

QMA. LADIES' HURDLES/STEEPLECHASE RECORDS AS AT 13/02/2009

2000M STEEPLECHASE

W30	Anne Nowill	8.45.29
W30	Tressa Lindenberg	7.51.74 os
W35	Tressa Lindenberg	7.41.34
W40	Glenda Banaghan	8.42.9
W45	Lynda Bateson	9.41.69
W45	Lyn Lewis	9.07.9 os
W50	Fay McNeill	9.02.82
W50	Irene Davey	8.55.39 os
W55	Irene Davey	9.29.76
W60	Irene Davey	9.57.16

80 METRES HURDLES

W40	Glynis Cearns	11.66 AR
W45	Marie Kay	12.34 AR
W50	Jan Hynes	12.8 AR
W55	Una Lund	14.24
W60	Una Lund	14.24 AR
W65	Lesley Hamilton	18.68

100 METRES HURDLES

W30	Maree Bugeja	17.00
W35	Jan Hynes	14.9

300 METRES HURDLES

W50	Jan Hynes	45.8 AR
W50	Jan Hynes	47.01
W55	Wilma Perkins	55.00
W60	Marge Allison	51.64 WR

400 METRES HURDLES

W30	Jo Sherman	65.74
W35	Julie Brims	65.69
W40	Jan Hynes	62.80 AR
W45	Jan Hynes	64.09 WR

QMA MENS' HURDLES/STEEPLECHASE RECORDS AS AT 13/02/2009

2000M STEEPLECHASE

M60	Alan Bradford	7.18.9
M60	Alan Bradford	6.54.31 Aos
M65	Alan Bradford	7.18.2 AR
M70	Colin McLeod	8.23.2 AR
M75	Russell Grigg	15.24.6
M80	Russell Grigg	16.53.77

3000M STEEPLECHASE

M30	Brendan Whelan	10.05.24
M35	Brian Enders	9.56.5
M40	Doug Worling	9.24.3
M45	Doug Worling	9.41.49
M50	Alan Bradford	9.51.62 AR
M55	Alan Bradford	10.14.00 AR

80 METRES HURDLES

M70	Garvin Brown	14.42
M75	Vic Younger	20.3
M80	Vic Younger	19.51 os
M85	Vic Younger	26.65

100 METRES HURDLES

M50	Harry Giles	15.42
M55	Harry Giles	16.14
M60	Harry Giles	16.34
M65	Ken Daniels	18.46

110 METRES HURDLES

M30	Matt McEwen	14.89 AR
M35	Harry Giles	15.6
M40	Harry Giles	15.9
M45	Harry Giles	15.5 AR

300 METRES HURDLES

M60	Harry Giles	46.8
M65	Alan Rolfe	51.0
M70	Ken Daniels	55.48
M75	Russell Grigg	1.20.7
M80	Russell Grigg	1.53.14
M85	Vic Younger	1.59.8 A

400 METRES HURDLES

M30	Harry Giles	52.2
M35	Harry Giles	56.09
M40	Harry Giles	56.73
M45	Harry Giles	58.02 AR
M50	Harry Giles	62.14
M55	Bruce Bodsworth	67.47