

Q.M.A. 15/01/05 SATURDAY QSAC, MAIN TRACK

**LADIES**

**60 METRES**

W35	1	A.Fisher	9.0
W40	1	C.Patterson	9.7
W45	1	M.Schafer	10.1
	2	D.Emerson	10.8
W55	1	P.Waters	10.2
W60	1	L.Hamilton	10.7
W65	1	A.Horsnell	10.5

**100 METRES**

W35	1	A.Fisher	14.6
W40	1	K.Lakin	15.5
	2	C.Patterson	16.7
W50	1	M.Burley	17.2
W60	1	L.Hamilton	17.8
W65	1	A.Horsnell	16.8

**200 METRES**

W40	1	C.Patterson	31.2
	2	K.Lakin	31.4
W45	1	M.Schafer	35.4
W50	1	F.McNeill	32.7
W55	1	H.McDonnell	35.4
	2	I.Davey	37.2

**800 METRES**

W35	1	M.McKenna	2.58.1
W40	1	K.Lakin	2.50.6
W45	1	J.Belford	3.17.1
W50	1	F.McNeill	2.35.5
W60	1	B.Menzies	2.55.4

**3000 METRES**

W35	1	M.Morgan	13.19.1
W40	1	G.Banaghan	10.36.4
W55	1	D.Letherby	13.23.0
	2	J.Cullen	14.10.2

**2KM STEEPLECHASE**

W35	1	L.Bateson	9.36.2
	2	M.McKenna	9.38.5
W55	1	I.Davey	10.11.3

**80M HURDLES**

W45	1	M.Schafer	16.5
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**DISCOUNT HURDLES**

W35	1	M.Morgan	16.4
W55	1	H.McDonnell	18.3
W60	1	L.Hamilton	18.2

**3KM TRACK WALK**

W50	1	R.Wales	22.53.6
W60	1	S.Lynch	19.21.8
	2	N.McKinven	20.07.1
W65	1	P.Solomon	25.50.2
W70	1	C.Dauphinnet	21.17.4

**LONG JUMP**

W35	1	K.Mears	3.78
W45	1	J.Downie	2.57
W50	1	N.Avery	3.21

**HIGH JUMP**

W35	1	M.Morgan	1.30
W40	1	D.Mayfield	1.65

**POLE VAULT**

W55	1	W.Perkins	2.41	ARp
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**JAVELIN THROW**

W40	1	J.Walklate	21.84
W45	1	M.Schafer	25.25
	2	D.Emerson	18.67
	3	J.Downie	10.56
W50	1	N.Avery	15.19
	2	C.Davis	12.02
W55	1	P.Waters	20.40
W60	1	L.Hamilton	18.20
	2	L.Birtwell	17.49
W65	1	G.White	10.35
W70	1	H.Doherty	23.35
	2	M.Jekabsons	10.35

**DISCUS THROW**

W35	1	K.Mears	27.18	
W40	1	J.McKenzie	21.65	
W45	1	D.Emerson	25.24	pb
	2	J.Belford	17.94	
	3	J.Downie	14.19	

W50	1	C.Davis	13.23
	2	N.Avery	13.06
W60	1	L.Birtwell	21.70
W65	1	G.White	12.98
W70	1	H.Doherty	22.48
	2	M.Jekabsons	11.17

**SHOT PUT**

W40	1	J.Walklate	9.20
W45	1	M.Schafer	10.39
	2	D.Emerson	7.25
	3	J.Belford	5.70
	4	J.Downie	5.03
W50	1	N.Avery	6.78
	2	C.Davis	5.70
W55	1	P.Waters	7.25
W60	1	L.Birtwell	7.86
W65	1	G.White	5.57
W70	1	H.Doherty	7.66
	2	M.Jekabsons	5.45

**MEN**

**60 METRES**

M30	1	M.Whitman	7.6
M35	1	J.Croft	7.8
	2	J.Gan	8.1
	3	D.Leon	8.2
	4	S.Lawrence	8.6
	5	P.Sherman	9.6
M40	1	R.Keane	7.7
M45	1	B.Valentine	7.7
	2	H.Bristow	8.1
	3	G.Davis	8.7

M50	1	J.Begley	8.2
	2	B.Bodsworth	8.5
	3	G.Cox	8.6
M55	1	J.Wight	8.1
	2	A.Ashauer	9.2
	3	B.Thompson	9.4
	4	W.Spalding	9.5
M60	1	C.Buyers	8.4
M65	1	H.Coogan	8.3
	2	J.Cooper	8.5
M70	1	N.Garvey	10.2
M75	1	R.Grigg	12.2

**100 METRES**

M30	1	M.Whitman	12.1
M35	1	J.Croft	12.3
	2	D.Leon	13.1
	3	S.Lawrence	13.5
	4	J.Gan	13.5

M40	1	R.Keane	12.5
M45	1	B.Valentine	12.3
	2	H.Bristow	12.7
	3	M.Warburton	13.7
	4	K.Davis	13.9
	5	G.Davis	14.1
M50	1	J.Begley	13.0
	2	B.Bodsworth	13.8
M55	1	J.Wight	12.9
	2	A.Ashauer	14.6
	3	B.Thompson	15.0
	4	P.Kennedy	15.1
	5	W.Spalding	15.5
M60	1	C.Buyers	13.4
	2	H.Giles	14.6
M65	1	J.Cooper	13.4
	2	H.Coogan	13.5
M70	1	N.Garvey	16.4

**200 METRES**

M30	1	M.Whitman	24.8
M40	1	R.Keane	25.4
M45	1	H.Bristow	26.5
	2	P.Edwards	27.0
	3	M.Warburton	27.0
	4	G.Davis	29.3
	5	K.Davis	30.3
M50	1	J.Begley	26.7
	2	P.Moran	30.5

M55	1	J.Wight	26.3
	2	A.Ashauer	31.1
	3	W.Spalding	33.0
M60	1	C.Buyers	26.6
	2	H.Giles	30.0
	3	E.Egan	36.2
M65	1	H.Coogan	27.2
	2	J.Cooper	27.3
M70	1	N.Garvey	35.0
M75	1	R.Grigg	46.2

**800 METRES**

M35	1	J.Croft	2.14.2
	2	J.Gan	2.27.8
M40	1	G.Ewart	2.10.1
	2	D.Gwynne	2.24.9
M50	1	T.Dauphinnet	2.14.7
	2	N.Manefield	2.17.3
	3	J.Moore	2.24.8
	4	B.Bodsworth	2.29.2
	5	B.McNeill	2.43.2
	6	P.Moran	3.25.9
M65	1	B.Morling	2.40.0
M75	1	N.Pearce	3.37.3

**3000 METRES**

M35	1	P.Sherman	14.38.1
M40	1	D.Gwynne	10.24.0
	2	S.Pritchard	10.27.5
	3	J.Wiesner	11.02.7
	4	R.Bond	11.20.4
M45	1	I.Kent	10.09.6
	2	G.Bongioletti	10.35.6
M50	1	L.Le Roy	12.00.4
	2	J.Moore	12.02.4
	3	D.Langridge	12.12.5
	4	B.McNeill	13.10.1
	5	P.Circosta	14.19.1
M55	1	D.Stapleton	11.56.9
M60	1	I.Richardson	12.56.5
	2	E.Egan	13.50.6
M65	1	C.McLeod	10.54.9
	2	B.Morling	12.27.0
M75	1	N.Pearce	15.26.2

**2KM STEEPLECHASE**

M30	1	D.Hill	8.23.2
M75	1	R.Grigg	15.34.8

**110M HURDLES**

M40	1	K.Davis	20.8
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**DISCOUNT HURDLES**

M50	1	P.Moran	18.8
M55	1	M.Lafferty	21.3

**3KM TRACK WALK**

M40	1	A.Leggett	16.19.6
M50	1	B.Coleman	17.49.5
M60	1	I.Richardson	16.35.6
M75	1	R.Lynch	19.23.1

**LONG JUMP**

M35	1	J.Gan	5.19
	2	S.Lawrence	4.57
M40	1	D.Gwynne	4.38
M50	1	B.Bodsworth	4.72
M55	1	B.Thompson	4.86
M65	1	S.Herft	4.28
M75	1	R.Grigg	2.84

**TRIPLE JUMP**

M40	1	D.Gwynne	9.49
M65	1	S.Herft	8.79

**HIGH JUMP**

M35	1	M.Konemann	1.60
	2	S.Lawrence	1.50
M45	1	D.Gwynne	1.35
M55	1	B.Thompson	1.45
M65	1	S.Herft	1.25
M75	1	R.Grigg	1.10

**POLE VAULT**

M50	1	B.Arnold	3.50
	2	B.Bodsworth	2.30
M55	1	P.Kennedy	2.20

QR

**JAVELIN THROW**

M30	1	A.White	35.32
M35	1	J.Gan	57.35
	2	S.Lawrence	29.32
	3	J.Croft	21.28
M45	1	K.Davis	33.42
	2	G.Davis	32.98
M50	1	B.Bodsworth	32.26
M55	1	M.Lafferty	26.47
M60	1	D.Quinn	25.53
M65	1	S.Herft	33.19
	2	K.Daniels	30.64
	3	W.Selvey	28.26
M70	1	E.Saarinen	36.57
	2	C.Beesley	32.16
	3	A.Ropelin	29.58
M80	1	F.Jekabsons	21.47
M85	1	T.Vickers	14.04

**DISCUS THROW**

M30	1	A.White	32.85
M35	1	J.Gan	27.31
	2	S.Lawrence	24.47
	3	J.Croft	23.08

M40	1	R.Keane	25.12
M45	1	K.Davis	20.16
	2	G.Davis	19.48
M55	1	P.Clark	32.05
	2	M.Lafferty	23.25
	3	P.Kennedy	21.87
M60	1	D.Quinn	37.51
M65	1	W.Selvey	44.62
	2	K.Daniels	28.05
	3	S.Herft	22.79
M70	1	C.Beesley	31.14
	2	E.Saarinen	29.48
	3	A.Ropelin	27.74
M75	1	R.Grigg	20.96
M80	1	F.Jekabsons	25.96
M85	1	T.Vickers	15.93

**SHOT PUT**

M30	1	A.White	11.22
M35	1	J.Gan	10.44
	2	P.Sherman	7.90
M40	1	R.Keane	8.30
M55	1	P.Clark	9.78
	2	P.Kennedy	9.21
	3	M.Lafferty	8.56

M60	1	D.Quinn	10.66
M65	1	K.Daniels	7.98
M70	1	C.Beesley	11.94
	2	A.Ropelin	11.92
	3	E.Saarinen	11.20
M80	1	F.Jekabsons	9.23
M85	1	T.Vickers	6.12

**QR****4 x 100M RELAY**

1	P.Edwards	
	B.Bodsworth	
	H.Giles	
	P.Toohey	52.6
2	G.Ewart	
	H.Coogan	
	W.Spalding	
	C.Buyers	53.4
3	J.Moore	
	K.Lakin	
	C.Patterson	
	M.Whitman	54.9
4	J.Cooper	
	M.Schafer	
	M.McKenna	
	M.Price	62.3