

Australian Heptathlon and Decathlon Champions - 19/02/2004 to 20/02/2004
Queensland Sport and Athletics Centre Nathan
Results

W30+ Heptathlon

	Points	100H	HJ	SP	200	Day1	LJ	JT	800
---- W30 ----									
1 Paabo, Penny		19.12	1.44m	9.15m	31.09		4.21m	18.27m	3:02.81
Act		w: 2.5			w: -1.6		w: -0.3		
Age-Graded Mark:		19.12	1.44m	9.15m	31.09		4.21m	18.27m	3:02.81
Age-Graded Percent:		63.86%	68.9%	39.58%	68.64%		55.98%	25.03%	61.97%
W34	2771	(379)	(555)	(474)	(409)	1817	(357)	(257)	(340)

2 Powell, Helen		21.72	1.35m	7.58m	32.36		4.05m	19.38m	3:08.72
Qld		w: 2.5			w: -1.6		w: +0.0		
Age-Graded Mark:		21.72	1.35m	7.58m	32.36		4.05m	19.38m	3:08.72
Age-Graded Percent:		56.22%	64.59%	32.79%	65.95%		53.86%	26.55%	60.03%
W34	2221	(175)	(460)	(372)	(330)	1337	(319)	(277)	(288)

3 Krome, Tanya		25.08	1.11m	8.71m	33.40		3.37m	22.23m	3:27.37
Qld		w: 2.5			w: -1.6		w: +0.0		
Age-Graded Mark:		25.08	1.11m	8.71m	33.40		3.37m	22.23m	3:27.37
Age-Graded Percent:		48.68%	53.11%	37.67%	63.89%		44.81%	30.45%	54.63%
W32	1626	(22)	(231)	(445)	(271)	969	(174)	(330)	(153)

---- W35 ----									
1 Brims, Julie		17.63	1.41m	7.28m	26.34		4.79m	19.33m	2:36.91
Qld		w: 2.5			w: -1.6		w: 1.1		
Age-Graded Mark:		17.27	1.46m	7.68m	26.34		4.97m	19.33m	2:36.91
Age-Graded Percent:		70.73%	70.15%	33.26%	81.02%		66.16%	26.48%	72.19%
W39	3726	(566)	(577)	(379)	(768)	2290	(551)	(276)	(609)

2 Morgan, Michelle		23.35	NH	5.80m	33.37		2.78m	13.33m	DNF
Qld		w: 2.5			w: -1.6		w: 1.6		
Age-Graded Mark:		22.87		6.12m	33.37		2.88m	13.33m	
Age-Graded Percent:		53.4%		26.5%	63.95%		38.4%	18.26%	
W36	913	(108)	(0)	(279)	(273)	660	(87)	(166)	(0)

	Points	80H	HJ	SP	200	Day1	LJ	JT	800
---- W40 ----									
1 Kwok, Phyllis		15.95	1.26m	6.71m	31.98		3.76m	17.10m	3:09.85
Qld		w: 2.2			w: -1.6		w: 1.4		
Age-Graded Mark:		17.46	1.38m	7.86m	30.17		4.14m	18.71m	3:04.58
Age-Graded Percent:		69.97%	66.32%	34.03%	70.73%		55.13%	25.64%	61.37%
W44	2826	(546)	(491)	(390)	(470)	1897	(340)	(265)	(324)

---- W45 ----									
1 Schafer, Michelle		16.00	1.26m	10.13m	34.26		3.32m	29.06m	4:06.75
Qld		w: 2.2			w: -1.6		w: 0.2		
Age-Graded Mark:		16.62	1.47m	13.34m	30.42		3.89m	36.13m	3:49.56
Age-Graded Percent:		73.5%	70.39%	57.72%	70.17%		51.88%	49.5%	49.35%
W45	3352	(640)	(588)	(750)	(453)	2431	(283)	(593)	(45)

---- W55 ----									
1 Perkins, Wilma		15.15	1.23m	9.15m	30.30		4.40m	24.13m	3:03.31
Qld		w: 2.2			w: -1.6		w: 0.5		
Age-Graded Mark:		15.03	1.63m	13.89m	24.06		5.94m	37.28m	2:33.18
Age-Graded Percent:		81.25%	78.34%	60.12%	88.71%		78.99%	51.07%	73.96%
W55	5471	(838)	(771)	(787)	(975)	3371	(831)	(615)	(654)

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---- W60 ----

1 Hamilton, Lesley Qld	18.78 w: 2.2	1.08m	6.69m	36.04 w: -1.6	3.01m	18.50m	3:45.87 w: 0.8
Age-Graded Mark:	19.11	1.54m	11.22m	27.18	4.39m	32.30m	2:55.48
Age-Graded Percent:	63.9%	73.97%	48.55%	78.52%	58.45%	44.25%	64.55%
W61	3682	(380)	(666)	(610)	(697)	2353	(401) (520) (408)

M30+ Decathlon

Points 100 LJ SP HJ 400 Day1 110H DT PV JT 1500

---- M35 ----

1 Koneman, Mick Qld	13.30 w: 0.3	4.69m w: 0.7	7.92m	1.59m	58.31		21.22 w: -0.1	28.87m	2.70m	33.41m	4:45.69
Age-Graded Mark:	13.16	4.92m	7.92m	1.67m	56.58		21.22	28.87m	2.80m	34.85m	4:42.04
Age-Graded Percent:	74.44%	55.05%	34.26%	68.53%	76.33%		60.84%	38.97%	45.69%	35.4%	73.04%
M39	4273	(441)	(367)	(362)	(520)	(537)	2227	(259)	(442)	(309)	(368) (668)

2 Lawrence, Shane Qld	13.13 w: 0.3	4.72m w: -0.3	8.92m	1.56m	60.67		20.96 w: -0.1	25.11m	2.90m	35.38m	5:48.65
Age-Graded Mark:	12.99	4.96m	8.92m	1.64m	58.87		20.96	25.11m	3.01m	36.91m	5:44.19
Age-Graded Percent:	75.4%	55.4%	38.58%	67.24%	73.36%		61.59%	33.9%	49.07%	37.49%	59.85%
M37	3949	(470)	(375)	(421)	(496)	(452)	2214	(277)	(369)	(359)	(398) (332)

---- M45 ----

1 Gray, Niel Qld	13.21 w: 0.3	5.07m w: 2.3	7.00m	1.41m	65.10		22.55 w: -0.1	19.24m	2.40m	30.74m	6:10.93
Age-Graded Mark:	12.18	5.97m	7.79m	1.63m	58.74		20.68	20.20m	2.82m	37.75m	5:31.88
Age-Graded Percent:	80.39%	66.8%	33.7%	66.82%	73.52%		62.44%	27.27%	46.07%	38.34%	62.07%
M45	4182	(616)	(580)	(354)	(488)	(457)	2495	(297)	(276)	(314)	(410) (390)

2 Davis, Grant Qld	13.73 w: 0.3	4.50m w: 1.3	6.64m	1.23m	63.18		24.66 w: -0.1	18.92m	1.90m	30.27m	5:33.88
Age-Graded Mark:	12.66	5.30m	7.39m	1.42m	57.01		22.61	19.86m	2.24m	37.18m	4:58.73
Age-Graded Percent:	77.35%	59.29%	31.97%	58.29%	75.75%		57.1%	26.81%	36.47%	37.75%	68.96%
M45	3746	(527)	(441)	(330)	(331)	(521)	2150	(172)	(269)	(187)	(401) (567)

3 Davis, Kevin Qld	13.78 w: 0.3	4.46m w: 1.6	6.77m	1.29m	65.87		22.26 w: -0.1	20.97m	1.90m	27.96m	7:30.94
Age-Graded Mark:	12.71	5.25m	7.53m	1.49m	59.44		20.41	22.01m	2.24m	34.34m	6:43.46
Age-Graded Percent:	77.07%	58.76%	32.6%	61.14%	72.66%		63.25%	29.72%	36.47%	34.87%	51.06%
M45	3392	(518)	(431)	(339)	(381)	(432)	2101	(318)	(310)	(187)	(361) (115)

4 Elliott, Craig Qld	13.92 w: 0.3	4.38m w: 1.6	8.13m	1.41m	77.16		23.37 w: -0.1	21.62m	2.10m	28.28m	7:27.26
Age-Graded Mark:	12.84	5.16m	9.04m	1.63m	69.63		21.43	22.69m	2.47m	34.73m	6:40.17
Age-Graded Percent:	76.29%	57.71%	39.14%	66.82%	62.03%		60.25%	30.64%	40.31%	35.27%	51.48%
M47	3262	(495)	(413)	(428)	(488)	(145)	1969	(245)	(323)	(235)	(366) (124)

Points 100 LJ SP HJ 400 Day1 100H DT PV JT 1500

---- M50 ----

1 Bodsworth, Bruce Qld	13.37 w: 2.4	4.45m w: 0.7	7.28m	1.38m	61.58		20.79 w: 0.4	24.97m	2.40m	34.47m	5:46.52
Age-Graded Mark:	11.93	5.58m	8.34m	1.69m	53.69		20.26	24.97m	3.03m	44.08m	4:56.18
Age-Graded Percent:	82.12%	62.41%	36.11%	69%	80.43%		63.73%	33.71%	49.38%	44.77%	69.55%
M53	4881	(665)	(498)	(386)	(536)	(652)	2737	(329)	(367)	(364)	(502) (582)

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Results												
	Points	100	LJ	SP	HJ	400	Day1	100H	DT	PV	JT	1500
---- M55 ----												
1 Shuter, Vasyi Nsw		14.50 w: 2.4	4.07m NWI	7.52m	1.26m	69.27		22.80 w: 0.4	22.31m	2.00m	27.98m	6:15.21
Age-Graded Mark:		12.52	5.46m	9.57m	1.63m	58.42		20.72	24.50m	2.72m	39.33m	5:06.96
Age-Graded Percent:		78.21%	61.02%	41.43%	66.67%	73.91%		62.32%	33.08%	44.35%	39.94%	67.11%
M56	4337	(552)	(473)	(460)	(488)	(469)	2442	(295)	(357)	(291)	(432)	(520)
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2 Jermacans, Viddy Qld		14.39 w: 2.4	3.81m NWI	8.12m	1.20m	69.80		DNF w: 0.4	21.72m	1.00m	25.84m	DNF
Age-Graded Mark:		12.43	5.11m	10.34m	1.55m	58.87		23.85m	1.36m	36.32m		
Age-Graded Percent:		78.8%	57.12%	44.74%	63.49%	73.35%		32.21%	22.17%	36.89%		
M56	3126	(569)	(404)	(506)	(426)	(452)	2357	(0)	(345)	(35)	(389)	(0)
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---- M60 ----												
1 Gay, Albert Nsw		13.84 w: 0.3	4.68m NWI	7.72m	1.29m	66.91		20.99 w: 0.4	23.43m	2.90m	30.06m	5:56.21
Age-Graded Mark:		11.58	6.74m	9.80m	1.77m	54.64		18.93	26.31m	4.28m	44.50m	4:39.45
Age-Graded Percent:		84.54%	75.36%	42.42%	72.47%	79.03%		68.22%	35.53%	69.88%	45.19%	73.72%
M63	5897	(736)	(753)	(474)	(602)	(613)	3178	(439)	(392)	(696)	(508)	(684)
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2 Lewis, Lynton Qld		15.01 w: 0.3	4.06m NWI	8.50m	1.32m	DNF		22.15 w: 0.4	24.82m	2.60m	22.58m	9:02.39
Age-Graded Mark:		12.56	5.85m	10.79m	1.81m	19.98		27.87m	3.84m	33.42m	7:05.51	
Age-Graded Percent:		77.95%	65.38%	46.7%	74.16%	64.65%		37.63%	62.65%	33.94%	48.41%	
M64	4024	(545)	(554)	(533)	(636)	(0)	2268	(351)	(423)	(573)	(348)	(61)
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---- M65 ----												
1 Fraser, Don Act		13.56 w: 2.4	4.80m w: 0.6	9.07m	1.35m	67.67		19.62 w: 0.4	33.68m	2.20m	37.14m	6:36.60
Age-Graded Mark:		11.01	7.47m	13.35m	1.97m	53.57		16.34	42.14m	3.55m	61.26m	4:58.88
Age-Graded Percent:		88.94%	83.48%	57.73%	80.36%	80.61%		79.05%	56.89%	57.89%	62.21%	68.92%
M66	7129	(858)	(927)	(689)	(776)	(657)	3907	(695)	(708)	(496)	(757)	(566)
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	Points	100	LJ	SP	HJ	400	Day1	80H	DT	PV	JT	1500
---- M70 ----												
1 Saarinen, Erkki Qld		16.13 w: 2.4	3.25m NWI	10.87m	1.17m	1:27.74		27.70 w: -0.7	29.14m	1.40m	36.44m	DNF
Age-Graded Mark:		12.72	5.50m	14.14m	1.82m	64.22		27.53	41.16m	2.49m	63.62m	
Age-Graded Percent:		77%	61.44%	61.2%	74.52%	67.24%		46.9%	55.57%	40.58%	64.61%	
M71	4384	(516)	(481)	(737)	(644)	(281)	2659	(5)	(688)	(240)	(792)	(0)
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---- M80 ----												
1 O'Connor, Fred Nsw		16.54 w: 2.4	3.31m NWI	7.63m	1.11m	1:38.15		20.01 w: -0.7	24.13m	1.50m	24.40m	9:43.91
Age-Graded Mark:		11.41	6.78m	13.59m	2.00m	59.70		17.23	45.92m	3.34m	50.29m	6:04.13
Age-Graded Percent:		85.85%	75.92%	58.78%	82.22%	72.34%		74.96%	62%	54.55%	51.07%	56.57%
M81	6130	(771)	(762)	(703)	(803)	(423)	3462	(600)	(786)	(441)	(593)	(248)