-----	---	---------	------

**TRIPLE JUMP**

W55	1	K.Rourke	6.65
-----	---	----------	------

**JAVELIN THROW**

W50	1	C.Boyd	17.40
	2	N.Avery	16.14
W55	1	K.Rourke	16.82
W65	1	G.White	10.43

**HAMMER THROW**

W50	1	C.Boyd	20.94
	2	N.Avery	20.23
W65	1	G.White	17.75

**WEIGHT THROW**

W50	1	C.Boyd	8.21
	2	N.Avery	7.02
W65	1	G.White	7.17

**MEN**

**60 METRES**

M35	1	J.Castle	8.83
M45	1	I.McLean	7.90
	2	G.Denman	8.36
	3	C.McInnes	8.72
M50	1	H.Bristow	7.99
	2	J.Begley	8.34
	3	J.Boyd	8.49
	4	T.Dauphinet	8.52
M55	1	W.Spalding	10.20
M60	1	W.Cousins	8.38
M65	1	J.Cooper	8.89
	2	I.Rogers	11.07
M70	1	H.Coogan	8.82
	2	N.Garvey	9.86

**100 METRES**

M35	1	J.Castle	14.69
M45	1	I.McLean	12.23
	2	G.Denman	13.08
	3	C.McInnes	13.80

M50	1	H.Bristow	12.66
	2	J.Begley	13.16
	3	J.Boyd	13.31
	4	T.Dauphinet	13.59
M55	1	W.Spalding	16.21
M60	1	W.Cousins	13.12
M65	1	J.Cooper	13.59
	2	I.Rogers	17.09
M70	1	H.Coogan	13.79
	2	N.Garvey	15.52

### 200 METRES

M30	1	S.Mathews	26.28
M35	1	J.Castle	27.76
M45	1	I.McLean	24.78
	2	G.Denman	25.77
	3	P.Edwards	26.17
	4	C.McInnes	28.91
M50	1	J.Boyd	28.34
M55	1	P.Chaplain	30.95
	2	W.Spalding	33.58
M60	1	W.Cousins	27.14
M65	1	J.Cooper	29.18
M70	1	H.Coogan	27.67
	2	N.Garvey	32.64

### 400 METRES

M45	1	G.Denman	56.86
M55	1	P.Chaplain	72.93
M70	1	H.Coogan	63.21
	2	N.Garvey	1.21.09

### 800 METRES

M50	1	N.Manefield	2.22.64
M55	1	B.Grayson	2.21.26
	2	P.Chaplain	3.17.45
M65	1	A.Bradford	2.30.73
	2	B.Morling	2.40.10
M80	1	N.Pearce	3.44.64

### 3000m METRES

M40	1	S.George	9.10.28
M55	1	J.Collie	11.28.28

### 3000m TRACK WALK

M50	1	P.Bennett	15.22.33
M55	1	B.Coleman	17.50.45
M80	1	D.Keatinge	22.22.00

### JAVELIN THROW

M55	1	M.Lafferty	26.00
	2	W.Spalding	23.62
M65	1	S.Herft	35.48
	2	I.Rogers	21.73

M70	1	E.Saarinen	38.90
	2	K.White	21.79
M85	1	T.Vickers	12.78

### HAMMER THROW

M50	1	B.Wagner	50.68
M55	1	M.Lafferty	28.36
M60	1	D.Quinn	31.60
M70	1	K.White	25.47
	2	E.Saarinen	24.89
	3	B.Smith	15.28
M85	1	T.Vickers	14.44

### WEIGHT THROW

M50	1	B.Wagner	19.67
M55	1	M.Lafferty	10.18
M60	1	D.Quinn	12.41
M70	1	E.Saarinen	11.15
	2	K.White	9.39
M85	1	T.Vickers	6.91

## 04/03/07 CLUB EVENTS

### LADIES

#### 60 METRES

W30	1	J.Schubert	9.30
W35	1	P.Prasad	9.40
W55	1	H.McDonnell	10.14
W65	1	J.Bevis	11.20

#### 100 METRES

W30	1	J.Schubert	14.53
W35	1	P.Prasad	14.63
	2	M.Edwards	15.64
W55	1	H.McDonnell	15.62
W65	1	J.Bevis	18.24

#### 300 METRES

W30	1	J.Schubert	47.20
W35	1	P.Prasad	49.42
	2	M.Edwards	51.98
W55	1	H.McDonnell	52.59

#### 5000m TRACK WALK

W60	1	N.McKinven	35.34.98
W75	1	C.Dauphinet	36.47.53

#### LONG JUMP

W65	1	J.Bevis	3.25
-----	---	---------	------

#### HIGH JUMP

W45	1	D.Mayfield	1.55
-----	---	------------	------

### MEN

#### 60 METRES

M45	1	G.Denman	8.45
	2	C.McInnes	9.30
M50	1	J.Furlong	8.23
	2	J.Boyd	8.73
M55	1	W.Spalding	11.04
M60	1	J.Wight	8.21
M65	1	I.Rogers	10.73
M70	1	H.Coogan	8.71
M80	1	M.Dauphinet	10.79

#### 100 METRES

M45	1	G.Denman	12.90
M50	1	J.Furlong	13.13
	2	J.Boyd	13.93
M55	1	W.Spalding	17.46
M60	1	J.Wight	12.97
M65	1	S.Herft	15.22
	2	I.Rogers	17.29
M70	1	H.Coogan	13.74
M80	1	M.Dauphinet	17.45

#### 300 METRES

M45	1	G.Denman	41.19
M55	1	P.Chaplain	51.12
M60	1	J.Wight	43.89
M65	1	I.Rogers	61.37
M70	1	H.Coogan	44.69
M80	1	M.Dauphinet	61.41

#### 1500 METRES

M40	1	S.George	4.16.60
M55	1	P.Chaplain	8.12.82
M60	1	B.McGaffin	6.06.83

#### 5000m TRACK WALK

M80	1	D.Keatinge	37.26.99
-----	---	------------	----------

#### LONG JUMP

M65	1	S.Herft	4.46
-----	---	---------	------

#### TRIPLE JUMP

M65	1	S.Herft	9.19
-----	---	---------	------

#### HIGH JUMP

M65	1	S.Herft	1.25
-----	---	---------	------

#### DISCUS THROW

M55	1	M.Lafferty	24.85
M60	1	P.Clark	40.29
M65	1	S.Herft	24.13
	2	I.Rogers	21.51
M70	1	E.Saarinen	25.75
M80	1	M.Dauphinet	22.73

#### SHOT PUT

M55	1	M.Lafferty	8.76
M60	1	P.Clark	11.58