

**Q.M.A. 02/10/04 SATURDAY STATE ATHLETIC FACILITY**

**LADIES**

**60 METRES**

W35	1	A.Fisher	8.6
	2	P.Prasad	8.8
	3	W.Kregenbrink	9.3
	4	K.Mears	9.4
	5	K.Nicholls	10.1
W40	1	J.Kirby	9.0
	2	T.Barr	9.1
	3	P.Kwok	9.1
W50	1	M.Burley	9.8
W65	1	A.Horsnell	9.7

**100 METRES**

W30	1	J.Schubert	15.2
W35	1	P.Prasad	13.9
	2	A.Fisher	13.9
	3	W.Kregenbrink	14.6
	4	K.Nicholls	16.1
W40	1	J.Kirby	14.4
	2	P.Kwok	14.7
	3	T.Barr	14.9
W50	1	M.Burley	16.2
W65	1	A.Horsnell	16.0

**200 METRES**

W30	1	J.Schubert	31.5
W35	1	P.Prasad	29.0
	2	W.Kregenbrink	31.4
W40	1	J.Kirby	30.2
	2	K.Lakin	31.5
	3	T.Barr	32.2
W55	1	I.Davey	35.9
W65	1	A.Horsnell	34.6

**400 METRES**

W30	1	J.Schubert	69.3
W35	1	P.Prasad	67.4
W40	1	K.Lakin	70.1
W55	1	I.Davey	89.2

**1500 METRES**

W35	1	A.Fisher	8.20.8
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**5000 METRES**

W35	1	S.Cockcroft	24.01.5
W40	1	G.Banaghan	19.42.3
W55	1	J.Cullen	23.57.2
	2	I.Davey	24.47.4
W60	1	B.Menzies	22.14.8

**5KM TRACK WALK**

W60	1	N.Mckinven	33.57.3
W70	1	C.Dauphinet	36.02.3
W75	1	L.Thompson	40.59.6

**LONG JUMP**

W35	1	K.Mears	3.79
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**POLE VAULT**

W40	1	P.Kwok	1.80
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**DISCUS**

W35	1	K.Mears	26.70
	2	P.Prasad	21.48
	3	A.Fisher	21.15
W50	1	K.Whiting	18.78
	2	C.Davis	13.81
W55	1	W.Perkins	23.84
	2	H.McDonnell	18.52
	3	I.Davey	12.67
W65	1	H.Searle	26.70
	2	G.White	13.19
W70	1	H.Doherty	23.84
W95	1	R.Frith	9.85WRp

**SHOT PUT**

W35	1	A.Fisher	6.88
W50	1	K.Whiting	7.48
	2	C.Davis	5.81
W55	1	W.Perkins	9.05
W65	1	H.Searle	9.84
	2	A.Horsnell	6.36
	3	G.White	6.09
W70	1	H.Doherty	8.08
W95	1	R.Frith	4.33

**WEIGHT THROW**

W50	1	K.Whiting	7.22
	2	C.Davis	6.14
W55	1	H.McDonnell	7.51
W65	1	H.Searle	15.91 ARp
	2	G.White	7.17
W70	1	H.Doherty	9.91
W95	1	R.Frith	4.55

**MEN**

**60 METRES**

M30	1	W.Evans	7.2
M35	1	S.Minns	7.8
	2	S.Copas	7.8
M45	1	B.Valentine	7.8
	2	K.Doolan	7.8
M50	1	J.Begley	7.8
	2	G.Cox	8.6
	3	N.Manefield	8.7
	4	C.Williams	8.8
M55	1	R.Milnes	8.7
	2	W.Spalding	9.6
M60	1	C.Buyers	8.3
M65	1	H.Coogan	8.3
	2	J.Cooper	8.6
	3	S.Herft	8.9
	4	L.Nicol	9.4
M70	1	N.Garvey	9.4
M75	1	R.Grigg	12.2

**100 METRES**

M30	1	W.Evans	11.3
	2	R.Pethybridge	12.9
M35	1	S.Minns	12.1
	2	S.Copas	12.3
M40	1	G.Denman	14.2
M45	1	B.Valentine	12.3
M50	1	J.Begley	12.4
	2	N.Manefield	13.5
	3	G.Cox	13.6
	4	C.Williams	14.0
M55	1	R.Milnes	13.8
	2	W.Spalding	14.7
M60	1	C.Buyers	12.8
	2	H.Giles	14.8
M65	1	H.Coogan	13.3
	2	J.Cooper	13.4
	3	L.Nicol	15.4
M70	1	N.Garvey	14.6

**200 METRES**

M30	1	W.Evans	23.4
M35	1	S.Minns	24.4
M40	1	R.Gibson	28.8
M45	1	B.Valentine	25.4
	2	M.Warburton	26.6
M50	1	J.Begley	25.9
	2	N.Manefield	28.4
M55	1	R.Milnes	29.9
	2	W.Spalding	31.0
M60	1	C.Buyers	26.6
M65	1	H.Coogan	27.6
	2	J.Cooper	28.1
	3	L.Nicol	43.1
M70	1	N.Garvey	31.6

**400 METRES**

M40	1	G.Denman	59.8
	2	R.Gibson	60.7
M45	1	P.Edwards	58.0
M50	1	N.Manefield	60.6
M60	1	C.Buyers	59.9
M65	1	H.Coogan	62.8
	2	J.Cooper	70.1
	3	L.Nicol	2.10.5
M70	1	N.Garvey	76.0
M75	1	R.Grigg	1.44.7

**1500 METRES**

M30	1	D.Hill	4.13.4
	2	B.Hill	4.15.2

M35	1	S.Copas	5.59.7
M40	1	S.Lincez	5.56.1
M50	1	R.Peters	4.38.8
M70	1	M.Anderson	8.42.1

**5000 METRES**

M45	1	I.Kent	17.30.1
	2	B.Krause	18.57.9
	3	G.Bongioletti	19.34.7
M50	1	R.Peters	16.29.2
	2	J.Woolley	18.57.4
M55	1	D.Stapleton	19.58.5
M75	1	N.Pearce	26.22.1

**300M/400M HURDLES**

M50	1	B.Bodsworth	68.0
M60	1	H.Giles	48.9eqQR

**DISCOUNT HURDLES**

M55	1	M.Lafferty	62.1
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**5KM TRACK WALK**

M40	1	A.Leggett	27.15.4
M50	1	B.Coleman	29.32.8
M55	1	I.Richardson	29.05.8
M75	1	R.Lynch	33.05.5

**LONG JUMP**

M40	1	S.Lincez	3.72
M60	1	H.Giles	4.50
M65	1	S.Herft	4.33
	2	L.Nicol	3.61
M75	1	R.Grigg	2.79

**TRIPLE JUMP**

M40	1	S.Lincez	8.35
M60	1	H.Giles	4.50
M65	1	S.Herft	9.50 ur
	2	L.Nicol	9.07
M75	1	R.Grigg	5.76

**HIGH JUMP**

M30	1	R.Pethybridge	1.60
M45	1	C.Elliott	1.45
M65	1	S.Herft	1.30
M75	1	R.Grigg	1.15 pb

**POLE VAULT**

M45	1	C.Elliott	2.40
M75	1	R.Grigg	1.50

**DISCUS**

M35	1	P.Lonsdale	47.44
M40	1	W.Martell	40.96 pb
	2	K.Davis	19.48
M45	1	B.Wagner	28.86
M55	1	M.Lafferty	22.14
M60	1	D.Quinn	34.62
	2	A.Lakin	22.92
M65	1	M.Katmadis	32.26
M70	1	A.Ropelin	30.40
M75	1	R.Grigg	19.39

**SHOT PUT**

M35	1	P.Lonsdale	14.19 pb
M40	1	W.Martell	12.87 pb
	2	K.Davis	7.64 pb
	3	S.Lincez	7.60 pb
M55	1	M.Lafferty	8.22
M60	1	D.Quinn	10.10
	2	A.Lakin	7.92
M65	1	M.Katmadis	9.09
M70	1	A.Ropelin	11.61
	2	R.Vaughan	7.95

**WEIGHT THROW**

M35	1	P.Lonsdale	14.45 QR
M40	1	W.Martell	10.48 pb
	2	K.Davis	5.66
M45	1	B.Wagner	14.31
M60	1	D.Quinn	11.39
	2	A.Lakin	6.70
M65	1	M.Katmadis	10.75
M70	1	R.Vaughan	12.43
	2	A.Ropelin	12.04
M75	1	R.Grigg	7.80