

RESULTS Q.M.A. 30/09/06 SATURDAY STATE ATHLETIC FACILITY

LADIES

60 METRES

| | | | |
|-----|---|------------|------|
| W35 | 1 | A.Fisher | 8.8 |
| W40 | 1 | J.Brimms | 8.1 |
| | 2 | L.Crouch | 8.3 |
| W45 | 1 | J.Pryor | 8.6 |
| W50 | 1 | D.Daley | 11.7 |
| W55 | 1 | W.Perkins | 9.2 |
| | 2 | K.Rourke | 10.2 |
| | 3 | P.Waters | 10.2 |
| W60 | 1 | J.Hampson | 11.0 |
| W65 | 1 | A.Horsnell | 10.0 |
| | 2 | J.Bevis | 10.9 |
| W70 | 1 | S.Abrahams | 17.2 |

100 METRES

| | | | |
|-----|---|------------|------|
| W40 | 1 | J.Brimms | 12.8 |
| | 2 | L.Crouch | 13.5 |
| W45 | 1 | J.Pryor | 13.9 |
| W55 | 1 | K.Rourke | 16.2 |
| | 2 | P.Waters | 16.5 |
| W60 | 1 | J.Hampson | 17.9 |
| W65 | 1 | A.Horsnell | 16.2 |
| | 2 | J.Bevis | 18.4 |
| W70 | 1 | S.Abrahams | 30.7 |

200 METRES

| | | | | |
|-----|---|------------|------|-----|
| W30 | | M.Smith | 31.6 | vis |
| W40 | 1 | J.Brimms | 26.1 | |
| W55 | 1 | K.Rourke | 35.4 | |
| W65 | 1 | A.Horsnell | 34.0 | |
| W70 | 1 | S.Abrahams | 71.2 | |

300 METRES

| | | | | |
|-----|---|----------|------|-----|
| W30 | | M.Smith | 51.4 | vis |
| W40 | 1 | L.Crouch | 45.1 | |
| | 2 | J.Brimms | 45.1 | |
| W45 | 1 | J.Pryor | 45.1 | |

800 METRES

| | | | |
|-----|---|-----------|--------|
| W60 | 1 | B.Menzies | 2.50.5 |
| | 2 | J.Hampson | 3.16.7 |

80m HURDLES

| | | | |
|-----|---|-----------|------|
| W45 | 1 | J.Pryor | 13.4 |
| W55 | 1 | W.Perkins | 15.3 |

10,000 METRES

| | | | |
|-----|---|-------------|---------|
| W40 | 1 | H.Wichers | 41.42.1 |
| | 2 | L.Watson | 45.21.5 |
| | 3 | S.Cockcroft | 58.21.5 |

10,000M TRACK WALK

| | | | |
|-----|---|--------------|---------|
| W50 | 1 | L.Woodward | 70.35.8 |
| W60 | 1 | S.Lynch | 67.05.0 |
| | 2 | N.McKinven | 73.50.0 |
| W75 | 1 | C.Dauphinnet | 75.20.2 |

LONG JUMP

| | | | |
|-----|---|-------------|------|
| W35 | 1 | K.Mears | 3.75 |
| | 2 | R.Zimmerman | 3.58 |
| W40 | 1 | L.Crouch | 4.89 |
| W45 | 1 | J.Pryor | 4.70 |
| W55 | 1 | W.Perkins | 3.85 |
| | 2 | P.Waters | 3.45 |
| | 3 | K.Rourke | 2.95 |
| W65 | 1 | J.Bevis | 2.97 |

TRIPLE JUMP

| | | | |
|-----|---|----------|------|
| W55 | 1 | K.Rourke | 6.79 |
|-----|---|----------|------|

HIGH JUMP

| | | | |
|-----|---|-------------|------|
| W35 | 1 | R.Zimmerman | 1.35 |
| W55 | 1 | P.Waters | 1.25 |

POLE VAULT

| | | | |
|-----|---|--------|------|
| W45 | 1 | P.Kwok | 2.00 |
|-----|---|--------|------|

JAVELIN THROW

| | | | |
|-----|---|-------------|-------|
| W35 | 1 | K.Mears | 23.53 |
| | 2 | R.Zimmerman | 21.45 |
| W40 | 1 | L.Crouch | 22.98 |
| W45 | 1 | P.Kwok | 19.65 |
| W50 | 1 | N.Avery | 11.71 |
| W55 | 1 | P.Waters | 22.25 |
| | 2 | W.Perkins | 22.00 |
| W60 | 1 | L.Birtwell | 14.85 |
| W65 | 1 | J.Bevis | 12.65 |
| W70 | 1 | H.Doherty | 21.14 |

HAMMER THROW

| | | | |
|-----|---|------------|-------|
| W50 | 1 | N.Avery | 18.52 |
| W60 | 1 | L.Birtwell | 21.84 |
| W70 | 1 | H.Doherty | 20.97 |

WEIGHT THROW

| | | | |
|-----|---|------------|------|
| W35 | 1 | K.Mears | 6.94 |
| W50 | 1 | N.Avery | 6.19 |
| W55 | 1 | W.Perkins | 8.19 |
| W60 | 1 | L.Birtwell | 9.36 |
| W70 | 1 | H.Doherty | 8.67 |

4 x 100M RELAY

| | | | |
|---|--|---------------|------|
| 1 | | N.Garvey Team | 57.7 |
| 2 | | J.Brimms Team | 60.1 |

MEN

60 METRES

| | | | |
|-----|---|--------------|----------|
| M30 | 1 | G.Convery | 7.2 |
| M45 | 1 | W.Nock | 7.3 |
| | 2 | B.Valentine | 7.7 |
| M50 | 1 | J.Begley | 7.9 |
| | 2 | J.Furlong | 8.0 |
| | 3 | I.Malouf | 8.6 |
| M55 | 1 | P.Chaplain | 8.6 |
| | 2 | N.Viney | 8.6 |
| | 3 | V.Jermacans | 9.1 |
| M60 | 1 | J.Wight | 7.7eqQBP |
| | 2 | C.Buyers | 8.4 |
| | 3 | H.Giles | 8.6 |
| | 4 | J.Moroney | 9.0 |
| W65 | 1 | J.Cooper | 8.5 |
| W70 | 1 | H.Coogan | 8.8 |
| | 2 | N.Garvey | 9.5 |
| M75 | 1 | H.Thomsen | 10.0 |
| M80 | 1 | M.Dauphinnet | 10.7 |

100 METRES

| | | | |
|-----|---|--------------|------|
| M30 | 1 | G.Convery | 11.6 |
| M45 | 1 | W.Nock | 12.1 |
| M50 | 1 | J.Furlong | 12.8 |
| | 2 | J.Begley | 12.8 |
| | 3 | I.Malouf | 13.5 |
| M55 | 1 | P.Chaplain | 13.5 |
| M60 | 1 | J.Wight | 12.5 |
| | 2 | C.Buyers | 13.1 |
| | 3 | J.Moroney | 14.5 |
| | 4 | R.Dominish | 16.8 |
| M65 | 1 | J.Cooper | 13.2 |
| | 2 | S.Herft | 15.8 |
| | | P.Wentt | 16.8 |
| M70 | 1 | H.Coogan | 14.2 |
| | 2 | N.Garvey | 15.3 |
| M75 | 1 | H.Thomsen | 16.7 |
| M80 | 1 | M.Dauphinnet | 17.4 |

200 METRES

| | | | |
|-----|---|--------------|------|
| M40 | 1 | M.Konemann | 27.6 |
| M45 | 1 | W.Nock | 25.5 |
| M50 | 1 | J.Furlong | 26.4 |
| | 2 | I.Malouf | 28.0 |
| M55 | 1 | P.Chaplain | 28.3 |
| | 2 | V.Jermacans | 29.2 |
| M60 | 1 | J.Wight | 26.2 |
| | 2 | C.Buyers | 26.6 |
| | 3 | J.Moroney | 31.1 |
| | 4 | R.Dominish | 33.9 |
| M65 | 1 | J.Cooper | 27.7 |
| | 2 | B.Welbourne | 31.8 |
| M70 | 1 | H.Coogan | 29.0 |
| | 2 | N.Garvey | 32.0 |
| M75 | 1 | H.Thomsen | 35.9 |
| M80 | 1 | M.Dauphinnet | 38.0 |

300 METRES

| | | | |
|-----|---|------------|------|
| M50 | 1 | I.Malouf | 46.8 |
| M55 | 1 | J.Collie | 46.5 |
| | 2 | P.Chaplain | 47.0 |
| M60 | 1 | C.Buyers | 43.2 |
| | 2 | J.Wight | 43.8 |
| | 3 | D.Burt | 47.4 |
| M65 | 1 | J.Cooper | 46.0 |

| | | | |
|-----|---|----------|------|
| M70 | 1 | H.Coogan | 45.7 |
| | 2 | N.Garvey | 53.2 |

800 METRES

| | | | |
|-----|---|-------------|--------|
| M35 | 1 | D.Hill | 2.02.5 |
| M40 | 1 | M.Konemann | 2.14.9 |
| M55 | 1 | B.Bodsworth | 2.24.3 |
| | 2 | J.Collie | 2.27.9 |
| M60 | 1 | D.Burt | 2.42.0 |
| | 2 | B.McGaffin | 2.52.1 |
| M65 | 1 | B.Morling | 2.38.6 |
| | | P.Wentt | 3.01.9 |
| M80 | 1 | N.Pearce | 3.30.1 |

100M HURDLES

| | | | |
|-----|---|------------|------|
| M60 | 1 | H.Giles | 16.7 |
| | 2 | R.Dominish | 26.0 |

DISCOUNT HURDLES

| | | | |
|-----|---|------------|------|
| M55 | 1 | M.Lafferty | 20.8 |
|-----|---|------------|------|

10,000 METRES

| | | | |
|-----|---|--------------|-------------|
| M35 | 1 | M.Farmer | 52.37.5 |
| M45 | 1 | R.Pilkington | 42.37.8 ACT |
| M50 | 1 | R.Peters | 36.20.6 |
| M60 | 1 | E.Egan | 49.05.3 |

10,000M TRACK WALK

| | | | |
|-----|---|-----------|---------|
| M40 | 1 | I.Jimenez | 56.39.7 |
| M50 | 1 | P.Bennett | 53.50.6 |
| M55 | 1 | B.Coleman | 62.10.1 |
| M65 | 1 | P.Sela | 67.09.5 |
| M75 | 1 | R.Lynch | 71.27.3 |

LONG JUMP

| | | | |
|-----|---|------------|------|
| M30 | 1 | G.Convery | 5.95 |
| M60 | 1 | R.Dominish | 2.52 |
| M65 | 1 | S.Herft | 4.20 |
| | | P.Wentt | 3.09 |

TRIPLE JUMP

| | | | |
|-----|---|------------|------|
| M60 | 1 | R.Dominish | 7.07 |
| M65 | 1 | S.Herft | 9.24 |
| | | P.Wentt | 6.15 |

HIGH JUMP

| | | | |
|-----|---|-------------|------|
| M35 | 1 | R.Franke | 1.60 |
| M45 | 1 | J.Watts | 1.60 |
| M55 | 1 | V.Jermacans | 1.20 |
| M65 | 1 | S.Herft | 1.25 |
| | | P.Wentt | 1.20 |

POLE VAULT

| | | | |
|-----|---|---------|------|
| M55 | 1 | N.Viney | 2.80 |
|-----|---|---------|------|

JAVELIN THROW

| | | | |
|-----|---|--------------|-------|
| M35 | 1 | A.White | 38.67 |
| | | R.Norris | 33.22 |
| | 2 | R.Franke | 31.90 |
| M55 | 1 | B.Bodsworth | 33.53 |
| | 2 | N.Viney | 28.00 |
| | 3 | V.Jermacans | 25.82 |
| M60 | 1 | R.Dominish | 20.46 |
| M65 | 1 | S.Herft | 33.11 |
| | 2 | M.Katmadas | 25.15 |
| | | P.Wentt | 18.41 |
| M70 | 1 | A.Ropelin | 26.76 |
| M80 | 1 | M.Dauphinnet | 19.86 |
| M85 | 1 | T.Vickers | 12.37 |

HAMMER THROW

| | | | |
|-----|---|------------|-------|
| M35 | 1 | A.White | 36.96 |
| M50 | 1 | B.Wagner | 52.08 |
| M55 | 1 | M.Lafferty | 31.44 |
| M60 | 1 | D.Quinn | 35.10 |
| M65 | 1 | M.Katmadas | 29.77 |
| M70 | 1 | A.Ropelin | 26.57 |
| M85 | 1 | T.Vickers | 15.01 |

WEIGHT THROW

| | | | |
|-----|---|------------|-------|
| M35 | 1 | A.White | 11.32 |
| M50 | 1 | B.Wagner | 19.17 |
| M55 | 1 | M.Lafferty | 10.41 |
| M60 | 1 | D.Quinn | 11.44 |
| M65 | 1 | M.Katmadas | 11.40 |
| M70 | 1 | A.Ropelin | 11.27 |
| M85 | 1 | T.Vickers | 6.96 |

QR