

QMA. LADIES' MIDDLE DISTANCE RECORDS AS AT 13/02/2009

800 METRES

W30	Lynda Bateson	2.24.1
W35	Jan Hynes	2.20.3
W40	Marcie Sheer	2.20.69
W45	Jeanette Flynn	2.13.13 AR
W50	Jeanette Flynn	2.16.05 WR
W55	Jeanette Flynn	2.21.98 WR
W60	Betty Menzies	2.46.0
W65	Judy Cox	3.27.16
W70	Mavis Collins	4.02.17
W75	Lorna Thompson	4.15.38
W80	Lorna Thompson	4.56.9

1500 METRES

W30	Tressa Lindenberg	4.53.44
W35	Tressa Lindenberg	4.57.64
W40	Marcie Sheer	4.44.27
W45	Jeanette Flynn	4.33.29 AR
W50	Jeanette Flynn	4.42.00 AR
W55	Jeanette Flynn	5.02.4
W60	Betty Menzies	5.42.4
W65	Sheena Daly	7.00.9
W70	Lorna Thompson	7.51.30
W75	Lorna Thompson	8.48.25
W80	Lorna Thompson	10.21.26

1 MILE

W30	Anne Venema	6.12.80
W35	Petrina Brown	5.55.67
W40	Petrina Brown	6.00.95
W45	Marcy Sheer	5.30.45
W50	Jeanette Flynn	5.13.6 AR
W55	Jeanette Flynn	5.27.57 WR
W60	Betty Menzies	6.16.38

QMA MENS' MIDDLE DISTANCE RECORDS AS AT 13/02/2009

800 METRES

M30	Jeff Tarrant	1.56.4
M35	Nev Appleby	1.55.0
M40	Tony Blue	1.54.80
M45	Alan Bradford	1.58.65 AR
M50	Alan Bradford	2.00.40 AR
M55	Alan Bradford	2.10.1
M60	Alan Bradford	2.10.42 WR
M65	Alan Bradford	2.22.15
M70	Hugh Coogan	2.30.8
M75	Norm Pearce	2.52.23
M80	Norm Pearce	3.15.05
M85	Alex Pittendrich	4.13.0
M90	Alex Pittendrich	4.28.20 WR

800 METRES INDOORS

M30	Brendan Whelan	2.04.24 AR
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1500 METRES

M30	Brendan Whelan	4.04.10
M35	Peter Edwards	4.00.33
M40	Tony Blue	3.57.3
M45	Alan Bradford	4.03.16
M50	Alan Bradford	4.08.09
M55	Alan Bradford	4.27.40
M60	Alan Bradford	4.35.18
M65	Alan Bradford	4.52.2
M70	Merv Jenkinson	5.11.8
M75	Norm Gulbransen	5.49.02
M80	Norm Pearce	6.56.28
M90	Alex Pittendrich	11.04.39
M100	Les Amey	16.46.41 WR

1 MILE

M30	Brendan Whelan	4.25.25 AR
M35	Michael Warburton	4.51.5
M40	Shane George	4.34.5
M45	David Sweeney	4.39.82
M50	Ron Peters	4.54.6
M55	Alan Bradford	4.52.5
M60	Brian Morling	5.33.5
M65	Alan Bradford	5.14.9
M70	Brian Morling	6.39.49
M75	Charlie Doyle	7.34.0
M80	Norm Pearce	7.24.0 AR

1 MILE INDOORS

M30	Brendan Whelan	4.31.43 AR
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