

Q.M.A. 23/01/06 MONDAY STATE ATHLETIC FACILITY

LADIES

100 METRES

W50 1 K.Rourke 15.8

200 METRES

W35 1 P.Prasad 30.3

W45 1 J.Kirby 31.0

2 P.Kwok 32.2

W50 1 K.Rourke 33.9

W55 1 I.Davey 35.5

400 METRES

W35 1 P.Prasad 73.4

10.000 METRES

W40 1 L.Watson 43.56.6

10.000M TRACK WALK

W60 1 N.McKinven 1:16.53

LONG JUMP

W35 1 J.Jones 3.86

W45 1 P.Kwok 3.92

W50 1 K.Rourke 3.40

HIGH JUMP

W35 1 J.Jones 1.35

W45 1 P.Kwok 1.30

DISCUS THROW

W35 1 J.Jones 16.40

W45 1 P.Kwok 19.22

W70 1 H.Doherty 23.34

SHOT PUT

W35 1 J.Jones 5.29

MEN

100 METRES

M35 1 R.Rankin 13.7

M40 1 T.McLaren 12.4

M45 1 G.Denman 12.7

M50 1 J.Furlong 13.3

2 B.Bodsworth 13.8

M55 1 W.Cousins 13.0

2 B.Thompson 15.1

M60 1 H.Giles 13.7

2 J.Moroney 14.4

M65 1 J.Cooper 13.6

200 METRES

M35 1 R.Rankin 28.7

M45 1 G.Denman 25.3

M50 1 J.Furlong 26.4

2 B.Grayson 27.8

M55 1 W.Cousins 26.1

M60 1 H.Giles 29.0

2 J.Moroney 30.1

M65 1 J.Cooper 28.7

400 METRES

M40 1 T.McLaren 59.5

M45 1 G.Denman 55.1

800 METRES

M40 1 S.George 2.10.1

2 S.Pager 2.42.9

M45 1 L.Gonye 2.28.8 Nsw

M50 1 B.Grayson 2.18.5

2 P.Circosta 3.19.9

M65 1 B.Welbourne 2.50.7

10.000 METRES

M35 1 A.Pearce 36.34.5

M.Kenney 38.53.3 vis

2 M.Farmer 44.50.5 vis

M40 G.Mayor 34.37.5 vis

1 S.George 35.26.6

2 A.Clowes 36.20.0

S.Lucas 37.13.5 vis

3 D.Gwynne 38.22.9

D.Spence 38.55.8

4 S.Pager 40.57.8

5 J.Wiesner 41.18.7

6 K.Christison 52.37.1

M45 1 M.Jones 38.58.5

2 P.Marshall 45.14.6

M50 1 M.Schultz 45.20.7

M55 1 G.Medill 40.12.6

M65 1 R.Vines 44.00.3

10.00M TRACK WALK

M35 1 D.Chand 55.18.8

M45 1 P.Bennett 50.49.3

LONG JUMP

M40 1 T.McLaren 5.33

M55 1 B.Thompson 4.60

M60 1 H.Giles 4.81

HIGH JUMP

M40 1 T.McLaren 1.60

M55 1 B.Thompson 1.45

POLE VAULT

M35 1 J.Gan 2.80

M40 1 T.McLaren 2.40

DISCUS THROW

M30 1 C.Campodonico 31.31

M35 1 J.Gan 28.59

2 M.Farmer 21.87

M40 1 P.Lonsdale 50.15 QR

2 T.McLaren 26.90

3 S.Pager 18.82

M45 1 G.Davis 20.12

M50 1 J.Furlong 20.41

M65 1 I.Rogers 20.64 pb

SHOT PUT

M30 1 C.Campodonico 10.69

M35 1 J.Gan 10.72

M40 1 P.Lonsdale 13.97

2 T.McLaren 8.20

M65 1 I.Rogers 6.50