

Q.M.A. 25/09/04 SATURDAY STATE ATHLETIC FACILITY

LADIES

60 METRES

W35	1	J.Brims	8.1	QBP
	2	A.Fisher	8.5	
	3	M.Morgan	9.0	
	4	K.Nicholls	9.9	
W40	1	P.Kwok	9.0	
W50	1	K.Rourke	11.3	
W60	1	D.Roberts	11.7	
W65	1	A.Horsnell	9.8	

100 METRES

W35	1	J.Brims	12.7
	2	A.Fisher	14.2
	3	K.Mears	15.5
	4	K.Nicholls	16.2
W40	1	P.Kwok	14.8
W65	1	A.Horsnell	16.0

300 METRES

W35	1	J.Brims	44.0
	2	M.Edwards	52.5
W40	1	D.Mayfield	47.1
W60	1	D.Roberts	75.1

800 METRES

W35	1	J.Brims	2.49.2
	2	L.Warburton	3.12.6

3000 METRES

W40	1	G.Banaghan	11.17.9
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3KM TRACK WALK

W50	1	J.Moller	17.17.0
W60	1	S.Lynch	18.57.2
	2	N.McKinven	19.59.5
W70	1	C.Dauphinnet	21.29.5

80M HURDLES

W40	1	P.Kwok	16.9
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LONG JUMP

W35	1	K.Mears	3.90
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TRIPLE JUMP

W35	1	J.Brims	10.59	QR
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HIGH JUMP

W40	1	D.Mayfield	1.65
W55	1	W.Perkins	1.25

POLE VAULT

W55	1	W.Perkins	2.35	ARp
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JAVELIN

W35	1	K.Mears	19.43
W40	1	P.Kwok	19.63
	2	S.Rodgers	10.35
W50	1	K.Rourke	15.49
	2	R.Wales	10.36
W55	1	W.Perkins	23.44
W60	1	L.Birtwell	17.89
W65	1	H.Searle	22.09
	2	G.White	11.55
W70	1	H.Doherty	22.83
W95	1	R.Friith	7.89

SHOT PUT

W35	1	J.Brims	7.47	
W40	1	S.Rodgers	4.90	
W50	1	R.Wales	5.02	
W60	1	L.Birtwell	7.24	
W65	1	H.Searle	10.78	
	2	G.White	5.85	
W70	1	H.Doherty	7.97	
W95	1	R.Friith	4.47	WRp

HAMMER

W35	1	K.Mears	17.15	
W40	1	S.Rodgers	14.48	
W50	1	N.Avery	19.58	
	2	R.Wales	16.93	
W60	1	L.Birtwell	23.88	
W65	1	H.Searle	40.55	ARp
	2	G.White	18.73	
W70	1	H.Doherty	21.93	
W95	1	R.Friith	11.37	WRp

MEN

60 METRES

M35	1	S.Lawrence	8.4	
	2	M.Konemann	10.1	
M45	1	B.Valentine	7.7	
M50	1	J.Begley	7.9	
	2	G.Cox	8.7	
M55	1	B.Thompson	9.0	
	2	W.Spalding	9.7	
M60	1	R.McDonald	7.7	QBP
M65	1	H.Coogan	8.5	
	2	J.Cooper	8.7	
	3	R.Austin	8.9	Vis
	4	L.Nicol	9.3	
M70	1	N.Garvey	9.5	
M75	1	M.Dauphinnet	10.2	
	2	R.Grigg	11.9	

100 METRES

M30	1	R.Pethybridge	13.0	
M35	1	M.Konemann	13.8	
	2	S.Lawrence	13.9	
M40	1	G.Denman	14.2	
	2	R.Gibson	14.3	
M45	1	B.Valentine	12.3	
M50	1	J.Begley	12.5	
	2	G.Cox	13.7	
M55	1	B.Thompson	14.3	
	2	W.Spalding	15.5	
M60	1	R.McDonald	12.4	
M65	1	J.Cooper	13.5	
	2	H.Coogan	13.6	
	3	R.Austin	14.2	Vis
	4	L.Nicol	15.1	
M70	1	N.Garvey	15.1	
M75	1	M.Dauphinnet	16.9	
	2	N.Pearce	17.2	
	3	R.Grigg	19.4	

300 METRES

M30	1	S.Mathews	42.8	
M35	1	M.Konemann	43.9	
M40	1	R.Gibson	44.3	
M45	1	P.Edwards	40.2	
	2	M.Warburton	41.6	
M50	1	J.Begley	41.4	
M55	1	W.Spalding	50.0	
M60	1	C.Buyers	41.0	
M65	1	H.Coogan	43.6	
	2	J.Cooper	46.7	
	3	R.Austin	49.2	Vis
	4	L.Nicol	76.1	
M70	1	N.Garvey	52.8	
M75	1	R.Grigg	70.9	

800 METRES

M30	1	D.Hill	2.01.5
	2	B.Hill	2.03.2
	3	M.Jimenez	2.14.4
M35	1	M.Konemann	2.51.1
M40	1	G.Denman	2.17.9
	2	S.Lincez	2.49.7
M50	1	J.Collie	2.20.2
M60	1	E.Egan	2.50.3
M65	1	H.Coogan	2.45.3
M70	1	M.Anderson	4.08.0
M75	1	R.Grigg	4.41.1

3000 METRES

M35	1	R.Nicholls	10.31.5
	2	M.Konemann	11.03.0
	3	P.Sherman	14.13.6
M40	1	S.Pritchard	10.52.5
M45	1	I.Kent	10.06.8
	2	B.Krause	10.57.0
	3	P.Marshall	11.10.6
M50	1	R.Peters	9.30.2
	2	M.Woolley	10.51.8
M55	1	D.Stapleton	11.46.5
	2	I.Richardson	13.21.1
M75	1	N.Pearce	17.24.8

3KM TRACK WALK

M35	1	I.Jimenez	14.22.9
M45	1	P.Bennett	14.34.4
M55	1	I.Richardson	17.54.9
M75	1	R.Lynch	19.37.8
M80	1	R.Keatinge	21.13.3

100M HURDLES

M55	1	M.Lafferty	22.7
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LONG JUMP

M30	1	R.Pethybridge	5.73
M50	1	N.Viney	4.43
M55	1	B.Thompson	4.84
M65	1	S.Herft	4.49
	2	L.Nicol	4.06
M75	1	R.Grigg	2.73

TRIPLE JUMP

M30	1	R.Pethybridge	11.74	
M50	1	N.Viney	8.77	
M55	1	B.Thompson	8.60	
M65	1	S.Herft	9.78	ur
	2	L.Nicol	9.23	
M75	1	R.Grigg	6.00	

HIGH JUMP

M30	1	R.Pethybridge	1.75
M35	1	S.Lawrence	1.53
	2	M.Konemann	1.40
M55	1	B.Thompson	1.35
M60	1	B.Prideaux	1.50
	2	R.McDonald	1.45
M65	1	S.Herft	1.30
M75	1	R.Grigg	1.00

POLE VAULT

M30	1	W.Evans	4.00
M55	1	N.Viney	3.10
M75	1	R.Grigg	1.50

WRp: World Record pending
ARp: Australian Record pending
QR: Queensland Record

JAVELIN

M30	1	R.Pethybridge	42.21
M35	1	S.Lawrence	34.83
	2	M.Konemann	30.37
M45	1	B.Wagner	29.24
M55	1	M.Lafferty	27.67
	2	B.Thompson	21.79
M60	1	D.Quinn	27.25
	2	A.Lakin	15.20
M65	1	S.Herft	35.22
M70	1	A.Ropelin	31.44
	2	R.Vaughan	25.41
M75	1	M.Dauphinet	20.80
M80	1	T.Vickers	13.60

SHOT PUT

M35	1	P.Sherman	7.82
	2	M.Konemann	7.72
M45	1	B.Wagner	10.32
M55	1	M.Lafferty	8.52
M60	1	D.Quinn	9.51
	2	A.Lakin	8.34
M65	1	M.Katmadas	9.05
M70	1	A.Ropelin	11.57
M80	1	T.Vickers	6.09

HAMMER

M45	1	B.Wagner	49.60
M55	1	M.Lafferty	33.83
M60	1	D.Quinn	32.36
	2	A.Lakin	15.98
M65	1	M.Katmadas	29.69
M70	1	A.Ropelin	27.22

	2	R.Vaughan	25.80
M80	1	T.Vickers	15.70

4 x 100M RELAY

1	P.Edwards	
	M.Edwards	
	R.McDonald	
	L.Nicol	55.08
2	W.Spalding	
	H.Coogan	
	C.Buyers	
	C.Williams	56.27
3	M.Price	
	T.Pastellas	
	G.Denman	
	P.Kwok	59.29