

## **QMA. LADIES' ROAD WALKS BEST PERFORMANCES AS AT 13/02/2009**

### **5KM**

W30	Leanne McMurdy	35.32
W45	Judy Moller	28.44
W50	Felicja Schmidt	29.28
W55	Noela McKinven	30.23
W60	Sally Lynch	30.51
W65	Sally Lynch	32.32
W70	Christiane Dauphinet	33.56
W75	Christiane Dauphinet	36.54

### **8KM**

W75	Christiane Dauphinet	59.11
W60	Sally Lynch	54.44

### **10KM**

W30	Cathy Vaughan	1:24.30
W35	Karen Iselin	55.50
W40	Lyn Lewis	55.58
W45	Judy Moller	57.43
W50	Felicja Schmidt	57.27
W55	Noela McKinven	1:02.12
W60	Sally Lynch	1:03.03
W65	Sally Lynch	1:07.26
W70	Christiane Dauphinet	1:10.34
W75	Lorna Thompson	1:12.49 <b>AB</b>
W80	Lorna Thompson	1:21.35

### **15KM**

W50	Judy Moller	1:36.55
W60	Noela McKinven	1:53.31

### **20KM**

W40	Lyn Lewis	2:00.49
W45	Judy Moller	2:01.13
W50	Felicja Schmidt	2:02.54
W55	Noela McKinven	2:09.58
W60	Noela McKinven	2:18.45
W65	Noela McKinven	2h32.09

## **QMA MENS' ROAD WALKS BEST PERFORMANCES AS AT 13/02/2009**

### **5KM**

M35	Ignacio Jimenez	25.42
M40	Ignacio Jimenez	24.40
M45	Peter Bennett	24.18
M50	Peter Bennett	25.26
M55	Ian Richardson	25.01
M60	Ian Richardson	28.13
M65	Patrick Sela	32.42
M70	Richard Lynch	31.41
M75	Richard Lynch	32.36
M80	Dick Keatinge	34.57
M85	Dick Keatinge	37.28
M90	John Alroy	49.51

### **8KM**

M55	Bob Coleman	49.07
M75	Richard Lynch	54.50

### **10KM**

M30	Ignacio Jimenez	46.30	<b>ABP</b>
M35	Dave Smith	41.53	<b>ABP</b>
M40	Dave Smith	45.47	
M45	Peter Bennett	49.55	
M50	Peter Bennett	50.23	
M55	Ian Richardson	51.54	
M60	Ian Richardson	56.13	
M65	Patrick Sela	1:04.46	
M70	Richard Lynch	1:04.33	
M75	Richard Lynch	1:05.41	
M80	Dick Keatinge	1:11.10	
M85	Dick Keatinge	1:18.52	<b>WR</b>
M90	John Alroy	1:26.32	

### **15KM**

M30	Ignacio Jimenez	1:15.51
M35	Andrew Ludwig	1:13.59
M40	Peter Bennett	1:15.05
M45	Peter Bennett	1:16.11
M50	Peter Bennett	1:20.33
M55	Ian Richardson	1:19.56
M60	Ian Richardson	1:29.53
M70	George Megas	1:50.00
M75	Dick Keatinge	1:45.20

### **20KM**

M30	Ignacio Jimenez	1:38.02	<b>ABP</b>
M35	Peter Bennett	1:39.18	
M40	Peter Bennett	1:41.01	
M45	Peter Bennett	1:47.24	
M50	Klaus Maurer	1:49.38	
M55	Ian Richardson	1:51.17	
M60	Ian Richardson	2:04.27	
M65	Patrick Sela	2:11.28	
M70	Richard Lynch	2:09.25	
M75	Dick Keatinge	2:19.58	

### **30KM**

M30	Ignacio Jimenez	2:29.23
M35	Peter Bennett	2:34.56
M40	Peter Bennett	2:38.35
M45	Peter Bennett	2:45.18
M50	Peter Bennett	2:52.42
M70	Bert Janes	4:13.49

### **50KM**

M30	Ignacio Jimenez	4:40.36	
M35	Andrew Ludwig	4:36.02	
M40	Peter Bennett	4:58.53	
M45	Peter Bennett	4:49.28	<b>ABP</b>

