

19/03/06 GOLD COAST CHAMPIONSHIPS GRIFFITH UNIVERSITY

LADIES

100 METRES

W30	1 Jodie Schubert	14.28
W35	1 Penny Prasad	14.05
	2 Deb McLachlan	14.08
	3 Michelle Edwards	15.78
W40	1 Yasmin Steffe	14.55
	2 Helen Bowditch	14.76
W45	1 Debbie Mortimer	14.65
	2 Jenny Kirby	14.81
	3 Phyllis Kwok	14.93
	4 Denise Quinn	15.97
W50	1 Fay Nelson	15.63
	2 Noela Brameld	16.55
	3 Marj Burley	18.01
W55	1 Wendy Sheaves-Doran	14.51
	2 Hazel McDonnell	15.41
	3 Janette Turner	15.76
	4 Kathy Rourke	16.01
	5 Patsy Waters	16.31
W65	1 Annette Horsnell	16.77
W70	1 Sheila Abrahams	28.82

200 METRES

W30	1 Jodie Schubert	29.19
W35	1 Deb McLachlan	28.90
	2 Penny Prasad	29.18
	3 Michelle Edwards	33.12
W40	1 Helen Bowditch	30.03
	2 Karen Lakin	30.17
	3 Yasmin Steffe	30.91
W45	1 Debbie Mortimer	30.44
	2 Donna Emerson	33.70
W50	1 Fay Nelson	32.74
	2 Noela Brameld	34.74
W55	1 Wendy Sheaves-Doran	30.36
	2 Kathy Rourke	33.74
	3 Janette Turner	34.95
	4 Irene Davey	35.51
W60	1 Joan Hampson	35.61
W65	1 Annette Horsnell	35.78
W70	1 Sheila Abrahams	72.02

400 METRES

W30	1 Jodie Schubert	65.32
W35	1 Deb McLachlan	64.52
	2 Penny Prasad	65.81
	3 Michelle Edwards	75.97
W40	1 Karen Lakin	68.17
	2 Helen Bowditch	69.93
	3 Yasmin Steffe	70.87
W45	1 Debbie Mortimer	1.20.49
W50	1 Fay Nelson	1.32.86
W55	1 Wendy Sheaves-Doran	69.79
	2 Tui Ashe NZ	71.14
W70	1 Sheila Abrahams	3.18.30

800 METRES

W35	1 Deb McLachlan	2.44.28
W40	1 Karen Lakin	2.45.66
W45	1 Donna Emerson	3.38.95
	2 Debbie Mortimer	3.49.44
W55	1 Irene Davey	3.24.95
W60	1 Jean Hampson	3.11.49

1500 METRES

W55	1 Tui Ashe NZ	6.03.64
W60	1 Jean Hampson	6.47.45

3KM TRACK WALK

W40	1 Karyn Dawson	20.01.26
W50	1 Robyn Wales	23.27.18
W70	1 Christiane Dauphinet	21.38.24

5KM TRACK WALK

W40	1 Karyn Dawson	33.33.39
W70	1 Christiane Dauphinet	36.26.74

LONG JUMP

W35	1 Roselyn Zimmerman	3.70
W45	1 Debbie Mortimer	3.70
	2 Denise Quinn	3.67

	3 Donna Emerson	3.42
W50	1 Noela Brameld	3.40
	2 Noela Avery	3.18
W55	1 Patsy Waters	3.58
	2 Irene Davey	3.23
	3 Kathy Rourke	2.94

TRIPLE JUMP

W45	1 Phyllis Kwok	8.16
W55	1 Kathy Rourke	6.78

HIGH JUMP

W35	1 Roselyn Zimmerman	1.30
W45	1 Phyllis Kwok	1.35
W55	1 Patsy Waters	1.30

POLE VAULT

W45	1 Phyllis Kwok	2.00
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JAVELIN THROW

W35	1 Roselyn Zimmerman	19.40
W45	1 Donna Emerson	21.00
	2 Denise Quinn	20.70
W50	1 Yasha Watkins	31.07
	2 Noela Brameld	18.32
	3 Noela Avery	12.86
W55	1 Patsy Waters	22.37
	2 Wendy Sheaves-Doran	17.63
	3 Kathy Rourke	16.48
	4 Elbjorg Wilson	12.00
	5 Betty Hawken	10.78

W60	1 Judy Beste	16.52
W65	1 Helen Searle	21.34
	2 Grace white	10.46
W70	1 Heather Doherty	22.55
W75	1 Norma Murdoch	11.55
W80	1 Mary Vickers	7.75
W95	1 Ruth Frith	9.03

DISCUS THROW

W35	1 Roselyn Zimmerman	24.26
W45	1 Donna Emerson	25.91
	2 Phyllis Kwok	21.51
	3 Denise Quinn	20.20
W50	1 Yasha Watkins	24.82
	2 Noela Avery	14.12
	3 Noela Brameld	14.10
W55	1 Tui Ashe NZ	23.51
	1 Wendy Sheaves-Doran	19.60
	2 Elbjorg Wilson	18.77
	3 Patsy Waters	17.67
	4 Betty Hawken	9.51
W60	1 Judy Beste	17.72
W65	1 Helen Searle	24.17
	2 Judy Cooper	14.51
	3 Grace White	13.24
W70	1 Heather Doherty	21.79
W75	1 Norma Murdoch	12.77
W80	1 Mary Vickers	10.20
W95	1 Ruth Frith	9.81

SHOT PUT

W50	1 Yasha Watkins	9.51
	2 Noela Avery	5.16
	3 Robyn Wales	5.00
W55	1 Tui Ashe NZ	8.05
	1 Patsy Waters	7.63
	2 Janette Turner	6.60
	3 Elbjorg Wilson	5.78
	4 Betty Hawken	5.06
W60	1 Judy Beste	6.40
W65	1 Helen Searle	10.29
	2 Grace White	5.57
	3 Judy Cooper	5.14
W70	1 Heather Doherty	7.54
W75	1 Norma Murdoch	5.73
W80	1 Mary Vickers	4.39
W95	1 Ruth Frith	4.97

HAMMER THROW

W50	1 Yasha Watkins	31.44
	2 Noela Avery	21.55
	3 Robyn Wales	16.72

W55	1 Hazel McDonnell	23.12
	2 Elbjorg Wilson	18.88
	3 Patsy Waters	15.66
	4 Betty Hawken	9.05
W60	1 Judy Beste	19.28
W65	1 Helen Searle	37.22
	2 Grace White	17.12
W70	1 Heather Doherty	20.52
W75	1 Norma Murdoch	18.34
W80	1 Mary Vickers	11.37
W95	1 Ruth Frith	12.23

WEIGHT THROW

W50	1 Yasha Watkins	10.58
	2 Noela Avery	7.02
	3 Robyn Wales	6.55
W55	1 Elbjorg Wilson	7.24
	2 Betty Hawken	4.58
W60	1 Judy Beste	8.58
W65	1 Helen Searle	13.92
	2 Grace White	6.76
W70	1 Heather Doherty	9.74
W75	1 Norma Murdoch	8.00
W80	1 Mary Vickers	5.59
W95	1 Ruth Frith	5.94

MEN

100 METRES

M30	1 Travis Venema	11.53
M40	1 Troy McLaren	12.44
	2 Michael Curran	12.68
	3 Philip Pickwick	13.22
	4 Nigel Chynoweth	13.77
M45	1 Gary Denman	12.84
	2 Peter Edwards	12.92
	3 Kim Reid	13.13
	4 Ganga Prasad	17.41
M50	1 Rob White	13.09
	2 Polycarp Fung	13.33
M55	1 Wayne Cousins	12.88
	2 Bruce Currie	13.40
	3 Paul Chaplain	14.41
M60	1 John Wight	12.96
	2 Neville McIntyre Nsw	12.99
	2 Rob McDonald	13.05
	3 Colin Buyers	13.68
	4 Fred Turner	13.87
	5 John Lester	14.25
	6 Selwyn Hawken	15.46
M65	1 John Cooper	13.31
	2 Bill Cook	14.95
	3 Alf Lakin	15.40
M70	1 Hugh Coogan	13.70
	2 Peter Berry	15.14
	3 Noel Garvey	15.62
M85	1 Lee Harris	23.66

200 METRES

M30	1 Travis Venema	23.63
M40	1 Troy McLaren	25.31
	2 Michael Curran	25.78
	3 Philip Pickwick	26.67
M45	1 Gary Denman	25.62
	2 Peter Edwards	25.92
	3 Kim Reid	26.68
M50	1 Rob White	26.97
M55	1 Wayne Cousins	26.50
	2 Bruce Currie	27.14
	3 Paul Chaplain	29.35
M60	1 Rob McDonald	26.47
	2 Neville McIntyre Nsw	26.48
	2 John Wight	27.13
	3 Colin Buyers	27.44
	4 Fred Turner	27.95
	5 John Lester	29.29
	6 Selwyn Hawken	32.15
M65	1 John Cooper	27.49
	2 Bill Cook	31.09

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	3 Alf Lakin	31.50
M70	1 Hugh Coogan	27.78
	2 Peter Berry	31.89
	3 Noel Garvey	32.67

400 METRES

M30	1 Travis Venema	53.67
M40	1 Troy McLaren	56.87
	2 Michael Curran	58.52
	3 Philip Pickwick	62.76
M45	1 Gary Denman	56.35
	2 Peter Edwards	57.43
	3 Kim Reid	59.72
M50	1 Terry Dauphinnet	60.84
	2 Rob White	64.58
M55	1 Bruce Currie	63.53
M60	1 Neville McIntyre Nsw	61.52
	1 Colin Buyers	61.67
	2 Rob McDonald	67.84
M65	1 John Cooper	65.56
M70	1 Hugh Coogan	61.41
	2 Noel Garvey	77.56
	3 Peter Berry	1.32.93

800 METRES

M30	1 Brendan Whelan	2.21.68
M40	1 Michael Curran	2.40.92
M50	1 Terry Dauphinnet	2.22.40
M55	1 Jason Collie	2.23.81
M70	1 Ian Hicks	3.39.73
	2 Peter Berry	4.13.90

1500 METRES

M30	1 Brendan Whelan	4.17.98
M40	1 Shawn Claydon	4.40.46
M55	1 Jason Collie	5.01.25
M65	1 Brian Morling	5.55.94
M70	1 Ian Hicks	8.05.83

5000 METRES

M30	1 Brendan Whelan	16.36.89
M40	1 Shawn Claydon	16.55.67
M80	1 Norm Pearce	26.59.81

3KM TRACK WALK

M65	1 Patrick Sela	18.39.33
	2 George Megas	21.01.33
M75	1 Richard Lynch	20.05.99
	2 Mick Bellette	23.05.90
M80	1 Dick Keatinge	21.39.61

5KM TRACK WALK

M50	1 Bob Coleman	30.32.47
M65	1 Patrick Sela	31.27.06
	2 George Megas	35.06.16
M70	1 Bert Janes	32.35.07
M75	1 Richard Lynch	33.54.23
	2 Mick Bellette	40.20.10
M80	1 Dick Keatinge	35.54.07

LONG JUMP

M30	1 Travis Venema	5.32
M40	1 Troy McLaren	5.50
M45	1 Ganga Prasad	3.36
M50	1 Rob White	4.91
	2 Poly Fung	4.76
	3 Bruce Bodsworth	4.43
M55	1 Nelson Viney	4.52
M60	1 Fred Turner	4.24
	2 Selwyn Hawken	3.72
M65	1 Spencer Herft	4.02
	2 Bill Cook	3.37
M70	1 Peter Berry	3.19
	2 Charles Crowley	1.73
M85	1 Lee Harris	1.29

TRIPLE JUMP

M30	1 Travis Venema	10.61
M40	1 Troy McLaren	11.00
M45	1 Ganga Prasad	6.37
M50	1 Poly Fung	9.67
	2 Rob White	9.42
M55	1 Nelson Viney	9.67

M60	1 Selwyn Hawken	7.19
M65	1 Spencer Herft	9.03
	2 Alf Lakin	7.09
M70	1 Peter Berry	7.52
	2 Bill McMullen	6.82

HIGH JUMP

M35	1 Rod Franke	1.50
M40	1 Jim Watts	1.65
	2 Troy McLaren	1.60
M45	1 Ganga Prasad	1.05
M50	1 Bruce Bodsworth	1.35
M55	1 Richard Wilson	1.05
M60	1 Fred Turner	1.30
	2 Selwyn Hawken	1.25
M65	1 Spencer Herft	1.20
M70	1 Charles Crowley	1.15
	2 Bill McMullen	1.10

POLE VAULT

M35	1 Howard Arbuthnot	4.45
M45	1 Ganga Prasad	1.50
M50	1 Bruce Arnold	3.60
M55	1 Nelson Viney	3.10
M60	1 Selwyn Hawken	1.90

JAVELIN THROW

M35	1 Alan White	39.24
	2 Rod Franke	25.21
M40	1 Troy McLaren	38.39
M45	1 Ganga Prasad	23.00
M50	1 Bruce Bodsworth	35.00
	2 Poly Fung	28.17
	3 Peter Teys	24.82
M55	1 Richard Wilson	27.26
	2 Ray Richardson	23.35
M60	1 Selwyn Hawken	31.97
	2 Peter Clark	30.95
M65	1 Hans Beste	33.73
	2 Spencer Herft	32.67
M70	1 Cec Beesley	29.70
	2 Arvo Ropelin	27.07
	3 Ray Denham	15.40
M75	1 Frank Pieters	21.98
	2 Maurice Dauphinnet	18.01
M80	1 Ray Murdoch	18.53
M85	1 Ted Vickers	13.46

DISCUS THROW

M35	1 Alan White	32.92
	2 Rod Franke	29.68
M45	1 Ganga Prasad	18.57
M50	1 Peter Teys	34.45
	2 Poly Fung	26.23
	3 Bruce Bodsworth	26.02
M55	1 Richard Wilson	30.00
	2 Ray Richardson	27.50
M60	1 Peter Clark	44.62
	2 Don Quinn	35.68
	3 Fred Turner	29.23
	4 Selwyn Hawken	26.95
M65	1 Mike Katmadas	34.54
	2 Hans Beste	33.81
M70	1 Cec Beesley	31.28
	2 Arvo Ropelin	28.91
	3 Bill McMullen	27.99
	4 Ray Denham	18.52
M75	1 Maurice Dauphinnet	21.83
	2 Frank Pieters	21.49
M85	1 Ted Vickers	15.64

SHOT PUT

M35	1 Alan White	11.04
M45	1 Ganga Prasad	6.86
M50	1 Peter Teys	11.19
M55	1 Richard Wilson	9.87
	2 Ray Richardson	8.94
M60	1 Peter Clark	12.05
	2 Don Quinn	9.84
M65	1 Hans Beste	10.22

	2 Mike Katmadas	9.75
M70	1 Arvo Ropelin	11.11
	2 Cec Beesley	10.96
	3 Ray Denham	6.71
M75	1 Maurice Dauphinnet	6.55
M85	1 Ted Vickers	6.35
	2 Lee Harris	5.70

HAMMER THROW

M35	1 Alan White	34.08
M45	1 Ganga Prasad	13.55
M50	1 Peter Teys	22.29
M55	1 Richard Wilson	26.73
	2 Ray Richardson	25.89
M60	1 Don Quinn	32.87
	2 Peter Clark	29.90
	3 Selwyn Hawken	22.73
M65	1 Mike Katmadas	28.94
	2 Hans Beste	23.10
M70	1 Bill McMullen	27.24
	2 Cec Beesley	26.02
	3 Arvo Ropelin	25.92
	4 Ray Denham	18.15
M75	1 Frank Pieters	23.65
M80	1 Ray Murdoch	21.81
M85	1 Ted Vickers	16.88

WEIGHT THROW

M35	1 Alan White	10.81
M45	1 Ganga Prasad	5.62
M50	1 Peter Teys	9.77
M55	1 Richard Wilson	10.63
	2 Ray Richardson	9.39
M60	1 Peter Clark	12.20
	2 Don Quinn	12.10
	3 Selwyn Hawken	11.11
M65	1 Mike Katmadas	11.10
M70	1 Bill McMullen	10.67
	2 Arvo Ropelin	10.58
	3 Ray Denham	7.52
M75	1 Frank Pieters	10.25
M80	1 Ray Murdoch	8.41
M85	1 Ted Vickers	6.65