

04/12/04 SATURDAY GOLD COAST CLUB

LADIES:

60 METRES

W30	1	M.Bugeja	8.1	eqQBP
W35	1	J.Brimms	7.7	QBP
	2	H.Bowditch	8.8	
	3	M.King	10.2	
W45	1	S.Heeren	11.0	
W50	1	K.Rourke	10.0	
	2	N.Brameld	10.2	
	3	F.Nelson	10.4	
W55	1	W.Perkins	8.5	QBP
	2	W.Doran	8.7	
W65	1	A.Horsnell	10.1	
W75	1	L.Thompson	13.0	

100 METRES

W30	1	A.Vadasz	14.4	
W35	1	J.Brimms	12.0	pb ur
	2	H.Bowditch	14.0	
	3	M.King	18.4	
W40	1	K.Lakin	15.1	
W50	1	K.Rourke	16.0	
	2	F.Nelson	16.3	
	3	N.Brameld	17.1	
W55	1	W.Doran	14.0	
	2	J.Turner	16.7	
W65	1	A.Horsnell	16.2	
W75	1	L.Thompson	24.8	

300 METRES

W30	1	A.Vadasz	47.5	
W35	1	J.Brimms	42.6	
	2	H.Bowditch	48.3	
W40	1	K.Lakin	48.5	
W50	1	F.Nelson	56.0	
W55	1	W.Doran	45.7	QBP
	2	W.Perkins	48.0	
	3	I.Davey	57.1	
	4	J.Turner	65.4	
W65	1	A.Horsnell	68.1	
W75	1	L.Thompson	n.t.	

800 METRES

W50	1	F.McNeill	2.36.0	
	2	R.Wales	4.50.8	
W75	1	L.Thompson	4.51.3	

3000 METRES

W50	1	F.McNeill	11.11.2	QR
W55	1	I.Davey	14.17.6	

3000M TRACK WALK

W50	1	R.Wales	21.50	
W70	1	C.Dauphinnet	21.15	
W75	1	L.Thompson	21.30	

LONG JUMP

W35	1	J.Brimms	4.34	
W50	1	N.Brameld	3.27	
	2	N.Avery	3.21	
	3	K.Rourke	3.19	
	4	R.Wales	2.68	

TRIPLE JUMP

W30	1	M.Bugeja	11.21	ur
W35	1	J.Brimms	10.18	
W50	1	K.Rourke	6.65	
		ur: Unofficial Record		

HIGH JUMP

W35	1	J.Brimms	1.20	
W55	1	W.Perkins	1.20	

POLE VAULT

W55	1	W.Perkins	2.45	ARp
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JAVELIN THROW

W45	1	S.Heeren	12.23	
W50	1	N.Avery	15.71	
	2	N.Brameld	15.30	
	3	K.Rourke	14.49	
	4	C.Davis	10.64	
W55	1	W.Perkins	21.70	
W60	1	L.Birtwell	15.74	
W65	1	H.Searle	21.75	
	2	E.Jenkins	12.25	
	3	G.White	11.73	
W75	1	N.Murdoch	10.94	
W80	1	M.Vickers	7.51	
W95	1	R.Frith	7.00	

DISCUS THROW

W45	1	D.Emerson	22.00	
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	2	S.Heeren	13.13	
W50	1	C.Davis	14.00	
	2	N.Avery	13.94	
W55	1	J.Turner	13.22	
W60	1	L.Birtwell	22.90	
W65	1	H.Searle	25.40	
	2	E.Jenkins	17.58	
	3	G.White	12.91	
W75	1	N.Murdoch	.75k	13.36 ARp
W80	1	M.Vickers	.75k	9.17
W95	1	R.Frith	.75k	9.97 ARp

SHOT PUT

W45	1	D.Emerson	7.00	
	2	S.Heeren	5.41	
W50	1	N.Avery	5.47	
	2	C.Davis	5.35	
	3	R.Wales	5.20	
W55	1	J.Turner	6.35	
W60	1	L.Birtwell	7.88	
W65	1	H.Searle	9.58	
	2	E.Jenkins	6.55	
	3	A.Horsnell	6.01	
	4	G.White	5.55	
W75	1	N.Murdoch	2k	5.58 ARp
W80	1	M.Vickers	2k	4.05
W95	1	R.Frith	2k	4.76

HAMMER THROW

W45	1	S.Heeren	12.94	
W50	1	N.Avery	20.06	
	2	C.Davis	17.65	
	3	R.Wales	16.96	
W60	1	L.Birtwell	24.59	
W65	1	H.Searle	36.56	
	2	E.Jenkins	22.91	
	3	G.White	17.76	
W75	1	N.Murdoch	2k	19.02 ARp
W80	1	M.Vickers	2k	13.21 ARp
W95	1	R.Frith	2k	13.26 ARp

MEN:

60 METRES

M35	1	M.Konemann	8.9	
M50	1	R.White	8.4	
M55	1	B.Currie	7.8	
	2	W.Cousins	8.2	
	3	P.Chaplain	8.8	
M60	1	J.Lester	8.6	
	2	A.Lakin	9.5	
M65	1	H.Coogan	8.1	eqQBP
	2	B.Cook	8.6	
M75	1	M.Dauphinnet	10.3	

100 METRES

M35	1	M.Konemann	13.0	
M40	1	T.Torr	12.0	
M50	1	R.White	13.1	
	2	P.Moran	13.6	
M55	1	B.Currie	12.5	
	2	W.Cousins	13.1	
	3	P.Chaplain	13.7	
M60	1	J.Lester	13.8	
	2	A.Lakin	15.2	
M65	1	H.Coogan	13.4	
	2	B.Cook	14.2	
M75	1	M.Dauphinnet	16.9	

300 METRES

M30	1	Prabhu	40.3	
M35	1	M.Konemann	45.5	
M50	1	B.Bodsworth	41.1	
	2	N.Manefield	42.9	
	3	R.White	43.0	
	4	P.Moran	46.9	
M55	1	B.Currie	41.6	
	2	P.Chaplain	45.8	
M60	1	J.Lester	46.0	
M65	1	H.Coogan	44.0	
	2	G.Brown	53.0	
M75	1	M.Dauphinnet	60.1	

800 METRES

M35	1	M.Konemann	2.16.9	
M50	1	N.Manefield	2.17.3	
	2	T.Dauphinnet	2.18.0	
	3	P.Moran	2.50.3	
M65	1	G.Brown	3.02.2	

3000 METRES

M50	1	M.Davies	11.29.5	
M55	1	N.Padley	11.46.6	
M65	1	J.Cottrell	14.19.3	
M70	1	I.Hicks	16.13.0	

3000M TRACK WALK

M50	1	B.Coleman	19.39	
M65	1	P.Sela	19.40	
	2	G.Megas	20.38	
M70	1	B.Janes	20.35	
M75	1	R.Lynch	19.43	
	2	M.Bellette	22.04	

LONG JUMP

M50	1	B.Bodsworth	4.32	
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TRIPLE JUMP

M70	1	C.Andalis	7.36	
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HIGH JUMP

M70	1	C.Andalis	1.15	
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POLE VAULT

M50	1	B.Arnold	3.40	
M55	1	N.Viney	3.15	
M70	1	C.Andalis	1.65	

JAVELIN THROW

M35	1	M.Konemann	24.60	
M60	1	D.Quinn	25.93	
M65	1	W.Selvey	31.26	
M70	1	E.Saarinen	33.18	
	2	A.Ropelin	28.00	
	3	R.Rose	24.68	
	4	R.Vaughan	24.46	
M75	1	M.Dauphinnet	19.68	
M80	1	R.Murdoch	18.40	
M85	1	T.Vickers	15.32	

DISCUS THROW

M60	1	D.Quinn	34.82	
M65	1	W.Selvey	42.13	QR
M70	1	A.Ropelin	27.51	
	2	R.Rose	27.34	
	3	E.Saarinen	27.30	
	4	C.Andalis	26.08	
	5	R.Vaughan	25.38	
	6	R.Denham	23.11	
M75	1	M.Dauphinnet	22.48	
M80	1	R.Murdoch	17.23	
M85	1	T.Vickers	15.75	

SHOT PUT

M35	1	M.Konemann	7.57	
M60	1	D.Quinn	10.40	
M65	1	W.Selvey	9.96	
M70	1	A.Ropelin	11.13	
	2	E.Saarinen	10.39	
	3	R.Vaughan	7.62	

M80	1	R.Murdoch	7.40	
M85	1	T.Vickers	3k	6.53

HAMMER THROW

M60	1	D.Quinn	31.89	
M65	1	W.Selvey	32.88	
M70	1	R.Rose	30.28	
	2	C.Andalis	28.27	
	3	A.Ropelin	27.18	
	4	R.Vaughan	27.16	
	5	B.McMullen	25.21	
	6	E.Saarinen	24.35	
M80	1	R.Murdoch	19.22	
M85	1	T.Vickers	15.14	

4 x 400M RELAY

1	M.Konemann	4.18.6	
	J.Lester		
	T.Dauphinnet		
	N.Manefield		
2	K.Lakin	4.27.4	
	W.Doran		
	P.Chaplain		
	Prabhu		
3	H.Bowditch	5.00.4	
	B.Currie		
	A.Lakin		
	A.Vadas		