

Q.M.A. 01/10/05 SATURDAY STATE ATHLETIC CENTRE E.T.

LADIES

60 METRES			
W30	R.Michael	9.95	Vis
W40	1 T.Barr	9.14	
	2 K.Lakin	9.74	
W45	1 P.Kwok	9.24	
	2 M.Schafer	10.30	
W50	1 M.D'Alessandro	10.36	
	2 M.Burley	11.29	
W55	1 W.Perkins	9.29	
	2 H.McDonnell	10.13	
	3 P.Waters	10.23	
W60	R.Johnson	10.83	Act
100 METRES			
W30	R.Michael	16.74	Vis
W40	1 T.Barr	15.10	
	2 K.Lakin	15.70	
W45	1 P.Kwok	15.08	
	2 M.Schafer	16.92	
W50	1 M.D'Alessandro	17.22	
W55	1 W.Perkins	14.83	
	2 H.McDonnell	16.15	
	3 P.Waters	16.77	
W60	1 R.Johnson	18.02	Act
200 METRES			
W40	1 K.Lakin	31.48	
	2 J.Kirby	31.91	
	3 T.Barr	32.69	
W45	1 M.Schafer	41.58	
W55	1 H.McDonnell	32.55	
	2 I.Davey	37.01	
W60	1 R.Johnson	37.63	Act
800 METRES			
W30	J.Reid	2.41.25	Vis
W35	1 S.Cockcroft	2.44.77	
W40	1 J.Kirby	3.14.67	
W45	1 M.Schafer	4.15.06	
80M HURDLES			
W45	1 P.Kwok	15.72	
W55	1 W.Perkins	14.87	
	2 H.McDonnell	17.79	
3000 METRES			
W30	J.Reid	11.48.78	Vis
W40	1 G.Banaghan	10.55.50	
	L.Watson	12.31.34	Vis
W55	1 I.Davey	14.07.79	
W60	1 B.Menzies	12.41.30	
3000M TRACK WALK			
W50	1 L.Woodward	19.57.02	
W60	1 S.Lynch	19.09.37	
	2 N.McKinven	19.57.10	
W70	1 C.Dauphinnet	20.47.73	
LONG JUMP			
W30	R.Michael	3.13	Vis
W35	1 K.Mears	4.04	pb
W55	1 P.Waters	3.33	
W60	R.Johnson	3.06	Act
TRIPLE JUMP			
W60	R.Johnson	6.60	Act
HIGH JUMP			
W55	1 P.Waters	1.25	
	2 W.Perkins	1.25	
JAVELIN			
W30	1 J.Lockington	18.44	
W45	1 M.Schafer	28.65	
	2 P.Kwok	23.09	
W50	1 N.Avery	15.70	
W55	1 W.Perkins	23.58	
	2 P.Waters	22.47	
W60	1 L.Birtwell	16.46	

W65	1 G.White	10.53	
W70	1 H.Doherty	22.18	
DISCUS			
W30	1 J.Lockington	16.79	
W35	1 K.Mears	24.94	
W45	1 M.Schafer	26.91	
W50	1 N.Avery	14.31	
W60	1 L.Birtwell	22.60	
W65	1 G.White	13.23	
W70	1 H.Doherty	25.27	
WEIGHT THROW			
W30	1 J.Lockington	8.84	
W35	1 K.Mears	7.89	
W50	1 N.Avery	8.16	pb
W60	1 L.Birtwell	9.82	
W65	1 G.White	7.07	
W70	1 H.Doherty	9.88	

MEN

60 METRES			
M30	S.Ryan	9.16	vis
M35	1 C.Watson	8.00	
	2 M.Konemann	8.92	
M40	1 P.Pickwick	8.31	
M45	1 H.Bristow	8.05	
	2 B.Valentine	9.14	
M50	1 J.Begley	8.09	
	2 J.Furlong	8.31	
	3 N.Manefield	9.07	
	4 C.King	9.09	
	5 I.Malouf	9.12	
M55	1 N.Viney	8.88	
	2 W.Spalding	9.55	
	3 C.Williams	9.66	
M60	1 C.Buyers	8.41	
M65	1 L.Nicol	8.92	
	2 A.Lakin	9.99	
	3 I.Rogers	10.97	
M70	1 H.Coogan	8.84	QR
M75	1 M.Dauphinnet	11.02	
	2 R.Grigg	12.35	
100 METRES			
M35	1 C.Watson	12.51	
	2 J.Croft	12.99	
	3 M.Konemann	14.01	
M40	1 P.Pickwick	13.54	
	2 R.Gibson	14.11	
	3 J.Watts	15.56	
M45	1 H.Bristow	12.90	
	2 B.Valentine	14.96	
M50	1 C.King	12.77	
	2 J.Begley	12.94	
	3 P.Drewe	13.41	
	4 J.Furlong	13.91	
	5 I.Malouf	14.30	
	6 N.Manefield	14.76	
M55	1 N.Viney	14.43	
	2 W.Spalding	15.05	
M60	1 C.Buyers	13.18	
M65	1 L.Nicol	14.30	
	2 S.Herft	15.70	
	3 A.Lakin	15.73	
	4 I.Rogers	17.98	
M70	1 H.Coogan	14.15	
M75	1 M.Dauphinnet	17.99	
	2 R.Grigg	20.65	
200 METRES			
M30	1 J.Waters	28.45	
M40	1 R.Gibson	28.67	
M45	1 P.Edwards	26.38	

	2 P.Marshall	29.00	
M50	1 C.King	26.16	
	2 J.Begley	26.79	
	3 P.Drewe	27.69	
	4 I.Malouf	29.42	
M55	1 N.Viney	29.42	
	2 W.Spalding	31.42	
M60	1 C.Buyers	26.73	
M65	1 A.Lakin	32.04	
	2 L.Nicol	37.68	
M70	1 H.Coogan	28.68	
M75	1 M.Dauphinnet	39.39	
800 METRES			
M30	1 M.Crutcher	2.23.66	
	2 S.Mathews	2.33.08	
M35	D.Fitzgerald	2.12.15	vis
	1 J.Croft	2.14.96	
	2 J.Gan	2.15.42	
	R.Rankin	2.51.10	vis
M40	1 L.Manz	2.44.95	
M45	1 P.Dickson	2.17.79	
	2 P.Marshall	2.25.34	
M50	P.Coglan	2.38.45	vis
M60	1 D.Burt	2.40.18	
	2 E.Egan	2.58.54	
SPRINT HURDLES			
M55	1 M.Lafferty	23.14	
M60	1 H.Giles	17.14	
2KM STEEPLECHASE			
M45	1 L.Jordan	8.30.89	
	J.Morton	8.00.63	Act
3000 METRES			
M30	1 M.Crutcher	10.49.38	
M35	D.Fitzgerald	9.16.28	vis
	1 M.Konemann	10.30.82	
M45	1 N.Sisson	10.26.02	
	2 P.Dickson	10.49.85	
M50	1 J.Woolley	11.32.85	
M60	1 R.Vines	11.58.97	
	2 B.McGaffin	12.46.09	
M75	1 N.Pearce	16.43.04	
3000M TRACK WALK			
M40	1 I.Jimenez	15.31.77	
M75	1 R.Lynch	19.08.71	
	2 R.Grigg	24.13.79	
LONG JUMP			
M30	S.Ryan	4.92	
M35	1 J.Croft	4.55	
M40	1 J.Watts	4.35	
M55	1 N.Viney	4.39	
M65	1 S.Herft	4.47	
	2 L.Nicol	4.40	
M75	1 R.Grigg	2.52	
TRIPLE JUMP			
M30	1 J.Waters	10.17	
M35	1 J.Croft	10.28	
M40	1 J.Watts	7.40	
M55	1 N.Viney	9.41	
M65	1 S.Herft	9.25	
	2 L.Nicol	9.25	
M75	1 R.Grigg	5.49	
HIGH JUMP			
M30	1 J.Waters	1.80	
M35	1 M.Konemann	1.55	
M60	1 B.Prideaux	1.35	
M65	1 S.Herft	1.25	
M75	1 R.Grigg	1.05	
JAVELIN			
M35	1 J.Gan	55.86	
	2 M.Konemann	28.30	

M40	1	P.Lockington	28.89
M60	1	P.Clark	28.55
	2	D.Quinn	25.55
M65	1	S.Herft	33.02
	2	I.Rogers	15.35
M70	1	A.Ropelin	28.81
M75	1	M.Dauphinet	21.08
	2	R.Grigg	16.24
M85	1	T.Vickers	13.31

DISCUS

M30	1	J.Waters	36.25
M35	1	J.Gan	31.93
	2	M.Konemann	27.20
M40	1	P.Lonsdale	49.04
	2	W.Martell	42.50
M50	1	P.Teys	34.73
M55	1	M.Lafferty	22.07
M60	1	P.Clark	41.25
	2	D.Quinn	36.17
M65	1	A.Lakin	22.51
M70	1	A.Ropelin	27.84
M75	1	M.Dauphinet	23.37
	2	R.Grigg	19.61
M85	1	T.Vickers	15.86

WEIGHT THROW

M40	1	P.Lonsdale	13.68
	2	W.Martell	11.29
M45	1	B.Wagner	14.90
M50	1	P.Teys	8.67
M55	1	M.Lafferty	9.06
M60	1	P.Clark	12.24
	2	D.Quinn	10.24
M70	1	A.Ropelin	12.28
M75	1	R.Grigg	7.31
M85	1	T.Vickers	6.43