

Q.M.A. 25/10/04 MONDAY NIGHT STATE ATHLETIC FACILITY

LADIES

100 METRES

W30	1	H.Powell	15.1
W35	1	J.Brimms	12.7
	2	P.Prasad	14.3
	3	J.Baker	15.8
W40	1	P.Kwok	14.9
	2	T.Barr	15.1
W50	1	M.D'Alessandro	16.0
	2	M.Burley	16.3

200 METRES

W35	1	J.Brimms	26.7
	2	P.Prasad	29.4
	3	M.Morgan	36.4
W40	1	T.Barr	32.7
W50	1	M.D'Alessandro	35.4
	2	M.Burley	36.3

400 METRES

W35	1	J.Brimms	62.4
	2	P.Prasad	68.8

1500 METRES

W35	1	M.Morgan	6.59.0
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10,000 METRES

W40	1	G.Banaghan	38.27.2
W55	1	J.Cullen	52.07.8
W60	1	B.Menzies	47.09.4

10KM TRACK WALK

W60	1	N.McKinven	72.54.5
W75	1	L.Thompson	76.39.8

LONG JUMP

W30	1	H.Powell	4.15
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TRIPLE JUMP

W30	1	H.Powell	9.18
W35	1	J.Brimms	10.40

HIGH JUMP

W30	1	H.Powell	1.35
W35	1	J.Brimms	1.45
	2	J.Baker	1.30
	3	J.Jones	1.25
	4	M.Morgan	1.25

POLE VAULT

W40	1	P.Kwok	2.10
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DISCUS

W30	1	H.Powell	25.98	pb
W35	1	J.Brimms	25.54	
	2	P.Prasad	23.73	
	3	J.Baker	18.39	
	4	M.Morgan	16.26	
W40	1	P.Kwok	22.19	
W60	1	L.Birtwell	22.02	
W70	1	H.Doherty	22.51	

SHOT PUT

W35	1	J.Baker	7.23
W60	1	L.Birtwell	7.12

MEN

100 METRES

M40	1	R.Gibson	14.0
M45	1	B.Valentine	12.0
	2	J.Furlong	12.8
M50	1	J.Begley	12.5
	2	B.Bodsworth	13.2
M55	1	J.Wight	12.8
	2	W.Cousins	12.8
M60	1	C.Buyers	13.3
	2	A.Lakin	16.1
M65	1	J.Cooper	13.5

200 METRES

M40	1	R.Gibson	28.5
M45	1	J.Furlong	26.4
M50	1	J.Begley	25.0
	2	B.Bodsworth	27.2
M55	1	J.Wight	26.0
	2	W.Cousins	26.6
M60	1	C.Buyers	27.0
M65	1	J.Cooper	27.5

400 METRES

M40	1	K.Davis	67.8
	2	S.Lincez	76.8
M50	1	B.McNeill	63.6
M60	1	C.Buyers	61.5
M65	1	J.Cooper	67.9

1500 METRES

M35	1	P.Sherman	6.22.2
M40	1	J.Wiesner	5.17.6
	2	S.Lincz	6.01.1
M45	1	J.Greedy	6.32.7
M50	1	B.McNeill	5.31.1
M60	1	E.Egan	5.51.6
M65	1	C.McLeod	5.36.1
M75	1	N.Pearce	7.04.3

10,000 METRES

M40	1	J.Wiesner	39.04.6
M45	1	J.Greedy	40.09.0
M50	1	J.Woolley	42.44.1

10KM TRACK WALK

M35	1	I.Jimenez	50.29.6
M40	1	A.Leggett	55.16.6
M45	1	P.Bennett	52.30.0
M50	1	B.Coleman	60.46.4
M55	1	I.Richardson	59.38.6

LONG JUMP

M40	1	P.Hewett	4.96
	2	S.Lincez	3.56

TRIPLE JUMP

M40	1	P.Hewett	10.72
	2	S.Lincez	8.22

HIGH JUMP

M30	1	R.Pethybridge	1.70
M40	1	P.Hewett	1.60
M75	1	R.Grigg	1.10

POLE VAULT

M40	1	P.Hewett	3.00	pb
M75	1	R.Grigg	1.50	

DISCUS

M35	1	P.Lonsdale	48.62
M40	1	W.Martell	40.38
	2	P.Hewett	25.52
	3	K.Davis	19.02
	4	S.Lincez	17.96
M55	1	P.Kennedy	23.36

SHOT PUT

M35	1	P.Lonsdale	14.02
M40	1	W.Martell	13.57
	2	K.Davis	6.76
M55	1	P.Kennedy	8.95