

QMA. LADIES' THROWS RECORDS AS AT 13/02/2009

JAVELIN

W30 Jodi Mackrill	30.92
W30 Vicki Goodall	31.48 os
W35 Kerry Pickvance	28.12
W35 Una Lund	38.20 os
W40 Michelle Schafer	30.99
W40 Una Lund	37.88 os
W45 Michelle Schafer	31.50
W45 Heather Doherty	42.28 os
W50 Yasha Watkins	32.20 AR
W55 Una Lund	27.80
W60 Heather Doherty	36.08 AR
W65 Heather Doherty	31.02 AR
W70 Heather Doherty	26.14 AR
W75 Heather Doherty	19.83 AR
W80 Norma Murdoch	13.69
W85 Margaret Russell	7.80
W90 Ruth Frith	9.84
W95 Ruth Frith	9.03 WR

DISCUS

W30 Katrina Robertson	36.58
W35 Una Lund	39.96
W40 Una Lund	42.30
W45 Una Lund	39.38
W50 Una Lund	38.46
W55 Una Lund	35.30 AR
W60 Heather Doherty	33.24 AR
W65 Heather Doherty	30.74 AR
W70 Heather Doherty	25.45 AR
W75 Heather Doherty	21.02 AR
W80 Gene Mogg	11.38
W85 Margaret Russell	9.01
W90 Ruth Frith	10.36
W95 Ruth Frith	9.85 WR
<u>New Aust. Specifications for W75+</u>	
W75 Heather Doherty	.75k 24.16 AR
<u>New World Specifications for W80+</u>	
W80 Norma Murdoch	.75k 13.93
W95 Ruth Frith	.75k 10.90 WRp

SHOT PUT

W30 Katrina Robertson	11.65
W35 Una Lund	11.86
W40 Una Lund	11.90
W45 Una Lund	11.30
W50 Una Lund	12.17
W55 Heather Doherty	11.70
W60 Heather Doherty	12.18
W65 Helen Searle	11.58 AR
W70 Heather Doherty	8.62 AR
W75 Heather Doherty	7.36 AR
W80 Gene Mogg	5.76
W85 Margaret Russell	3.94
W90 Ruth Frith	4.85
W95 Ruth Frith	4.72 WR
<u>New Aust. Specifications for W75+</u>	
W75 Heather Doherty	2k 8.40 AR
W80 Norma Murdoch	2k 6.03
W95 Ruth Frith	2k 5.25 AR

HAMMER

W30 Gail Peterson	36.28
W35 Gail Peterson	37.08
W40 Kathy Newman	42.95
W45 Yasha Watkins	32.38
W50 Yasha Watkins	33.59
W55 Heather Doherty	33.80
W60 Helen Searle	46.09 WR
W65 Helen Searle	41.41 AR
W70 Heather Doherty	24.03
W75 Heather Doherty	19.01
W80 Mary Vickers	11.19
W85 Margaret Russell	9.87
W90 Ruth Frith	12.94
W95 Ruth Frith	11.37 WR
<u>New Aust. Specifications for W75+</u>	
W75 Heather Doherty	2k 23.16 AR
W80 Norma Murdoch	2k 18.84
W95 Ruth Frith	2k 13.71 AR

WEIGHT THROW

W30 Gail Peterson	11.80
W35 Gail Peterson	11.99
W40 Kathy Newman	11.38
W45 Yasha Watkins	9.26
W50 Una Lund	12.12
W55 Una Lund	11.43
W60 Helen Searle	16.55
W65 Helen Searle	16.44 WR
W70 Heather Doherty	10.54
W75 Heather Doherty	7.88
W80 Mary Vickers	5.05
W90 Ruth Frith	5.63
W95 Ruth Frith	5.16 WRp
<u>New Aust. Specifications for W75+</u>	
W75 Heather Doherty	4k 10.33 AR
W80 Norma Murdoch	4k 9.07
W95 Ruth Frith	4k 6.23 AR

AUST. HEAVY WEIGHT RECORDS

56lb WEIGHT

W70 Margarita Jekabsons	1.82 AR
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100lb WEIGHT

W70 Margarita Jekabsons	0.85 AR
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QMA MENS' THROWS RECORDS AS AT 13/02/2009

JAVELIN

M30	Matt McEwen	61.60
M35	Mark Stevens	59.52
M40	Michael Frawley	56.28
M45	John Kay	52.26
M50	Graham Clemens	43.74
M55	Arvo Ropelin	39.86
M60	Hans Beste	38.26
M60	Des Frawley	46.26 os
M65	Guy Quarterman	39.55
M65	Colin Murraylee	42.18 os
M70	Erkki Saarinen	42.00 AR
M75	Erkki Saarinen	37.07 AR
M80	Feliks Jekabsons	23.18
M80	Vic Younger	24.32 os
M85	Vic Younger	21.98 AR
M90	Alex Pittendrich	8.89

DISCUS

M30	Warren Evans	47.03
M35	Darron Haworth	54.15 AR
M40	Peter Lonsdale	50.15
M45	Tony Holt	38.86
M50	Erik Hedendahl	44.20
M55	Warwick Selvey	44.42 AR
M60	Warwick Selvey	53.43 AR
M65	Warwick Selvey	45.76
M70	Charlie Rann	38.92
M75	Charlie Rann	36.88 AR
M80	Feliks Jekabsons	28.08
M85	Feliks Jekabsons	25.28 AR
M90	Harry Gathercole	14.42

SHOT PUT

M30	Dean Cowan	15.65 AR
M35	Peter Phillips	15.89
M40	Peter Lonsdale	15.06
M45	Peter Phillips	14.19 AR
M50	Peter Phillips	12.69
M55	Peter Clark	12.25
M60	Mike Katmadas	12.92
M65	Arvo Ropelin	11.81
M70	Feliks Jekabsons	12.66
M75	Feliks Jekabsons	11.24
M80	Feliks Jekabsons	9.41
M85	Vic Younger	7.17
M90	Ken Buttsworth	3.94

New WMA Specifications for M80+

M80	Feliks Jekabsons	3kg	10.19 AR
M85	Feliks Jekabsons	3kg	9.66 AR

SHOT PUT INDOORS

M55	Viddy Jermacans	8.40 AR
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HAMMER

M30	Brad Monk	58.88
M35	Darron Haworth	54.85
M40	Ron Frawley	50.20
M45	Bob Wagner	51.95
M50	Bob Wagner	53.98
M55	Erik Hedendahl	37.70
M60	Jim Davis	43.08
M65	Colin Murraylee	40.60
M70	Charlie Rann	44.09
M75	Charlie Rann	38.31
M80	Feliks Jekabsons	29.39
M85	Ken Buttsworth	18.28
M90	Ken Buttsworth	14.33

New WMA Specifications for M80+

M80	Charlie Rann	3k	34.13
M85	Feliks Jekabsons	3k	27.36

WEIGHT THROW

M30	David Allan	17.05 AR
M35	Darron Haworth	17.05
M40	Peter Lonsdale	13.68
M45	Bob Wagner	16.11 AR
M50	Bob Wagner	19.78 AR
M55	Erik Hedendahl	14.88
M60	Mike Katmadas	15.53
M65	Warwick Selvey	14.23
M70	Colin Murraylee	15.85
M75	Feliks Jekabsons	14.25
M80	Feliks Jekabsons	12.81
M85	Feliks Jekabsons	10.83
M90	Ken Buttsworth	7.05

AUST. HEAVY WEIGHT RECORDS

56lb WEIGHT

M30	Clayton Campodonico	5.13m
M35	Darron Haworth	10.94m
M80	Felix Jekabsons	3.07m

100lb WEIGHT

M35	Darron Haworth	5.57m
M80	Felix Jekabsons	1.66m