

RESULTS Q.M.A. 17/12/05 SATURDAY STATE ATHLETIC CENTRE E.T.

LADIES

60 METRES

W30	1	J.Schubert	9.00
	2	M.Cruise	9.33
W35	1	J.Brimms	8.22
	2	P.Prasad	9.28
W40	1	K.Lakin	9.48
W50	1	N.Brameld	10.50
W55	1	W.Perkins	9.46
	2	H.McDonnell	9.81
W65	1	A.Horsnell	10.74

100 METRES

W30	1	J.Schubert	14.46
	2	M.Cruise	15.09
W35	1	J.Brimms	13.00
	2	P.Prasad	14.68
W40	1	K.Lakin	15.11
W50	1	K.Rourke	16.33
	2	N.Brameld	17.21
W55	1	H.McDonnell	15.33

400 METRES

W30	1	J.Schubert	67.22
W35	2	P.Prasad	69.92
W40	1	K.Lakin	68.47
W45	1	J.Kirby	71.59
W60	1	J.Hampson	1.26.87

1500 METRES

W35	1	J.Brimms	6.23.50
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80M DISCOUNT HURDLES

W35	1	J.Brimms	14.43
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3000 METRES

W40	1	S.Cockcroft	14.13.01
W45	1	M.Sheer	11.05.94

3000M TRACK WALK

W70	1	C.Dauphinnet	21.48.19
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2KM STEEPLECHASE

W55	1	I.Davey	10.15.81
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LONG JUMP

W30	1	M.Cruise	3.94
W35	1	J.Brimms	4.29
W50	1	N.Avery	3.05
	2	K.Rourke	3.00
W55	1	W.Perkins	4.24

TRIPLE JUMP

W30	1	M.Cruise	8.82
W35	1	J.Brimms	10.24
W50	1	K.Rourke	6.87

HIGH JUMP

W30	1	M.Cruise	1.25
W35	1	J.Brimms	1.35
W55	1	W.Perkins	1.20

JAVELIN THROW

W35	1	J.Jones	17.19
W50	1	N.Avery	15.78
W55	1	W.Perkins	23.03
W60	1	L.Hamilton	18.03
	2	L.Birtwell	16.37
W65	1	G.White	10.55
W70	1	H.Doherty	21.08
W80	1	M.Vickers	7.82

HAMMER THROW

W30	1	M.Cruise	19.71
W35	1	J.Jones	17.77
W50	1	N.Avery	19.92
W55	1	H.McDonnell	21.73
W60	1	L.Birtwell	21.20
W65	1	G.White	17.15
W70	1	H.Doherty	22.28
W80	1	M.Vickers	2kg 12.25

WEIGHT THROW

W35	1	J.Jones	6.57
W50	1	N.Avery	6.59
W60	1	L.Birtwell	9.76
W65	1	G.White	6.80
W70	1	H.Doherty	9.39
W80	1	M.Vickers	4kg 5.38

MEN

60 METRES

M35	1	K.Weber	7.55
W40	1	T.McLaren	7.78
	2	G.Denman	8.49
	3	M.Konemann	9.06
M45	1	G.Potts	7.57
	2	H.Bristow	8.10
	3	B.Valentine	8.53
M50	1	J.Begley	8.16
	2	I.Malouf	9.01
M55	1	W.Cousins	8.22
	2	J.Moore	8.47
	3	N.Viney	8.77
	4	P.Chaplain	8.79
	5	W.Spalding	9.96
M60	1	C.Buyers	8.41
	2	A.McGill	10.69
M65	1	K.Daniels	9.50
	2	A.Lakin	9.71
	3	L.Nicol	10.30
M70	1	N.Garvey	9.63
M75	1	M.Dauphinnet	10.67
	2	R.Grigg	11.80

100 METRES

M40	1	T.McLaren	12.39
	2	G.Denman	13.25
	4	M.Konemann	13.62
M45	1	G.Potts	12.00
	2	H.Bristow	12.67
	3	B.Valentine	13.48
M50	1	J.Begley	12.82
	2	I.Malouf	14.23
M55	1	W.Cousins	12.80
	2	J.Moore	13.50
	3	P.Chaplain	13.98
	4	N.Viney	14.04
	5	W.Spalding	15.95
M60	1	C.Buyers	13.12
	2	A.McGill	17.49
M65	1	K.Daniels	14.84
	2	A.Lakin	15.13
	3	S.Herft	15.29
	4	L.Nicol	18.26
M70	1	N.Garvey	15.59
M75	1	M.Dauphinnet	17.37
	2	R.Grigg	19.58

400 METRES

M40	1	G.Denman	55.07
	2	M.Konemann	58.44
	3	R.Gibson	59.34
M45	1	P.Edwards	56.07
	2	P.Marshall	62.20
M55	1	J.Moore	62.09
	2	P.Chaplain	69.60
M60	1	A.McGill	1.34.22
M65	1	J.Cooper	75.20
	2	A.Lakin	77.74
M70	1	N.Garvey	75.28
M75	1	R.Grigg	1.50.14

1500 METRES

M30	1	B.Whelan	4.09.99
M40	1	G.Ewart	4.19.46
M45	1	P.Marshall	5.27.92
M50	1	B.Bodsworth	5.27.83
M55	1	J.Moore	5.26.48
	2	S.Hastie	5.35.64
M60	1	B.McGaffin	5.36.45
	2	E.Egan	5.40.20
	3	D.Burt	6.01.81

SPRINT HURDLES

M45	1	K.Davis	21.98
M60	1	H.Giles	17.17

DISCOUNT HURDLES

M55	1	M.Lafferty	21.24
	2	N.Viney	24.24

3000 METRES

M30	1	B.Whelan	8.58.07
M40	1	D.Sweeney	9.51.58
	2	S.Lincez	12.51.33
M45	1	I.Kent	10.08.52
		G.Holmes	10.47.96
			vis
M50	1	R.Peters	9.33.26
	2	P.Circosta	13.35.95
M55	1	J.Collie	11.11.05
	2	J.Sheer	11.46.36
M65		E.Holmes	13.00.05
			vis

3000M TRACK WALK

M50	1	B.Coleman	17.44.95
M65	1	P.Sela	18.17.46
M70	1	B.Janes	19.27.79

2KM STEEPLECHASE

M45	1	L.Jordan	8.23.11
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LONG JUMP

M40	1	T.McLaren	5.66
M55	1	N.Viney	4.55
M65	1	S.Herft	4.35
	2	L.Nicol	4.19
M75	1	R.Grigg	2.39

TRIPLE JUMP

M40	1	T.McLaren	11.42
M65	1	S.Herft	9.43
	2	L.Nicol	9.40
M75	1	R.Grigg	5.82

HIGH JUMP

M40	1	J.Watts	1.65
	2	T.McLaren	1.60
	3	M.Konemann	1.55
M55	1	J.Moore	1.45
M65	1	L.Nicol	1.25
	2	S.Herft	1.25
M75	1	R.Grigg	1.05

POLE VAULT

M50	1	B.Arnold	3.50
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JAVELIN THROW

M35	1	A.White	40.45
M40	1	T.McLaren	41.20
	2	M.Konemann	30.32
M45	1	K.Davis	29.14
M55	1	N.Viney	33.18
	2	W.Spalding	30.96
	3	J.Moore	29.16
M65	1	K.Daniels	34.82
	2	S.Herft	33.41
	3	I.Rogers	18.86
M70	1	E.Saarinen	33.27
M75	1	M.Dauphinnet	20.14
	2	R.Grigg	16.28
M85	1	T.Vickers	13.30

HAMMER THROW

M35	1	A.White	31.75
M40	1	T.McLaren	16.11
M55	1	M.Lafferty	29.46
M60	1	D.Quinn	34.61
M65	1	K.Daniels	19.35
M70	1	E.Saarinen	23.42
M75	1	R.Grigg	17.92
M85	1	T.Vickers	3kg 13.28
			QR

WEIGHT THROW

M35	1	A.White	11.52
M40	1	T.McLaren	7.42
M55	1	M.Lafferty	9.31
M60	1	D.Quinn	12.02
M65	1	K.Daniels	9.01
M70	1	E.Saarinen	11.30
M75	1	R.Grigg	7.27
M85	1	T.Vickers	6.66

New WMA record specifications:

W80+:	Discus	750gm
M80+:	Shot	3kg
M80+:	Hammer	3kg