

## QMA. LADIES' RELAY RECORDS AS AT 13/02/2009

### 4 x 100 METRES RELAY

W30 Julie Brims  
Marie Kay  
Dianne Alderman  
Natalie Jenkinson 52.67

W35 Rosemary Cameron  
Glenda Barnard  
Karen Bucholz  
Janet McMillan 54.10

W40 Phyllis Kwok  
Karen Lakin  
Lexia Willmington  
Julie Brims 55.37

W45 Kathy Rourke  
Lois Hennes  
Wilma Perkins  
Bonnie Cochrane 57.0

W50 Wilma Perkins  
Lois Hennes  
Bonnie Cochrane  
Hazel McDonnell 56.24

W55 Hazel McDonnell  
Wilma Perkins  
Noreen Parrish  
Marge Allison 59.57

W60 Hazel McDonnell  
Annette Horsnell  
Marge Allison  
Lesley Hamilton 62.64

W65 Daphne Pirie  
Rosemary Gidley  
Sheila Abrahams  
Dot Gale 80.03

### 4 x 200 METRES RELAY

W35 Julie Brims  
Karen Lakin  
Petrina Brown  
Jodie Schubert 1.59.31

### 4 x 400 METRES RELAY

W30 Marge Allison  
Julie Brims  
Hilary Gatenby  
Natalie Jenkinson 4.24.75

W35 Petrina Brown  
Julie Brims  
Karen Lakin  
Jeanette Flynn 4.21.69

W40 Jenny Kirby  
Yasmin Steffe  
Lyn Newman  
Karen Lakin 4.40.63

W50 Wilma Perkins  
Bonnie Cochrane  
Hazel McDonnell  
Lois Hennes 4.42.33

W60 Marge Allison  
Jean Hampson  
Betty Menzies  
Irene Davey 5.14.72

### 4 x 800 METRES RELAY

W30 Petrina Brown  
Anne Venema  
Glenda Banaghan  
Jeanette Flynn 10.21.11 AR

W35 Petrina Brown  
Karen Lakin  
Donna Emerson  
Glenda Banaghan 11.31.70

W40 Petrina Brown  
Glenda Banaghan  
Julie Brims  
Jeanette Flynn 10.46.73

W55 Jeanette Flynn  
Kate Heagney Vic  
Betty Menzies  
Fay McNeill 10.31.0 AR

W60 Marge Allison  
Jean Hampson  
Irene Davey  
Betty Menzies 12.18.0 AR

### 4 x 1500 METRES RELAY

W30 Petrina Brown  
Jeanette Flynn  
Glenda Banaghan  
Anne Venema 21.47.9 AR

W40 Marcy Sheer  
Glenda Banaghan  
Petrina Brown  
Jeanette Flynn 21.39.65AR

W50 Fay McNeill  
Jeanette Flynn  
Jean Hampson  
Betty Menzies 23.24.5 AR

**RELAYS:** THE FOLLOWING MEMBERS WERE PART OF A TEAM INCLUDING INTERSTATE COMPETITORS WHO SET RECORDS IN NATIONAL AND INTERNATIONAL COMPETITION.

### 4 x 100m RELAYS:

W35 Julie Brims 47.74 AR

W40 Kim Mansell  
Cherie Smee  
Glynis Cearns 49.27 AR

W45 Wilma Perkins 50.57 WR

W50 Wilma Perkins  
Hazel McDonnell 53.74 AR

W60 Annette Horsnell  
Una Lund 59.48 AR

W65 Daphne Pirie 68.73 AR

### 4 x 400m RELAYS:

W35 Cherie Smee 4.02.04 AR

W40 Leanne Smith  
Glynis Cearns 3.57.28 WR

W50 Wilma Perkins 4.24.92 AR

W60 Marge Allison  
Noreen Parrish 4.57.86 AR

W65 Daphne Pirie  
Sheila Abrahams 6.48.42 AR

### 4 x 200m RELAY INDOOR

W40+ Marie Kay 1.49.98 AR

## **QMA MENS' RELAY RECORDS AS AT 13/02/2009**

### **4 x 100 METRES RELAY**

M30	Warren Evans Grant Barton Karl Weber Bevan Valentine	45.9		Peter Edwards Shaun McLaughlin	3.51.22	M35	Ross Nicholls Joshua Bridge Shawn Claydon Brendan Whelan	18.59.2	<b>AR</b>	
M35	Troy Dawson Gary Ewart Troy McLaren Gary Denman	47.5		M40	Jim Furlong Peter Hawes Michael Warburton Shaun McLaughlin	3.40.3	M40	John Crook Colin McLeod Jason Collie John Treschman	21.22.88	
M40	Don Morris Jim Furlong Hugh Bristow Graham Zerk	47.29		M45	Jim Furlong Shaun McLaughlin Peter Hawes Bill Kovacevic	3.40.44	M45	Mark Jones David Sweeney Andy Clowes Peter Hallahan	18.31.73	<b>AR</b>
M45	David Lloyd Steve Ford Wayne Cousins John Cooper	48.5		M50	Bruce Bodsworth Bob Grayson Colin Buyers Ken Dohnt	3.52.4	M55	Bruce Bodsworth Dave Cundy Bob Grayson Jason Collie	20.25.96	<b>AR</b>
M50	John Wight Nelson Viney Frank Rissman Mal Storey	48.33		M55	Bruce Bodsworth Bob Grayson Rob White Colin Buyers	4.03.0	M60	Sean Ryan Barry McGaffin Erkki Ryhanen John Sheer	23.04.0	
M55	Wayne Cousins John Wight Mal Storey Colin Buyers	47.92		M60	John Cooper Hugh Coogan Alan Bradford Tom O'Keeffe	4.11.51				
M60	John Cooper Hugh Coogan Alan Bradford Tom O'Keeffe	52.64		M65	Hugh Coogan Col Buyers Colin McLeod Alan Bradford	4.32.61				
M65	Ken Daniels Hugh Coogan Noel Garvey Colin Buyers	56.81								
M70	Ken Daniels Hugh Coogan Noel Garvey Maurice Dauphinat	62.20								

### **4 x 200 METRES RELAY**

M30	Richard Norris Greg Hamilton Travis Venama Jason Burt	1.38.49	
M45	Geoff Bramley Paul Chaplain Gary Denman Rob White	1.52.77	
M50	Geoff Bramley Alf Lakin Noel Garvey Wayne Spalding	2.18.41	
M65	Hugh Coogan Alf Lakin Colin Buyers Ivan Rogers	2.07.89	

### **4 x 400 METRES RELAY**

M30	Warren Evans David Hill Bruce Hill Grant Barton	3.35.4	<b>AR</b>
M35	Andrew Keane Mick Konemann		

M40	Jim Furlong Peter Hawes Michael Warburton Shaun McLaughlin	3.40.3	
M45	Jim Furlong Shaun McLaughlin Peter Hawes Bill Kovacevic	3.40.44	
M50	Bruce Bodsworth Bob Grayson Colin Buyers Ken Dohnt	3.52.4	
M55	Bruce Bodsworth Bob Grayson Rob White Colin Buyers	4.03.0	
M60	John Cooper Hugh Coogan Alan Bradford Tom O'Keeffe	4.11.51	
M65	Hugh Coogan Col Buyers Colin McLeod Alan Bradford	4.32.61	

### **4 x 800 METRES RELAY**

M30	Gary Parkinson David Hill Bruce Hill Brendan Whelan	8.30.74	<b>AR</b>
M35	Jason Burt Brendan Whelan James Bell Gary Denman	10.07.16	
M40	John Croft Gary Denman Geoff Bramley Mark Alcorn	11.15.97	
M50	Bob Grayson Bruce Bodsworth Peter Hawes Terry Dauphinat	9.14.4	<b>AR</b>
M55	Jason Collie Bruce Bodsworth Bob Grayson Terry Dauphinat	9.34.44	<b>AR</b>
M60	Alan Bradford John Sheer Erkki Ryhanen Sean Ryan	10.41.27	
M65	Alan Bradford Brian Morling Colin McLeod Colin Buyers	11.15.37	<b>AR</b>

### **4 x 1500 METRES RELAY**

M30	Ross Nicholls Steven Bell Joshua Bridge Brendan Whelan	19.57.62	<b>AR</b>
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### **4 x 100m RELAYS:**

M35	David Chique Howard Arbutnot Andrew Keane	46.28	<b>AR</b>
M45	Jim Furlong Arch Moore	45.35	<b>AR</b>
M55	Heinz Steinmann John Wight	47.46	<b>AR</b>
M60	Hugh Coogan	48.95	<b>AR</b>
M65	Hugh Coogan John Cooper	52.76	<b>AR</b>
M70	Hugh Coogan	54.45	<b>AR</b>
M75	Maurice Dauphinat	61.25	<b>AR</b>

### **4 x 400m RELAYS:**

M35	Andrew Keane Howard Arbutnot	3.42.11	<b>AR</b>
M55	John Cooper	3.48.87	<b>AR</b>
M60	Hugh Coogan Noel Garvey	4.00.86	<b>AR</b>
M65	Col Buyers Heinz Steinmann	4.11.80	<b>AR</b>
M70	Hugh Coogan	4.38.33	<b>AR</b>
M75	Tom Hishon	5.16.77	<b>AR</b>