

RESULTS**Q.M.A. 26/02/07 MONDAY S.A.F.****LADIES****5000m RUN CHAMPIONSHIP**

W40	1	Glenda Banaghan	17.16.4	QR
	2	Cheryl Lanagan	21.14.4	
W55	1	Irene Davey	26.12.3	
W65	1	Diana Southern	34.40.0	

10,000m WALK CHAMPIONSHIP

W60	1	Noela McKinven	72.42.7	
W75	1	Christiane Dauphinet	75.52.6	

100 METRES

W55	1	W.Perkins	15.1	
	2	H.McDonnell	16.0	
W60	1	J.Hampson	17.2	

300 METRES

W35	1	M.Edwards	52.7	
W55	1	W.Perkins	51.8	
	2	H.McDonnell	52.8	
W60	1	J.Hampson	58.6	

1500 METRES

W55	1	J.Flynn	5.02.4	QR
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LONG JUMP

W35	1	R.Zimmerman	3.81	
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HIGH JUMP

W35	1	R.Zimmerman	1.25	
W55	1	W.Perkins	1.20	

DISCUS THROW

W45	1	K.Cleveland	17.60	
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SHOT PUT

W35	1	R.Zimmerman	6.19	
W45	1	K.Cleveland	5.96	
W55	1	W.Perkins	8.84	

MEN**5000m RUN CHAMPIONSHIP**

M30	1	Brendan Whelan	15.42.9	
M35	1	Shawn Claydon	16.43.2	
M40	1	Shane George	15.45.9	
M45	1	David Sweeney	15.48.1	
	2	Johan Wiesner	20.39.2	

M50	1	Ron Peters	16.33.4	
	2	Bruce Cook	16.51.4	
	3	Michael Schafer	18.30.3	
	4	Peter Marshall	19.29.7	
	5	Paul Circosta	26.17.0	
M55	1	David Cundy	18.15.7	
	2	Bob Grayson	19.12.9	
	3	John Sheer	19.34.3	
M60	1	Erkki Ryhanen	21.25.3	
	2	Tom Donnett	22.03.3	
	3	Elwyn Egan	23.11.4	
M65	1	Alan Bradford	19.22.6	
	2	Chris Windle	22.51.6	
M70	1	Colin McLeod	21.04.0	
M75	1	Julius Keller	25.03.6	
M80	1	Norm Pearce	28.16.0	

10,000m WALK CHAMPIONSHIP

M35	1	Dip Chand	58.40.2	
M40	1	Andrew Ludwig	51.34.5	
M50	1	Peter Bennett	51.47.2	
	2	Bruce Cook	60.30.6	
M55	1	Bob Coleman	63.41.4	
M65	1	Patrick Sela	68.18.0	
M70	1	Bert Janes	68.02.3	

100 METRES

M40	1	D.Chique	12.6	
M45	1	I.McLean	12.0	
	2	W.Nock	12.3	
	3	G.Denman	12.9	
	4	B.Valentine	13.4	
	5	G.Davis	13.9	
	6	C.McInnes	14.1	
M50	1	J.Furlong	12.9	
	2	J.Begley	12.9	
	3	P.Drewe	13.5	
M55	1	V.Jermacans	14.0	
M60	1	C.Buyers	13.2	
	2	H.Giles	14.1	
	3	F.Rissman	16.0	
M65	1	I.Rogers	16.4	
M70	1	H.Coogan	13.6	
	2	B.Smith	16.8	
M80	1	M.Dauphinet	17.2	

300 METRES

M40	1	D.Chique	39.4	
M45	1	W.Nock	39.9	
	2	P.Edwards	40.6	
	3	G.Denman	40.8	
	4	B.Valentine	44.4	
	5	G.Davis	45.9	
	6	C.McInnes	48.8	
M50	1	G.Taylor	43.8	
M60	1	C.Buyers	42.2	
M65	1	B.Welbourne	51.6	
M70	1	H.Coogan	44.5	

1500 METRES

M30	1	B.Whelan	4.55.2	
M50	1	G.Taylor	5.18.6	

LONG JUMP

M45	1	C.McInnes	4.10	
M50	1	P.Drewe	4.87	
M60	1	H.Giles	4.68	
M70	1	L.Nicol	3.28	
	2	B.Smith	3.26	

TRIPLE JUMP

M70	1	L.Nicol	7.52	
	2	B.Smith	6.49	

HIGH JUMP

M35	1	R.Franke	1.40	
M50	1	P.Drewe	1.45	
M55	1	V.Jermacans	1.25	
M60	1	P.Kennedy	1.35	
M70	1	L.Nicol	1.10	
	2	B.Smith	1.10	

DISCUS THROW

M30	1	C.Campodonico	31.42	
M35	1	R.Franke	32.46	
M40	1	P.Lonsdale	46.15	
M50	1	G.Taylor	20.32	
M65	1	I.Rogers	21.67	
M70	1	B.Smith	15.85	

SHOT PUT

M30	1	C.Campodonico	10.09	
M35	1	R.Franke	9.41	
M40	1	P.Lonsdale	14.07	
M70	1	B.Smith	7.19	