

**Q.M.A. 18&19/02/06 AUSTRALIAN & QUEENSLAND HEPTATHLON AND
DECATHLON CHAMPIONSHIPS STATE ATHLETIC FACILITY**

HEPTATHLON CHAMPIONSHIPS

			Spr.Hrd	H.J.	S.P.	200m	L.J.	J.T.	800m	Points
W30	1A/1Q	Maree Bugeja	18.65 424	1.42 534	7.61 374	29.90 489	5.00 559	24.78 378	3.12.58 257	<u>3015</u>
W30	2A/2Q	Margit Cruice	21.64 180	1.36 470	6.92 330	31.88 359	4.05 319	26.36 408	3.11.44 266	2332
W35	1A/1Q	Helen Powell	20.76 275	1.30 460	7.53 396	31.51 382	4.12 371	23.93 362	3.12.55 257	<u>2503</u>
W40	1A/1Q	Julie Brims	13.12 928	1.42 689	7.92 482	25.98 932	4.65 592	17.12 265	2.38.69 640	<u>4528</u> QR
W45	1A/1Q	Michelle Schafer	16.60 570	1.21 523	10.59 791	33.50 500	3.70 388	31.50QR 651	3.38.81 177	<u>3600</u> QR
W45	2A/2Q	Phyllis Kwok	15.92 651	1.24 555	6.55 440	31.15 658	3.78 411	21.34 411	3.09.25 403	3529
W60	1A/1Q	Lesley Hamilton	18.87 496	1.09 678	6.68 609	37.07 634	2.71 296	17.78 496	dnf 0	<u>3209</u>

DECATHLON CHAMPIONSHIPS

			100m	L.J.	S.P.	H.J.	400m	Spr.Hrd	D.T.	P.V.	J.T.	1500m	Points
M30	1Q	John Waters Qld 359	13.68 402	5.10 485	9.99 593	1.75 252	65.24 198	21.84 551	34.38 264	2.60 412	37.91 220	6.11.14 3736	
M35	1A/1Q	John Gan Qld	12.54 573	5.83 613	10.47 514	1.54 480	56.41 610	18.45 482	31.25 489	2.70 309	55.85 712	5.05.22 552	<u>5334</u> ARp
M35	2A/2Q	Howard Arbuthnot Q	12.43 593	5.33 502	9.36 447	1.72 636	59.38 498	18.40 486	31.00 484	4.30 748	39.66 462	5.32.92 406	5262
M35	3A/3Q	Shane Lawrence Qld	13.37 430	4.88 405	8.31 385	1.57 504	61.01 441	23.16 143	25.05 368	3.00 384	36.97 421	6.15.39 223	3704
M40	1A/1Q	Troy McLaren Qld	12.35 693	5.77 677	8.31 398	1.60 593	56.55 687	19.81 437	28.97 444	2.50 300	37.33 473	5.23.24 540	<u>5242</u> ARp
M40	2A/2Q	Mick Konemann Qld	13.39 504	4.76 437	7.35 339	1.60 593	58.21 622	22.45 242	23.12 331	2.00 179	23.51 251	7.39.80 49	3547
M45	1A/1Q	Neil Gray Qld	13.13 629	4.67 481	6.77 339	1.42 504	66.12 425	25.64 125	21.10 313	2.50 342	32.80 446	6.36.83 285	<u>3889</u>
M45	2A/2Q	Kevin Davis Qld	14.13 463	4.27 388	6.69 333	1.33 419	67.19 392	21.69 358	22.15 334	2.10 235	30.29 402	5.47.13 500	3824
M50	1A/1Q	Bruce Bodsworth Qld	13.76 599	4.27 451	6.92 362	1.39 544	62.35 625	20.81 327	25.04 368	2.30 333	29.40 407	5.34.25 645	4661
M55	1A/1Q	Nelson Viney Qld	13.98 637	4.39 563	7.14 431	1.21 434	67.44 525	22.57 310	22.65 365	3.10 679	29.75 469	5.58.01 601	<u>5014</u>
	2A/2Q	Viddy Jermacans Qld	13.67 689	4.71 655	7.68 472	1.30 528	65.10 603	24.03 218	24.25 399	2.00 291	23.32 339	6.07.41 556	4750
	3A/3Q	Vasyl Shuter Qld	14.75 513	4.19 506	7.68 472	1.27 496	69.78 453	22.36 324	23.15 375	2.10 323	27.67 426	6.26.73 469	4357
M60	1A	Peter McWilliams Nsw	19.19 84	2.87 227	9.14 583	1.21 512	dnf 0	dnf 0	30.31 544	1.70 244	25.68 413	dnf 0	<u>2607</u>
M65	1A	Nick Bannenberg Qld	15.10 601	4.25 723	10.23 793	1.27 670	71.96 522	21.72 516	30.36 624	2.00 411	27.49 520	7.04.34 451	<u>5831</u>
M65	2A	Greg Mamalis Nsw	14.70 663	4.59 847	8.76 661	1.33 749	dnf 0	19.56 700	27.43 550	2.40 581	21.58 379	dnf 0	5130
M65	3A/1Q	Noel Donohoe Nsw	16.17 446	3.33 417	7.78 573	1.21 593	1.28.55 136	26.42 208	25.31 497	nh 0	22.97 412	8.52.00 122	3404
M80	1A	Fred O'Connor Nsw	17.35 657	3.16 691	8.36 783	1.09 776	1.42.07 345	19.30 665	22.40 718	1.70 560	26.29 651	9.48.57 236	<u>6082</u> ARp

Q.M.A 18&19/02/06 SATURDAY & SUNDAY STATE ATHLETIC FACILITY

**SATURDAY 18/02/06 E.T.
LADIES**

100 METRES

W30	1	J.Schubert	14.82
W35	1	A.Fisher	14.47

W40	1	K.Lakin	14.80
W55	1	H.McDonnell	15.12
	2	K.Rourke	15.85
W65	1	A.Horsnell	16.69

200 METRES

W30	1	J.Schubert	30.51
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W35	1	M.Edwards	33.72
W40	1	K.Lakin	30.29
W45	1	J.Kirby	30.20
W55	1	H.McDonnell	31.27
	2	K.Rourke	33.38
	3	I.Davey	35.24

W60	1	J.Hampson	35.82
W65	1	A.Horsnell	35.95

400 METRES

W30	1	J.Schubert	70.22
W45	1	J.Kirby	71.47
W60	1	J.Hampson	1.24.30

3000 METRES

W40	1	G.Banaghan	10.58.17
W55	1	I.Davey	14.57.67

3000m TRACK WALK

W55	1	Y.Jarman	23.21.57
W75	1	L.Thompson	24.26.53

LONG JUMP

W50	1	N.Avery	3.08
W55	1	K.Rourke	3.32

TRIPLE JUMP

W55	1	K.Rourke	7.27
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JAVELIN THROW

W50	1	N.Avery	15.23
W55	1	K.Rourke	16.59
W65	1	G.White	11.46
W70	1	H.Doherty	22.31
W80	1	M.Vickers	8.50

HAMMER THROW

W50	1	N.Avery	20.88
W55	1	H.McDonnell	19.86
W65	1	G.White	18.30
W80	1	M.Vickers	2kg 12.00

MEN

100 METRES

M30	1	P.Vescio	11.65
M40	1	P.Pickwick	13.13
	2	R.Gibson	13.94
M45	1	G.Denman	12.79
	2	G.Bainbridge	12.95
	3	B.Valentine	13.29
M50	1	R.White	13.35
	2	I.Malouf	14.14
M55	1	R.Reisenleiter	13.57
M65	1	A.Lakin	15.31
M70	1	N.Garvey	15.70

200 METRES

M40	1	R.Gibson	27.99
M45	1	G.Denman	25.02
	2	P.Edwards	25.66
	3	G.Bainbridge	26.74
M50	1	R.White	26.47
	2	I.Malouf	28.78
M55	1	R.Reisenleiter	27.82
M65	1	A.Lakin	31.79
M70	1	N.Garvey	32.07
M75	1	R.Grigg	43.52

400 METRES

M45	1	G.Denman	55.45
	2	P.Edwards	57.99
M50	1	T.Dauphinnet	58.91
	2	P.Drewe	61.98
M60	1	D.Burt	63.68
M70	1	H.Coogan	61.77

1500 METRES

M30	1	B.Whelan	4.16.51
M40	1	S.George	4.16.94
	2	D.Sweeney	4.37.40
W50	1	R.Peters	4.46.14
M55	1	R.Dale	5.42.01

3000 METRES

M30	1	B.Whelan	9.30.44
M40	1	S.Lincez	12.58.85
M50	1	R.Peters	9.59.82
M60	1	E.Egan	13.21.57
M75	1	R.Grigg	20.37.59
M80	1	N.Pearce	16.10.95

3000m TRACK WALK

M50	1	P.Bennett	14.32.03
M65	1	P.Sela	18.59.17

LONG JUMP

M50	1	R.White	4.93
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M55	1	R.Reisenleiter	4.37
M65	1	S.Herft	4.21

TRIPLE JUMP

M65	1	S.Herft	9.07
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POLE VAULT

M50	1	B.Arnold	3.55
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JAVELIN THROW

M35	1	A.White	38.55
M65	1	S.Herft	31.80
M75	1	R.Grigg	10.98
M85	1	T.Vickers	13.16

HAMMER THROW

M35	1	A.White	33.00
M45	1	B.Wagner	49.34
M55	1	M.Lafferty	28.20
M65	1	K.Daniels	20.93
M75	1	R.Grigg	18.63
M85	2	T.Vickers	13.73

SUNDAY 19/02/06 E.T. LADIES

60 METRES

W30	1	J.Schubert	9.64
W35	1	P.Prasad	9.06
W45	1	J.Pryor	8.85
W50	1	N.Brameld	10.43
W55	1	H.McDonnell	10.01
W60	1	J.Hampson	11.09

100 METRES

W30	1	J.Schubert	15.46
W35	1	P.Prasad	14.27
	2	M.Edwards	16.36
W45	1	J.Pryor	14.09
W50	1	N.Brameld	16.83
W55	1	H.McDonnell	15.40
	2	K.Rourke	15.89
W60	1	J.Hampson	18.05

300 METRES

W30	1	J.Schubert	48.83
W35	1	M.Edwards	54.10
W55	1	H.McDonnell	52.57
	2	K.Rourke	57.72

800 METRES

W30	1	J.Schubert	3.10.84
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SPRINT HURDLES

W45	1	J.Pryor	14.86
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5000m TRACK WALK

W70	1	C.Dauphinnet	36.47
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LONG JUMP

W50	1	N.Brameld	3.38
	2	N.Avery	3.13
W55	1	K.Rourke	3.44

TRIPLE JUMP

W55	1	K.Rourke	7.43
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DISCUS THROW

W35	1	P.Prasad	20.55
W50	1	N.Brameld	14.28
	2	N.Avery	13.79
W55	1	Y.Jarman	11.04
W65	1	J.Cooper	14.20
W70	1	H.Doherty	22.95
W80	1	M.Vickers	750g 10.64

SHOT PUT

W50	1	N.Avery	6.00
W55	1	Y.Jarman	5.11
W80	1	M.Vickers	2kg 4.61

MEN

60 METRES

M30	1	T.Venema	7.46
M35	1	R.Rankin	8.46
M40	1	L.Manz	8.61
M45	1	H.Bristow	8.07
	2	B.Valentine	8.54
M50	1	J.Furlong	8.63
	2	I.Malouf	8.90
M55	1	R.Reisenleiter	8.64

	2	W.Spalding	9.89
M60	1	J.Wight	8.36
M70	1	H.Coogan	8.78
M75	1	M.Dauphinnet	10.58
M85	1	T.Vickers	24.74

QR

100 METRES

M30	1	T.Venema	11.84
	2	S.Mathews	13.41
M35	1	R.Rankin	13.08
M40	1	L.Manz	13.63
M45	1	H.Bristow	12.82
	2	P.Edwards	13.30
	3	B.Valentine	14.49
M50	1	J.Furlong	13.70
	2	I.Malouf	14.07
M55	1	R.Reisenleiter	13.61
	2	W.Spalding	15.73
M60	1	J.Wight	13.17
M65	1	S.Herft	15.74
M70	1	H.Coogan	13.92
M75	1	M.Dauphinnet	17.37

300 METRES

M30	1	T.Venema	38.30
	2	S.Mathews	42.35
	3	B.Whelan	44.55
M40	1	L.Manz	45.42
M45	1	G.Denman	39.60
	2	P.Edwards	40.76
M50	1	T.Dauphinnet	42.46
M55	1	W.Spalding	49.44
M70	1	N.Garvey	51.42
M75	1	M.Dauphinnet	59.78

800 METRES

M30	1	B.Whelan	2.06.93
M45	1	P.Dickson	2.12.70
M50	1	B.Grayson	2.13.96
M55	1	J.Collie	2.24.33
M60	1	D.Burt	2.31.25
M65	1	B.Welbourne	2.50.83

SPRINT HURDLES

M55	1	M.Lafferty	26.07
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5000 METRES

M30	1	B.Whelan	16.02
M35	1	A.Pearce	17.46
M50	1	B.Coleman	30.54
M65	1	P.Sela	32.14

LONG JUMP

M30	1	T.Venema	5.56
M55	1	R.Reisenleiter	4.00
M65	1	S.Herft	4.24

TRIPLE JUMP

M30	1	T.Venema	10.55
M65	1	S.Herft	9.08

HIGH JUMP

M40	1	J.Watts	1.68
M65	1	S.Herft	1.20

DISCUS THROW

M40	1	P.Lonsdale	49.24
M50	1	J.Furlong	18.72
M55	1	M.Lafferty	20.60
M75	1	M.Dauphinnet	23.00
M85	1	T.Vickers	14.62

SHOT PUT

M40	1	P.Lonsdale	15.05
M50	1	J.Furlong	6.91
M55	1	M.Lafferty	7.83
M85	1	T.Vickers	6.21

QR