

**RESULTS**

**Q.M.A. 09/12/06 SATURDAY S.A.F.**

**LADIES**

**60 METRES**

W30	E.Holden	8.9	vis
	1 J.Schubert	9.1	
W40	1 J.Brimms	8.3	
W45	1 P.Kwok	9.1	
W50	1 N.Brameld	9.4	
W55	1 W.Perkins	9.4	
	2 K.Rourke	10.3	
W65	1 J.Bevis	10.9	

**100 METRES**

W30	E.Holden	14.1	vis
	1 J.Schubert	14.8	
W40	1 J.Brimms	13.0	
W45	1 P.Kwok	15.0	
W50	1 N.Brameld	15.7	
W55	1 W.Perkins	15.1	
	2 K.Rourke	16.3	
W60	1 M.Allison	15.8	
W65	1 J.Bevis	18.1	

**200 METRES**

W30	1 J.Schubert	30.0	
W40	1 J.Brimms	25.9	
W60	1 M.Allison	33.0	

**300 METRES**

W30	1 J.Schubert	46.5	
W40	1 J.Brimms	44.5	
W50	1 N.Brameld	54.6	
W55	1 W.Perkins	54.1	
W60	1 M.Allison	50.7	QBP

**1500 METRES**

W35	1 S.Sara	5.56.1	
W55	P.Moorhouse	6.41.1	vis
W60	1 B.Menzies	5.48.6	

**5000 METRES**

W40	1 H.Wichers	19.54.0	
	2 S.Cockcroft	27.35.0	

**5000m TRACK WALK**

W60	1 N.McKinven	35.45.1	
W75	1 C.Dauphinnet	37.01.3	

**LONG JUMP**

W50	1 N.Brameld	3.56	
W65	1 J.Bevis	3.02	

**TRIPLE JUMP**

W55	1 K.Rourke	7.10	
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**HIGH JUMP**

W45	1 P.Kwok	1.30	
W55	1 W.Perkins	1.20	

**POLE VAULT**

W55	1 W.Perkins	2.15	
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**SHOT PUT**

W50	C.Boyd	7.17	vis
	1 N.Avery	5.34	
W55	1 W.Perkins	9.20	
	2 Y.Jarman	4.83	
W60	1 L.Birtwell	6.62	
W65	1 G.White	5.62	
W70	1 H.Doherty	7.19	

**HAMMER THROW**

W50	1 N.Avery	19.23	
W55	1 W.Perkins	24.74	
W60	1 L.Birtwell	21.52	
W65	1 H.Searle	35.55	
	2 G.White	17.64	
W70	1 H.Doherty	20.39	
W95	1 R.Frith	12.19	

**WEIGHT THROW**

W50	1 N.Avery	6.68	
W60	1 L.Birtwell	9.19	
W65	1 H.Searle	15.04	
W65	1 G.White	6.72	
W70	1 H.Doherty	8.92	
W95	1 R.Frith	5.89	

**MEN**

**60 METRES**

M35	1 S.Lawrence	8.2	
M40	1 D.Dunn	8.1	
	2 D.Chique	8.1	
	3 M.Konemann	8.8	
M45	1 W.Nock	8.1	
	G.Bainbridge	8.3	vis
	2 B.Valentine	8.4	
	3 G.Davis	8.7	
	4 G.Denman	8.9	
M50	1 J.Boyd	8.8	
M55	1 R.White	8.8	
M60	1 J.Wight	8.2	
	2 C.Buyers	8.6	
	3 A.McGill	10.2	
M65	1 J.Cooper	8.8	
	2 I.Rogers	10.3	
M70	1 H.Coogan	8.8	
	2 N.Garvey	9.4	
M75	1 R.Grigg	11.5	
M80	1 M.Dauphinnet	10.6	

**100 METRES**

M35	1 S.Lawrence	13.1	
M40	1 D.Chique	12.6	
	2 D.Dunn	12.7	
	3 M.Konemann	13.8	
M45	1 I.McLean	12.2	
	2 W.Nock	12.6	
	G.Bainbridge	12.8	vis
	3 B.Valentine	13.2	
	4 G.Denman	13.7	
	5 G.Davis	13.9	
M50	1 J.Boyd	13.5	
	2 I.Malouf	14.3	
M55	1 R.White	13.6	
M60	1 J.Wight	12.9	
	2 C.Buyers	13.5	
	3 A.McGill	15.9	
M65	1 J.Cooper	13.8	
	2 I.Rogers	17.0	
M70	1 H.Coogan	13.9	
	2 N.Garvey	15.1	
M75	1 R.Grigg	19.6	
M80	1 M.Dauphinnet	17.8	

**200 METRES**

M40	1 D.Chique	25.2	
	2 D.Dunn	26.3	
	3 M.Konemann	27.8	
M45	1 W.Nock	25.5	
	2 G.Denman	26.5	
	G.Bainbridge	26.8	vis
M50	1 J.Boyd	29.0	
	2 I.Malouf	30.1	
M55	1 R.White	27.2	
M60	1 J.Wight	25.9	
	2 C.Buyers	26.7	
	3 A.McGill	37.1	
M65	1 J.Cooper	27.9	
	2 I.Rogers	37.1	
M70	1 H.Coogan	28.1	
	2 N.Garvey	32.8	
M80	1 M.Dauphinnet	41.6	

**300 METRES**

M40	1 D.Chique	40.0	
M45	1 G.Denman	41.8	
	2 G.Davis	46.5	
	3 K.Davis	48.6	
M50	1 T.Dauphinnet	43.3	
M55	1 R.White	46.8	
	2 N.Anthony	52.5	
M60	1 C.Buyers	43.6	
	2 D.Burt	49.1	
	3 A.McGill	61.3	
M65	1 J.Cooper	50.4	

	2 I.Rogers	61.4	
M70	1 H.Coogan	45.1	
	2 N.Garvey	51.1	
M75	1 R.Grigg	69.5	

**1500 METRES**

M40	1 M.Konemann	5.06.1	
	A.Crocker	5.35.5	vis
M50	1 R.Peters	4.48.1	
M55	1 J.Collie	5.06.9	
M60	1 D.Burt	5.50.0	
M65	1 B.Morling	5.39.9	
M70	1 I.Hicks	7.58.4	

**300m/400m HURDLES**

M65	1 B.Welbourne	53.7	
M45	1 K.Davis	1.14.4	

**5000 METRES**

W30	N.Labinsky	16.39.9	
M50	1 R.Peters	16.53.2	
M60	1 E.Egan	24.42.3	
M75	1 N.Pearce	30.05.0	

**5000m TRACK WALK**

M50	1 P.Bennett	26.47.8	
M55	1 B.Coleman	30.17.6	
M70	1 B.Janes	34.15.2	

**HIGH JUMP**

M30	1 P.Jones	1.65	
M35	1 S.Lawrence	1.55	
M45	1 J.Watts	1.71	QR
M75	1 R.Grigg	0.90	

**POLE VAULT**

M35	1 S.Lawrence	2.80	
M45	1 K.Davis	2.15	
M50	1 B.Arnold	3.40	

**SHOT PUT**

M30	1 P.Jones	9.61	
M35	1 A.White	10.95	
M50	1 B.Wagner	10.84	
	2 A.Haralampou	10.00	
M60	1 D.Quinn	9.49	
M70	1 A.Ropelin	11.26	
M80	1 M.Dauphinnet	7.11	
M85	1 T.Vickers	5.97	

**HAMMER THROW**

M35	1 A.White	33.55	
M45	1 K.Davis	18.00	
M50	1 B.Wagner	53.32	
	2 A.Haralampou	23.33	
M60	1 D.Quinn	31.28	
M70	1 A.Ropelin	27.65	
	2 K.White	25.34	
M75	1 R.Grigg	18.53	
M85	1 T.Vickers	14.22	

**WEIGHT THROW**

M35	1 A.White	10.32	
M50	1 B.Wagner	19.10	
	2 A.Haralampou	9.67	
M60	1 D.Quinn	11.44	
M70	1 A.Ropelin	11.54	
	2 K.White	9.48	
M75	1 R.Grigg	7.54	
M85	1 T.Vickers	7.05	