

# Q.M.A. 29/10/05 SATURDAY STATE ATHLETIC CENTRE

## LADIES

### 60 METRES

W30	1	J.Schubert	9.1
	2	R.Michael	9.3
	3	M.Cruice	9.6
W35	1	J.Brimms	7.9
	2	A.Fisher	8.8
	3	M.Edwards	9.9
W40	1	K.Lakin	9.4
	2	J.Walklate	9.4
W45	1	P.Kwok	9.1
W50	1	K.Rourke	9.6
	2	M.D'Alessandro	10.0
W55	1	W.Perkins	9.2

### 100 METRES

W30	1	J.Schubert	14.8
	2	M.Cruice	15.6
W35	1	J.Brimms	12.6
	2	A.Fisher	14.4
	3	M.Edwards	16.1
W40	1	J.Walklate	15.0
	2	K.Lakin	15.1
W45	1	P.Kwok	14.8
	2	M.Schafer	16.5
W50	1	K.Rourke	15.7
W55	1	W.Perkins	14.7

### 300 METRES

W30	1	J.Schubert	48.1
W35	1	J.Brimms	42.3
	2	P.Prasad	50.1
	3	M.Edwards	54.7
W40	1	K.Lakin	48.5
W45	1	J.Kirby	48.7
W55	1	I.Davey	57.3

### SPRINT HURDLES

W45	1	P.Kwok	15.67
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### SPRINT HURDLES - DISCOUNT

W30		S.Smith	14.12	vis
W35	1	J.Brimms	12.99	
W40	1	J.Walklate	16.61	
W55	1	W.Perkins	14.48	

### 3000 METRES

W35	1	A.Fisher	17.27.3
W40	1	L.Watson	12.10.4
	2	S.Cockcroft	13.05.9
W55	1	I.Davey	14.34.9

### 3000M TRACK WALK

W60	1	N.McKinven	20.40.9
W70	1	C.Dauphinnet	21.30.0

### LONG JUMP

W30	1	M.Cruice	3.77
W35	1	J.Brimms	4.75
W50	1	K.Rourke	3.34
	2	N.Avery	2.86

### TRIPLE JUMP

W50	1	K.Rourke	7.32
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### HIGH JUMP

W35	1	J.Brimms	1.35
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### JAVELIN THROW

W30	1	M.Cruice	21.77	
W35	1	P.Prasad	23.71	
		J.Lawrence	12.93	vis
W40	1	J.Walklate	20.97	
W45	1	M.Schafer	29.95	QR
W50	1	K.Rourke	17.17	
	2	N.Avery	13.09	
W55	1	W.Perkins	21.78	
W70	1	H.Doherty	23.05	

### SHOT PUT

W30	1	R.Michael	8.49	
W35		J.Lawrence	4.21	vis
W40	1	J.Walklate	9.45	
W45	1	M.Schafer	9.84	

W50	1	N.Avery	5.45
W55	1	W.Perkins	9.04
W65	1	H.Searle	10.42
W70	1	H.Doherty	7.75
W95	1	R.Frith	4.86

### WEIGHT THROW

W30	1	M.Cruice	7.63	
	2	R.Michael	6.95	
W35		J.Lawrence	5.56	vis
W40	1	J.Walklate	8.01	
W50	1	N.Avery	6.76	
W65	1	H.Searle	14.75	
W70	1	H.Doherty	9.57	
W95	1	R.Frith	5.88	

## MEN

### 60 METRES

M35	1	J.Gann	7.7	
	2	D.Leon	8.0	
	3	S.Lawrence	8.4	
		S.Georges	7.8	vis

### M40

1	T.McLaren	7.8	
2	P.Lockington	8.0	
3	G.Denman	8.1	
4	P.Pickwick	8.2	
5	M.Konemann	8.4	
	S.Semla	9.1	vis

### M45

1	B.Valentine	9.0
2	C.Elliott	9.1

### M50

1	J.Begley	7.9
2	T.Collins	8.4
3	I.Malouf	8.7

### M55

1	W.Cousins	8.1
2	G.Cox	8.6
3	N.Viney	8.7
4	W.Spalding	10.4

### M60

1	C.Buyers	8.0
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### M65

1	A.Lakin	9.6
2	I.Rogers	10.9

### M70

1	H.Coogan	8.4	QBP
2	N.Garvey	9.8	

### M75

1	M.Dauphinnet	10.3
2	R.Grigg	11.5

### 100 METRES

M35		H.Georges	12.3	
	1	J.Gan	12.5	
	2	D.Leon	12.8	
M40	1	T.McLaren	12.1	
	2	G.Denman	12.8	
	3	P.Lockington	12.9	
	4	P.Pickwick	13.2	
	5	M.Konemann	13.4	
		S.Semla	14.1	vis

### M45

1	P.Edwards	12.7
2	B.Valentine	14.1
3	C.Elliott	14.3

### M50

1	J.Begley	12.6
2	T.Collins	13.5
3	I.Malouf	14.1

### M55

1	W.Cousins	12.9
2	G.Cox	13.6
3	N.Viney	14.0

### M60

1	C.Buyers	12.8
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### M65

1	A.Lakin	15.0
2	I.Rogers	17.5

### M70

1	H.Coogan	13.6
2	N.Garvey	15.6

### M75

1	M.Dauphinnet	16.8
2	R.Grigg	19.6

### 300 METRES

M35	1	J.Gan	39.9
	2	D.Leon	41.9
	3	S.Lawrence	45.8

M40	1	G.Denman	39.7
	2	T.McLaren	40.6
	3	M.Konemann	42.4
	4	R.Gibson	43.2
	5	L.Manz	43.5
	6	P.Pickwick	44.2
	7	I.Jimenez	48.1
	8	S.Lincez	52.8

### M45

1	P.Edwards	39.5
2	P.Marshall	43.7
3	C.Elliott	59.8

### M50

1	J.Begley	41.5
2	B.Grayson	43.8

### M55

1	N.Viney	48.7
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### M60

1	C.Buyers	40.5	
2	D.Burt	45.6	
M65	1	A.Lakin	51.3

### M70

1	H.Coogan	43.6	QBP
2	N.Garvey	52.8	

### M75

1	M.Dauphinnet	60.4
2	R.Grigg	75.3

### 1500 METRES

M30	1	M.Crutchter	4.55.7
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M35	1	J.Gan	5.24.3
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M40	1	K.Christison	6.06.2
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M50		P.Gray	6.55.5	vis
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### SPRINT HURDLES

M30	1	W.Evans	15.4
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### SPRINT HURDLES - DISCOUNT

M45	1	P.Marshall	14.5
	2	C.Elliott	17.0

M55	1	M.Lafferty	20.2
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### 2KM STEEPLECHASE

M40		S.Lincez	8.59.7
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M60	1	E.Egan	9.46.7
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### 3KM STEEPLECHASE

M45	1	L.Jordan	13.21.6
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### 3000 METRES

M35	1	M.Farmer	12.39.8
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		A.Pearce	10.03.0	vis
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M40	1	J.Backen	10.30.3
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		D.Sweeney	10.01.9	vis
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M45	1	I.Kent	9.59.3
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	2	G.Bongioletti	10.27.2
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M50	1	B.Bodsworth	12.34.4
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M55	1	J.Sheer	12.13.7
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M60	1	B.McGaffin	12.38.2
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M80	1	N.Pearce	16.06.2	ur
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### 3000M TRACK WALK

M40	1	I.Jimenez	14.50.1
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M45	1	P.Bennett	14.44.9
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	2	B.Valentine	23.18.9
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M50	1	B.Coleman	17.41.9
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M65	1	P.Sela	18.06.2	QR
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### LONG JUMP

M35	1	S.Lawrence	4.63
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M40	1	T.McLaren	5.60
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M45	1	B.Schafer	4.33
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M50	1	T.Collins	4.96
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M55	1	N.Viney	4.45
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M65	1	S.Herft	4.57
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M75	1	R.Grigg	2.78
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### TRIPLE JUMP

M40	1	T.McLaren	10.72
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M45	1	B.Schafer	9.41
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M50	1	T.Collins	10.06
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M65	1	S.Herft	9.37
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M75	1	R.Grigg	5.66
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### HIGH JUMP

M35	1	J.Gan	1.50
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	2	S.Lawrence	1.40
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	3	D.Leon	1.20
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M40	1	T.McLaren	1.65
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2	J.Watts	1.60
3	M.Konemann	1.50
M45	1 B.Schafer	1.30
	1 C.Elliott	1.30
M75	1 R.Grigg	1.05

**JAVELIN THROW**

M35	1 j.Gan	54.18	
	2 S.Lawrence	36.18	
	3 D.Leon	28.61	
M40	1 T.McLaren	36.99	
	2 M.Konemann	30.18	
	S.Semla	36.09	vis
M45	1 G.Davis	28.09	
	2 C.Elliott	24.54	
M50	1 B.Bodsworth	33.78	
M60	1 P.Clark	30.01	
M65	1 S.Herft	33.96	
	2 I.Rogers	16.14	
M70	1 A.Ropelin	30.22	
M75	1 M.Dauphinet	20.99	
	2 R.Grigg	12.99	
M85	1 T.Vickers	12.85	

**SHOT PUT**

M35	1 J.Gan	10.64	
	2 S.Lawrence	8.86	
	3 D.Leon	7.24	
M40	1 T.McLaren	8.45	
	2 M.Konemann	7.41	
	S.Semca	9.49	vis
M45	1 C.Elliott	7.10	
M50	1 P.Teys	11.03	
M55	1 M.Lafferty	8.06	
	2 N.Viney	7.43	
M60	1 P.Clark	11.47	
M65	1 A.Lakin	8.12	
M70	1 A.Ropelin	11.16	
M75	1 R.Grigg	6.98	
	2 M.Dauphinet	6.68	
M85	1 T.Vickers	5.51	

**WEIGHT THROW**

M55	1 M.Lafferty	9.63
M60	1 P.Clark	11.00
M70	1 A.Ropelin	11.22
M75	1 R.Grigg	6.91
M85	1 T.Vickers	6.74

**4x100M RELAY**

Team 1	J.Brimms	
	C.Buyers	
	H.Coogan	
	G.Denman	50.67
Team 2	T.McLaren	
	P.Gray	
	D.Burt	
	K.Rourke	58.09
Team 3	P.Prasad	
	J.Kirby	
	K.Lakin	
	P.Kwok	58.30