

Q.M.A. MEMBERS RESULTS – WINTER COMPETITION, 2005-06

5/06/05 QMA HALF MARATHON CHAMPIONSHIPS DOOMBEN

W35	1 Tressa Lindenberg	1h26.11
W40	1 Julie McCallum	1h31.21
W50	1 Lorraine Halpin	1h40.27
	2 Jill Belford	1h55.31
W55	1 Irene Davey	1h52.20
W60	1 Betty Menzies	1h41.52
	2 Diana Southern	2h39.30
M30	1 Brendan Whelan	1h17.06 QBP
	2 Jason Hall	1h20.20
M35	1 Steve Suthers	1h32.54
M40	1 David Gwynne	1h19.28
	2 Johan Wiesner	1h24.51
M45	1 Ian Kent	1h19.23
	2 Nigel Sisson	1h22.33
	3 Rob Lofthouse	1h29.07
M50	1 Ron Peters	1h13.49
	2 John Loury	1h36.14
	3 Michael Schultz	1h53.29
M55	1 Graham Medill	1h26.47
	2 Bob Henricks	1h36.16
M60	1 Peter Connolly	1h31.02
	2 Chris Windle	1h43.34
M65	1 Colin McLeod	1h24.16
M75	1 Graham Perry	2h03.55

03/07/05 QMA MARATHON CHAMPIONSHIPS GOLD COAST

W40	1 Glenda Banaghan	3h01.39 QBP
W50	1 Jenny Downie	4h34.59
W55	1 Joan Darlington	4h18.30
W60	1 Lesley Le Vaillant	3h53.09 QBP
M35	1 Steve Suthers	3h58.09
M50	1 Ron Peters	2h38.59

CROSS COUNTRY

19/03/05 Challenge 1 Teralba Pk

3000 Metres

14 B.Bodsworth M50 14.21

5000 Metres Men & Women

5 C.Worringham M50 19.10
9 G.Banaghan W40 19.46 QBP
19 R.Lofthouse M45 22.10

02/04/05 Challenge 2 Whites Hill

4000 Metres

6 S.McLaughlin M50 16.51
35 B.Bodsworth M50 21.20

09/04/05 I/C.1 Minnippi Park

3000 Metres

26 A.Fisher W35 18.09

4000 Metres

1 D.Hill M35 13.29 QBP
2 B.Hill M35 13.49

5000 Metres Masters Men 40+

8 S.McLaughlin M50 20.18
9 J.Collie M50 20.21
10 R.Lofthouse M45 20.33
12 P.Marshall M45 20.39
17 S.Manning M40 23.23
19 B.McGaffin M55 23.30
20 B.Bodsworth M50 23.45
21 K.Christison M40 24.25
22 M.Schultz M50 26.29

10/04/05 Sunshine Coast C/C.1

12km 40+

10 W.Edwards M40 60.34

6km 55+ Men & Women

2 R.Vines M60 27.13
7 S.Hastie M55 32.20
1 M.Allison W60 31.26
3 J.Cullen W55 34.23

3k 40+

1 G.Kiorgaard M50 12.14

16/04/05 S/S.1-I/C.2.

7th Brigade Park

3000 Metres W35+

5 S.Cockcroft W35 14.38
7 A.Fisher W35 18.23

4000 Metres Men's Short Distance

1 D.Hill M35 13.30
10 I.Rogers M65 30.48

5000 Metres Masters Men 40+

4 C.Worringham M50 18.46
10 S.McLaughlin M50 19.54
14 R.Lofthouse M45 20.47
18 D.Stapleton M55 21.42
22 B.Bodsworth M50 23.47
23 K.Christison M40 24.15
24 M.Schultz M50 24.41
25 P.Circosta M50 25.18

8000 Metres

6 R.Peters M50 29.17

24/04/05 Sunshine Coast C/C.2

12k 40+

2 I.Kent M45 50.27
10 W.Edwards M40 61.57

6k 55+ Men & Women

2 R.Vines M60 27.29
4 S.Hastie M55 31.55
1 M.Allison W60 30.50
4 J.Cullen W55 36.20

30/04/05 SS.2-IC.3 Carseldine

4000 Metres

1 D.Hill M35 13.27 QBP
3 B.Hill M35 13.44
11 S.McLaughlin M50 15.32
12 J.Collie M50 15.34

6000m Masters Men 40+

3 G.Cowley M50 22.36
13 D.Stapleton M55 26.06
14 P.Circosta M50 30.20
16 N.Gray M45 31.10

9000 Metres

7 R.Peters M50 32.17
17 B.Bodsworth M50 42.11

08/05/05 Sunshine Coast 3

12km 40+

3 Ian Kent M45 50.48

6km 55+ Men & Women

3 R.Vines M60 27.30
6 S.Hastie M55 29.51
1 M.Allison W60 31.10

3km 40+ Men & Women

2 G.Kiorgaard M50 12.31
6 L.Hamilton W60 21.41 QBP

14/05/05 SS.4/IC.4 Teralba Park

2km Masters Women (35-49) & (50+)

QA Queensland Championships

1 G.Banaghan W40 7.32
10 A.Fisher W35 12.00
2 D.Letherby W55 9.35

4km Masters Men (40-49)

QA Queensland Championships

11 I.Beddow M45 16.48
12 R.Lofthouse M45 17.00
17 K.Christison M40 19.18

4km Masters Men (50+)

QA Queensland Championships

1 R.Peters M50 14.31
2 G.Cowley M50 15.01
5 S.McLaughlin M50 15.56
6 J.Collie M50 16.04
13 P.Circosta M50 19.43
15 M.Schultz M50 22.51
16 I.Rogers M65 30.16

4km Womens Open QA Qld.Champs

6 G.Banaghan W40 16.27 QBP

4km Mens Open QA Qld.Champs

13 D.Hill M35 13.21 QBP
20 B.Hill M35 13.54

21/05/05 SS.5/IC.5 Sherwood

3km Masters Women

6 D.Letherby W55 15.09 QBP

4km Mens Short Distance

3 D.Hill M35 14.19
7 B.Hill M35 14.44
11 J.Collie M50 16.17
17 B.Bodsworth M50 18.25
20 I.Rogers M65 27.41

6km Womens Long Distance

3 G.Banaghan W40 24.42

6km Masters Men

5 C.Worringham M50 23.56
10 D.Stapleton M55 27.39

9km Long Distance

12 R.Peters M50 34.22

22/05/05 Sunshine Coast C/C 4

12km 40+ Male

1 I.Kent M45 48.59

6km 40+ Male

4 I.Beddow M45 26.57

6km 55+ Men

3 R.Vines M60 27.54
4 S.Hastie M55 29.02

Women 55+

1 M.Allison W60 30.36

3km 40+ Male

2 G.Kiorgaard M50 11.25

3km 40+ Female

7 L.Hamilton W60 18.41 QBP

28/05/05 SS.6/IC.6 Yeronga Pk

3000m Mens Short Distance

2 B.Hill M35 10.06 QBP
10 I.Rogers M65 21.00 QBP

3000m Womens Short Distance

6 S.Cockcroft W35 14.23

4000m Masters Womens QA Champs

1 G.Banaghan W40 15.25 QBP
9 A.Fisher W35 n.t.

6000m Mens' Medium Distance

1 D.Hill M35 20.51

8000m Masters Men (40-49) QA.Ch.

9 R.Lofthouse M45 33.53
13 K.Christison M40 38.20

8000m Masters Men (50+) QA Champ

1 R.Peters M50 28.26
2 G.Cowley M50 29.02
3 C.Worringham M50 31.04
5 S.McLaughlin M50 31.54
7 J.Collie M50 33.31
8 P.Connolly M60 33.40
11 D.Stapleton M55 35.06
15 M.Schultz M50 43.35

05/06/05 Sunshine Coast C/C.5

6km 40+

2 I.Beddow M45 26.08

6km 55+ Male

3 R.Vines M60 26.25
4 S.Hastie M55 27.47

6km 55+ Female

1 M.Allison W60 29.47

3km 40+ Male

3 G.Kiorgaard M50 12.56

19/06/05 Sunshine Coast C/C.6

6km 40+ Male

2 I.Beddow M45 24.14

6km 55+ Male

3 R.Vines M60 25.51
4 S.Hastie M55 26.11

6km 55+ Female

1 M.Allison W60 28.26

3km 40+ Male & Female

2 G.Kiorgaard M50 11.45
6 L.Hamilton W60 18.41 eqQ

25/06/05 QA CROSS COUNTRY

CHAMPIONSHIPS RICHLANDS

Women: Open 8000m

4 G.Banaghan W40 31.32 QBP

Men: Open 12000m

11 R.Peters M50 43.04

3000m (Non Championship)

6 D.Letherby W55 14.02 QBP

ROAD WALKS

3/04/05 New Farm Park

A & B Grade 5km Men

4	P.Bennett	M45	25.33
5	I.Jimenez	M35	25.42 QBP
7	I.Richardson	M60	28.13 QBP
8	R.Lynch	M75	32.36 QBP

10/04/05 Kalinga Park

A Grade 10km Men

3	P.Bennett	M45	53.54
5	I.Richardson	M60	56.55 QBP
6	R.Lynch	M75	68.51

A Grade 10km Women

J.Moller W50 63.40

B Grade 5km Men

1 I.Jimenez M40 27.05 QBP

B Grade 5km Women

2	S.Lynch	W60	32.33
3	L.Woodward	W50	33.32

17/04/05 New Farm Park

A Grade 15km Men

2	P.Bennett	M45	1:22.15
4	I.Richardson	M60	1:29.53 QBP

A Grade 15km Women

1	J.Moller	W50	1:36.55 QBP
2	N.McKinven	W60	1:53.31 QBP

B Grade 8km Men

1	B.Coleman	M50	50.35
10k	B.Coleman	M50	63.08

24/04/05 Brighton

A Grade 10km Men

3	I.Jimenez	M40	53.26
3	P.Bennett	M45	53.26
5	R.Coleman	M50	62.47

A Grade 10km Women

1	J.Moller	W50	63.13
2	N.McKinven	W60	72.38

B Grade 5km Men

1	I.Richardson	M60	29.37
2	P.Sela	M65	32.49 QBP
3	R.Keatinge	M80	37.11

01/05/05 Brighton

A Grade 10km Men

1	P.Bennett	M45	53.40
2	R.Coleman	M50	61.47

A Grade 10km Women

1 N.McKinven W60 71.24

15/05/05 Murarrie

A Grade 10km Men

4	P.Bennett	M45	55.56
5	B.Coleman	M50	62.30
6	R.Lynch	M75	67.34

A Grade 10km Women

2	J.Moller	W50	63.37
3	N.McKinven	W60	70.10

B Grade 5km

1 S.Lynch W60 33.35

22/05/05 New Farm Park

A Grade Men 15km

2	P.Bennett	M45	1.21.43
3	R.Coleman	M50	1.35.32

A Grade Women 10km

2	J.Moller	W50	63.35
3	N.McKinven	W60	70.43

B Grade 8km

1 I.Richardson M60 46.49

29/05/04 New Farm Park

Invitation Open 10km

3	P.Bennett	M45	53.49
4	R.Coleman	M50	64.10
5	R.Lynch	M75	67.33

Invitation Open 5km

1 P.Sela M65 32.42 QBP

5/06/05 Morningside

A Grade Men 10km

2	P.Bennett	M45	52.46
4	R.Coleman	M50	60.21
5	I.Richardson	M60	61.12
6	R.Lynch	M75	67.20

A Grade Women 10km

1	J.Moller	W50	63.37
2	N.McKinven	W60	69.33

12/06/05 Canberra, ACT

Men 20 Miles including 30km

10	P.Bennett	M45	3h07.56
7	P.Bennett	M45	2h53.48

Open Seniors 10km

1 P.Bennett M45 56.24

Women 10 Miles

20 N.McKinven W60 1h56.24

Open Womens 5km

24 N.McKinven W60 34.29

26/06/05 QRWC Pizey Park

A Grade 10km Men

1 P.Bennett M45 53.42

A Grade 10km Women

1	J.Moller	W50	64.56
2	N.McKinven	W60	70.24

B Grade 5km Men & Women

1	R.Lynch	M75	33.35
1	C.Dauphinet	W70	37.15

26/06/05 ROAD WALKS SHORT COURSE CHAMPS

PIZZEY PK

MEN: 10KM

M45 1 Peter Bennett 53.42

MEN: 5KM

M70	1 Bert Janes	33.21
M75	1 Richard Lynch	33.35

WOMEN: 5KM

W50	1 J.Moller	32.05
	2 R.Wales	39.51
W60	1 N.McKinven	34.15
W70	1 C.Dauphinet	37.15

TRACK & FIELD EVENTS

06/05/05 Milers Meet U.Q.

Masters Mile

S.Cockcroft	W35	6.07.39	QBP
C.Worringham	M50	5.14.73	
D.Stapleton	M55	6.01.99	

10/06/05 All Comers Meet U.Q.

60 Metres

J.Brimms	W35	8.12	
R.White	M50	8.58	
H.Coogan	M65	8.58	

100 Metres

J.Brimms	W35	12.74	
G.Denman	M40	13.35	
R.White	M50	13.46	
H.Coogan	M65	13.77	

200 Metres

J.Brimms	W35	26.15	
P.Edwards	M45	26.27	
G.Denman	M40	26.48	
R.White	M50	27.20	
H.Coogan	M65	28.30	

400 Metres

G.Denman	M40	57.68	
P.Edwards	M45	58.17	
H.Coogan	M65	62.22	

Javelin

T.Krome	W30	25.72	
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Shot Put

T.Krome	W30	9.38	
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Gold Coast Open Events

60 Metres

J.Brimms	W35	8.12	
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100 Metres

J.Brimms	W35	12.85	
H.Coogan	M65	13.83	

200 Metres

G.Denman	M40	26.56	
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300 Metres

J.Brimms	W35	41.81	QBP
J.Moore	M50	42.90	
H.Coogan	M65	43.96	

600 Metres

G.Denman	M40	1.33.60	
J.Moore	M50	1.39.46	

Long Jump

J.Brimms	W35	4.78	
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Triple Jump

J.Brimms	W35	10.49	
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02/07/05 All Comers Meet U.Q.

FEMALE:

W35: J.Brimms			
1 60 Metres			7.99 QBP
4 100 Metres			12.75
3 200 Metres			27.11
1 400 Metres			61.64

MALES:

60 Metres

1 G.Denman	M40	8.34	
2 H.Coogan	M65	8.53	
3 R.White	M50	8.55	

100 Metres

2 G.Denman	M40	13.08	
3 P.Edwards	M45	13.13	
5 R.White	M50	13.49	
6 H.Coogan	M65	13.58	

200 Metres

3 P.Edwards	M45	26.43	
5 G.Denman	M40	27.18	
6 R.White	M50	28.36	
2 H.Coogan	M65	27.88	

400 Metres

3 P.Edwards	M45	56.05	
4 G.Denman	M40	56.27	
8 R.White	M50	63.53	
2 H.Coogan	M65	60.52	