

**RESULTS****Q.M.A. 20/11/06 MONDAY S.A.F.****LADIES:****100 METRES**

W35	1	M.Edwards	15.7
W40	1	J.Brimms	12.6
	2	T.Plail	17.7
W55	1	K.Rourke	16.0

**200 METRES**

W35	1	M.Edwards	32.8
W40	1	J.Brimms	26.2
	2	T.Plail	38.7
W55	1	W.Perkins	32.6

**400 METRES**

W35	1	M.Edwards	79.2
W40	1	J.Brimms	63.2

**1500 METRES**

W35	1	S.Sara	6.02.7
W45	1	M.Sheer	5.17.1

**10,000m TRACK WALK**

W60	1	N.McKinven	74.24.5
W75	1	C.Dauphinnet	74.27.5

**TRIPLE JUMP**

W55	1	K.Rourke	7.04
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**4 x 1500m RELAY**

W50	Jeanette Flynn		
	Fay McNeill		
	Jean Hampson		
	Betty Menzies	23.24.5	ARp

**MEN****100 METRES**

M30	1	B.Maye	12.1
	2	P.Moran	13.5
M40	1	D.Chique	12.6

M45	1	P.Edwards	12.9
	2	G.Denman	13.2

M50	1	J.Furlong	13.1
	2	R.Hayes	15.2

M55	1	D.Lloyd	12.9
M60	1	J.Wight	12.6

	2	C.Buyers	13.6
	3	J.Moroney	14.5

M65	1	J.Cooper	13.2
	2	I.Rogers	16.9

M70	1	H.Coogan	14.1
M75	1	R.Grigg	17.8

M80	1	M.Dauphinnet	17.2
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**200 METRES**

M30	1	B.Maye	24.9
	2	P.Moran	27.8

M40	1	D.Chique	25.8
M45	1	N.Mansell	25.2

vis

	1	P.Edwards	26.0
M50	1	B.Grayson	27.4

M55	1	D.Lloyd	30.9
M60	1	J.Wight	26.1

	2	C.Buyers	27.0
	3	J.Moroney	30.7

	4	A.McGill	35.8
M65	1	J.Cooper	27.7

	2	I.Rogers	35.1
M70	1	H.Coogan	28.5

**400 METRES**

M30	1	P.Moran	61.9
M40	1	D.Chique	57.9

M45	1	P.Edwards	58.4
		N.Mansell	64.0

vis

M60	1	C.Buyers	61.9
M65	1	J.Cooper	68.5

M70	1	H.Coogan	65.4
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**1500 METRES**

M50	1	P.Marshall	5.15.3
M55	1	J.Sheer	5.49.3

	2	D.Stapleton	6.13.9
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**10,000m TRACK WALK**

M40	1	A.Ludwig	54.56.3
M55	1	B.Coleman	65.23.1

M60	1	P.Anderson	65.32.5
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**LONG TRIPLE**

M55	1	A.Cameron	4.34
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**HIGH JUMP**

M30	1	P.Jones	1.65
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M60	1	P.Kennedy	1.40
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M75	1	R.Grigg	1.00
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**JAVELIN THROW**

M35	1	A.White	39.33
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M40	1	D.Dunn	24.55
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M55	1	D.Stapleton	26.39
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M60	1	P.Kennedy	25.58
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M70	1	C.Beesley	30.75
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M75	1	R.Grigg	12.22
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M80	1	M.Dauphinnet	20.03
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**SHOT PUT**

M35	1	A.White	10.84
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M60	1	P.Kennedy	10.16
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M70	1	C.Beesley	11.97
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**4 x 800m RELAY**

M50	Bob Grayson		
	Bruce Bodsworth		
	Terry Dauphinnet		
	Peter Hawes	9.14.4	ARp