

**22/10/06 4KM CROSS COUNTRY
CHAMPIONSHIPS ASHGROVE**

LADIES:

W35	1	Anita Fisher	27.04.3
W40	1	H.Wichers	15.40.8
W60	1	J.Hampson	25.04.0

MEN:

M35	1	D.Hill	13.48.7
	2	B.Hill	15.27.3
M40	1	A.Clowes	14.49.0
M50	1	R.Peters	14.00.9
M55	1	R.Adams	19.01.0
	2	D.Dunstan	24.55.0
M65	1	I.Rogers	27.36.1