

AMA 2005 WINTER THROWING CHAMPIONSHIPS CANBERRA, ACT
QMA MEMBERS RESULTS

LADIES

W65 HELEN SEARLE

Javelin Throw	1	22.35	CR
Discus Throw	1	26.34	CR
Shot Put	1	10.53	CR
Hammer Throw	1	40.11	CR
Weight Throw	1	16.15	
<u>Heavy Weight Pent</u>	1	4772	CR
Weight 1		20.07	912
Weight 2		15.81	930
Weight 3		14.79	1078
Weight 4		11.65	982
Weight 5		8.26	870
<u>Weight Pentathlon</u>	1	5046	
Hammer Throw		34.89	1152
Shot Put		10.82	1218
Discus Throw		26.25	790
Javelin Throw		21.95	724
Weight Throw		14.49	1162

W75 NORMA MURDOCH

Javelin Throw	1	12.71	
Discus Throw	1	12.32	
Shot Put	1	6.00	
Hammer Throw	1	19.45	CR
Weight Throw	1	7.12	
<u>Weight Pentathlon</u>	1	3102	
Hammer		17.94	730
Shot Put		5.71	792
Discus Throw		11.60	415
Javelin Throw		11.65	476
Weight Throw		6.96	689

W95 RUTH FRITH

Discus Throw	1	9.47	CR
Shot Put	1	5.09	CR
Hammer Throw	1	14.09	
<u>Weight Pentathlon</u>	1	7193	
Hammer		12.47	1669
Shot Put		4.91	1946
Discus Throw		10.51	1290
Javelin Throw		6.29	747
Weight Throw		4.89	1541

MEN

M90 RAY MURDOCH

Javelin Throw	1	17.85	
Discus Throw	2	18.08	
Shot Put	1	7.79	
Hammer Throw	2	19.37	
<u>Weight Pentathlon</u>	2	2821	
Hammer Throw		20.02	592
Shot Put		7.22	659
Discus Throw		16.40	488
Javelin		17.40	382
Weight Throw		9.15	700

CR: Championship Record