

Q.M.A. 09/10/04 SATURDAY STATE ATHLETIC FACILITY

**Women**

**60 METRES**

|     |   |               |                |
|-----|---|---------------|----------------|
| W30 | 1 | L.Murison     | 9.3            |
| W35 | 1 | J.Brimms      | 8.0 <b>QBP</b> |
|     | 2 | A.Fisher      | 8.7            |
|     | 3 | P.Prasad      | 8.8            |
|     | 4 | W.Kregenbrink | 9.5            |
|     | 5 | K.Lonsdale    | 11.1           |
| W40 | 1 | T.Barr        | 9.0            |
| W45 | 1 | M.Schafer     | 9.7            |
| W50 | 1 | K.Whiting     | 9.8            |
|     | 2 | M.Burley      | 10.0           |
| W55 | 1 | J.Hampson     | 10.9           |
| W60 | 1 | D.Roberts     | 11.2           |
| W65 | 1 | A.Horsnell    | 9.9            |
| W75 | 1 | L.Thompson    | 17.1           |

**100 METRES**

|     |   |               |      |
|-----|---|---------------|------|
| W30 | 1 | L.Murison     | 14.8 |
| W35 | 1 | J.Brimms      | 12.8 |
|     | 2 | A.Fisher      | 14.4 |
|     | 3 | P.Prasad      | 14.5 |
|     | 4 | W.Kregenbrink | 14.8 |
| W40 | 1 | T.Barr        | 14.6 |
| W45 | 1 | M.Schafer     | 15.9 |
| W50 | 1 | M.Burley      | 16.5 |
| W55 | 1 | J.Hampson     | 18.0 |
| W65 | 1 | A.Horsnell    | 15.9 |

**300 METRES**

|     |   |            |                 |
|-----|---|------------|-----------------|
| W30 | 1 | L.Murison  | 56.5            |
| W35 | 1 | J.Brimms   | 42.1 <b>QBP</b> |
|     | 2 | P.Prasad   | 46.3            |
|     | 3 | A.Fisher   | 55.2            |
| W40 | 1 | D.Mayfield | 46.9            |
| W55 | 1 | I.Davey    | 58.3            |
| W60 | 1 | D.Roberts  | 68.0            |
| W65 | 1 | A.Horsnell | 62.2            |

**800 METRES**

|     |   |           |        |
|-----|---|-----------|--------|
| W35 | 1 | A.Fisher  | 3.51.0 |
| W45 | 1 | J.Pryor   | 2.32.1 |
| W55 | 1 | J.Hampson | 3.53.3 |

**3000 METRES**

|     |   |             |         |
|-----|---|-------------|---------|
| W35 | 1 | S.Cockcroft | 13.17.9 |
| W55 | 1 | J.Cullen    | 13.52.8 |
| W60 | 1 | B.Menzies   | 12.57.1 |

**2KM STEEPLECHASE**

|     |   |         |         |
|-----|---|---------|---------|
| W55 | 1 | I.Davey | 10.13.0 |
|-----|---|---------|---------|

**3KM TRACK WALK**

|     |   |            |         |
|-----|---|------------|---------|
| W50 | 1 | R.Wales    | 23.20.0 |
| W60 | 1 | N.McKinven | 20.42.9 |
| W75 | 1 | L.Thompson | 21.48.7 |

**DISCOUNT HURDLES**

|     |   |           |           |
|-----|---|-----------|-----------|
| W35 | 1 | J.Brimms  | 100m 15.9 |
| W45 | 1 | M.Schafer | 80m 19.7  |

**HIGH JUMP**

|     |   |            |      |
|-----|---|------------|------|
| W35 | 1 | J.Baker    | 1.30 |
|     | 2 | M.Morgan   | 1.15 |
| W40 | 1 | D.Mayfield | 1.68 |
|     | 2 | P.Kwok     | 1.20 |
| W55 | 1 | W.Perkins  | 1.25 |

**POLE VAULT**

|     |   |           |                 |
|-----|---|-----------|-----------------|
| W40 | 1 | P.Kwok    | 2.00            |
| W55 | 1 | W.Perkins | 2.36 <b>ARp</b> |

**JAVELIN**

|     |   |           |       |
|-----|---|-----------|-------|
| W35 | 1 | P.Prasad  | 23.14 |
|     | 2 | J.Baker   | 15.62 |
| W45 | 1 | M.Schafer | 27.42 |
| W50 | 1 | N.Avery   | 17.76 |
|     | 2 | K.Whiting | 17.06 |
|     | 3 | C.Davis   | 10.12 |
| W55 | 1 | W.Perkins | 24.05 |
| W65 | 1 | H.Searle  | 21.97 |
|     | 2 | G.White   | 13.38 |
| W70 | 1 | H.Doherty | 23.81 |
| W80 | 1 | M.Vickers | 7.75  |
| W95 | 1 | R.Frith   | 7.45  |

**HAMMER**

|     |   |           |       |
|-----|---|-----------|-------|
| W35 | 1 | J.Baker   | 16.05 |
| W45 | 1 | M.Schafer | 19.16 |

|     |   |           |       |    |
|-----|---|-----------|-------|----|
| W50 | 1 | N.Avery   | 21.60 | pb |
|     | 2 | K.Whiting | 21.23 |    |
|     | 3 | C.Davis   | 16.19 |    |
| W65 | 1 | H.Searle  | 39.68 |    |
|     | 2 | G.White   | 19.64 |    |
| W70 | 1 | H.Doherty | 21.65 |    |
| W80 | 1 | M.Vickers | 10.00 |    |
| W95 | 1 | R.Frith   | 10.60 |    |

**WEIGHT THROW**

|     |   |           |       |
|-----|---|-----------|-------|
| W35 | 1 | J.Baker   | 5.95  |
| W45 | 1 | M.Schafer | 6.60  |
| W50 | 1 | K.Whiting | 7.16  |
|     | 2 | N.Avery   | 7.03  |
|     | 3 | C.Davis   | 5.94  |
| W65 | 1 | H.Searle  | 14.22 |
|     | 2 | G.White   | 6.96  |
| W70 | 1 | H.Doherty | 9.40  |
| W80 | 1 | M.Vickers | 4.28  |
| W95 | 1 | R.Frith   | 4.65  |

**MEN**

**60 METRES**

|     |   |             |     |
|-----|---|-------------|-----|
| M35 | 1 | M.Konemann  | 8.9 |
| M45 | 1 | B.Valentine | 7.7 |
|     | 2 | K.Doolan    | 8.0 |
|     | 3 | H.Bristow   | 8.0 |
| M50 | 1 | J.Begley    | 7.7 |
|     | 2 | C.Williams  | 8.8 |
| M55 | 1 | J.Wight     | 7.8 |
|     | 2 | R.Milnes    | 8.9 |
|     | 3 | W.Spalding  | 9.5 |
| M60 | 1 | R.McDonald  | 8.1 |
|     | 2 | C.Buyers    | 8.2 |
|     | 3 | J.Lester    | 8.6 |
| M65 | 1 | H.Coogan    | 8.4 |
|     | 2 | J.Cooper    | 8.6 |
|     | 3 | L.Nicol     | 9.3 |
| M70 | 1 | N.Garvey    | 9.3 |

**100 METRES**

|     |   |             |      |
|-----|---|-------------|------|
| M35 | 1 | M.Konemann  | 13.9 |
| M40 | 1 | R.Gibson    | 14.1 |
|     | 2 | G.Denman    | 14.2 |
|     | 3 | S.Lincez    | 15.3 |
| M45 | 1 | B.Valentine | 12.3 |
|     | 2 | H.Bristow   | 12.5 |
|     | 3 | M.Warburton | 13.3 |
| M50 | 1 | J.Begley    | 12.5 |
|     | 2 | B.Bodsworth | 13.5 |
|     | 3 | C.Williams  | 14.1 |
| M55 | 1 | J.Wight     | 12.8 |
|     | 2 | W.Spalding  | 14.7 |
|     | 3 | R.Milnes    | 14.8 |
| M60 | 1 | C.Buyers    | 13.2 |
|     | 2 | J.Lester    | 14.1 |
| M65 | 1 | H.Coogan    | 13.5 |
|     | 2 | J.Cooper    | 13.8 |
|     | 3 | L.Nicol     | 15.7 |
| M70 | 1 | N.Garvey    | 14.7 |

**300 METRES**

|     |   |             |      |
|-----|---|-------------|------|
| M35 | 1 | M.Konemann  | 44.9 |
| M40 | 1 | G.Denman    | 41.9 |
|     | 2 | R.Gibson    | 43.4 |
| M45 | 1 | B.Valentine | 39.9 |
|     | 2 | P.Edwards   | 40.2 |
| M50 | 1 | P.Moran     | 51.1 |
| M55 | 1 | R.Milnes    | 47.7 |
|     | 2 | W.Spalding  | 50.2 |
| M60 | 1 | C.Buyers    | 41.6 |
|     | 2 | J.Lester    | 46.3 |
|     | 3 | H.Giles     | 47.9 |
| M65 | 1 | H.Coogan    | 42.6 |
|     | 2 | J.Cooper    | 45.8 |
|     | 3 | L.Nicol     | 77.1 |
| M70 | 1 | N.Garvey    | 50.6 |
| M75 | 1 | R.Grigg     | 71.3 |

**800 METRES**

|     |   |        |        |
|-----|---|--------|--------|
| M30 | 1 | D.Hill | 2.01.4 |
|     | 2 | B.Hill | 2.06.3 |

|     |   |            |        |
|-----|---|------------|--------|
| M35 | 1 | R.McCarthy | 2.13.0 |
|     | 2 | M.Konemann | 2.14.5 |
| M40 | 1 | S.Lincez   | 2.45.0 |
| M45 | 1 | P.Marshall | 2.17.6 |
| M50 | 1 | J.Collie   | 2.21.0 |
| M60 | 1 | E.Egan     | 2.45.9 |
| M70 | 1 | M.Anderson | 4.07.5 |
| M75 | 1 | N.Pearce   | 3.26.5 |

**3000 METRES**

|     |   |               |         |
|-----|---|---------------|---------|
| M45 | 1 | B.Krause      | 10.47.3 |
|     | 2 | G.Bongioletti | 10.56.6 |
| M50 | 1 | P.Moran       | 14.10.8 |
| M55 | 1 | I.Richardson  | 13.05.7 |
|     | 2 | B.McGaffin    | 14.25.5 |
| M75 | 1 | N.Pearce      | 15.25.7 |

**2KM STEEPLECHASE**

|     |   |            |        |
|-----|---|------------|--------|
| M65 | 1 | A.Bradford | 7.39.4 |
|-----|---|------------|--------|

**3KM TRACK WALK**

|     |   |              |                   |
|-----|---|--------------|-------------------|
| M50 | 1 | B.Coleman    | 17.12.6           |
| M55 | 1 | I.Richardson | 17.31.3           |
| M65 | 1 | P.Sela       | 18.24.1 <b>QR</b> |

**110M/100M HURDLES**

|     |   |         |                |
|-----|---|---------|----------------|
| M40 | 1 | K.Davis | 21.1           |
| M60 | 1 | H.Giles | 16.7 <b>QR</b> |

**DISCOUNT HURDLES**

|     |   |            |           |
|-----|---|------------|-----------|
| M50 | 1 | P.Moran    | 100m 18.8 |
| M55 | 1 | M.Lafferty | 100m 22.2 |
| M65 | 1 | L.Nicol    | 80m 19.8  |

**LONG JUMP**

|     |   |         |      |
|-----|---|---------|------|
| M65 | 1 | L.Nicol | 3.76 |
| M75 | 1 | R.Grigg | 2.76 |

**TRIPLE JUMP**

|     |   |         |      |
|-----|---|---------|------|
| M65 | 1 | L.Nicol | 9.09 |
| M75 | 1 | R.Grigg | 5.97 |

**POLE VAULT**

|     |   |          |      |
|-----|---|----------|------|
| M50 | 1 | B.Arnold | 3.45 |
| M55 | 1 | N.Viney  | 3.20 |
| M75 | 1 | R.Grigg  | 1.60 |

**JAVELIN**

|     |   |             |       |
|-----|---|-------------|-------|
| M35 | 1 | M.Konemann  | 30.44 |
| M40 | 1 | K.Davis     | 31.28 |
| M50 | 1 | B.Bodsworth | 35.29 |
| M55 | 1 | N.Viney     | 31.45 |
|     | 2 | M.Lafferty  | 27.77 |
| M60 | 1 | D.Quinn     | 26.13 |
| M70 | 1 | A.Ropelin   | 31.87 |
| M80 | 1 | T.Vickers   | 14.60 |

**HAMMER**

|     |   |            |       |
|-----|---|------------|-------|
| M40 | 1 | S.Lincez   | 17.16 |
|     | 2 | K.Davis    | 14.07 |
| M45 | 1 | B.Wagner   | 47.74 |
| M55 | 1 | M.Lafferty | 29.70 |
| M60 | 1 | D.Quinn    | 30.52 |
| M70 | 1 | A.Ropelin  | 28.00 |
| M80 | 1 | T.Vickers  | 15.53 |

**WEIGHT THROW**

|     |   |            |                 |
|-----|---|------------|-----------------|
| M35 | 1 | P.Lonsdale | 14.44 <b>QR</b> |
| M45 | 1 | B.Wagner   | 14.90           |
| M55 | 1 | M.Lafferty | 9.11            |
| M60 | 1 | D.Quinn    | 12.06           |
| M70 | 1 | A.Ropelin  | 13.20           |
| M75 | 1 | R.Grigg    | 7.76            |
| M80 | 1 | T.Vickers  | 8.23            |

**4 x 100M RELAY**

|   |            |       |
|---|------------|-------|
| 1 | A.Fisher   |       |
|   | H.Coogan   |       |
|   | H.Giles    |       |
|   | N.Garvey   | 55.48 |
| 2 | G.Denman   |       |
|   | J.Cooper   |       |
|   | W.Spalding |       |
|   | I.Davey    | 58.06 |
| 3 | C.Buyers   |       |
|   | R.Grigg    |       |
|   | P.Prasad   |       |
|   | L.Nicol    | 61.83 |

ARp: Australian Record pending

QR: Queensland Record

QBP: Queensland Best Performance