

**RESULTS Q.M.A. 04/02/06 SATURDAY STATE ATHLETIC FACILITY**

**LADIES**

**60 METRES**

W30	1	M.Cruice	9.4
W35	1	P.Prasad	9.1
W40	1	J.Brimms	8.1eqQBP
W45	1	J.Pryor	8.9
	2	D.Emerson	10.2
W50	1	K.Rourke	10.3
W55	1	P.Waters	10.1
W60	1	J.Bevis	11.3
W65	1	A.Horsnell	10.4
W70	1	S.Abrahams	17.2

**100 METRES**

W30	1	M.Cruice	15.1
W35	1	P.Prasad	14.5
W40	1	J.Brimms	12.7
	2	K.Lakin	14.9
W45	1	J.Pryor	14.4
	2	P.Kwok	15.0
	3	M.Schafer	16.6
	4	D.Emerson	16.7
W50	1	K.Rourke	16.1
W55	1	H.McDonnell	15.3
	2	P.Waters	16.4
W60	1	J.Bevis	19.1
W65	1	A.Horsnell	17.0
W70	1	S.Abrahams	31.2

**300 METRES**

W35	1	P.Prasad	47.1
	2	M.Edwards	56.3
W40	1	J.Brimms	42.3QBP
	2	K.Lakin	47.9
W45	1	J.Kirby	49.9
	2	D.Emerson	57.8
	3	M.Schafer	62.4
W50	1	K.Rourke	58.4
W55	1	H.McDonnell	52.2
W70	1	S.Abrahams	2.10.8

**SPRINT HURDLES**

W30	1	M.Cruice	22.84
W40	1	J.Brimms	13.2
W45	1	J.Pryor	15.3
	2	P.Kwok	15.5
	3	M.Schafer	18.5

**2KM STEEPLECHASE**

W40	1	G.Banaghan	8.42.9 QR
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**3000 METRES**

W40	1	G.Banaghan	11.14.1
W55	1	J.Cullen	15.18.4

**3000m WALK**

W70	1	C.Dauphinnet	21.56.5
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**LONG JUMP**

W30	1	M.Cruice	3.94
W35	1	R.Zimmerman	3.51
W40	1	J.Brimms	4.77
W50	1	K.Rourke	3.17
W60	1	J.Bevis	2.55

**HIGH JUMP**

W30	1	M.Cruice	1.30
W35	1	R.Zimmerman	1.25
W40	1	J.Brimms	1.25
W45	1	P.Kwok	1.35
W55	1	P.Waters	1.20

**DISCUS THROW**

W35	1	P.Prasad	20.09
W45	1	M.Schafer	19.05
W55	1	H.McDonnell	18.21
	2	Y.Jarman	11.06
W60	1	L.Birtwell	21.43
W65	1	J.Cooper	14.36
	2	G.White	12.92
W70	1	H.Doherty	21.72
W80	1	M.Vickers	10.00

**SHOT PUT**

W30	1	M.Cruice	7.20
W40	1	J.Brimms	7.57
W45	1	M.Schafer	10.10
	2	D.Emerson	7.76
	3	P.Kwok	6.78
W55	1	P.Waters	7.27
	2	H.McDonnell	7.08
	3	Y.Jarman	4.54
W60	1	L.Birtwell	7.36
W65	1	G.White	5.32
W70	1	H.Doherty	7.63
W80	1	M.Vickers	2kg 4.36 QR

**WEIGHT THROW**

W55	1	H.McDonnell	7.41
	2	Y.Jarman	4.93
W60	1	L.Birtwell	8.76
W65	1	G.White	6.66
W70	1	H.Doherty	9.42
W80	1	M.Vickers	4kg 5.33

**MEN**

**60 METRES**

M30	1	T.Venema	7.3
		B.Heslehurst	8.5 vis
		J.Waters	8.5
M35	1	K.Weber	7.4eqQBP
M40	1	T.McLaren	7.9
	2	N.Chynoweth	8.5
M45	1	H.Bristow	8.1
	2	B.Valentine	8.4
	3	G.Denman	8.5
M50	1	R.White	8.5
	2	J.Furlong	8.7
	3	I.Malouf	8.8
M55	1	W.Cousins	8.3
	2	G.Cox	8.7
	3	P.Chaplain	8.8
	4	C.Williams	9.0
	5	W.Spalding	9.7
M60	1	R.McDonald	8.2
	2	J.Wight	8.3
	3	J.Moroney	9.1
M65	1	J.Cooper	8.8
	2	A.Lakin	9.7
M75	1	M.Dauphinnet	10.4

**100 METRES**

M30	1	T.Venema	11.6
		B.Heslehurst	13.1 vis
M35	1	K.Weber	11.8
	2	T.Dawson	13.6
M40	1	T.McLaren	12.6
	2	N.Chynoweth	13.1
	3	G.Ewart	13.4
	4	G.Denman	13.5
	5	M.Konemann	13.7
	6	T.Scales	15.3
M45	1	H.Bristow	12.5
	2	B.Valentine	13.1
	3	K.Davis	14.2
M50	1	R.White	13.1
	2	J.Furlong	13.8
	3	B.Bodsworth	13.9
	4	I.Malouf	14.2
M55	1	W.Cousins	12.8
	2	V.Jermacans	13.8
	3	P.Chaplain	14.1
	4	C.Williams	14.8
	5	B.Thompson	14.8
	6	W.Spalding	15.2
M60	1	R.McDonald	13.0
	2	J.Wight	13.4
	3	F.Turner	13.8
	4	J.Moroney	14.7
M65	1	J.Cooper	14.0
	2	A.Lakin	15.4
M75	1	M.Dauphinnet	17.3

**300 METRES**

W30	1	T.Venema	38.6
M40	1	G.Ewart	38.4eqQBP
	2	T.McLaren	39.4
	3	M.Konemann	42.1
	4	T.Scales	50.2
M45	1	G.Denman	39.3
	2	P.Edwards	40.2
	3	P.Marshall	45.9
M50	1	T.Dauphinnet	41.8
	2	R.White	43.3
	3	J.Furlong	43.9
	4	B.Bodsworth	44.4
M55	1	P.Chaplain	46.8
	2	W.Spalding	50.1
M60	1	D.Burt	44.1
	2	R.McDonald	46.9
	3	F.Turner	47.0
M65	1	J.Cooper	45.9
	2	A.Lakin	51.4
M75	1	M.Dauphinnet	59.7
	2	R.Grigg	80.6

**1500 METRES**

M30	1	J.Waters	6.13.9
M40	1	M.Konemann	5.19.1
	2	K.Christison	5.42.5
M50	1	B.Bodsworth	6.49.7
M55	1	J.Collie	4.59.0
	2	A.Botterill	5.34.0
	3	R.Dale	5.38.9

**SPRINT HURDLES**

M45	1	K.Davis	22.5
M55	1	M.Lafferty	21.3
	2	V.Jermacans	23.7

**2KM STEEPLECHASE**

M45 1 P.Marshall 8.01.3  
 M75 1 R.Grigg 15.24.6 **QR**

**3000 METRES**

M35 1 M.Farmer 11.49.9  
 M45 1 G.Bongioletti 10.51.6  
       2 R.Bond 11.28.9  
 M60 1 R.Vines 12.13.3  
 M80 1 N.Pearce 17.06.2 **ur**

**3KM TRACK WALK**

M50 1 P.Bennett 14.39.8  
       2 B.Coleman 17.56.5  
 M65 1 P.Sela 18.56.9

**LONG JUMP**

M30 1 J.Waters 4.86  
 M40 1 T.McLaren 3.78  
 M45 1 B.Schafer 4.30  
       2 K.Davis 4.10  
 M50 1 T.Collins 5.06  
       2 B.Bodsworth 4.58  
 M55 1 B.Thompson 4.55  
       2 V.Jermacans 4.51

**TRIPLE JUMP**

M45 1 B.Schafer 9.25  
 M50 1 B.Collins 10.06

**HIGH JUMP**

M35 1 T.Dawson 1.60  
       2 R.Franke 1.55  
 M40 1 J.Watts 1.65  
       2 T.McLaren 1.60  
       3 M.Konemann 1.55  
 M55 1 B.Thompson 1.40  
       2 V.Jermacans 1.20

**POLE VAULT**

M35 1 H.Arbutnot 4.40  
 M45 1 K.Davis 2.00  
 M50 1 B.Arnold 3.60  
       2 B.Bodsworth 2.00  
 M65 1 N.Bannenberg 2.15

**DISC THROW**

M30 1 J.Waters 32.74  
 M35 1 A.White 31.86  
       2 J.Gan 31.61  
       3 R.Franke 26.66  
       4 T.Dawson 19.40  
 M40 1 P.Lonsdale 48.20  
       2 T.McLaren 28.33  
       3 M.Konemann 25.80  
 M45 1 K.Davis 22.00  
       2 B.Schafer 18.39  
 M50 1 J.Furlong 19.00  
 M55 1 R.Wilson 26.35  
       2 B.Thompson 22.75  
 M60 1 P.Clark 39.67  
       2 D.Quinn 34.60  
 M65 1 N.Bannenberg 32.96  
       2 I.Rogers 21.51  
 M70 1 A.Ropelin 27.38  
 M75 1 M.Dauphinat 22.22  
       2 R.Grigg 19.09  
 M85 1 T.Vickers 14.60

**SHOT PUT**

M30 1 J.Waters 10.23  
 M35 1 A.White 11.13  
       2 J.Gan 10.62  
 M40 1 M.Konemann 6.29  
 M45 1 K.Davis 7.00  
 M50 1 J.Furlong 6.89  
 M55 1 R.Wilson 8.92  
       2 C.Williams 7.99  
       3 M.Lafferty 7.64  
 M60 1 P.Clark 12.09  
       2 D.Quinn 10.24  
 M65 1 N.Bannenberg 9.84  
       2 A.Lakin 7.95  
       3 I.Rogers 6.60  
 M70 1 A.Ropelin 11.08  
 M85 1 T.Vickers 3kg 6.26

**WEIGHT THROW**

M35 1 A.White 11.01  
 M55 1 R.Wilson 10.84  
       2 M.Lafferty 10.71  
 M60 1 D.Quinn 12.73  
       2 P.Clark 12.26  
 M65 1 I.Rogers 6.88  
 M70 1 A.Ropelin 11.95  
 M85 1 T.Vickers 7.19

**RELAYS 4 X 100M**

1 M35 T.Dawson, G.Ewart,  
       T.McLaren, G.Denman 47.5 **QR**  
 2 T.Venema, V.Jermacans  
       R.McDonald, H.McDonnell 52.04  
 3 P.Edwards, M.Schafer,  
       J.Furlong, P.Marshall 55.42  
 4 J.Moroney, W.Spalding,  
       C.Williams, B.Heschurst 57.41  
 5 P.Prasad, M.Edwards,  
       J.Kirby, I.Malouf 57.92  
 6 J.Brimms, P.Waters  
       M.Cruice, K.Rourke 60.15