

# Q.M.A. MEMBERS RESULTS – WINTER COMPETITION, 2005-06

## 24-31/07/2005 WORLD MASTERS GAMES – EDMONTON, CANADA

### W55 Hazel McDonnell

100 Metres	1	15.21
200 Metres	1	31.87
400 Metres	3	1.20.25
80m Hurdles	2	17.16
300m Hurdles	2	59.04
4x100m Relay	3	64.13
4x400m Relay	2	5.40.97

### W50 Yasha Watkins

Long Jump	4	3.83
Triple Jump	2	7.87
High Jump	4	1.25
Pole Vault	1	1.40
Javelin Throw	1	30.63 QR
Discus Throw	5	25.09
Shot Put	5	9.98
Hammer Throw	2	33.59 QR
Weight Throw	4	9.84

### W50 Yasha Watkins

Weight Pentathlon	4	2458
Hammer Throw	F	0
Shot Put	9.73	761
Discus Throw	25.05	514
Javelin Throw	30.01	685
Weight Throw	8.12	498

### W65 Helen Searle

Javelin	2	22.85
Discus	1	28.36
Shot Put	1	10.99
Hammer Throw	1	41.33 ARp
Weight Throw	1	14.99
Weight Pentathlon	1	5290
Hammer Throw	37.16	1239
Shot Put	10.78	1212
Javelin Throw	21.35	701
Discus Throw	27.43	832
Weight Throw	16.07	1306

### M55 Viddy Jermacans

200 Metres	7 Heat	29.40
800 Metres	3 Heat	2.54.17
Long Jump	6	4.30
Pentathlon	4	2512
Long Jump	4.41	567
Javelin Throw	24.71	366
200 Metres	29.27	660
Discus Throw	23.49	383
1500 Metres	6.11.69	536

### M70 Arvo Ropelin

Javelin Throw	7	29.79
Shot Put	4	12.03
Hammer Throw	6	27.27
Weight Throw	3	13.03
Weight Pentathlon	3	3297
Hammer Throw	24.23	496
Shot Put	12.32	853
Discus Throw	30.09	716
Javelin Throw	29.52	611
Weight Throw	10.05	521

## 22/08/05 to 03/09/05 WORLD MASTERS CHAMPIONSHIPS - SAN SEBASTIAN, SPAIN

### WOMEN

#### W55 Irene Davey

200 Metres	7 S/Fnl	33.77
400 Metres	3 S/Fnl	1.15.79
400 Metres	7 Final	1.16.41
800 Metres	7 S/Fnl	3.03.30
2km Steeple	3 Final	9.48.79
4x100m Relay	4	1.09.69
4x400m Relay	3	4.56.88
8km Cross Ctry	18	43.48.00
8k C/Ctry Team	8	152.56.00

#### W55 Wilma Perkins

80m Hurdles	5 Final	14.66
300m Hurdles	3 Final	55.23
High Jump	6 Final	1.21
Pole Vault	3 Final	2.40
Long Jump	5 Final	4.18
Javelin Throw	11 Final	23.05
Heptathlon	3	3160
80m Hurdles	Dnf	0
High Jump	1.30	891
Shot Put	9.00	727
200 Metres	39.73	379
Long Jump	3.76	578
Javelin Throw	23.12	585
800 Metres	Dnf	0
4x100m Relay	2	56.69
4x400m Relay	3	4.56.88

#### W55 Wendy Sheaves

100 Metres	1 Heat	14.05
100 Metres	3 Final	14.11

200 Metres	1 S/Fnl	28.70
200 Metres	2 Final	28.63

#### W60 Marge Allison

200 Metres	1 Heat	30.90
200 Metres	1 S/Fnl	30.03 QR
200 Metres	1 Final	30.11
400 Metres	1 Heat	1.10.36
400 Metres	1 Final	1.07.55 QR
80m Hurdles	5 Final	20.97
300 Hurdles	1 Final	51.64WRp
4x100m Relay	2	1.01.77
4x400m Relay	1	4.59.82

#### W60 Jean Hampson

800 Metres	7 S/Fnl	3.14.64
1500 Metres	15 Final	6.52.18
4x400m Relay	5 Final	4.50.79
8km Cross Ctry	16	48.52.00 QBP
8k C/Ctry Team	3	143.41.00

#### W60 Diana Southern

5000 Metres	22 Final	32.16.62
10,000 Metres	9 Final	1:06.49.94
8km Cross Ctry	23	58.49.00

### MEN

#### M35 Andrew Keane

800 Metres	3 S/Fnl	2.00.27
800 Metres	6 Final	2.01.15

#### M40 Michael Curran

100 Metres	6 Heat	12.68
200 Metres	6 Heat	25.06
400 Metres	4 Heat	56.62

#### M40 David Phillips

Marathon	75	4:00.42
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#### M55 Dave Cundy

Marathon	15	3:17.48
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#### M60 Ian Richardson

5000m Track Walk	8	28.27.47
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#### M65 Alan Bradford

2000m Steeple	1	7.49.92
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#### M65 John Cooper

100 Metres	2 Heat	13.49
100 Metres	2 S/Fnl	13.24
100 Metres	2 Final	13.11
200 Metres	1 Heat	28.19
200 Metres	2 S/Fnl	27.42
200 Metres	2 Final	26.69
4x100m Relay	2	52.76

#### M70 Hugh Coogan

100 Metres	1 Heat	13.43 ARp
100 Metres	1 S/Fnl	13.40 ARp
100 Metres	2 Final	13.34 ARp
200 Metres	1 Heat	27.88
200 Metres	1 S/Fnl	27.14 ARp
200 Metres	1 Final	26.84WRp
400 Metres	1 Heat	1.02.27 ARp
400 Metres	1 Heat	1.01.07 ARp
400 Metres	1 Final	1.01.29
4x100m Relay	2	52.76
4x400m Relay	2	4.14.67

#### M80 Norm Pearce

800 Metres	4 Final	3.19.01
1500 Metres	6 Final	6.56.28 ARp

## CROSS COUNTRY

### 17/07/05 QMA 4k CROSS COUNTRY – SHORT COURSE CHAMPIONSHIPS ASHGROVE

W35	1 Anita Fisher	22.50
W55	1 Desiree Letherby	17.37 QBP
	2 Irene Davey	19.28
M30	1 Brendan Whelan	13.00
M35	1 David Hill	12.27 QBP
	2 Steve Suthers	15.42
M45	1 Robson Bond	16.24
M50	1 Ron Peters	13.22
	2 Charles Worringham	14.15
	3 Jeremy Wooley	15.29

	4 David Langridge	15.49
	5 Ken Dohnt	16.50
	6 Paul Circosta	17.35
M55	1 Don Stapleton	17.00
	2 Dick Dunstan	22.27
M60	1 Ian Richardson	17.32
M65	1 Ivan Rogers	27.58
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### 14/08/05 QMA 8K CROSS COUNTRY – LONG COURSE CHAMPIONSHIPS ASHGROVE

W35	1 Anita Fisher	48.58
W40	1 Hubertien Wichers	33.11

M35	1 David Hill	29.56
	2 Steve Suthers	33.55
M45	1 John Greedy	37.10
M50	1 John Peters	27.27
	2 Jeremy Woolley	32.19
	3 David Langridge	33.14
	4 Paul Circosta	37.47
M55	1 Graham Medill	31.37 QBP
	2 Dick Dunstan	49.39
M60	1 Barry McGaffin	37.35
M65	1 Ivan Rogers	60.48
M70	1 Joe Lewis	46.53 QBP

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# Q.M.A. MEMBERS RESULTS – WINTER COMPETITION, 2005-06

## ROAD WALKS

### 19/06/05 U.Q. St.Lucia

#### 1 Hour - Women

1 J.Moller W50 9.38km

#### 1 Hour - Men

2 I.Richardson M60 10.578km  
3 P.Bennett M45 10.4km  
5 B.Coleman M50 9.92km

### 03/07/05 Brighton

#### 10km A.Grade - Women

1 N.McKinven W60 69.35

#### 10km A.Grade - Men

1 P.Bennett M45 52.49  
2 I.Richardson M60 56.13 QBP

### 10/07/05 Kalinga Park

#### Federation Championship

#### Open Women 10km

2 N.McKinven W60 2.24.40

#### Open Men 10km

1 P.Bennett M45 53.43  
2 B.Coleman M50 63.11  
3 P.Sela M65 67.46

### 17/07/05 QE11 QA Champs.

#### Open Women 20km

2 N.McKinven W60 2:24.40

#### Open Men 30km

2 P.Bennett M45 2:48.18

### 24/07/05 Morningside

#### 10km A.Grade - Women

1 N.McKinven W60 70.58

#### 10km A.Grade - Men

1 P.Bennett M45 53.26

#### 5km B.Grade - Men

1 P.Sela M65 32.42eqQBP  
2 R.Keatinge M80 35.42

### 31/07/05 QE11 QA Champs.

#### 10km Open Women & A.Grade

2/1 J.Moller W50 63.58  
3/2 N.McKinven W60 72.20

#### 10km A Grade - Men

1 P.Bennett M45 53.30  
2 I.Richardson M60 62.25  
3 R.Coleman M50 62.41

### 14/08/05 U.Q. St.Lucia

#### 5000m Open - Women

2 J.Moller W50 32.03  
3 S.Lynch W60 34.07  
4 N.McKinven W60 34.23

#### 5000m Open - Men

2 P.Bennett M45 24.36  
3 R.Coleman M50 27.47 QBP  
4 I.Richardson M60 28.53  
5 R.Lynch M75 32.48  
6 R.Keatinge M80 35.24

### 11/09/05 Kalinga Park

#### QRWC Club Championships

#### Open 10km - Women

2 J.Moller W50 1:05.50  
3 S.Lynch W60 1:12.25  
4 N.McKinven W60 1:12.49

#### Open 10km - Men

2 P.Bennett M45 54.10  
3 R.Coleman M50 1:03.36  
4 P.Sela M65 1:07.22  
5 R.Lynch M75 1:07.58

### 11/09/05 Q.M.A. LONG

#### COURSE CHAMPIONSHIPS

#### Women 10km

W50 1 Judy Moller 1:05.50  
W60 1 Noela McKinven 1:12.49  
W70 1 ChristianeDauphinet1:14.42

## Men 20km

M45 1 Peter Bennett 1:51.10  
M50 1 Bob Coleman 2:08.33

## Men 10km

M65 1 Patrick Sela 1:07.22

## TRACK EVENTS

### 10/04/05 Trans Tasman Masters

#### Games Newcastle NSW

200 Metres W.Sheaves-Doran 28.08 AR

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### CORRECTION: QMA TRACK &

### FIELD CHAMPIONSHIPS,

### TOWNSVILLE

#### Javelin:

W30 1 Jodi Mackrill 30.92 QR  
2 Megan Skarott 13.02

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### 3/07/05 Gold Coast Meet 4

#### Winter Series - Open Events

#### W60 Marge Allison

100 Metres 15.02  
200 Metres 30.50 QR  
400 Metres 67.91 QR

#### 1500 Metres

2 B.Whelan M30 4.19.90

#### 2km Steeplechase

2 S.Lincez M40 8.59.68

### 16/07/05 Gold Coast Meet 6

#### Winter Series - Open Events

#### 80m Hurdles

1 W.Perkins W55 14.5

#### 300m Hurdles

4 W.Perkins W55 55.00 QR

#### 100 Metres - Heats

4 H3 J.Brimms W35 12.82  
1 H2 G.Denman M40 13.05  
2 H2 C.Buyers M60 13.10  
3 H2 H.Coogan M65 13.69

#### 200 Metres - Heats

3 H3 J.Brimms W35 26.25  
7 H4 I.Davey W55 34.81  
3 H2 G.Denman M40 25.88  
4 H2 C.Buyers M60 26.08  
6 H2 H.Coogan M65 27.34

#### 300 Metres - Heats

1 H3 J.Brimms W35 41.96  
2 H2 G.Denman M40 40.37  
3 H2 C.Bulyers M60 40.95  
5 H2 H.Coogan M65 42.90

#### 800 Metres

8 I.Davey W55 3.05.87  
3 J.Moore M50 2.16.82

### 30/07/05 Gold Coast Meet 7

#### Winter Series - Open Events

#### 80m Hurdles - Heats

4 H1 W.Perkins W55 15.10

#### 300m Hurdles

1 H.Giles M60 48.37

#### 60 Metres - Heats

2 H3 J.Brimms W35 8.03  
2 H4 W.Doran W55 8.82 QR  
5 H4 M.Allison W60 9.52  
5 H2 G.Denman M40 8.34  
6 H2 J.Lester M60 8.83

#### 100 Metres - Heats

2 H5 J.Brimms W35 12.61  
3 H6 W.Doran W55 14.29  
4 H6 W.Perkins W55 14.60  
6 H7 T.Barr W40 15.31  
4 H3 G.Denman M40 12.88  
1 H4 C.Buyers M60 13.11

4 H4 J.Cooper M65 13.68  
5 H4 H.Giles M60 13.69  
6 H4 H.Coogan M65 13.70  
7 H4 J.Lester M60 13.93

#### 200 Metres - Heats

1 H4 J.Brimms W35 26.23  
5 H4 W.Doran W55 29.45  
6 H4 M.Allison W60 31.38  
7 H4 I.Davey W55 34.66  
2 H2 G.Denman M40 25.76  
3 H2 C.Buyers M60 26.48  
4 H2 H.Coogan M65 27.90  
5 H2 J.Cooper M65 28.42  
6 H2 J.Lester M60 28.72

#### 400 Metres - Heats

7 H3 M.Allison W60 68.85  
4 H1 G.Denman M40 55.99  
4 H2 H.Coogan M65 60.42  
5 H2 C.Buyers M60 61.44

#### 800 Metres

3 J.Moore M50 2.17.28  
7 N.Pearce M80 3.15.05 QR

#### High Jump

1 W.Perkins W55 1.27

#### Shot Put

1 W.Perkins W55 9.40

### 5/08/05 Gold Coast Meet 8

#### Winter Series - Open Events

#### 400 Metres - Heats

4 H3 J.Moore M50 59.14

#### 800 Metres - Heats

6 H2 N.Pearce M80 3.17.96

#### 1500 Metres

8 J.Moore M50 5.17.01

#### 2km Steeplechase

15 I.Davey W55 11.00.86  
11 S.Lincez M40 8.54.73

### 13/08/05 Gold Coast Meet 9

#### Winter Series - Open Events

#### 100 Metres - Heat 3

1 J.Lester M60 13.56  
3 W.Sheaves W55 14.34

#### 200 Metres - Heat 2

1 J.Moore M50 27.16  
4 J.Lester M60 28.35  
5 W.Sheaves W55 29.44

#### 800 Metres

5 N.Pearce M80 3.23.64

#### 3000 Metres

4 S.Lincez M40 12.24.34

### 13/08/05 U.Q. All Comers Meet

#### 100 Metres - Heat 2

3 C.King M50 13.49  
4 G.Denman M40 13.53  
5 C.Buyers M60 13.70  
6 H.Coogan M65 14.29  
7 J.Cooper M65 15.50

#### 200 Metres - Heat 2

1 P.Edwards M45 26.35  
2 G.Denman M40 26.65  
3 C.Buyers M60 26.97  
4 C.King M50 27.11  
5 H.Coogan M65 28.75

#### 300 Metres - Heat 2

1 P.Edwards M45 39.69  
2 G.Denman M40 39.86  
3 C.Buyers M60 40.76  
4 H.Coogan M65 43.45

#### 3000 Metres

2 I.Davey W55 13.51.76

# Q.M.A. MEMBERS RESULTS – WINTER COMPETITION, 2005-06

## 14/08/05 SUNSHINE COAST

### WINTER CARNIVAL S.C.UNI

#### LADIES:

#### 100 METRES

30-39	1 T.Krome	W30	15.3
	2 J.Jones	W35	16.3
40-49	1 T.Barr	W40	15.1
	2 P.Petersen	W45	15.5
	3 K.McClintock	W40	15.9
	4 D.Quinn	W45	16.6
50-59	1 N.Brameld	W50	16.9
60	1 M.Allison	W60	15.4
	2 L.Hamilton	W60	17.3

#### 200 METRES

30-39	1 T.Krome	W30	32.6
40-49	1 T.Barr	W40	32.1
	2 P.Petersen	W45	32.8
	3 K.McClintock	W40	33.5
50-59	1 N.Brameld	W50	34.9
60	1 L.Hamilton	W60	37.0

#### 400 METRES

40-49	1 P.Petersen	W45	67.3
	2 T.Barr	W40	81.4
60	1 M.Allison	W60	69.1QR

#### HIGH JUMP

30-39	1 J.Jones	W35	1.30
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#### LONG JUMP

30-39	1 J.Jones	W35	3.26
40-49	1 D.Quinn	W45	3.77
50-59	1 N.Brameld	W50	3.12
60	1 L.Hamilton	W60	2.76

#### TRIPLE JUMP

35	1 J.Jones	W35	8.32
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#### JAVELIN THROW

30-39	1 T.Krome	W30	26.72
	2 J.Jones	W35	17.03
40-49	1 D.Quinn	W45	22.65
	2 K.McClintock	W40	20.99
50-59	1 N.Brameld	W50	17.40
60	1 L.Hamilton	W60	18.23

#### DISCUS THROW

30-39	1 T.Krome	W30	27.74
	2 J.Jones	W35	16.33
40-49	1 K.McClintock	W40	23.31
	2 J.McKenzie	W40	20.09
	3 D.Quinn	W45	19.43

#### SHOT PUT

30-39	1 T.Krome	W30	9.28
	2 J.Jones	W35	5.62
40-49	1 K.McClintock	W40	7.64
60+	1 L.Hamilton	W60	6.50

## HAMMER THROW

30-39	1 T.Krome	W30	29.61
	2 J.Jones	W35	17.28
40-49	1 J.McKenzie	W40	13.41

#### MEN

#### 100 METRES

30	1 P.LVescio	M30	11.5
40-49	1 M.Curran	M40	12.9
50-59	1 R.Reisenleiter	M50	13.2
	2 R.White	M50	13.4
	3 G.Kiorgaard	M50	13.6

#### 200 METRES

30	1 P.Vescio	M30	23.5
40-49	1 M.Curran	M40	26.3
50-59	1 R.White	M50	27.1
	2 R.Reisenleiter	M55	27.9
	3 G.Kiorgaard	M50	28.6

#### 400 METRES

30-39	2 B.Whelan	M30	58.9
40-49	1 M.Curran	M40	57.2
	2 D.Wiblen	M40	63.8
	3 G.Davis	M45	65.8
50-59	1 R.White	M50	61.2
	2 G.Kiorgaard	M50	62.2

#### 800 METRES

30-39	1 B.Whelan	M30	2.09.6
40-49	1 K.Reid	M45	2.25.5
	2 D.Wiblen	M40	2.25.8

#### 1500 METRES

30-39	1 B.Whelan	M30	4.17.3
40-49	1 D.Wiblen	M40	5.00.9
	2 G.Davis	M45	6.10.9

#### 3000 METRES

19+	1 B.Whelan	M30	9.11.0
	6 J.Wiesner	M40	10.21.5

#### LONG JUMP

50-59	1 R.White	M50	5.08
	2 R.Reisenleiter	M45	4.60

#### JAVELIN THROW

40-49	2 K.Davis	M45	29.04
	3 G.Davis	M45	28.77
60+	1 K.Daniels	M65	32.77

#### DISCUS THROW

50-59	2 R.White	M50	22.32
60+	K.Daniels	M60	24.30

#### HAMMER THROW

60+	1 K.Daniels	M65	18.90
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#### SHOT PUT

50-59	2 R.White	M50	7.76
60+	1 K.Daniels	M65	8.20

## 21/08/05 All Comers Meet U.Q.

### WOMEN

#### 60 METRES

Open	1 J.Brimms	W35	8.13
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#### 100 METRES

Ht 1.	1 J.Brimms	W35	12.91
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#### 150 METRES

Open	1 J.Brimms	W35	19.46
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#### 250 METRES

Open	1 J.Brimms	W35	37.87
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#### TRIPLE JUMP

Open	1 J.Brimms	W35	10.52
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### MEN

#### 60 METRES

Ht 2	4 C.Buyers	M60	8.31
	5 G.Denman		8.45

#### 100 METRES

Ht 2	3 P.Edwards	M45	12.79
	4 G.Denman	M40	12.82
	6 C.Buyers	M60	12.86

#### 150 METRES

Ht 2	6 G.Denman	M40	19.41
	7 C.Buyers	M60	19.69

#### 250 METRES

Open	4 G.Denman	M40	32.92
	7 C.Buyers	M60	36.39

## 26/08/05 All Comers 10 G.C.

#### 300M Hurdles

Open	2 J.Pryor	W45	55.75
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#### 60 Metres & 100 Metres

Ht 3	3 Potts	M45	7.51wa
Ht 4	4 G.Potts	M45	12.10

## 09/09/05 All Comers U.Q.

### WOMEN

#### W35 Julie Brims

60 Metres	2	Ht.2	8.14
200 Metres	3	Ht.1	26.38

#### 60 Metres

Ht.2	6 G.Denman	M40	8.27
Ht.2	7 C.Buyers	M60	8.31

#### 100 Metres

Ht.4	2 G.Denman	M40	12.81
Ht.5	1 P.Edwards	M45	12.84
Ht.5	2 C.Buyers	M60	13.05

#### 200 Metres

Ht.3	4 G.Denman	M40	25.38
Ht.3	5 P.Edwards	M45	25.83
Ht.3	7 C.Buyers	M60	26.24

#### 400 Metres

Ht.3	3 P.Edwards	M45	57.08
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