

**Q.M.A. 10/12/05 SATURDAY STATE ATHLETIC CENTRE**

**LADIES**

**60 METRES**

W30	1	R.Michael	9.1
	2	M.Cruise	9.4
	3	A.Sluggett	9.8
W35	1	J.Brimms	8.0
	2	P.Prasad	9.7
W40	1	T.Barr	9.0
W45	1	J.Pryor	8.8
	2	J.Bevis	12.1
W50	1	K.Rourke	11.0
W55	1	W.Perkins	9.4
	2	H.McDonnell	9.8
	3	P.Waters	10.1
W60	1	J.Hampson	11.1

**100 METRES**

W30	1	R.Michael	14.7
	2	M.Cruise	15.1
	3	A.Sluggett	15.7
W35	1	J.Brimms	12.7
	2	P.Prasad	14.5
	3	K.Mears	15.5
W40	1	K.Lakin	14.8
	2	T.Barr	15.0
W45	1	J.Pryor	14.4
	2	D.Emerson	16.3
W50	1	K.Rourke	16.2
W55	1	W.Perkins	15.1
	2	H.McDonnell	15.4
	3	P.Waters	16.0
W60	1	J.Hampson	17.8

**200 METRES**

W30	1	M.Cruise	32.3
W35	1	J.Brimms	26.6
	2	P.Prasad	30.0
W40	1	K.Lakin	31.7
	2	T.Barr	33.4
W45	1	J.Pryor	28.7
	2	J.Kirby	31.2
	3	D.Emerson	34.9
W50	1	K.Rourke	35.4
W55	1	H.McDonnell	31.6
	2	P.Waters	37.1

**300 METRES**

W35	1	J.Brimms	44.4
	2	P.Prasad	49.1
W45	1	J.Kirby	51.2
W50	1	K.Rourke	60.3
W55	1	H.McDonnell	52.9
	2	I.Davey	59.1

**800 METRES**

W45	1	D.Emerson	3.24.2
W55	1	I.Davey	3.13.5
W60	1	J.Hampson	3.15.2

**300M SPRINT HURDLES**

W55	1	W.Perkins	59.5
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**5000 METRES**

W45	R.Ford	19.00.5	vis
	M.Sheer	19.36.5	vis

**5000M TRACK WALK**

W50	1	L.Woodward	33.54.6
W60	1	S.Lynch	33.54.4
	2	N.McKinven	36.53.0

**LONG JUMP**

W30	1	A.Sluggett	3.44
W35	1	J.Brimms	4.50
	2	K.Mears	4.02
	3	J.Jones	3.83
W45	1	J.Pryor	4.38
W50	1	N.Avery	3.02
	2	K.Rourke	3.01

**TRIPLE JUMP**

W50	1	K.Rourke	6.54
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**HIGH JUMP**

W30	1	M.Cruise	1.30
W35	1	J.Brimms	1.40
W55	1	P.Waters	1.25

**POLE VAULT**

W55	1	W.Perkins	2.20
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**DISCUS THROW**

W30	1	M.Cruise	26.73	pb
	2	R.Michael	22.49	
W35	1	K.Mears	26.57	
	2	P.Prasad	22.58	
	3	J.Jones	16.39	
W45	1	D.Emerson	25.05	
W50	1	N.Avery	13.30	
W55	1	P.Waters	19.23	
W60	1	L.Birtwell	21.81	
	2	J.Bevis	12.39	
W65	1	G.White	12.68	
W70	1	H.Doherty	23.92	
W80	1	M.Vickers	9.92	

**SHOT PUT**

W30	1	R.Michael	8.31
	2	M.Cruise	7.20
W35	1	J.Jones	5.75
W50	1	N.Avery	5.70
W55	1	P.Waters	7.25
	2	Y.Jarman	4.55
W60	1	L.Birtwell	7.23
W65	1	G.White	5.53
W70	1	H.Doherty	7.72
W80	1	M.Vickers	4.14

**WEIGHT THROW**

W30	1	R.Michael	7.92
W35	1	J.Jones	6.75
W50	1	N.Avery	6.99
W60	1	L.Birtwell	9.06
W65	1	G.White	6.78
W70	1	H.Doherty	10.06
W80	1	M.Vickers	5.32

**MEN**

**60 METRES**

M35	1	K.Weber	7.4eqQB
	2	J.Croft	7.8
	3	D.Leon	8.1
	4	D.Sluggett	8.5
W40	1	T.McLaren	7.5
	H.Georges	7.6	vis
	2	R.Keane	7.7
	3	G.Denman	8.2
	4	M.Konemann	8.4
	5	P.Pickwick	8.9
M45	1	G.Potts	7.4
	2	H.Bristow	7.9
	3	P.McDermott	8.0
M55	1	W.Cousins	8.2
	2	G.Cox	8.7
	3	P.Chaplain	8.8
	4	W.Spalding	10.1
M60	1	J.Moroney	9.2
M65	1	J.Cooper	8.9
	2	A.Lakin	9.6
M70	1	H.Coogan	8.6
	2	N.Garvey	9.9
M75	1	G.Brown	10.5

**100 METRES**

M35	1	J.Croft	12.4
	2	D.Leon	12.9
	3	D.Sluggett	13.8
M40	1	T.McLaren	12.0
	H.Georges	12.4	vis
	2	R.Keane	12.7
	3	G.Denman	13.0
	4	M.Konemann	13.4
	5	P.Pickwick	13.5
M45	1	G.Potts	11.7
	2	P.Edwards	12.8
	3	H.Bristow	12.8
	4	P.McDermott	13.2
	5	P.Marshall	13.6
M55	1	W.Cousins	13.1

	2	P.Chaplain	14.2
	3	W.Spalding	17.2
M60	1	J.Moroney	14.6
M65	1	J.Cooper	14.2
	2	S.Herft	15.1
	3	A.Lakin	15.3
M70	1	N.Garvey	15.6

**200 METRES**

M30	1	M.Crutchner	28.1	
M35	1	D.Sluggett	28.1	
	2	R.Rankin	30.4	
M40	1	T.McLaren	24.7	
	2	G.Denman	25.7	
	3	M.Konemann	27.1	
	4	P.Pickwick	27.7	
M45	1	G.Potts	24.8	
	2	P.Edwards	25.6	
M60	1	J.Moroney	30.5	
M65	1	J.Cooper	29.9	
M70	1	N.Garvey	32.3	
M75	1	R.Grigg	41.0	pb

**300 METRES**

M40	1	G.Denman	39.7
	2	S.Pager	47.2
	3	P.Pickwick	53.2
M45	1	P.Edwards	40.3
	2	P.Marshall	44.8
M55	1	J.Moore	46.2
	2	P.Chaplain	47.2
M65	1	J.Cooper	49.8
M70	1	N.Garvey	51.5
M75	1	R.Grigg	68.7

**800 METRES**

M30	1	M.Crutchner	2.10.8
	2	B.Whelan	2.31.8
M35	1	J.Croft	2.09.8
	2	D.Sluggett	2.38.4
	3	R.Rankin	2.49.0
M40	1	G.Ewart	2.00.6
	2	M.Konemann	2.24.9
	3	S.Pager	2.35.0
	4	S.Lincez	2.54.2
M45	1	P.Dickson	2.11.4
M50	1	S.Mathews	2.43.0
M60	1	D.Burt	2.34.9
	2	B.McGaffin	2.47.3
	3	E.Egan	2.48.1

**300M DISCOUNT HURDLES**

M45	1	P.Marshall	52.4
M55	1	M.Lafferty	59.3

**5000 METRES**

M30	1	B.Whelan	15.36.5
M45	1	I.Kent	17.33.7
	P.Houston	18.01.4	vis
	2	R.Bond	20.45.9
M55	1	J.Collie	19.39.2
	2	J.Moore	21.51.4
M65	1	C.McLeod	19.19.5

**5000M TRACK WALK**

M50	1	P.Bennett	25.58.0
M70	1	B.Janes	32.57.1
M75	1	R.Lynch	34.27.7
M80	1	D.Keatinge	35.37.4

**LONG JUMP**

M35	T.Dawson	5.38	vis
M35	1	J.Croft	4.62
M40	1	T.McLaren	5.61
M65	1	S.Herft	4.05
M75	1	R.Grigg	2.29

**TRIPLE JUMP**

M35	T.Dawson	11.14	vis
M40	1	T.McLaren	5.61
M65	1	S.Herft	9.15
M75	1	R.Grigg	5.52

**HIGH JUMP**

M40	1	T.McLaren	1.60
	2	J.Watts	1.60
M65	1	S.Herft	1.20

**POLE VAULT**

M45	1	P.Marshall	2.80
M50	1	B.Arnold	3.40
M55	1	N.Viney	3.10
M75	1	G.Brown	2.40

**DISCUS THROW**

M40	1	P.Lonsdale	46.85
	2	W.Martell	40.10
	3	T.McLaren	23.74
M50	1	P.Teys	35.79
M55	1	N.Viney	24.61
	2	M.Lafferty	22.35

M60	1	P.Clark	42.15
M70	1	A.Ropelin	30.62
	2	E.Saarinen	26.92
M85	1	T.Vickers	14.49

**SHOT PUT**

M40	1	P.Lonsdale	14.36
	2	W.Martell	13.47
	3	M.Konemann	8.31
M50	1	P.Teys	11.36
M55	1	M.Lafferty	8.37
	2	N.Viney	7.12

M60	1	P.Clark	11.98
M65	1	A.Lakin	8.00
M70	1	A.Ropelin	11.52
	2	E.Saarinen	9.78

M85	1	T.Vickers	3kg	6.56	<b>QR</b>
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**WEIGHT THROW**

M45	1	B.Wagner	15.66
M55	1	M.Lafferty	10.23
M60	1	P.Clark	12.42
M70	1	E.Saarinen	11.16
	2	A.Ropelin	11.04
M85	1	T.Vickers	6.62