

Q.M.A. 04/11/05 FRIDAY STATE ATHLETIC CENTRE

LADIES

100 METRES

W35 1 J.Brimms 12.3

200 METRES

W35 1 J.Brimms 25.4

2 P.Prasad 31.0

W40 1 K.Lakin 31.8

W55 1 H.McDonnell 32.0

300 METRES

W30 1 J.Schubert 49.0

W35 1 J.Brimms 43.3

2 P.Prasad 53.0

1500 METRES

W60 1 J.Hampson 7.20.1

DISCUS THROW

W35 1 P.Prasad 22.39

2 J.Brimms 20.83

W65 1 G.White 12.40

W70 1 H.Doherty 23.22

SHOT PUT

W35 1 J.Brimms 7.61

W65 1 G.White 5.64

W70 1 H.Doherty 7.78

MEN

100 METRES

M30 1 S.Mathews 12.7

M35 1 J.Gan 12.4

2 D.Leon 12.5

3 R.Rankin 13.5

M40 1 T.McLaren 12.6

2 L.Manx 12.7

3 G.Denman 12.8

4 R.Gibson 13.6

M45 1 P.Edwards 12.6

M50 1 J.Furlong 13.4

2 I.Malouf 14.0

M55 1 P.Chaplain 13.9

M60 1 C.Buyers 13.0

2 H.Giles 13.6

M65 1 J.Cooper 14.0

2 A.Lakin 15.3

3 I.Rogers 18.4

M75 1 R.Grigg 19.7

200 METRES

M30 1 S.Mathews 25.7

M35 1 J.Gan 25.3

2 D.Leon 26.0

M40 1 G.Denman 25.3

2 T.McLaren 25.4

3 L.Manx 26.9

4 R.Gibson 27.4

M45 1 P.Edwards 25.1

M50 1 J.Furlong 27.2

2 I.Malouf 28.8

M55 1 P.Chaplain 28.7

M60 1 C.Buyers 25.9

2 H.Giles 29.8

M65 1 J.Cooper 29.0

M75 1 R.Grigg 43.6

300 METRES

M35 1 J.Gan 40.1

2 D.Leon 41.1

M40 1 G.Denman 39.6

M50 1 I.Malouf 47.9

M55 1 P.Chaplain 47.3

M60 1 C.Buyers 41.8

M65 1 J.Cooper 47.9

M75 1 R.Grigg 73.3

1500 METRES

M40 1 K.Christison 5.43.9

M45 1 P.Dickson 4.46.0

2 L.Jordan 5.30.8

M50 1 B.Bodsworth 5.22.3

M55 1 J.Sheer 5.38.4

M80 1 N.Pearce 7.24.1

10,000 METRES

M35 1 A.Pearce 36.20.0 vis

M45 1 I.Kent 36.08.0

M50 1 D.Langridge 43.59.2

10.00M TRACK WALK

M45 1 P.Bennett 53.14.1

M50 1 B.Coleman 60.52.0

M65 1 P.Sela 63.22.1 **QR**

M80 1 D.Keatinge 73.26.9

HIGH JUMP

M30 1 J.Waters 1.75

M40 1 J.Watts 1.55

M75 1 R.Grigg 1.05

DISCUS THROW

M30 1 J.Waters 34.13

M35 1 J.Gan 33.45

2 A.White 32.39

M40 1 P.Lonsdale 47.50

2 T.McLaren 25.58

3 J.Watts 25.07

4 K.Christison 15.48

M50 1 P.Teys 33.34

2 J.Furlong 17.40

M65 1 I.Rogers 17.27

M75 1 R.Grigg 19.70

SHOT PUT

M30 1 J.Waters 110.13

M35 1 J.Gan 11.45

2 A.White 10.84

3 D.Leon 7.74

M40 1 J.Watts 9.11

2 T.McLaren 8.52

3 K.Christison 5.74

M50 1 P.Teys 10.96

M75 1 R.Grigg 6.26