

# RESULTS Q.M.A. 28/01/06 SATURDAY STATE ATHLETIC FACILITY

## LADIES

### 60 METRES

W30	1	M.Cruise	9.4
W35	1	K.Mears	9.8
W40	1	J.Brimms	8.1 QBP
W45	1	M.Schafer	10.1
W50	1	N.Brameld	10.0
	2	M.Burley	11.3
W55	1	P.Waters	10.0
W60	1	J.Hampson	10.6
	2	J.Bevis	11.2
W65	1	A.Horsnell	10.9

### 100 METRES

W30	1	M.Cruise	15.2
W35	1	K.Mears	16.2
W40	1	J.Brimms	12.7
	2	K.Lakin	15.1
W45	1	M.Schafer	16.6
W50	1	N.Brameld	16.6
	2	M.Burley	19.3
W55	1	H.McDonnell	15.5
	2	J.Turner	15.9
	3	P.Waters	16.4
W60	1	J.Hampson	17.9
	2	J.Bevis	19.7
W65	1	A.Horsnell	17.5

### 200 METRES

W35	1	M.Edwards	34.4
W40	1	J.Brimms	26.8
W45	1	J.Kirby	30.9
W55	1	H.McDonnell	31.7
	2	J.Turner	33.3
	3	I.Davey	35.7
W60	1	J.Hampson	37.5
W65	1	A.Horsnell	38.2

### 400 METRES

W40	1	J.Brimms	65.6
W45	1	M.Schafer	1.42.3
W60	1	J.Hampson	85.5

### 800 METRES

W30	1	M.Cruise	3.19.7
W40	1	K.Lakin	2.39.5
W45	1	M.Schafer	4.49.1

### 5000 METRES

W35	1	T.Lindenberg	18.37.9
W40	1	L.Watson	23.25.7
W55	1	J.Cullen	26.42.9

### 5000m WALK

W60	1	N.McKinven	35.56.5
W70	1	C.Dauphinnet	35.58.6

### LONG JUMP

W30	1	M.Cruise	4.02
W35	1	K.Mears	4.00
W40	1	J.Walklate	3.74
W50	1	N.Brameld	3.37
W55	1	P.Waters	3.48
W60	1	J.Bevis	2.56

### HIGH JUMP

W35	1	R.Zimmerman	1.25
W40	1	D.Mayfield	1.60
	2	J.Walklate	1.40
W45	1	M.Schafer	1.20
W55	1	P.Waters	1.25

### JAVELIN THROW

W30	1	M.Cruise	26.46
W35	1	K.Mears	17.05
W40	1	J.Walklate	21.82
W45	1	M.Schafer	29.08
W50	1	R.Wales	11.76
W55	1	P.Waters	21.32
W60	1	L.Birtwell	14.94
	2	J.Bevis	12.76
W65	1	G.White	11.16
W80	1	M.Vickers	7.75

### HAMMER THROW

W55	1	H.McDonnell	22.16
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W60	1	L.Birtwell	20.96
W65	1	H.Searle	35.98
	2	G.White	17.54
W70	1	H.Doherty	20.16
W80	1	M.Vickers	2kg 12.45 QR
W95	1	R.Frith	2kg 12.62

### WEIGHT THROW

W50	1	R.Wales	6.45
W55	1	H.McDonnell	7.67
W60	1	L.Birtwell	8.75
W65	1	H.Searle	14.99
	2	G.White	6.66
W70	1	H.Doherty	9.31
W80	1	M.Vickers	4kg 5.60 QR
W95	1	H.Frith	4kg 5.99

## MEN

### 60 METRES

M30	1	T.Venema	7.3
M40	1	T.McLaren	7.8
		P.Hayward	8.4 vis
	2	M.Konemann	9.1
M45	1	G.Denman	8.2
	2	B.Valentine	8.9
M50	1	I.Malouf	8.8
M55	1	W.Cousins	8.3
	2	G.Cox	8.6
	3	P.Chaplain	8.7
	4	B.Thompson	9.3
	5	W.Spalding	10.0
M65	1	J.Cooper	8.8
	2	A.Lakin	10.0
M75	1	M.Dauphinnet	10.4

### 100 METRES

M30	1	T.Venema	11.8
M35	1	R.Rankin	13.9
M40	1	M.Konemann	14.2
M45	1	G.Denman	12.9
	2	B.Valentine	13.6
M50	1	I.Malouf	14.4
M55	1	W.Cousins	13.2
	2	P.Chaplain	13.8
	3	C.Williams	14.5
	4	B.Thompson	15.3
	5	W.Spalding	15.5
M60	1	H.Giles	13.9
M65	1	J.Cooper	14.1
	2	A.Lakin	15.9
M75	1	M.Dauphinnet	17.3

### 200 METRES

W30	1	T.Venema	24.0
	2	M.Crutcher	26.5
M35	1	D.Hill	26.0
	2	R.Rankin	28.3
M40	1	T.McLaren	25.3
	2	T.Scales	30.1
M45	1	G.Denman	25.2
	2	K.Davis	30.0
M50	1	B.Bodsworth	28.3
	2	I.Malouf	29.3
M60	1	F.Turner	27.7
M65	1	J.Cooper	29.0
	2	A.Lakin	31.7
M75	1	M.Dauphinnet	36.2

### 400 METRES

M30	1	M.Crutcher	59.2
M40	1	T.Scales	76.4
M45	1	G.Denman	55.2
	2	P.Edwards	56.1
M50	1	B.Grayson	60.9
	2	I.Malouf	74.0
M55	1	P.Chaplain	68.5
M65	1	J.Cooper	72.5
M75	1	R.Grigg	2.02.2

### 800 METRES

M30	1	M.Crutcher	2.12.3
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M35	1	D.Hill	2.09.9
	2	J.Croft	2.12.5
M40	1	T.Scales	2.47.0
M45		L.Gonye	2.33.9 Nsw
	1	G.Davis	2.42.9
M50	1	T.Dauphinnet	2.14.4
	2	B.Grayson	2.16.0
M55	1	J.Collie	2.25.5
M70	1	H.Coogan	2.35.8
M75	1	R.Grigg	4.43.9

### 400m HURDLES

M45	1	K.Davis	73.5
M50	1	B.Bodsworth	72.5

### 300m HURDLES

M60	1	H.Giles	46.8 QR
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### DISCOUNT HURDLES

M55	1	M.Lafferty	1.40.3
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### 5000 METRES

M35	1	D.Hill	17.46.4
	2	M.Farmer	20.49.7
M40	1	S.George	15.47.2
	2	D.Gwynne	18.56.3
	3	J.Wiesner	19.49.7
M45	1	P.Marshall	20.15.9
M50	1	N.Sisson	18.29.8
M55	1	J.Sheer	20.37.7
M60	1	R.Vines	21.14.4
M70	1	C.McLeod	19.20.5 QR

### LONG JUMP

M30	1	T.Venema	5.19
M35	1	T.Dawson	5.37
	2	J.Croft	4.90
M40	1	T.McLaren	5.40
M55	1	B.Thompson	4.58
M60	1	F.Turner	4.25
M75	1	R.Grigg	2.47

### TRIPLE JUMP

M30	1	T.Venema	11.11
M35	1	J.Croft	11.41
	2	T.Dawson	11.19

### HIGH JUMP

M35	1	T.Dawson	1.65
	2	R.Franke	1.55
M40	1	T.McLaren	1.60
	2	J.Watts	1.55
	3	M.Konemann	1.50
M55	1	B.Thompson	1.40

### POLE VAULT

M50	1	B.Arnold	3.60
M55	1	A.Caneron	2.80
M65	1	N.Bannenberg	2.00

### JAVELIN THROW

M35	1	A.White	34.78
M40	1	T.McLaren	36.09
M45	1	K.Davis	30.04
	2	G.Davis	28.11
M50	1	B.Bodsworth	31.56
M55	1	W.Spalding	30.04
	2	M.Lafferty	28.45
M60	1	P.Clark	30.57
	2	D.Quinn	25.93
M65	1	N.Bannenberg	26.19
	2	I.Rogers	17.99
M70	1	E.Saarinen	36.94
	2	A.Ropelin	29.02
M75	1	M.Dauphinnet	19.62
M85	1	T.Vickers	13.23

### HAMMER THROW

M35	1	A.White	33.02
M55	1	M.Lafferty	30.67
M60	1	D.Quinn	32.72
	2	P.Clark	29.92
M70	1	A.Ropelin	27.22
	2	E.Saarinen	22.85
M75	1	R.Grigg	17.92
M85	1	T.Vickers	3kg 17.10 QR

**WEIGHT THROW**

M35	1	A.White	10.47
M55	1	M.Lafferty	10.90
M60	1	D.Quinn	12.14
	2	P.Clark	11.87
M70	1	E.Saarinen	11.07
	2	A.Ropelin	10.91
M75	1	R.Grigg	6.68
M85	1	T.Vickers	6.96

