

# Q.M.A. 19/11/05 SATURDAY STATE ATHLETIC CENTRE

## LADIES

### 60 METRES

W30	1	S.Smith	8.8
	2	J.Schubert	8.9
	3	R.Michael	9.0
W35	1	J.Brimms	8.1
	2	S.Bissett	8.8
	3	K.Mears	9.4
W55	1	H.McDonnell	9.7
W60	1	J.Bevis	12.1

### 100 METRES

W30	1	J.Schubert	14.5
	2	R.Michael	14.7
	3	S.Smith	15.2
W35	1	J.Brimms	12.4
	2	S.Bissett	14.1
W45	1	S.Schafer	16.5
W55	1	W.Perkins	14.8
	2	H.McDonnell	15.5

### 200 METRES

W30	1	J.Schubert	31.1
W35	1	J.Brimms	26.8
W55	1	H.McDonnell	32.0
	2	I.Davey	36.8

### 400 METRES

W30	1	J.Schubert	69.0
W45	1	S.Schafer	94.7

### 800 METRES

W30	1	J.Schubert	2.45.9
W35	1	J.Brimms	2.43.5
W40	1	K.Lakin	2.36.5
W45	1	J.Kirby	3.02.3
	2	S.Schafer	3.56.5
W55	1	I.Davey	3.16.3
W60	1	J.Hampson	3.18.5

### 400m/300m HURDLES

W35	1	J.Brimms	68.0
W55	1	W.Perkins	56.0

### DISCOUNT HURDLES

W30	1	S.Smith	56.0
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### 5000M TRACK WALK

W55	1	Y.Jarman	38.23.0
W60	1	N.McKinven	36.01.1
W70	1	C.Dauphinnet	36.24.4

### LONG JUMP

W30	1	R.Michael	3.31
W35	1	K.Mears	3.91
	2	J.Jones	3.90
W60	1	J.Bevis	2.27

### HIGH JUMP

W35	1	J.Jones	1.25
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### POLE VAULT

W45	1	P.Kwok	2.20
W55	1	W.Perkins	2.10

### JAVELIN THROW

W35	1	K.Mears	21.48
	2	J.Brimms	19.08
	3	J.Jones	16.35
W45	1	S.Schafer	28.61
W55	1	W.Perkins	22.07
W60	1	J.Bevis	11.44
W70	1	H.Doherty	23.78

### HAMMER THROW

W30	1	R.Michael	20.10
W35	1	J.Jones	17.83
W55	1	H.McDonnell	20.48
W65	1	H.Searle	35.29
W70	1	H.Doherty	22.28
W95	1	R.Frith	13.11

### WEIGHT THROW

W30	1	R.Michael	6.54
W35	1	K.Mears	7.15
	2	J.Jones	6.40

W65	1	H.Searle	13.88
W70	1	H.Doherty	10.00
W95	1	R.Frith	5.84

## MEN

### 60 METRES

M30	1	W.Evans	7.2
M35	1	J.Croft	7.5
	2	J.Gan	7.6
	3	S.Lawrence	8.2
M40	1	G.Denman	7.8
		H.Georges	7.8 vis
	2	P.Pickwick	8.0
	3	N.Chynoweth	8.3
	4	M.Konemann	8.5
	5	J.Backen	8.8
	6	S.Lincez	9.6
M45	1	H.Bristow	7.8
	2	K.Davis	8.5
	3	B.Valentine	9.5
M50	1	J.Begley	7.9
	2	J.Furlong	8.1
	3	J.Musters	8.6
M55	1	W.Cousins	7.8
	2	G.Cox	8.4
	3	N.Viney	8.4
	4	R.Milnes	9.3
	5	W.Spalding	9.5
M60	1	R.McDonald	8.2
M65	1	J.Cooper	8.7
	2	A.Lakin	9.6
	3	L.Nicol	10.2
M70	1	N.Garvey	9.5
M75	1	M.Dauphinnet	10.7
	2	R.Grigg	12.0

### 100 METRES

M30	1	W.Evans	11.5
M35	1	J.Croft	12.3
	2	J.Gan	12.3
	3	S.Lawrence	13.3
M40		H.Georges	12.3 vis
	1	G.Denman	12.9
	2	N.Chynoweth	12.9
	3	P.Pickwick	13.0
	4	M.Konemann	13.4
	5	J.Backen	14.1
	6	S.Lincez	15.1
M45	1	H.Bristow	12.5
	2	P.Edwards	12.9
	3	P.Marshall	13.6
	4	B.Valentine	13.9
M50	1	J.Begley	12.5
	2	J.Furlong	13.2
	3	J.Musters	14.0
M55	1	W.Cousins	12.5
	2	N.Viney	13.9
	3	W.Spalding	14.9
	4	R.Milnes	15.1
M60	1	R.McDonald	13.5
	2	H.Giles	13.8
M65	1	A.Lakin	15.2
	2	L.Nicol	16.7
M70	1	N.Garvey	15.0
M75	1	M.Dauphinnet	17.2
	2	R.Grigg	19.1

### 100 METRES

M30	1	W.Evans	11.5
M35	1	J.Croft	12.3
	2	J.Gan	12.3
	3	S.Lawrence	13.3
M40		H.Georges	12.3 vis
	1	G.Denman	12.9
	2	N.Chynoweth	12.9
	3	P.Pickwick	13.0
	4	M.Konemann	13.4
	5	J.Backen	14.1
	6	S.Lincez	15.1
M45	1	H.Bristow	12.5
	2	P.Edwards	12.9
	3	P.Marshall	13.6
	4	B.Valentine	13.9
M50	1	J.Begley	12.5
	2	J.Furlong	13.2
	3	J.Musters	14.0
M55	1	W.Cousins	12.5
	2	N.Viney	13.9
	3	W.Spalding	14.9
	4	R.Milnes	15.1
M60	1	R.McDonald	13.5
	2	H.Giles	13.8
M65	1	A.Lakin	15.2
	2	L.Nicol	16.7
M70	1	N.Garvey	15.0
M75	1	M.Dauphinnet	17.2
	2	R.Grigg	19.1

### 200 METRES

M30	1	M.Crutcher	27.7
M40	1	G.Denman	25.5
	2	N.Chynoweth	27.3
	3	P.Pickwick	27.7
	4	R.Gibson	28.2
	5	J.Backen	28.6
	6	S.Lincez	32.7

M45	1	P.Edwards	25.4
	2	B.Valentine	29.6
M50	1	J.Begley	26.3
	2	J.Furlong	26.9
	3	J.Musters	28.6
M55	1	P.Chaplain	28.6
	2	N.Viney	29.3
	3	R.Milnes	30.9
	4	W.Spalding	31.2
M60	1	R.McDonald	28.0
M65	1	J.Cooper	29.4
	2	A.Lakin	31.3
M70	1	N.Garvey	32.0
M75	1	R.Grigg	42.9

### 400 METRES

M35	1	J.Croft	58.0
M40	1	G.Denman	55.7
	2	R.Gibson	59.3
	3	J.Backen	63.6
	4	P.Pickwick	64.0
M45	1	P.Edwards	57.1
M50	1	J.Croft	74.8
M55	1	P.Chaplain	67.6
M60	1	J.Childs	64.5
M65	1	J.Cooper	76.0
M70	1	N.Garvey	76.0

### 800 METRES

M30	1	B.Whelan	2.08.9
	2	M.Crutcher	2.10.1
M35	1	J.Croft	2.15.3
	2	B.Dent	3.04.8
M40	1	M.Konemann	2.12.3
	2	J.Backen	2.20.9
	3	S.Lincez	2.47.6
M45	1	P.Dickson	2.11.6
M50	1	B.Grayson	2.25.4
M60	1	J.Childs	2.33.6
	2	B.McGaffin	2.44.7
	3	E.Egan	2.48.9

### 300m/400m HURDLES

M45	1	K.Davis	70.7
M60	1	H.Giles	47.8 QR

### LONG HURDLES - DISCOUNT

M45	1	P.Marshall	71.2
M55	1	M.Lafferty	1.34.9

### 5000 METRES

M30	1	B.Whelan	15.39.7
M35	1	P.Sherman	24.39.3
M40	1	D.Sweeney	17.23.8 vis
M45	1	M.Jones	18.37.6
M50		C.Guice	20.47.1
	1	B.Bodsworth	22.29.2
M60	1	R.Vines	20.49.9
M80	1	N.Pearce	28.41.0

### 5000M TRACK WALK

M40	1	I.Jimenez	24.50.2
M50	1	P.Bennett	24.50.8
	2	B.Coleman	29.57.5
M65	1	P.Sela	30.50.0 QR

### LONG JUMP

M35	1	J.Gan	5.78
	2	S.Lawrence	4.56
M50	1	A.Cameron	4.59
M55	1	N.Viney	4.58
M60	1	R.McDonald	4.00
M65	1	L.Nicol	4.06

### TRIPLE JUMP

M65	1	L.Nicol	9.35
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### HIGH JUMP

M30	1	J.Waters	1.80
M35	1	J.Gan	1.60
	2	S.Lawrence	1.50
M40	1	J.Watts	1.65

2	M.Konemann	1.50
M60	1 R.McDonald	1.50
M75	1 R.Grigg	1.05
<b><u>POLE VAULT</u></b>		
M35	1 S.Lawrence	3.00
M50	1 A.Cameron	2.80
	2 J.Furlong	1.75
<b><u>JAVELIN THROW</u></b>		
M35	1 J.Gan	54.80
	2 S.Lawrence	34.22
M40	1 J.Watts	33.70

M50	1 J.Furlong	22.80
M55	1 W.Spalding	31.40
	2 N.Viney	31.24
M60	1 D.Quinn	27.53
M70	1 A.Ropelin	27.90
M75	1 M.Dauphinat	19.29
	2 R.Grigg	13.95
M85	1 T.Vickers	13.09
<b><u>HAMMER THROW</u></b>		
M45	1 B.Wagner	48.05
M55	1 M.Lafferty	30.93

M60	1 D.Quinn	33.28
M70	1 A.Ropelin	25.69
M75	1 R.Grigg	19.82
M85	1 T.Vickers	14.03
<b><u>WEIGHT THROW</u></b>		
M45	1 B.Wagner	15.85
M55	1 M.Lafferty	9.90
M60	1 D.Quinn	12.41
M70	1 A.Ropelin	11.16
M75	1 R.Grigg	7.22
M85	1 T.Vickers	6.60