

Q.M.A. 24/01/05 MONDAY U.Q. ST. LUCIA

LADIES

100 METRES
W35 1 J.Brimms 13.0
2 A.Fisher 14.4
W55 1 W.Perkins 14.6

200 METRES
W35 1 J.Brimms 27.4
2 M.Morgan 33.4
W40 1 J.Kirby 31.6
2 P.Kwok 32.4
W55 1 W.Perkins 30.7
2 H.McDonnell 35.3
3 I.Davey 37.4

300 METRES
W35 1 J.Brimms 44.7
2 M.Morgan 57.3
W40 1 J.Kirby 54.9
W55 1 W.Perkins 50.2
2 I.Davey 58.9
3 H.McDonnell 61.1

1500 METRES
W35 1 M.Morgan 6.57.0
W55 1 I.Davey 6.46.2
W60 1 B.Menzies 6.13.4
2 D.Southern 8.41.3

10,000 METRES
W40 1 G.Banaghan 37.42.3
W55 1 J.Cullen 51.57.3

10KM TRACK WALK
W60 1 N.McKinven 73.28.6

LONG JUMP
W35 1 M.Morgan 3.17

JAVELIN THROW
W35 1 J.Brimms 19.59
W40 1 P.Kwok 20.14
W55 1 W.Perkins 21.82

SHOT PUT
W35 1 J.Brimms 8.12

W40 1 P.Kwok 6.95
W55 1 W.Perkins 9.84

MEN

100 METRES
M35 1 D.Leon 12.4
2 M.Konemann 13.3
M45 1 G.Davis 13.8
2 C.Elliott 14.2
M50 1 D.Lloyd 12.5
2 J.Begley 12.6
3 C.King 12.7
M55 1 L.Malcolmson NZ 12.4
2 J.Wight 12.5
M60 1 C.Buyers 13.3
M65 1 J.Cooper 13.2

200 METRES
M35 1 M.Konemann 26.8
M45 1 G.Davis 28.4
2 K.Davis 28.5 pb
3 C.Elliott 29.2
M50 1 J.Begley 26.1
2 C.King 26.7
3 D.Lloyd 26.7
4 K.Dohnt 28.8
M55 1 J.Wight 25.6
2 L.Malcolmson NZ 26.2
M60 1 C.Buyers 26.6
M65 1 J.Cooper 26.8

300 METRES
M35 1 M.Konemann 45.3
M45 1 K.Davis 46.1
2 G.Davis 47.5
3 C.Elliott 55.2
M50 1 B.Grayson 41.4
2 J.Begley 41.6
3 B.Bodsworth 43.6
4 D.Lloyd 50.3

5 C.King 50.5
M55 1 L.Malcolmson NZ 41.8
2 J.Wight 43.0
3 P.Chaplain 48.1
M60 1 C.Buyers 41.5
2 H.Giles 46.7
M65 1 J.Cooper 45.2

1500 METRES
M30 1 D.Hill 4.28.0
2 B.Hill 4.33.2
M35 1 M.Konemann 5.34.7
M40 1 G.Ewart 4.31.0
2 A.Clowes 4.33.2
M45 1 J.Greedy 6.07.3
M50 1 B.Bodsworth 5.27.3
2 K.Dohnt 5.29.5
M55 1 B.McGaffin 6.11.0

10,000 METRES
M40 1 D.Gwynne 36.39.4
M45 1 J.Greedy 46.00.4
M60 1 R.Vines 44.53.7

10KM TRACK WALK
M40 1 A.Leggett 56.34.2
M45 1 P.Bennett 55.32.9
M50 1 B.Coleman 62.14.3
M80 1 R.Keatinge 74.09.2

LONG JUMP
M45 1 C.Elliott 4.31

JAVELIN THROW
M35 1 M.Konemann 24.97
M45 1 C.Elliott 31.06
2 G.Davis 30.55
3 K.Davis 30.05
M50 1 B.Bodsworth 33.57
M55 1 L.Malcolmson NZ 35.98

SHOT PUT
M35 1 M.Konemann 7.85
M45 1 K.Davis 7.10

Q.M.A. 29/01/05 SATURDAY QSAC MAIN TRACK

LADIES

60 METRES
W35 1 J.Brimms 8.2
2 J.Baker 9.6
3 M.Morgan 9.8
W40 1 C.Patterson 9.3
2 J.Kirby 9.4
3 J.Walklate 9.5
4 M.Price 10.0
W45 1 R.Guiney 9.2
W50 1 K.Rourke 9.8
W55 1 W.Perkins 8.6
2 P.Waters 10.2
W65 1 A.Horsnell 9.9

100 METRES
W35 1 J.Brimms 12.8
W40 1 K.Lakin 14.7 pb
2 J.Walklate 14.8
3 C.Patterson 14.9 pb
4 J.Kirby 15.0
5 M.Price 15.8
W45 1 R.Guiney 15.4
W50 1 K.Rourke 15.7
W55 1 W.Perkins 14.1
2 P.Waters 16.2
W65 1 A.Horsnell 15.8

300 METRES
W35 1 J.Brimms 43.4
2 M.Morgan 54.4
W40 1 K.Lakin 51.0
2 J.Kirby 54.4
3 M.Price 56.9
4 C.Patterson 58.9
W45 1 R.Guiney 57.2
W50 1 K.Rourke 60.1
W55 1 I.Davey 56.4

400 METRES
W35 1 J.Brimms 73.9
W40 1 M.Price 87.9

1500 METRES
W40 1 M.Price 7.25.4
W60 1 B.Menzies 5.47.0 ur

5000 METRES
W40 1 G.Banaghan 18.14.8
W55 1 J.Cullen 24.31.2

DISCOUNT HURDLES
W55 1 W.Perkins 55.1

5000M TRACK WALK
W50 1 J.Moller 30.44.9
2 R.Wales 39.44.1
W60 1 N.McKinven 33.47.8
W70 1 C.Dauphinnet 36.15.8
W75 1 L.Thompson 39.13.1

LONG JUMP
W35 1 J.Jones 3.89
2 J.Baker 3.85
W55 1 W.Perkins 4.09
2 P.Waters 3.27

HIGH JUMP
W35 1 J.Brimms 1.30
2 J.Baker 1.25
3 M.Morgan 1.25
W55 1 W.Perkins 1.25
2 P.Waters 1.25

JAVELIN
W35 1 J.Brimms 19.20
2 J.Jones 16.70
3 J.Baker 15.48
4 M.Morgan 14.26
W45 1 R.Guiney 20.00
W50 1 K.Rourke 18.20
2 N.Avery 16.13
W55 1 W.Perkins 25.15

2 P.Waters 17.30
W60 1 L.Birtwell 18.63
W70 1 H.Doherty 23.62

DISCUS
W35 1 K.Mears 27.62
2 J.Jones 16.16
W40 1 J.McKenzie 22.84 pb
2 J.Walklate 21.18
W45 1 R.Guiney 17.75
W50 1 N.Avery 14.39
W60 1 L.Birtwell 20.92
W65 1 H.Searle 26.63
W70 1 H.Doherty 22.96
W95 1 R.Frith .75k 10.85 ARp

WEIGHT THROW
W35 1 J.Jones 6.56
2 J.Baker 6.22
W40 1 J.Walklate 8.70
W50 1 N.Avery 6.83
2 R.Wales 6.46
W60 1 L.Birtwell 9.41
W65 1 H.Searle 14.64
W70 1 H.Doherty 9.50
W75 1 R.Frith 6.23 ARp

MEN

60 METRES
M35 1 D.Leon 7.8
1 J.Croft 7.8
3 S.Lawrence 8.4
4 J.Gan 8.5
5 M.Konemann 8.5
M40 1 R.Keane 7.7
M45 1 B.Valentine 7.7
2 H.Bristow 7.8
M50 1 J.Begley 8.0
2 C.King 8.2

Q.M.A. 29/01/05 SATURDAY QSAC MAIN TRACK

60 METRES (cont)

M50	3	G.Cox	8.6	
	4	J.Musters	8.8	
	5	I.Malouf	9.4	
M55	1	A.Ashauer	8.5	pb
	2	R.Milnes	8.5	
	3	W.Spalding	9.6	
M60	1	C.Buyers	8.2	
M65	1	J.Cooper	8.6	
	2	L.Nicol	9.0	
M75	1	R.Grigg	11.9	

100 METRES

M35	1	J.Croft	12.2	
	2	D.Leon	12.7	
	3	M.Konemann	13.2	
	4	S.Lawrence	13.7	
M40	1	R.Keane	12.3	
	2	R.Gibson	13.8	
M45	1	B.Valentine	12.4	
	2	H.Bristow	12.7	
	3	M.Warburton	13.3	
	4	G.Davis	14.0	
M50	1	C.King	12.6	
	2	J.Begley	12.7	
	3	B.Bodsworth	13.1	
	4	G.Cox	13.5	
	5	J.Musters	14.1	
	6	I.Malouf	14.6	
M55	1	A.Ashauer	13.8	pb
	2	W.Spalding	14.7	
	3	B.Thompson	14.7	
M60	1	C.Buyers	13.1	
	2	A.Lakin	15.2	
M65	1	J.Cooper	13.1	
	2	L.Nicol	15.1	

300 METRES

M30	1	M.Whitman	38.5	
	2	D.Griffith	40.5	
M35	1	M.Konemann	41.5	
M40	1	R.Keane	39.7	
	2	A.Riascos	41.0	
	3	G.Denman	42.5	
	4	R.Gibson	43.2	
M45	1	B.Valentine	41.0	
	2	H.Bristow	42.6	
M50	1	J.Moore	41.6	
	2	J.Begley	41.8	
	3	C.King	47.7	
	4	J.Musters	51.8	
	5	I.Malouf	52.6	
	6	N.Manefield	53.6	
	7	P.Moran	56.3	
M55	1	W.Spalding	51.4	
M60	1	C.Buyers	41.0	
	2	A.Lakin	53.3	
M65	1	J.Cooper	44.2	
M70	1	N.Garvey	56.5	

400 METRES

M30	1	M.Whitman	55.4	
	2	D.Griffith	58.9	
M35	1	S.Lawrence	62.1	
	2	M.Konemann	68.8	
M40	1	G.Denman	60.9	
M45	1	P.Edwards	58.3	
	2	S.McLaughlin	60.2	
	3	P.Marshall	64.1	
M50	1	N.Manefield	59.7	
	2	J.Collie	64.2	
M60	1	C.Buyers	60.1	
M65	1	J.Cooper	68.8	

1500 METRES

M35	1	J.Croft	4.49.3	
	2	M.Konemann	5.46.5	
M40	1	S.Pritchard	4.56.9	
	2	D.Gwynne	4.58.9	
M45	1	P.Marshall	4.58.7	
	2	C.Elliott	7.24.0	
M50	1	J.Collie	5.06.0	
	2	J.Moore	5.46.5	
M55	1	B.McGaffin	5.52.0	
M60	1	E.Egan	6.09.9	
M65	1	B.Morling	5.21.8	

5000 METRES

M40	1	D.Gwynne	18.28.4	
	2	J.Wiesner	18.31.6	
M45	1	N.Duncan	19.38.1	
	2	R.Bond	20.16.7	
	3	J.Greedy	21.19.6	
M50	1	D.Langridge	21.19.2	
	2	P.Circosta	25.53.0	
M65	1	C.McLeod	18.30.1	

300m/400m HURDLES

M60	1	H.Giles	48.1	
M75	1	R.Grigg	80.7	QR
M45	1	P.Marshall	79.8	
	2	C.Elliott	1.42.2	
M55	1	M.Lafferty	1.28.3	

5000M TRACK WALK

M35	1	J.Nash	26.19.6	
M45	1	P.Bennett	26.51.6	
M50	1	B.Coleman	30.35.4	
M60	1	I.Richardson	27.57.2	QR
M65	1	P.Sela	32.48.1	

LONG JUMP

M35	1	J.Croft	4.94	
M40	1	D.Gwynne	4.34	
M50	1	A.Cameron	4.56	
M55	1	B.Thompson	4.75	
M60	1	H.Giles	4.54	
M65	1	S.Herft	4.29	
	2	L.Nicol	3.59	
M75	1	R.Grigg	2.63	

TRIPLE JUMP

M40	1	D.Gwynne	9.40	
M65	1	S.Herft	9.17	

	2	L.Nicol	8.28	
M75	1	R.Grigg	5.98	

HIGH JUMP

M35	1	M.Konemann	1.53	
	2	J.Gan	1.50	
	3	S.Lawrence	1.50	
M40	1	D.Gwynne	1.45	
M55	1	B.Thompson	1.50	
M65	1	S.Herft	1.15	
M75	1	R.Grigg	1.15	pb

JAVELIN

M35	1	J.Gan	54.12	
	2	A.White	36.30	
	3	S.Lawrence	34.16	
	4	M.Konemann	25.24	
M45	1	C.Elliott	30.91	
	2	G.Davis	28.07	
M50	1	B.Bodsworth	31.73	
	2	A.Haralampou	30.42	
M55	1	M.Lafferty	29.28	
	2	P.Clark	27.88	
	3	W.Spalding	25.30	
M60	1	D.Quinn	27.67	
M65	1	S.Herft	34.12	
M70	1	E.Saarinen	38.14	
	2	A.Ropelin	28.14	
M75	1	R.Grigg	16.13	
M80	1	F.Jekabsons	23.11	
M85	1	T.Vickers	14.97	

DISCUS

M35	1	A.White	32.80	
	2	J.Gan	31.60	
	3	M.Konemann	27.07	
	4	S.Lawrence	25.48	
M40	1	W.Martell	42.14	
M45	1	C.Elliott	21.53	
M50	1	A.Haralampou	27.50	
M55	1	P.Clark	33.28	
M60	1	D.Quinn	34.14	
M65	1	W.Selvey	44.92	QR
	2	S.Herft	22.96	
M70	1	A.Ropelin	31.29	
	2	E.Saarinen	30.83	
M75	1	R.Grigg	21.25	
M80	1	F.Jekabsons	26.89	
M85	1	T.Vickers	14.70	

WEIGHT THROW

M30	1	D.Allan	16.08	QR
M35	1	A.White	10.33	
M40	1	W.Martell	11.22	
M45	1	B.Wagner	15.28	
M55	1	P.Clark	10.05	
	2	M.Lafferty	9.23	
M60	1	D.Quinn	11.85	
M65	1	A.Ropelin	12.80	
	2	E.Saarinen	11.53	
M75	1	R.Grigg	7.53	
M80	1	F.Jekabsons	11.56	
M85	1	T.Vickers	7.36	

Q.A. OPEN COMPETITION 2005 - QMA MEMBERS RESULTS

07/01/05 All Comers Meet St.L

100 Metres / 200 Metres

R. White	M50	13.66	
R. White	M50	27.29	

3000 Metres

D. Stapleton	M55	12.22.29	
--------------	-----	----------	--

60 Metres

M. Bugeja	W30	8.37	
W. Perkins	W55	9.20	

Long Jump

M. Bugeja	W30	5.36	
W. Perkins	W55	4.14	

14/01/05 Bris.League 6 and

Super Series St.Lucia

100 Metres / 200 Metres

N. Brameld	W50	16.19	
N. Brameld	W50	34.36	

800 Metres

J. Flynn	W50	2.18.53	
B. Grayson	M50	2.16.76	

1500m Track Walk

I. Richardson	M60	8.41.73	QR
---------------	-----	---------	----

5000m Track Walk

P. Bennett	M50	26.03.11	
------------	-----	----------	--

26/01/05 S/Series 5 Gold Coast

3k Steeplechase

S.Lincez	M40	15.14.68	
----------	-----	----------	--

Hammer Throw

H.Searle	W65	37.47	
N.Murdoch	W75	16.55	
R.Frith	W95	13.46	
B.Wagner	M45	49.13	
J.Stammers	M55	28.80	
R.Murdoch	M80	18.23	

Discus

W.Selvey	M65	43.77	
----------	-----	-------	--

60 Metres

P.Vescio	M30	7.25	QR
----------	-----	------	----

Shot Put

J.Stammers	M55	9.28	
S.Lincez	M40	7.11	

100 Metres

P.Vescio	M30	11.41	
----------	-----	-------	--

200 Metres

P.Vescio	M30	23.0h	
----------	-----	-------	--

29/01/05 Super Series 6 & Brisbane League 8 QSAC

800 Metres

J.Flynn	W50	2.16.05	WRp
---------	-----	---------	-----